NEVADA HMO INDUSTRY PROFILE

FIRST QUARTER REPORT

January 1, 2005 through March 31, 2005

Bureau of Health Planning and Statistics Nevada State Health Division Department of Human Resources

Kenny Guinn, Governor Michael J. Willden, Director Department of Human Resources Alex Haartz, Administrator Nevada State Health Division

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January 1, 2005 through March 31, 2005

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INTRODUCTION

The *Nevada HMO Industry Profile* is published quarterly and contains valuable information regarding Nevada's licensed health maintenance organizations (HMOs), who provide the data voluntarily. This profile is useful to healthcare providers and others interested in managed care services available within the state.

Each quarterly report presents company specific organizational data, as well as, quarterly enrollment data arranged by county. Enrollment data are categorized by enrollee population and product (i.e., Commercial Plan, Medicare, Medicaid, and Nevada Check Up). Market penetration information is also provided.

First Quarter 2005 HMO Activity Highlights

This first quarter report of 2005 (as well as previous quarterly reports from 2000) can be accessed online at, as well as downloaded from, the following web address: <u>http://health2k.state.nv.us/nihds/publications/HMO/index.htm</u>

Table I

PROFILE OF NEVADA LICENSED HMOS

Enrollment for Quarter Ending: March 31, 2005

НМО	Contact	Service Area	Enrollmen	t
Aetna Health of Arizona/Nevada, Inc.	Ruth Szcurko RN,MBA	Clark County, Reno/Sparks, and	Commercial:	10,641
4040 South Eastern Ave., Suite 240	Quality Accreditation Manager	Pahrump in Nye County	Medicare:	-
Las Vegas, NV 89117	Phone: 702-650-8234		Medicaid:	-
			NV Check-Up:	-
Model: Network	Medical Director: Dr. Richard Jones		Total:	10,641
Licensed: July, 1997				
For-profit; Foreign HMO			PPO Total:	-
NCQA Full Accreditation 11/04.				
Health Plan of Nevada	Rudy Cardenas	Clark, Esmeralda, Lyon,	Commercial:	241,276
(Subsidiary of Sierra Health Services)	Director of Operations, Managed Care Div.	Mineral, Nye, and	Medicare:	53,967
P.O. Box 15645	Phone: 702-242-7692	Washoe Counties	Medicaid:	38,291
Las Vegas, NV 89114-5645			NV Check-Up:	11,657
	Kelly Simonson, Medicaid Director		Total:	345,191
Model: Group/Network Combination	Phone: 702-242-7409			
Licensed: April 1982			PPO Total:	26,057
For-profit; Domestic HMO	Medical Director: Dr. Sameer Abu-Samrah			
PPO: Sierra Health & Life	Federally Qualified: All service areas			
NCQA Full Accreditation 2/03.	Medicare Risk Contract: All service areas			
HMO Nevada	Tony Pointer, Director of Sales	Carson City, Clark,	Commercial:	10,885
6900 Westcliff Dr., Suite 600	Phone:	Douglas, Elko, Esmeralda,	Medicare:	-
Las Vegas, NV 89145	Pattie Gonzalez, Provider Service Manager	Eureka, Humboldt,	Medicaid:	-
	Phone: 702-228-1255	Lincoln, Lyon, Nye	NV Check-Up:	-
Licensed: December 1992	Medical Director: Dr. William Bannen	Storey and Washoe	Total:	10,885
For-profit; Foreign HMO	Federally Qualified: Clark County	Counties		
URAC Exam 12/03			PPO Total:	242,860

НМО	Contact	Service Area	Enrollment	t
Hometown Health	Troy Smith, Vice-President Insurance Srvcs.	Carson City, Churchill,	Commercial:	21,547
830 Harvard Way	Phone (775) 982-3000	Douglas, Elko, Eureka,	Medicare:	4,987
Reno, NV 89502		Humboldt, Lander,	Medicaid:	-
Model: Network	Medical Director: Dr. Jay Keystone	Lyon, Mineral, Pershing,	NV Check-Up:	-
		Storey and Washoe	Total:	26,534
Licensed: February 1988	Federally Qualified: All service areas	Counties		
Non-profit; Domestic HMO	Medicare Risk Contract: Washoe County		PPO Total:	71,104
State Quality Exam: CMS Exam 8/02				
NevadaCare, Inc.	Curt Howell, VP of Program Development	Clark County, and	Commercial:	13,681
(Subsidiary of I/MX Companies)	Phone: 702-474-7241		Medicare:	-
10600 Charleston Blvd.		Reno / Sparks in	Medicaid:	44,936
Las Vegas, NV 89135		Washoe County	NV Check-Up:	11,087
	Medical Director: Dr. Barney		Total:	69,704
PPO: Summerlin Life & Health Ins. Co.				
			PPO Total:	7,632
Model: Network				
Licensed: September 1995				
For-profit; Domestic HMO				
State Quality Exam: JCAHO 12/03				
PacifiCare of Nevada, Inc.	Dr. Bard Coats, President and Chief Med. Officer	Carson City, Clark,	Commercial:	36,485
700 Warm Springs Rd.	Phone: 702-269-7500	Douglas, Esmeralda,	Medicare:	25,758
Las Vegas, NV 89119		Lyon, Mineral, Nye,	Medicaid:	-
-	Dr. Alan Blumenthal, Medical Director	Storey, and Washoe	NV Check-Up:	-
Model: Network, and DSI Network		Counties	Total:	62,243
Licensed: September 1997	Federally Qualified: Clark County			
For-profit; Domestic HMO	Medicare risk contract: Clark County		PPO Total:	5,900
NCQA Full Accreditation 2/04				·

НМО	Contact	Service Area	Enrollmen	t
Saint Mary's HealthFirst	M. Donald Kowitz, Chief Operating Officer	Carson City, Storey and	Commercial:	30,021
1155 W. Fourth Street #121	Phone: 775- 770-6060	Washoe Counties.	Medicare:	-
Reno, NV 89503		Douglas County except	Medicaid:	-
	Medical Director: Dr. Dennis Shuman	Stateline and portions of	NV Check-Up:	-
Model: Staff/Network combination		Lyon County	Total:	30,021
Licensed: June 1993				
For-profit; Domestic HMO			PPO Total:	-
State Quality Exam: NCQA 3/02				

	Market
Nevada State Totals:	Enrollment Penetration*
Commercial:	364,536 17.3%
Medicare:	129,648 32.0%
Medicaid:	49,378 47.2%
NV Check-Up	81,361
Total Enrollment:	624,923

DSI: Delivery Service Intermediary

Please refer to "TABLE NOTES" for important additional information.

* Market Penetration calculations and enrollment figures are mutually exclusive categories, and should be interpreted as such.

Table II

HMO COMMERCIAL ENROLLMENT by Geographic Area March 31, 2005

	Clark	Washoe	Rural	Total
Health Plan	County	County	Counties	Commercial
Aetna, Inc.	9,978	574	89	10,641
Health Plan of Nevada	231,046	6,439	3,791	241,276
HMO Nevada	2,496	4,480	3,909	10,885
Hometown Health	0	16,240	5,307	21,547
NevadaCare, Inc.	13,403	156	122	13,681
PacifiCare of Nevada, Inc.	35,730	44	711	36,485
Saint Mary's HealthFirst	0	25,564	4,457	30,021
Totals	292,653	53,497	18,386	364,536
Market Penetration	19.5%	15.8%	7.1%	17.3%

Table III

HMO RURAL COMMERCIAL ENROLLMENT BY COUNTY March 31, 2005

		Health Plan	HMO	Hometown			St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	PacifiCare	HealthFirst	Total
Carson City	0	38	1,886	1,646	0	71	3,831	7,472
Churchill	0	18	24	440	0	5	0	487
Douglas	0	33	791	968	0	106	166	2,064
Elko	0	21	181	218	0	0	0	420
Esmeralda	0	14	0	0	0	2	0	16
Eureka	0	0	3	67	0	1	0	71
Humboldt	0	5	65	250	0	63	0	383
Lander	0	1	2	0	0	62	0	65
Lincoln	0	134	3	0	0	1	0	138
Lyon	0	222	758	1,397	0	48	353	2,778
Mineral	0	0	19	274	0	0	0	293
Nye	89	3,283	2	0	122	352	0	3,848
Pershing	0	0	1	0	0	0	0	1
Storey	0	1	10	47	0	0	107	165
White Pine	0	21	102	0	0	0	0	123
Undefined	0	0	62	0	0	0	0	62
TOTAL	89	3,791	3,909	5,307	122	711	4,457	18,386

Table IV

HMO COMMERCIAL ENROLLMENT TRENDS March 31, 2005

Health Plan	Enrollment March 31, 2005	Enrollment March 31, 2004	Difference	Percentage Change
Aetna, Inc.	10,641	12,701	-2,060	-16.2%
Health Plan of Nevada	241,276	211,997	29,279	13.8%
HMO Nevada	10,885	3,245	7,640	235.4%
Hometown Health	21,547	20,695	852	4.1%
NevadaCare, Inc.	13,681	19,642	-5,961	-30.3%
PacifiCare of Nevada, Inc.	36,485	25,915	10,570	40.8%
Saint Mary's HealthFirst	30,021	29,153	868	3.0%
Totals	364,536	323,348	41,188	12.7%

Table V

HMO MEDICARE ENROLLMENT by Geographic Area March 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicare
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	44,470	4,315	5,182	53,967
HMO Nevada	-	-	-	-
Hometown Health	-	4,987	-	4,987
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	25,758	-	-	25,758
Saint Mary's HealthFirst	-	-	-	-
Totals	70,228	9,302	5,182	84,712
Market Penetration	38.4%	23.6%	12.2%	32.0%

Table VIHMO RURAL MEDICARE ENROLLMENT BY COUNTYMarch 31, 2005

~		Health Plan	HMO	Hometown		-	St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	PacifiCare	HealthFirst	Total
Carson City	-	23	-	-	-	-	-	23
Churchill	-	4	-	-	-	-	-	4
Douglas	-	1	-	-	-	-	-	1
Elko	-	2	-	-	-	-	-	2
Esmeralda	-	28	-	-	-	-	-	28
Eureka	-	0	-	-	-	-	-	0
Humboldt	-	0	-	-	-	-		0
Lander	-	0	-	-	-	-	-	0
Lincoln	-	1	-	-	-	-	-	1
Lyon	-	882	-	-	-	-	-	882
Mineral	-	77	-	-	-	-	-	77
Nye	-	4,162	-	-	-	-	-	4,162
Pershing	-	0	-	-	-	-	-	0
Storey	_	0	_	-	-	_	-	0
White Pine	_	2	_	-	-	_	-	2
Undefined	_	0	_	-	-	_	-	0
TOTAL	0	5,182	0	0	0	0	0	5,182

Table VII

HMO MEDICARE ENROLLMENT TRENDS March 31, 2005

Health Plan	Enrollment March 31, 2005	Enrollment March 31, 2004	Difference	Percent Change
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	53,967	51,150	2,817	5.5%
HMO Nevada	-	-	-	-
Hometown Health	4,987	5,278	-291	-5.5%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	25,758	25,406	352	1.4%
Saint Mary's HealthFirst	-	-	-	-
Totals	84,712	81,834	2,878	3.5%

Table VIII

HMO MEDICAID ENROLLMENT by Geographic Area March 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicaid
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	31,914	6,354	23	38,291
HMO Nevada	-	-	-	-
Hometown Health	-	-	-	-
NevadaCare, Inc.	40,132	4,804	0	44,936
PacifiCare of Nevada, Inc.	-	-	-	-
Saint Mary's HealthFirst	-	-	-	-
Totals	72,046	11,158	23	83,227
Market Penetration	55.9%	45.0%	0.1%	47.2%

Please refer to "TABLE NOTES" for important additional information.

*Only statewide Medicaid Eligible Data was available due to new NSWD reporting measures.

Table IX

HMO MEDICAID ENROLLMENT TRENDS March 31, 2005

Health Plan	Enrollment March 31, 2005	Enrollment March 31, 2004	Difference	Percent Change
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	38,291	38,943	-652	-1.7%
HMO Nevada	-	-	-	-
Hometown Health	-	-	-	-
NevadaCare, Inc.	44,936	49,061	-4,125	-8.4%
PacifiCare of Nevada, Inc.	-	-	-	-
Saint Mary's HealthFirst	-	-	-	-
Totals	83,227	88,004	-4,777	-5.4%

Table X

HMO NEVADA CHECK-UP ENROLLMENT by Geographic Area March 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Check-Up
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	10,500	1,154	3	11,657
HMO Nevada	-	-	-	-
Hometown Health	-	-	-	-
NevadaCare, Inc.	7,829	3,258	0	11,087
PacifiCare of Nevada, Inc.	-	-	-	-
Saint Mary's HealthFirst	-	-	-	-
Totals	18,329	4,412	3	22,744

Table XI

TOTAL HMO MARKET PENETRATION by County, March 31, 2005

County	Commercial Market Penetration	Medicare Market Penetration	Medicaid Market Penetration
Clark	19.5%	38.4%	55.9%
Washoe	15.8%	23.6%	45.0%
Carson City	16.6%	0.3%	*
Churchill	2.1%	0.1%	*
Douglas	5.3%	0.0%	*
Elko	1.0%	0.1%	*
Esmeralda	1.8%	14.4%	*
Eureka	5.7%	0.0%	*
Humboldt	2.6%	0.0%	*
Lander	1.4%	0.0%	*
Lincoln	4.8%	0.2%	*
Lyon	7.5%	13.9%	*
Mineral	8.5%	7.7%	*
Nye	12.8%	53.2%	*
Pershing	0.0%	0.0%	*
Storey	5.3%	0.0%	*
White Pine	2.0%	0.1%	*
Statewide TOTALS	17.3%	32.0%	47.2%

Please refer to "TABLE NOTES" for important additional information.

*Rural County: No county Medicaid Eligible Data available per NSWD, see Table VIII.

Table XII

PPO ENROLLMENT by Geographic Area March 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Enrollment
Aetna, Inc.	-	-	-	-
Health Plan of NV/Sierra Hlth & Life	22,568	1,693	1,796	26,057
HMO Nevada	DNR	DNR	DNR	242,860
Hometown Health	391	66,496	4,217	71,104
NevadaCare/Summerlin Life&Hlth	6,929	241	462	7,632
PacifiCare of Nevada, Inc.	3,911	1,104	885	5,900
Saint Mary's HealthFirst	-	-	-	-
Totals	33,799	69,534	7,360	353,553

TABLE XIII

PPO ENROLLMENT TRENDS by HEALTH PLAN March 31, 2005

Health Plan	Enrollment Mach 31, 2005	Enrollment March 31, 2004	Difference	Percent Change
Aetna, Inc.			-	-
Health Plan of Nevada	26,057	23,867	2,190	9.2%
HMO Nevada	242,860	273,837	-30,977	-11.3%
Hometown Health	71,104	63,206	7,898	12.5%
NevadaCare, Inc.	7,632	-	7,632	*
PacifiCare of Nevada, Inc.	5,900	8,440	-2,540	-30.1%
Saint Mary's HealthFirst	-	-	-	-
Totals	353,553	369,350	-15,797	-4.3%

TABLE NOTES

General Notes on the Tables:

- <u>Distinctions between Zeros, Dashes, DNR, & Asterisks</u> To increase readability, the following data presentation conventions have been used:
 - 1. Zero: no enrollees within a county for which a Certificate of Authority (COA) has been issued to the HMO.
 - 2. Dash (-): the HMO does not have a COA to operate in the county.

When used in "Total", "Difference", or "Percent Change" columns, this convention represents invalid mathematical calculations due to an HMO not having a COA in the county or counties, and therefore not having a valid total number of enrollees for the calculation of interest. (e.g., in Table III, no HMO has a COA to operate in Eureka county. Therefore the "County Total" column is represented with a dash (-) to indicate an invalid mathematical total.)

In Table I, convention indicates HMO does not provide service to that population category.

- 3. DNR: Did not report.
- 4. Asterisk (*): Value not able to be calculated due to missing data.

• Enrollment Data Reporting and Sources

All enrollment data presented within the *Nevada HMO Industry Profile* are derived from quarterly enrollment reports submitted by each HMO. Geographical allocation of enrollment data is based upon the following guidelines:

- a. Commercial plan enrollment data are reported according to the location of the employer.
- b. Medicare, Medicaid, and Nevada Check Up enrollment data are allocated according to the residence of the enrollee.

• Market Penetration Calculations and Data Sources

In general, market penetration is determined by dividing the number of enrollees by the potential enrollment population of the geographic area. The *HMO Industry Profile* uses the following conventions:

1.	Commercial category:	population (county or statewide) is comprised of age group zero to 64.
2.	Medicare category:	population (county or statewide) is comprised of age group 65 and greater.
3.	Medicaid category:	population is comprised of estimated Medicaid eligible for Clark & Washoe Counties and statewide.

The Nevada State Demographer, University of Nevada, Reno, provides data for the commercial and Medicare category 2004 population projections.

The Nevada State Welfare Division provides data for Medicaid eligible participants.

• Market Penetration Calculations and Data Sources (continued):

The population estimates for Medicaid eligibles were derived from monthly reports whose source is NSWD Report WL-00427. The statewide totals were compiled by NSWD from caseload reports for January, February, and March 2005 and the total Medicaid eligible statewide figure was an average of the totals for each month involved.

• Preferred Provider Organization (PPO) Data

Important note: PPOs and HMOs are two distinctively different approaches to healthcare coverage. Because of the differing approaches, service delivery of the two health care plans may also be dissimilar. Additionally, an HMO and a PPO may both be part of the total healthcare product line from the same insurance company.

The PPO information presented within the *Nevada HMO Industry Profile* is not an exhaustive listing of all PPOs that are operating within Nevada. The data presented herein are solely to provide an • Preferred Provider Organization (PPO) Data (continued):

indication of other managed care activities with which the organization may be involved. The data are presented as reported by the HMO.

Specific Notes on the Tables

• Table III

PacifiCare Column – Douglas County total includes enrollments residing in California.

<u>Table VIII</u>

Rural Column – represents the other 15 counties within the state. Currently, Medicaid rural enrollment is too low to justify development of a separate reporting table.

Market Penetration Statistics - only valid for statewide total. County totals were not available at time of printing due to new recording systems being used by the NSWD. The statewide total Medicaid eligible data were an average of Medicaid eligibles for January, February, and March 2005.

• Table XI

Important note:	The underlying data for this table were derived from
	Tables I-IX. Previous notes contained under
	"General Notes on the Tables" should be
	considered in interpreting this data.

Rural Medicaid enrollment is too low to justify reporting the rural eligibility data necessary to develop market penetration information.

• <u>Table XII</u>

Important note:	HMO Nevada did not report PPO enrollment by
	county for the quarter.

• Table XIII

Important note:	This the fourth quarter that Summerlin Life and
	Health Insurance Company, an affiliate of
	NevadaCare, Inc., is reporting quarterly PPO
	enrollment. Related trend data cannot be
	calculated at this time.