MULTIDISCIPLINARY
MENTAL HEALTH CARE
CHILDREN & FAMILIES

HEALTHY MINDS
Healthy Lives
WHO WE ARE

- 5 board-certified child-and-adolescent psychiatrists
- 6 licensed clinical psychologists
- 12 therapists (marriage and family therapists, social workers, psychology and other interns)
- Contract with Clark County Department of Family Services
- Medicaid Behavioral Health Community Network
WHO WE ARE

- Partners with DFS, DJJS, DCFS, and CAP
- Fellowship and general psychiatry at UNSOM
- AACAP national committee representative
- National Foster Care committee
- Presented research at AACAP national conference
- Invited to speak at 2014 AACAP national conference
- WSJ and Senator Wyden’s office
WHAT WE DO

- Consistent individual and family therapy
- In- and out-of-home care
- Regimented psychiatric care
- Multidisciplinary treatment team
- 24-hour crisis coverage
- Emphasize family systems – children and adults
- Emphasize continuity of care
WHAT WE DO

- Psychological and neuropsychological testing
- Partner in no-eject-no-reject therapeutic foster care
- Partner in child-and-adolescent psychiatric fellowship
- Multidisciplinary training for new graduates
- Pioneer school-based interventions w/ CCSD
- Participate in community collaborations
- Use electronic medical records
WHERE WE ARE

- Offices where CPS cases are concentrated
- Increase access with attention to proximity and psychosocial needs
MISSION: WHY ARE WE HERE?

Overdiagnosis

Overmedication

Overutilization of services

Fragmented mental health treatment

Poor outcomes
MISSION: WHY ARE WE HERE?

- Decreased psychotropic medications 90%
- Decreased hospitalizations by 62%
- Decreased placement disruptions by 52%
- Facilitated achievement of permanency 38%
HOW WE DO IT

- Team-based treatment planning
- Family focus – see the forest for the trees
- Recruitment of experienced professionals
- Training and development to stabilize personnel
- Accountability - track and report outcomes
THE FUTURE: WHAT WILL WE DO?

• Provide care for up to 300 foster families
• Continue to track and report outcomes
• Create robust outpatient substance abuse treatment center for minors
• Validate new intensity-of-need instrument
• Improve mental health infrastructure: forensic, clinical training (UNSOM & UNLV), workforce, collaboration, advocacy
QUESTIONS

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Kenneth McKay, Ph.D. – Clinical Director
Robert Durette, Ph.D. – CEO