

**MATERNAL AND CHILD HEALTH ADVISORY BOARD MEETING  
DRAFT MINUTES  
NOVEMBER 6, 2015  
09:00 A.M.**

The Maternal and Child Health Advisory Board held a public meeting on November 6, 2015, beginning at approximately 9:05 A.M. at the following locations:

Division of Public and Behavioral Health  
4150 Technology Way, Room 303  
Carson City, Nevada 89706

Health Care Quality and Compliance  
4220 S. Maryland Parkway, Suite 810  
Las Vegas, Nevada 89119

AT&T Conferencing  
Dial-in Toll-Free Number 1-877-336-1831  
Participants Code 4756895

**BOARD MEMBERS PRESENT**

Veronica (Roni) Galas, Chair  
Tyree Davis, DDS, Vice-Chair  
Lisa Lottritz, RN, BSN  
Assemblywoman Ellen Spiegel  
Noah Kohn, MD  
Melinda Hoskins, MS, APRN  
Keith Brill, MD

**BOARD MEMBERS NOT PRESENT**

Senator Patricia Farley  
Fred Schultz  
Fatima Taylor  
Marsha Matsunaga-Kirgan, MD

**DIVISION OF PUBLIC AND BEHAVIORAL HEALTH (DPBH) STAFF PRESENT**

Beth Handler, Bureau Chief, Bureau of Child, Family and Community Wellness (BCFCW)  
Andrea Rivers, Section Manager, Maternal, Child and Adolescent Health (MCAH), BCFCW  
Laura Valentine, Title V/MCH Program Manager, MCAH, BCFCW  
Evelyn Dryer, Grant Manager, Nevada Home Visiting, MCAH, BCFCW  
Melanie Lopez, Nevada Home Visiting Program Coordinator, MCAH, BCFCW  
Sarah Demuth, Adolescent Health Program Officer, MCAH, BCFCW  
Jennifer Quihuis, Management Analyst, MCAH, BCFCW  
Ingrid Mburia, MCH Epidemiologist, MCAH, BCFCW  
Christina Turner, Maternal and Infant Health Coordinator, MCAH, BCFCW  
Cailey Hardy, Administrative Assistant, MCAH, BCFCW  
Ariel Rayo, Administrative Assistant, MCAH, BCFCW  
Eileen Hough, Adolescent Health Program Specialist, MCAH, BCFCW  
Debra Kawcak, Children and Youth with Special Health Care Needs Program Coordinator, MCAH, BCFCW  
Laura Hale, Manager, Primary Care Office  
Melissa Slayden, Management Analyst, Office of Public Health Informatics and Epidemiology (OPHIE)  
Sandra Ochoa, Biostatistician, OPHIE

## **OTHERS PRESENT**

Barry Lovgren, Public

Margarita DeSantos, Community Health Nurse Manager, Southern Nevada Health District

Debra Vigil, University of Nevada, Reno

Senator Joseph Hardy

Jackie Kennedy, Statewide MCH Coalition Coordinator

Chair Veronica Galas called the Maternal and Child Health Advisory Board (MCHAB) meeting to order at 9:05 a.m. Ms. Galas indicated the meeting was properly posted at locations listed on the agenda in accordance with the Nevada Open Meeting Law.

### **1. Roll call and introductions**

Roll call was taken and it was determined a quorum of the Maternal and Child Health Advisory Board was present.

### **2. Vote on minutes from the August 7, 2015 meeting**

Chair Veronica Galas asked if there were any corrections to the draft minutes from the August 7, 2015 meeting.

Melinda Hoskins corrected terminology in agenda item four (4). Dr. Noah Kohn corrected “Board of Regions” to “Board of Regents” in agenda item three (3).

**CHAIR GALAS ENTERTAINED A MOTION TO APPROVE THE MINUTES WITH THE CORRECTIONS. A MOTION TO APPROVE THE MINUTES WITH THE CORRECTION WAS MADE BY DR. TYREE DAVIS. MELINDA HOSKINS SECONDED THE MOTION WHICH PASSED UNANIMOUSLY.**

### **3. Reports**

At the discretion of Chair Galas, agenda items six (6) and seven (7) were requested to be moved ahead of agenda item three (3).

**CHAIR GALAS ENTERTAINED A MOTION TO ALTERNATE THE AGENDA ITEMS SIX (6) AND SEVEN (7). A MOTION TO ALTERNATE THE AGENDA WAS MADE BY DR. NOAH KOHN. DR. TYREE DAVIS SECONDED THE MOTION WHICH PASSED UNANIMOUSLY.**

Laura Hale responded to questions the MCHAB asked during the August 7, 2015 meeting for recruitment of healthcare providers to Nevada. Ms. Hale explained the Primary Care Office (PCO) acts as a liaison for the National Health Service Corps to help recruit healthcare professionals and administer the J1 Visa Waiver Program. PCO helps provide health professionals in healthcare shortage areas of Nevada. A graph was distributed (Exhibit A) showing the recent number of awards received in Nevada from the National Health Service Corps for loan repayment. This is a comparison to the rest of the United States. Nevada received 28 awards, which is a function of the number of approved National Health Service Corps sites in Nevada. PCO is working to engage more clinics to enroll in the program. Assemblywoman Ellen Spiegel asked the average percent of applications awarded in other states. Ms. Hale indicated Nevada ranked 70% and there were only three (3) other states

scoring a higher percentage rate. Dr. Noah Kohn asked how Nevada compares on a per capita basis. Ms. Hale stated she would have to research and send out that information to the group. Dr. Kohn suggested reaching out to medical undergraduates and connecting them to the National Health Service Corp loan repayment program. Chair Veronica Galas thanked Laura for the information.

Laura Valentine informed members of personnel changes within the Division: Kathryn Baughman is the new Deputy Administrator for Clinical Services, Joe Pollock is the new Deputy Administrator over Regulatory and Planning Services, and Tom Durante is the new Agency Manager at Northern Nevada Adult Mental Health Services. Ms. Valentine informed members of an article in the Elko Daily Free Press: Nevada Health Centers in Elko received a grant to provide obstetric services and received \$300,000 to cover salaries and equipment. Ms. Valentine informed members she received a documentary series by the Association of Maternal and Child Health Programs (AMCHP) "*Unnatural Causes: Is Inequity Making us Sick?*" Handouts and DVDs are available to be used for public events and trainings and Ms. Valentine offered assistance in supplying the materials to interested parties.

Ms. Valentine informed members of the recently completed Maternal and Child Health Block Grant Needs Assessment, selected priorities and draft strategic plan for the next five (5) years. A draft copy of the strategic plan for 2016-2020 was provided (Exhibit B). Over this next year the plan will be in draft form while it is being examined to ensure the priorities, objectives and National Performance Measures are being met within the State, and to determine if any changes need to be made. The changes occurring over this next year include adding an evidence based strategies section and three (3) additional State Performance Measures. Lastly Ms. Valentine went over the eight (8) priority domains selected.

Assemblywoman Spiegel recommended for goal seven (7): Prevent or Reduce Smoking to include vaping tobacco. A recent report stated smoking is down but vaping is rapidly increasing.

Dr. Noah Kohn mentioned the majority of priorities could be improved if teen pregnancy was reduced. Dr. Kohn suggested focusing efforts on a comprehensive sexuality education program. Andrea Rivers informed members part of the MCAH Section is the Adolescent Health Program. Teen pregnancy is being addressed through two (2) federal grants. One grant is an Abstinence Only program targeting 9-12 year olds, and Personal Responsibility Education Program (PREP) targeting 13-19 year olds where comprehensive sex education is promoted mainly outside of the school system. Dr. Kohn referenced the Policy from the American Pediatrics that has not been updated since 2001, regarding the importance of comprehensive sex education and how abstinence only programs are shown not to be effective. Dr. Kohn recommended reaching out to the authorities responsible to regulate sex education with this information and to use programs proven to be effective. Ms. Rivers responded the MCAH Section and programs are working with those entities and school districts to increase education and knowledge around abstinence only and comprehensive sex education.

Ms. Valentine informed members she will be working across public and private entities on a reporting format to align with selected priorities. The new format will allow both the MCH Programs and MCHAB to better track progress and make improvement recommendations.

Andrea Rivers spoke under public comment. Ms. Rivers informed members Julia Peek is the new Deputy Administrator for Community Services and Beth Handler is the newly appointed Bureau Chief for the Bureau of Child, Family and Community Wellness.

#### **4. Preliminary Process to Select three (3) additional State Maternal and Child Health Priorities**

Chair Veronica Galas requested board members help select three (3) additional State Maternal and Child Health (MCH) Priorities. Chair Galas asked what information board members would like to have prepared for the next meeting to be able to select the additional priorities. Dr. Noah Kohn asked if there is any statistical information on maternal mortality and for it to be provided at the next meeting. Dr. Kohn asked for the list of National Performance Measures previously presented and the Performance Measures Nevada did not select to be available at the next meeting. Chair Galas informed members the additional State Priorities do not have to be confined to the National Priority list. Melinda Hoskins referenced Goal 1: Well Woman Care; Ms. Hoskins stated the biggest barrier for women is timely Medicaid eligibility, and asked if there has been any progress for presumptive eligibility for pregnant women in Nevada. Ms. Valentine stated information will be included at the next meeting.

#### **5. Presentation on Building a Comprehensive Adolescent Health Model**

Eileen Hough informed members she is the Adolescent Health Program Specialist. The goal of this position is to create a paradigm shift in how Nevada defines adolescent health. It is important to understand adolescents as a whole person with physical, emotional/mental and social needs. Ms. Hough displayed a video (<http://bit.ly/1NZb0Zm>) with a message from adolescents about how to make an adolescent centered medical home. Ms. Hough went over part of the road map as Nevada develops the comprehensive adolescent health model. 1. Promoting policy changes to private insurers. 2. Alone time with health providers. 3. Providers create secure patient portals and develop systems of communication so the adolescents can hear from their provider via email or on a cellular device. Partnerships and collaborations will be created to help develop the adolescent health model. Community partners will include: healthcare facilities, physical and mental health associations, Department of Education and private insurance companies. Multiple bureaus from the Department of Health and Human Services will also collaborate. Ms. Hough went over areas to improve adolescent health & wellness outcomes. The goal is to increase adolescent well-visits. To try and increase adolescent well-visits Nevada will develop adolescent focus groups, increase provider awareness of risk assessment screening, develop educational campaigns and help contribute adolescent health ideas to the National Governor's Association (NGA) Learning Collaborative. Grants will be sought to fund projects. One of the grants Nevada applied for is the Pregnancy Assistance Fund Grant. After her presentation, Ms. Hough opened the floor for questions. Chair Veronica Galas thanked Ms. Hough for the presentation and recommended looking into local health departments that are already funded for pregnancy prevention, and when creating methods

of tool dissemination ensure the items won't increase the provider's work flow. Dr. Noah Kohn recommended Ms. Hough use the Huntridge Teen Clinic as a resource and to forward this information along with the video to Dr. Kami Larson, President of Nevada Chapter of the American Academy of Pediatrics, for help distributing this information. Melinda Hoskins mentioned with the patient portals she currently uses it is not allowed to let anyone under 18 view their portal. Ms. Hough stated she would get more information regarding the issue.

#### **6. Presentation from Leadership Education in Neurodevelopmental and Related Disabilities (LEND)**

Dr. Debra Vigil informed members Nevada's LEND is an interdisciplinary professional and graduate level leadership training program. The goal is to improve the health of infants, children and adolescents with autism and other neurological disabilities. There are currently 43 LEND programs in 37 states. The program strives to prepare trainees from diverse professional disciplines to assume leadership roles in their respective fields and to ensure high levels of interdisciplinary clinical competence. LEND programs emphasize the importance of family members serving as both faculty and trainees. LEND programs are federally funded under the Combating Autism Reauthorization Act of 2014 and administered by the Health Resources and Services Administration Maternal Child Health Bureau. NvLEND's four main goals are: 1. To advance the knowledge and skills of all child health professionals to improve health care delivery systems for children with developmental disabilities; 2. To provide high-quality interdisciplinary education that emphasizes the integration of services from state, local agencies and organizations, private providers and communities; 3. To provide health professionals with skills that foster community-based partnerships; and 4. To promote innovative practices to enhance cultural competency, family-centered care and interdisciplinary partnerships. The current need of the NvLEND program is notifying and promoting NvLEND as a leadership training program beyond a focus on autism. NvLEND is in the process of reapplying for their grant and needs letters of support and interviews from people working in the field for their Needs Assessment. Chair Veronica Galas thanked Dr. Vigil for the presentation.

#### **7. Review Federal Trade Commission's Policy Perspectives – Competition and Regulation of Advance Practice Nurse**

Melinda Hoskins informed members it is difficult for APRNs to get credentialed with insurance companies. Statewide insurance companies are refusing to credential and contract with an APRN who is not employed with a physician's practice. Resulting in APRNs not having an opportunity to practice and provide services potentially in rural areas and are not being able to receive reimbursements. Medicaid and Medicare will contract with APRNs but private insurance companies will not. Ms. Hoskins informed members the document in the packet is from the Federal Trade Commission. The 2013 Nevada Legislation Session removed the requirement for signed collaborative agreements. Ms. Hoskins provided a summary sheet and would like this topic to be further examined. Assemblywoman Spiegel asked if there has been comprehensive discussions with insurance companies and insurance providers regarding areas with underserved communities and patients. Ms. Hoskins indicated efforts to initiate the discussion. A letter has been provided (Exhibit C) informing APRNs to be credentialed and to demonstrate a collaborative relationship with a contracted

Plan physician. Members decided to continue this topic on the next agenda and outreach to insurance companies to examine how internal policies could be changed. Dr. Noah Kohn asked if it is possible to research other states with independent practice and credentialing and find out what effect it has in rural areas and overall health care access.

**8. Review Analytics and Recommend Website content changes or updates for Sober Moms Healthy Babies**

Andrea Rivers informed members The Sober Mom Healthy Babies campaign was brought to the Advisory Board last year for approval and began airing in January 2015. There is another agreement in process with the Nevada Broadcasters Association to continue airing television and radio spots in 2016 and 2017. Dr. Noah Kohn asked about the disparity in the airing spots in Southern and Northern Nevada. Ms. Rivers informed Dr. Kohn the Nevada Broadcasters Association can come to a future meeting to further explain their process.

Barry Lovgren spoke under public comment. Mr. Lovgren suggested the website more explicitly state the treatment program is funded by the Substance Abuse Prevention and Treatment Agency (SAPTA) and, more importantly, explicitly state it offers treatment and admission priority to pregnant women. Mr. Lovgren thanked everyone for their efforts for the continuance of this campaign.

**9. Approve Maternal and Child Health Advisory Board Bylaws**

Laura Valentine provided a review of the changes made to the bylaws presented to the members at the previous meeting. The changes made were streamlining all the information and correcting format. Changes also included feedback from our Deputy Attorney General for the majority of members required to take action. Revisions also included the process of having a proxy.

**CHAIR GALAS ENTERTAINED A MOTION TO APPROVE THE CHANGES ON PAGE THREE (3) SECTION D. A MOTION TO APPROVE WAS MADE BY MELINDA HOSKINS. DR. NOAH KOHN SECONDED THE MOTION WHICH PASSED UNANIMOUSLY.**

**CHAIR GALAS ENTERTAINED A MOTION TO APPROVE THE CHANGES ON PAGE THREE (3) ARTICLE IV-MEETINGS. A MOTION TO APPROVE WAS MADE BY DR. NOAH KOHN. DR. KEITH BRILL SECONDED THE MOTION WHICH PASSED UNANIMOUSLY.**

**CHAIR GALAS ENTERTAINED A MOTION TO APPROVE THE BYLAWS. A MOTION TO APPROVE WAS MADE BY DR. NOAH KOHN. MELINDA HOSKINS SECONDED THE MOTION WHICH PASSED UNANIMOUSLY.**

**10. Select 2016 Maternal and Child Health Advisory Board Meetings**

The following Fridays have been selected by the members of the Maternal and Child Health Advisory Board to meet in 2016: February 12<sup>th</sup>, June 10<sup>th</sup>, August 12<sup>th</sup> and November 18<sup>th</sup>.

**CHAIR GALAS ENTERTAINED A MOTION TO APPROVE THE 2016 MEETING DATES FEBRUARY 12<sup>TH</sup>, JUNE 10<sup>TH</sup>, AUGUST 12<sup>TH</sup> AND NOVEMBER 18<sup>TH</sup>. A MOTION TO APPROVE WAS MADE BY MELINDA HOSKINS. DR. TYREE DAVIS SECONDED THE MOTION WHICH PASSED UNANIMOUSLY.**

**11. Public Comment**

There was no public comment.

**12. Adjournment**

Meeting was adjourned at 11:30 A.M.

DRAFT