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Page 1 of 1

## NEVADA STATE HEALTH DIVISION NEWS RELEASE

### Wildfire Season: Health Concerns

*Carson City* – Now that wildfire season has started in the state, the Nevada State Health Division is reminding the public about health issues and precautions related to smoke from wildfires.

Smoke from wildfires can cause serious health concerns. People at risk include those with cardiovascular disease, respiratory issues, the elderly, particularly persons over 65 with cardiopulmonary disease or asthma, children and smokers. To protect yourself and your family:

- Stay indoors
- Use air conditioning and air filters
- Limit physical activity
- Keep windows closed when in vehicles
- Listen to announcements from local emergency officials about evacuations and shelter locations
- Persons with specific medical concerns or medical emergencies should contact their health care provider or seek emergency medical treatment

If you are healthy, you are not typically at a major risk from exposure to smoke. However, it is a good idea to avoid breathing smoke if you can help it. Use common sense. If it looks smoky outside, it is probably not a good time to engage in outdoor activities. It is probably not a good time for your children to play outdoors.

For additional information about health issues related to wildfire smoke, please access the Centers for Disease Control and Prevention's website: [www.bt.cdc.gov/firesafety/wildfires/#](http://www.bt.cdc.gov/firesafety/wildfires/#)

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