# **NEVADA HMO INDUSTRY PROFILE**

# FOURTH QUARTER REPORT

October 1, 2003 through December 31, 2003

# Bureau of Health Planning and Statistics Nevada State Health Division Department of Human Resources

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October 1, 2003 through December 31, 2003

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#### INTRODUCTION

The Nevada HMO Industry Profile is published quarterly and contains valuable information regarding Nevada's licensed health maintenance organizations (HMOs). This profile is useful to healthcare providers and others interested in managed care services available within the state.

Each quarterly report presents company specific organizational data, as well as, quarterly enrollment data arranged by county. Enrollment data are categorized by enrollee population and product (i.e. Commercial Plan, Medicare, Medicaid, Nevada Check Up). Market penetration information is also provided.

# **Fourth Quarter 2003 HMO Activity Highlights**

- □ This fourth quarter report of 2003(as well as previous quarterly reports from 2000) can be accessed online at, as well as downloaded from, the following web address: <a href="http://health2k.state.nv.us/nihds/publications/HMO/index.htm">http://health2k.state.nv.us/nihds/publications/HMO/index.htm</a>
- Dr. Richard O'Connor was announced as the Corporate Medical Director of I/MX Companies, the parent company of NevadaCare, Inc.
- NevadaCare, Inc.'s Certificate of Authority was extended to include zip codes in Nye County and additional zip codes in Washoe County.

Table I

PROFILE OF NEVADA LICENSED HMOS

**Enrollment for Quarter Ending: December 31, 2003** 

НМО	Contact	Service Area	Enrollmen	t
Aetna US Healthcare	Ruth Szcurko RN,MBA	Clark County, Reno/Sparks, and	Commercial:	12,433
4040 South Eastern Ave., Suite 240	Quality Accreditation Manager	Pahrump in Nye County	Medicare:	-
Las Vegas, NV 89117	Phone: 702-650-8232		Medicaid:	-
			NV Check-Up:	-
Model: Network	General Manager: Cliff Klima		Total:	12,433
Licensed: July, 1997				
For-profit; Foreign HMO	Medical Director: Dr. Richard Jones		PPO Total:	-
NCQA Full Accreditation 11/01.				
Health Plan of Nevada	Rudy Cardenas	Clark, Esmeralda, Lyon,	Commercial:	202,422
(Subsidiary of Sierra Health Services)	Director of Operations, Managed Care Div.	Mineral, Nye, and	Medicare:	51,150
P.O. Box 15645	Phone: 702-242-7692	Washoe Counties	Medicaid:	30,921
Las Vegas, NV 89114-5645			NV Check-Up:	8,606
	Kelly Simonson, Medicaid Director		Total:	293,099
Model: Group/Network Combination	Phone: 702-242-7409			
Licensed: April 1982			PPO Total:	24,448
For-profit; Domestic HMO	Medical Director: Dr. Sameer Abu-Samrah			
	Federally Qualified: All service areas			
NCQA Full Accreditation 5/03.	Medicare Risk Contract: All service areas			
HMO Nevada	Tony Pointer, Director of Sales	Carson City, Clark,	Commercial:	3,370
6900 Westcliff Dr., Suite 600	Phone:	Douglas, Elko, Esmeralda,	Medicare:	-
Las Vegas, NV 89145	Pattie Gonzalez, Provider Service Manager	Eureka, Humboldt,	Medicaid:	-
	Phone: 702-228-1255	Lincoln, Lyon, Nye	NV Check-Up:	-
Licensed: December 1992	Medical Director: Dr. William Bannen	Storey and Washoe	Total:	3,370
For-profit; Foreign HMO	Federally Qualified: Clark County	Counties		,
URAC Exam 12/03			PPO Total:	DNR

НМО	Contact	Service Area	Enrollment	-
Hometown Health Plan	Troy Smith, Vice-President Insurance Srvcs.	Carson City, Churchill,	Commercial:	27,736
830 Harvard Way	Phone (775) 982-3000	Douglas, Elko, Eureka,	Medicare:	5,430
Reno, NV 89502		Humboldt, Lander,	Medicaid:	-
Model: Network	Medical Director: Dr. Jay Keystone	Lyon, Mineral, Pershing,	NV Check-Up:	-
		Storey and Washoe	Total:	33,166
Licensed: February 1988	Federally Qualified: All service areas	Counties		
Non-profit; Domestic HMO	Medicare Risk Contract: Washoe County		PPO Total:	50,516
State Quality Exam: CMS Exam 8/02				
NevadaCare, Inc.	Curt Howell, VP of Program Development	Clark County, and	Commercial:	19,218
10600 Charleston Blvd.	Phone: 702-474-7241	Reno / Sparks in	Medicare:	-
Las Vegas, NV 89135		Washoe County	Medicaid:	44,542
	Medical Director: Dr. Barney		NV Check-Up:	12,039
Model: Network			Total:	75,799
Licensed: September 1995				
For-profit; Domestic HMO			PPO Total:	-
State Quality Exam: JCAHO 12/03				
PacifiCare of Nevada, Inc.	Dr. Bard Coats, President and Chief Med. Officer	Carson City, Clark,	Commercial:	23,323
700 Warm Springs Rd.	Phone: 702-269-7500	Douglas, Esmeralda,	Medicare:	25,945
Las Vegas, NV 89119		Lyon, Mineral, Nye,	Medicaid:	-
	Dr. Alan Blumenthal, Medical Director	Storey, and Washoe	NV Check-Up:	-
Model: Network, and DSI Network		Counties	Total:	49,268
Licensed: September 1997	Federally Qualified: Clark County			
For-profit; Domestic HMO	Medicare risk contract: Clark County		PPO Total:	5,864
NCQA Accreditation pending 2/04				
State Quality Exam: HCFA 2/00				

НМО	Contact	Service Area	Enrollmen	Enrollment	
St. Mary's Health First	M. Donald Kowitz, Chief Operating Officer	Carson City, Storey and	Commercial:	30,167	
1155 W. Fourth Street #121	Phone: 775- 770-6060	Washoe Counties.	Medicare:	-	
Reno, NV 89503		Douglas County except	Medicaid:	-	
	Medical Director: Dr. Dennis Shuman	Stateline and portions of	NV Check-Up:	-	
Model: Staff/Network combination		Lyon County	Total:	30,167	
Licensed: June 1993					
For-profit; Domestic HMO			PPO Total:	-	
State Quality Exam: NCQA 3/02					

		<u>Market</u>
Nevada State Totals:	<b>Enrollment</b>	Penetration*
Commercial:	318,669	17.3%
Medicare:	82,525	38.3%
Medicaid:	75,463	43.9%
NV Check-Up	20,645	
Total Enrollment:	497,302	

DSI: Delivery Service Intermediary

<sup>\*</sup> Market Penetration calculations and enrollment figures are mutually exclusive categories, and should be interpreted as such.

Table II

HMO COMMERCIAL ENROLLMENT
by Geographic Area
December 31, 2003

	Clark	Washoe	Rural	Total
Health Plan	County	County	Counties	Commercial
Aetna US Healthcare	11,629	725	79	12,433
Health Plan of Nevada	194,313	5,214	2,895	202,422
HMO Nevada	1,545	1,296	529	3,370
Hometown Health Plan	-	24,510	3,226	27,736
NevadaCare, Inc.	19,001	217	-	19,218
PacifiCare of Nevada, Inc.	23,021	0	302	23,323
St. Mary's Health First	-	24,797	5,370	30,167
Totals	249,509	56,759	12,401	318,669
Market Penetration	19.6%	19.4%	4.5%	17.3%

Table III

HMO RURAL COMMERCIAL ENROLLMENT BY COUNTY
December 31, 2003

		Health Plan	НМО	Hometown			St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	<b>PacifiCare</b>	<b>Health First</b>	Total
Carson City	-	39	155	1,555	-	160	4,488	6,397
Churchill	-	13	20	117	_	-	-	150
Douglas	-	15	251	836	_	142	358	1,602
Elko	-	4	15	66	-	-	-	85
Esmeralda	-	11	0	-	_	-	-	11
Eureka	-	0	0	-	_	-	-	0
Humboldt	-	4	12	106	-	-	-	122
Lander	-	1	0	-	_	-	-	1
Lincoln	-	101	0	-	-	-	-	101
Lyon	-	126	69	315	-	-	416	926
Mineral	-	1	0	160	-	-	-	161
Nye	79	2,571	7	-	-	-	-	2,657
Pershing	-	0	0	0	-	-	-	0
Storey	-	2	0	71	_	-	108	181
White Pine	-	7	0	-	_	-	-	7
Undefined	-	-	23	0	-	-	-	23
TOTAL	79	2,895	552	3,226	0	302	5,370	12,424

Table IV

HMO COMMERCIAL ENROLLMENT TRENDS
December 31, 2003

Health Plan	Enrollment December 31, 2003	Difference		Percentage Change
Aetna US Healthcare	12,433	22,833	-10,400	-45.5%
Health Plan of Nevada	202,422	186,711	15,711	8.4%
HMO Nevada	3,370	1,594	1,776	111.4%
Hometown Health Plan	27,736	29,089	-1,353	-4.7%
NevadaCare, Inc.	19,218	21,342	-2,124	-10.0%
PacifiCare of Nevada, Inc.	23,323	24,952	-1,629	-6.5%
St. Mary's HealthFirst	30,167	30,212	-45	-0.1%
Totals	318,669	316,733	1,936	0.6%

Table V

HMO MEDICARE ENROLLMENT
by Geographic Area
December 31, 2003

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicare
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	42,545	3,968	4,637	51,150
HMO Nevada	-	-	-	-
Hometown Health Plan	-	5,430	-	5,430
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	25,945	-	-	25,945
St. Mary's Health First	-	-	-	-
Totals	68,490	9,398	4,637	82,525
Market Penetration	47.4%	25.4%	13.7%	38.3%

Table VI HMO RURAL MEDICARE ENROLLMENT BY COUNTY December 31, 2003

		Health Plan	НМО	Hometown			St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	<b>PacifiCare</b>	HealthFirst	Total
Carson City	-	22	-	-	-	-	-	22
Churchill	-	0	-	-	-	-	-	0
Douglas	-	3	-	-	-	-	-	3
Elko	-	0	-	-	-	-	-	0
Esmeralda	-	23	-	-	-	-	-	23
Eureka	-	0	-	-	-	-	-	0
Humboldt	-	0	-	-	-	-		0
Lander	-	0	-	-	-	-	-	0
Lincoln	-	3	-	-	-	-	-	3
Lyon	-	824	-	-	-	-	-	824
Mineral	-	66	-	-	-	-	-	66
Nye	-	3,693	-	-	-	-	-	3,693
Pershing	-	0	-	-	-	-	-	0
Storey	-	0	-	-	-	-	-	0
White Pine	-	3	-	-	-	-	-	3
Undefined	-	-	-	-	-	-	-	0
TOTAL	0	4,637	0	0	0	0	0	4,637

Table VII

HMO MEDICARE ENROLLMENT TRENDS
December 31, 2003

Health Plan	Enrollment December 31, 2003	Enrollment December 31, 2002	Difference	Percent Change
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	51,150	45,338	5,812	12.8%
HMO Nevada	-	-	-	-
Hometown Health Plan	5,430	6,052	-622	-10.3%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	25,945	27,971	-2,026	-7.2%
St. Mary's Health First	-	-	-	-
Totals	82,525	79,361	3,164	4.0%

Table IX

HMO MEDICAID ENROLLMENT TRENDS
December 31, 2003

Health Plan	Enrollment Enrollment Difference December 31, 2003 December 31, 2002		Percent Change	
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	30,921	28,271	2,650	9.4%
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	44,542	44,801	-259	-0.6%
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Totals	75,463	73,072	2,391	3.3%

Table X

HMO NEVADA CHECK-UP ENROLLMENT
by Geographic Area
December 31, 2003

Health Plan	Clark County	Washoe County	Rural Counties	Total Check-Up
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	8,591	4	11	8,606
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	7,976	4,063	-	12,039
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Totals	16,567	4,067	11	20,645

Table VIII

# HMO MEDICAID ENROLLMENT

# by Geographic Area December 31, 2003

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicaid
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	30,900	2	19	30,921
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	43,459	1,083	0	44,542
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Totals	74,359	1,085	19	75,463
Market Penetration	59.7%	4.5%	0.1%	43.9%

<sup>\*</sup>Only statewide Medicaid Eligible Data was available due to new NSWD reporting measures.

Table XI

TOTAL HMO MARKET PENETRATION
by County, December 31, 2003

County	Commercial Market Penetration	Medicare Market Penetration	Medicaid Market Penetration
Clark	19.6%	47.4%	59.7%
Washoe	19.4%	25.4%	4.5%
Carson City	13.7%	0.0%	*
Churchill	0.6%	0.0%	*
Douglas	4.1%	0.0%	*
Elko	0.2%	0.0%	*
Esmeralda	0.8%	0.0%	*
Eureka	0.0%	N/A	*
Humboldt	0.7%	0.0%	*
Lander	0.0%	N/A	*
Lincoln	2.7%	0.0%	*
Lyon	2.9%	0.0%	*
Mineral	2.9%	0.0%	*
Nye	8.3%	0.0%	*
Pershing	0.0%	0.0%	*
Storey	5.1%	0.0%	*
White Pine	0.1%	0.0%	*
Statewide TOTALS	17.3%	38.3%	43.9%

Please refer to "TABLE NOTES" for important additional information.
\*Rural County: No county Medicaid Eligible Data available per NSWD, see Table VIII.

Table XII

PPO ENROLLMENT
by Geographic Area
December 31, 2003

Health Plan	Clark County	Washoe County	Rural Counties	Total Enrollment
Aetna US Healthcare	-	-	-	-
Health Plan of NV/Sierra Hlth & Life	21,497	1,210	1,741	24,448
HMO Nevada	DNR	DNR	DNR	*
Hometown Health Plan	0	47,344	3,172	50,516
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	4,225	866	773	5,864
St. Mary's Health First	-	-	-	-
Totals	25,722	49,420	5,686	80,828

TABLE XIII

PPO ENROLLMENT TRENDS by HEALTH PLAN
December 31, 2003

	Enrollment	Enrollment		Percent
Health Plan	December 31, 2003	December 31, 2002	Difference	Change
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	24,448	21,870	2,578	11.8%
HMO Nevada	DNR	40,022	*	*
Hometown Health Plan	50,516	42,347	8,169	19.3%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	5,864	2,214	3,650	164.9%
St. Mary's Health First	-	-	-	-
Totals	80,828	106,453	-25,625	-24.1%

#### TABLE NOTES

#### General Notes on the Tables:

<u>Distinctions between Zeros, Dashes, DNR, & Asterisks</u>
 To increase readability, the following data presentation conventions have been used:

1. Zero: no enrollees within a county for which a Certificate of

Authority (COA) has been issued to the HMO.

2. Dash (-): the HMO does not have a COA to operate in the county.

When used in "Total", "Difference", or "Percent Change" columns, this convention represents invalid mathematical calculations due to an HMO not having a COA in the county or counties, and therefore not having a valid total number of enrollees for the calculation of interest.

(e.g., in Table III, no HMO has a COA to operate in Eureka county. Therefore the "County Total" column is represented with a dash (-) to indicate an invalid mathematical total.)

In Table I, convention indicates HMO does not provide service to that population category.

3. DNR: Did not report.

4. Asterisk (\*): Value not able to be calculated due to missing data.

# Enrollment Data Reporting and Sources

All enrollment data presented within the *Nevada HMO Industry Profile* are derived from quarterly enrollment reports submitted by each HMO. Geographical allocation of enrollment data is based upon the following guidelines:

- a. Commercial plan enrollment data are reported according to the location of the employer.
- b. Medicare, Medicaid, and Nevada Check Up enrollment data are allocated according to the residence of the enrollee.

#### Market Penetration Calculations and Data Sources

In general, market penetration is determined by dividing the number of enrollees by the potential enrollment population of the geographic area. The *HMO Industry Profile* uses the following conventions:

1. Commercial category: population (county or statewide) is

comprised of age group zero to 64.

2. *Medicare category*: population (count or statewide) is

comprised of age group 65 and greater.

3. *Medicaid category*: population is comprised of estimated

Medicaid eligible for Clark & Washoe

Counties and statewide.

The Nevada State Demographer, University of Nevada, Reno, provides data for the commercial and Medicare category 2000 population projections.

The Nevada State Welfare Division provides data for Medicaid eligible participants.

## Market Penetration Calculations and Data Sources (continued):

The population estimates for Medicaid eligibles were derived from monthly reports whose source is NSWD Report WL-00427. The statewide totals were compiled by NSWD from caseload reports for April, May, and June 2003 and the total Medicaid eligible statewide figure was an average of the totals for each month involved.

# • Preferred Provider Organization (PPO) Data

**Important note:** PPOs and HMOs are two distinctively different approaches to healthcare coverage. Because of the differing approaches, service delivery of the two health care plans may also be dissimilar. Additionally, an HMO and a PPO may both be part of the total healthcare product line from the same insurance company.

The PPO information presented within the *Nevada HMO Industry Profile* is not an exhaustive listing of all PPOs that are operating within Nevada. The data presented herein are solely to provide an

Preferred Provider Organization (PPO) Data (continued):

indication of other managed care activities with which the organization may be involved. The data are presented as reported by the HMO.

Specific Notes on the Tables:

# Table I

Important note: HMO Nevada did not report PPO enrollment for the

quarter.

# Table VIII

Rural Column – represents the other 15 counties within the state. Currently, Medicaid rural enrollment is too low to justify development of a separate reporting table.

Market Penetration Statistics - only valid for statewide total. County totals were not available at time of printing due to new recording systems being used by the NSWD. The statewide total Medicaid eligible data were an average of Medicaid eligibles for October, November, and December 2003.

# Table XI

**Important note**: The underlying data for this table were derived from

Tables I-IX. Previous notes contained under "General Notes on the Tables" should be

considered in interpreting this data.

Rural Medicaid enrollment is too low to justify reporting the rural eligibility data necessary to develop market penetration information.

#### Table XII

**Important note:** HMO Nevada did not report PPO enrollment for the

quarter.

# Table XIII

**Important note**: HMO Nevada did not report PPO enrollment for the

guarter. Related trend data could not be

calculated due to missing data.