

Nevada Behavioral Risk Factor Surveillance System 2013 Annual Report (2013 Data)

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**Department of Health and Human Services
Division of Public and Behavioral Health
Office of Public Health Informatics and Epidemiology**

Brian Sandoval, Governor
Richard Whitley, MS, Director
Department of Health and Human Services

Cody Phinney, MPH, Administrator
Tracey D Green MD, Chief Medical Officer
Division of Public and Behavioral Health
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***Nevada Behavioral Risk Factor Surveillance System*
2013 Annual Report
(2013 Data)**

Kyra Morgan, Chief Biostatistician
Brad Towle, MA, MPA, Health Program Specialist
Melissa Slayden, BS, Management Analyst

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Section I: BRFSS

The Behavioral Risk Factor Surveillance System (BRFSS) 2013 Report (2013 data)

BRFSS: General Information

The Behavioral Risk Factor Surveillance System (BRFSS) is primarily funded by the Centers for Disease Control and Prevention (CDC). However, various state programs may fund additional modules or questions. This is the largest telephone health survey in the world and is conducted in all 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and Guam. The BRFSS surveys adults eighteen years of age or older; in 2013, 5,102 adults were surveyed in Nevada. The BRFSS contains core questions that are asked in all states and territories allowing for national as well as state-to-state comparisons. In addition, optional modules are also available and state-specific questions may be added to address state-specific needs. The BRFSS is used to assess risk for chronic disease, identify demographic differences in health-related behaviors, address emerging health issues, evaluate public health policies and programs, assess special populations, and measure progress toward achieving state and national health objectives. Many states also use BRFSS data to support health-related legislative efforts. BRFSS information as well as survey results are available online at <http://www.cdc.gov/brfss/>.

BRFSS: Addition of Cell Phone Surveys and New Weighting Methodology

The proportion of U.S. households with only cellular telephones has been rising steadily. In order to maintain representativeness, coverage, and validity, the BRFSS has added cellular telephones to their sample. It is well known that people who have only cellular telephone service have a different demographic profile than those who have a landline telephone.

Since the 2011 BRFSS survey, cell phone surveys are included with landline surveys and a new weighting methodology called “raking” is also implemented in the BRFSS methodology. This new weighting methodology allows for the introduction of more demographic variables into the weighting process, thereby reducing the potential for bias and increasing the representativeness of estimates. It also allows for the incorporation of cell and landline telephone surveys.

The addition of cellular telephones and the new weighting system improved the survey coverage for certain population groups. Some prevalence estimates will vary from estimates that would have been calculated with the old weighting procedure. These differences will vary by survey question and state and will be driven by state-to-state variations in demographic variables and the proportion of cell phone users. Therefore, it is not recommended that BRFSS data previous to 2011 be compared with subsequent BRFSS surveys.

BRFSS: The BRFSS Questionnaire

The “core” questionnaire consists of standard questions designed and tested by the CDC and are administered by all states and territories. The Division of Public and Behavioral Health programs also funded seven additional modules: Diabetes, Pre-Diabetes, Childhood Asthma, Colorectal Cancer Screening, Mental Health and Stigma, and Adverse Childhood Experience, and Health Care Access. The Alzheimer’s Association funded the Cognitive Impairment Module, and several other individual questions were also added to the survey by various programs. Some topics are on a rotating core and are asked every other year. In this report, data tables are provided with indicator results broken out in selected demographics: Gender, Age Group, Race/ethnicity, and Veteran Status, Highest Education Level Attained, Income, and Region. Due to different non-response rates for each question, the total responses for a selected indicator will vary among demographic data. Some topics addressed by the 2013 set of core questions include:

- **Alcohol Use:** includes heavy drinking, and binge drinking, and drinking while driving.
- **Asthma:** includes individuals that have ever had asthma and those that currently have asthma.
- **Blood Pressure and Cholesterol:** includes high cholesterol, high blood pressure, and blood cholesterol checked within the past five years.
- **Cardiovascular:** includes stroke, heart attack, and cardiovascular disease.
- **Colorectal Cancer Screening:** includes individuals who have ever had a sigmoidoscopy or colonoscopy or have had a blood stool test within two years.
- **Diabetes:** includes diabetes and pre-diabetes.
- **Disability:** includes individuals who have limited activities and who require special equipment such as a cane, wheelchair, special bed, or special telephone.
- **Health Status:** includes general, mental, and physical health, interruptions of daily routines because of health conditions, and inadequate sleep.
- **Healthcare Access:** includes health insurance, not able to see a doctor because of cost, and the time since the last routine checkup.
- **Immunization:** includes flu and Pneumonia Vaccinations.
- **Tobacco:** includes Cigarette Use.
- **Weight Status:** measured by body-mass index (BMI): A BMI greater than 25 and less than 30 is classified as overweight and a BMI of 30 or greater is classified as obese.

BRFSS: The BRFSS Process and Methodology

The BRFSS survey development is a collaborative effort involving program representatives from the National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP) and other parts of CDC. In addition, input is received from all participating states concerning core components and optional modules. Taking into consideration state priorities and potential funding, the Behavioral Surveillance Branch (BSB) produces data processing layouts with core components and optional modules. States use this layout and add optional questions they have

designed or acquired. The Nevada Division of Public and Behavioral Health contracted the University of Nevada, Reno (Center for Research and Design) and the University of Nevada, Las Vegas (Cannon Survey Center) to conduct the 2013 BRFSS phone survey according to protocols detailed in the BRFSS Operational and User's Guide. This guide is available at the following website:

<ftp://ftp.cdc.gov/pub/Data/Brfss/userguide.pdf>

Samples were provided monthly from BSB who utilize disproportionate stratified random sampling to differentiate between sets of phone numbers containing a large proportion of target numbers and a set that contains a smaller proportion of target numbers.

The State Contractor then conducts monthly interviews with the prescribed protocol, and incorporates surveillance results into computer-assisted telephone interviewing (CATI) computer files. Data is submitted monthly to BSB who weights the data annually according to state-specific population estimates. BSB produces and distributes yearly state-specific and nationwide data sets of risk-factor prevalence estimates to be used by states and BSB for analyses and publications.

Section II: The Healthy People Initiative

The Healthy People (HP) Initiative is a national strategy for significantly improving the health of Americans and provides a framework for national, state and local health agencies, as well as non-government entities, to assess health status, health behaviors, and health services. The HP Initiative began as an offshoot from the 1979 the Surgeon General's Report, *Health Promotion and Disease Prevention*, which was followed in 1980 by the report, *Promoting Health/Preventing Disease: Objectives For a Nation*, which detailed 226 health objectives to be reached by 1990. Subsequently the HP 2010 was developed and then the HP 2020 was developed that documented objectives to be reached by 2020. The goals of the HP Initiative are to increase quality and years of healthy life and eliminate health disparities. Whenever applicable, HP 2020 objectives are included in this report along with their corresponding health indicators. Information on the Healthy People Initiative can be obtained online at:

<http://www.healthypeople.gov/2020/default.aspx>

Section III: Highlights from the 2013 BRFSS Survey

Alcohol Consumption

- The prevalence estimate for Nevada adults participating in binge drinking (males having five or more drinks on one occasion, females having four or more drinks on one occasion) is 15.2% close to the National median of 16.9%.
- The 2013 estimate of Nevada adult males participating in binge drinking is over twice that of Nevada adult females (21.1% and 9.2% respectively).

Asthma

- 11.4% of Nevada adults reported that they have ever had asthma and 7.6% reported they currently have asthma.

Cardiovascular

- Consistent with national data, heart attacks among Nevada males are higher than Nevada females (5.2% and 3.6% respectively).
- Nevada adults in the highest income bracket reported the lowest prevalence rate of heart attacks, strokes, and cardiovascular disease than those in lower income brackets.

Colorectal Cancer Screening

- 60.6% of Nevada adults 50+ have had either a sigmoidoscopy or a colonoscopy.
- Nevada adults, 50+ in lower income brackets, had a lower prevalence rate of sigmoidoscopy/colonoscopy cancer screening than those in higher income brackets.

Diabetes

- The 2013 prevalence estimate for diabetes among Nevada adults is 9.6%.
- Diabetes prevalence among Nevada adults is highest among lower income groups.

Disability

- The 2013 estimate for Nevada adults who are limited in any activities do to physical, mental, or emotional problems is 18.8%.
- The 2013 estimate of Nevada adults requiring special equipment, such as a cane, wheelchair, special bed, or telephone is 7.9%.

Health Status

- In 2013, 18.0% of Nevada adults perceived their health status to be excellent, 32.8% perceived their health status to be very good, 31.9% perceived their health status to be good, 12.9% perceived their health status to be fair, and only 4.4% perceived their health status to be poor.
- 17.5% of Nevada adults reported that poor physical or mental health had kept them from doing their usual activities on 10 or more of the last 30 days.
- 23.7% of Nevada adults had not participated in any physical activity other than their regular job in the past 30 days.

Healthcare Access

- The 2013 estimate for Nevada Adults 18+ without health insurance is 22.6% and 35.1% do not have a personal doctor or healthcare provider.
- 10.6% of Nevadans have not had a routine checkup in the past five years.

Immunizations

- In 2013, 51.6% of Nevada adults 65 years of age or older received a flu vaccination within the past year.
- 66.8% of Nevada adults 65 years of age or older have ever received a pneumonia vaccination.

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Tobacco

- 19.4% of Nevada adults are current smokers which is essentially the same as the national value of 19.0%.
- The prevalence of smoking among Nevada adults is slightly higher among males than females (20.6% and 18.1% respectively).
- The prevalence of smoking among Nevada adults is among individuals of lower income brackets than those of higher income brackets.

Weight Status

- 38.7% of Nevada adults are designated as overweight (BMI 25.0 to 29.9) and 26.2% are designated as obese (BMI 30.0 or greater).
- 2013 data indicates that 40.8% of Nevada adult females are at a healthy weight which is over 14% higher than Nevada adult males at 26.5%.

Section IV: BRFSS Respondent Demographics

Table 1: BRFSS Respondent Demographics (NV BRFSS, 2013)

The distribution of respondents for the 2013 BRFSS by: sex, age group, race, education, income, and region.

There were 5,102 total surveys conducted in the 2013 survey.

Table 1: BRFSS Response Demographics (NV BRFSS 2013)

Demographic	Grouping	N	Weighted Frequency	Percent
Age Group	18 - 24	330	255,736	12.0 (10.0-14.0)
	25 - 34	568	389,033	18.3 (16.2-20.3)
	35 - 44	643	382,960	18.0 (15.9-20.1)
	45 - 54	870	382,236	17.9 (15.9-20.0)
	55 - 64	1,084	339,451	15.9 (14.4-17.5)
	65+	1,607	380,963	17.9 (16.4-19.4)
Education	Less than H.S.	356	362,332	17.0 (14.5-19.5)
	H.S. or G.E.D.	1,375	625,482	29.4 (27.0-31.7)
	Some Post H.S.	1,728	713,880	33.5 (31.2-35.8)
	College Graduate	1,626	421,639	19.8 (18.2-21.4)
Gender	Male	2,195	1,068,655	50.2 (47.6-52.7)
	Female	2,907	1,061,724	49.8 (47.3-52.4)

Table 1: BRFSS Respondent Demographics Continued (NV BRFSS, 2013)
The distribution of respondents for the 2012 BRFSS by: sex, age group, race, education, income, and region.
There were 5,102 total surveys conducted in the 2013 survey.

BRFSS Response Demographics (NV BRFSS 2013) Continued

Demographic	Grouping	N	Weighted Frequency	Percent
Income	< \$15,000	462	214,826	10.1 (8.3-11.9)
	\$15,000 to \$24,999	814	349,434	16.4 (14.5-18.3)
	\$25,000 to \$34,999	491	230,998	10.8 (9.3-12.4)
	\$35,000 to \$49,999	608	219,620	10.3 (9.0-11.7)
	\$50,000 to \$74,999	753	301,425	14.1 (12.4-15.9)
	\$75,000+	1,242	453,306	21.3 (19.4-23.1)
Race/Ethnicity	White	3,744	1,177,444	55.3 (52.7-57.9)
	Black	187	160,933	7.6 (6.1-9.0)
	Other Race	477	247,759	11.6 (9.8-13.5)
	Hispanic	611	511,095	24.0 (21.3-26.6)
Region	Clark County	1,543	1,535,597	72.1 (71.0-73.1)
	Washoe County	1,793	335,097	15.7 (15.0-16.5)
	Balance of State	1,766	259,685	12.2 (11.5-12.8)
Veteran Status	Veteran	780	272,808	12.8 (11.3-14.3)
	Non-Veteran	4,315	1,855,274	87.1 (85.5-88.6)

Section V: Alcohol Consumption

Heavy Drinking: Heavy drinkers are defined as adult males having more than two drinks per day and adult females having more than one drink per day.

Binge Drinking: Binge drinkers are defined as adult males having five or more drinks on one occasion and adult females having four or more drinks on one occasion.

Overview

A substantial proportion of the population drinks alcohol. 15.2% of Nevada adults 18 years of age or older reported binge drinking on at least one occasion within past 30 days, and 7.0% were categorized as “Heavy Drinkers.” This translates to about 323,249 and 148,865 Nevadans respectively.

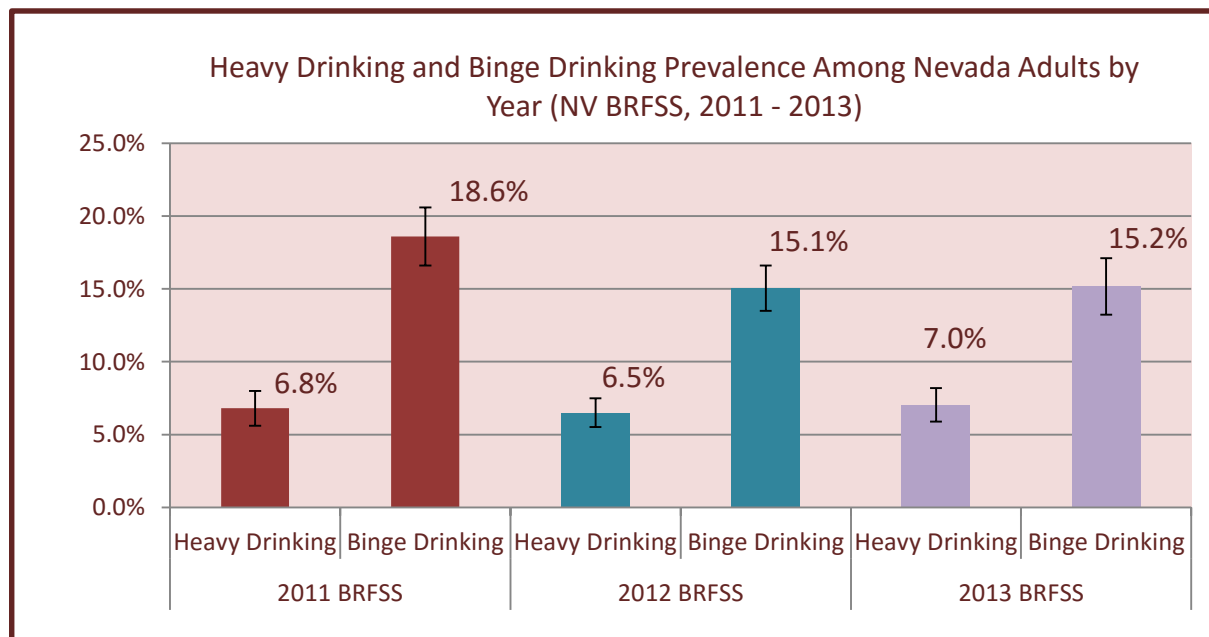
Long-term heavy drinking increases the risk for high blood pressure, heart muscle disorders (cardiomyopathy), and stroke, as well as certain forms of cancer, especially of the esophagus, mouth, throat and larynx.^{1, 2}

Alcohol has been linked with a substantial proportion of injuries and deaths from motor vehicle crashes, falls, fires, and drowning. In 2012, 1.8% of Nevadans reported driving at least once in the past 30 days after having too much to drink, translating into about 37,170 individuals. The percent of Nevada males reporting driving when they have had too much to drink in 2012 was eight times higher than females, 3.2% and 0.4% respectively.

Table 2: Selected Alcohol Use Indicators for Nevada and the United States (BRFSS 2013)

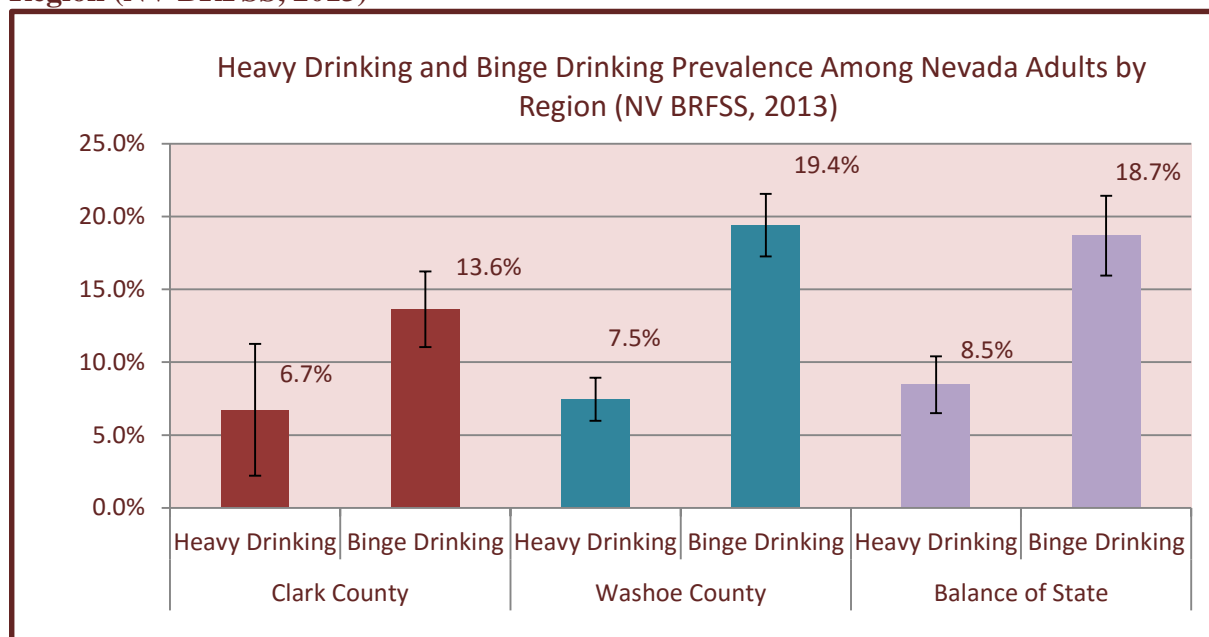
Health Indicator	Nevada	United States & D.C.
1. Heavy drinkers (adult males having more than two drinks per day and adult females having more than one drink per day)		
A. Percent of Males	6.8%	6.6%
B. Percent of Females	7.3%	5.2%
C. Percent of Total Population	7.0%	6.2%
2. Binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion)		
A. Percent of Males	21.1%	22.2%
B. Percent of Females	9.2%	11.3%
C. Percent of Total Population	15.2%	16.8%

Figure 1: Heavy Drinking and Binge Drinking Prevalence Among Nevada Adults by Year (NV BRFSS, 2011-2013)



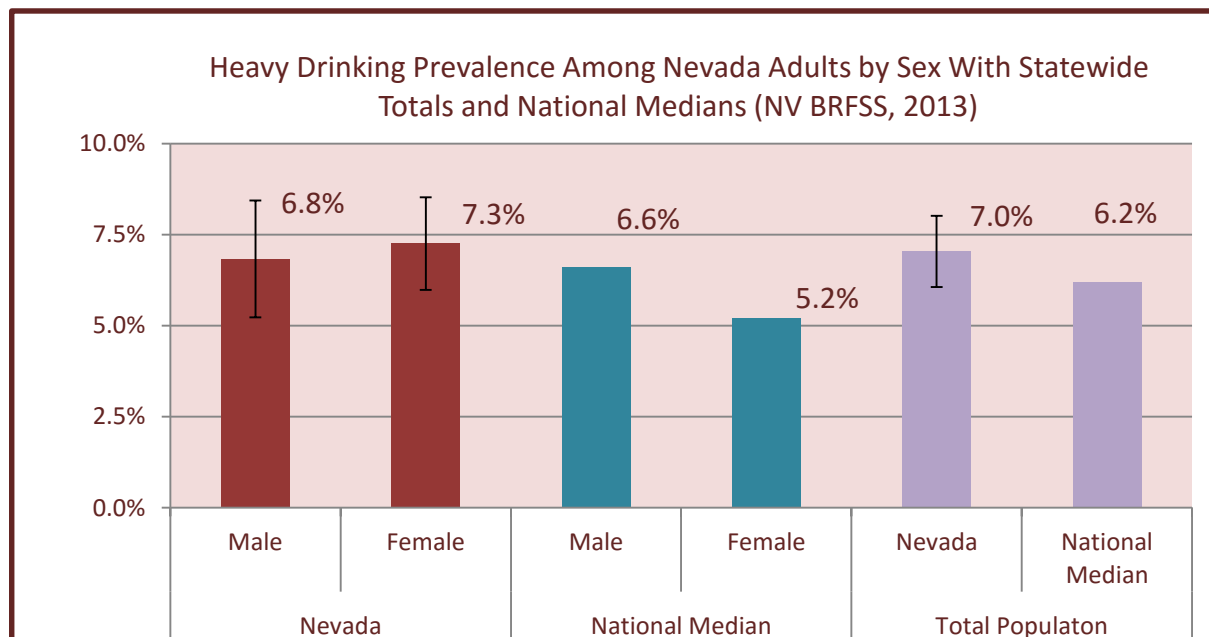
The percentage of Nevada adults who reported binge drinking at least once in the past 30 days decreased from 18.6% in 2011 to 15.2% in 2013.

Figure 2: Heavy Drinking and Binge Drinking Prevalence Among Nevada Adults by Region (NV BRFSS, 2013)



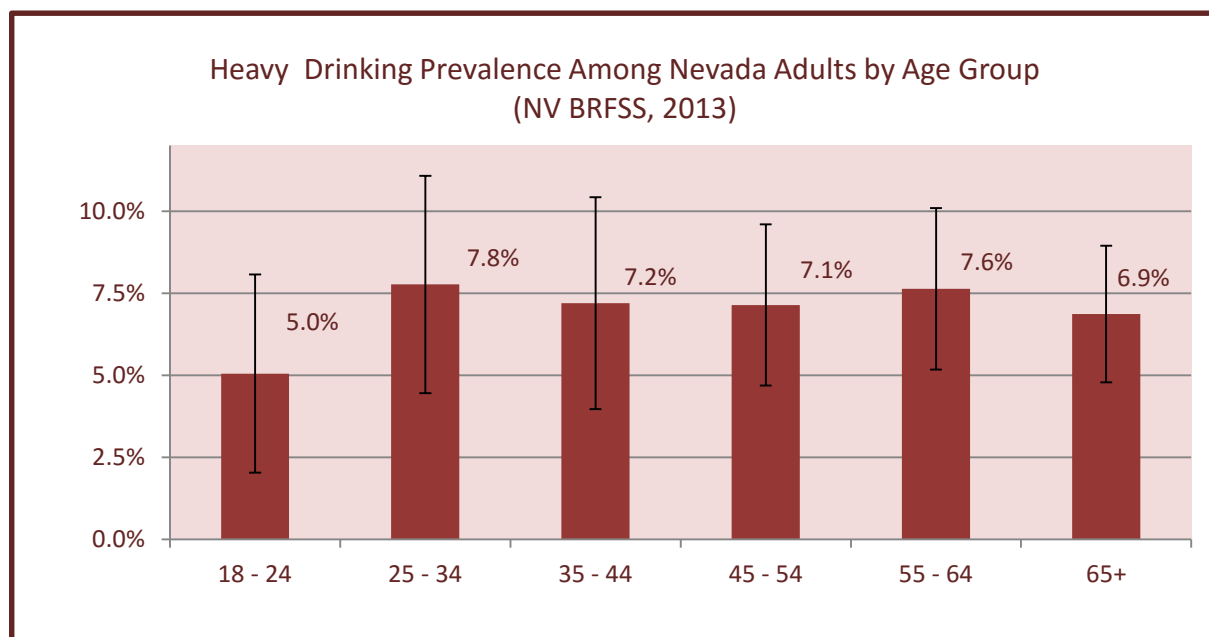
2013 BRFSS data indicates that Clark County has a lower binge drinking rate than Washoe County or the Balance of State.

Figure 3: Heavy Drinking Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2013)



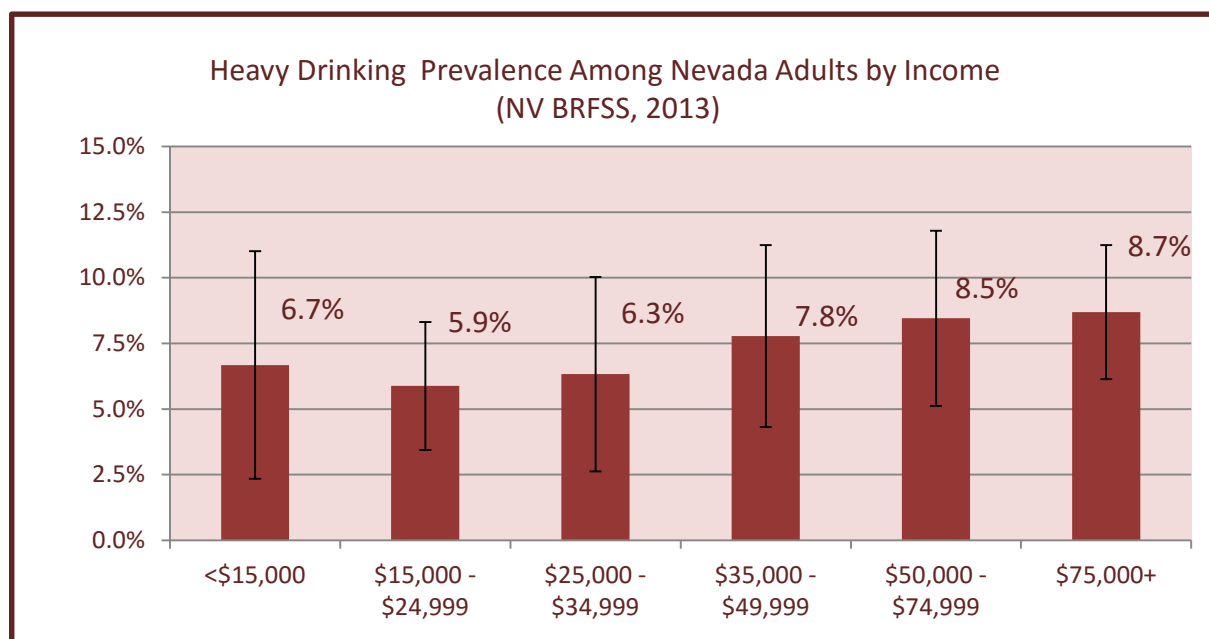
The prevalence rate for heavy drinking is similar among Nevada males and females.

Figure 4: Heavy Drinking Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2013)



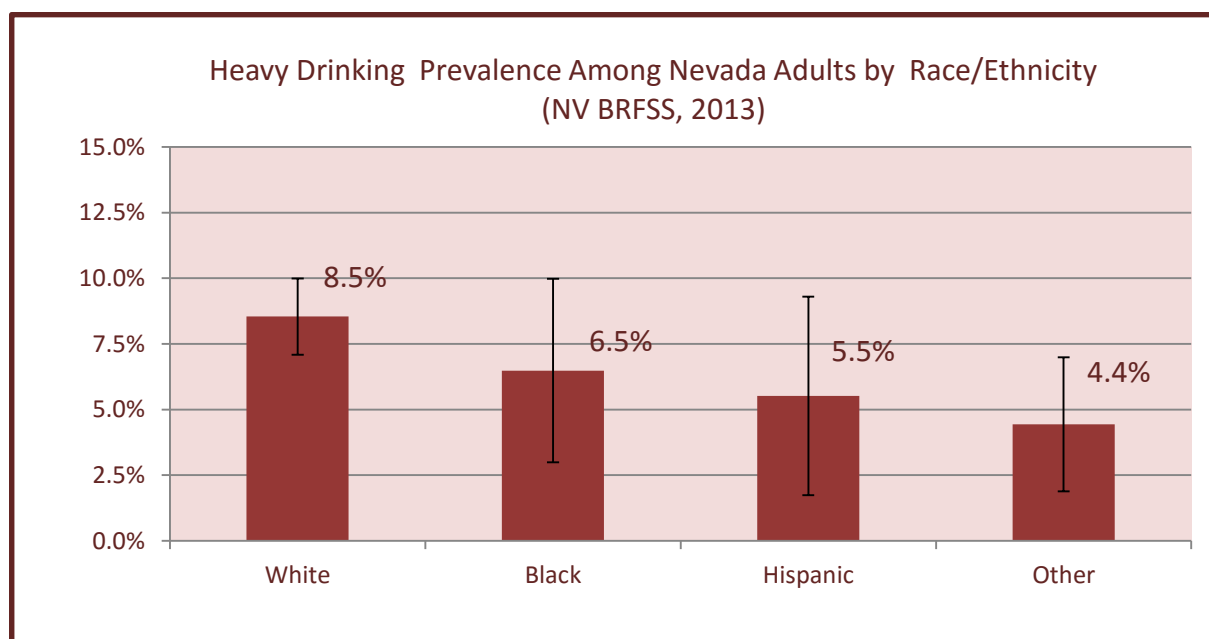
The prevalence of heavy drinking is lowest among the youngest age group (18-24).

Figure 5: Heavy Drinking Prevalence Among Nevada Adults by Income (NV BRFSS, 2013)



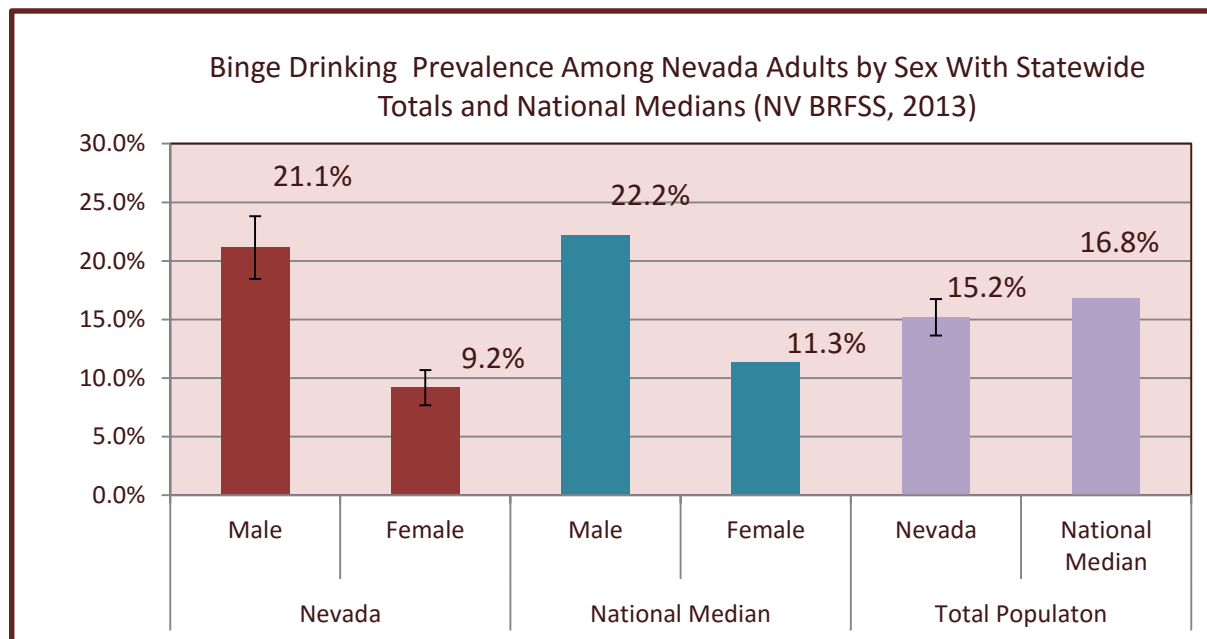
The prevalence of heavy drinking is slightly higher among Nevada adults in the higher income brackets.

Figure 6: Heavy Drinking Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013)



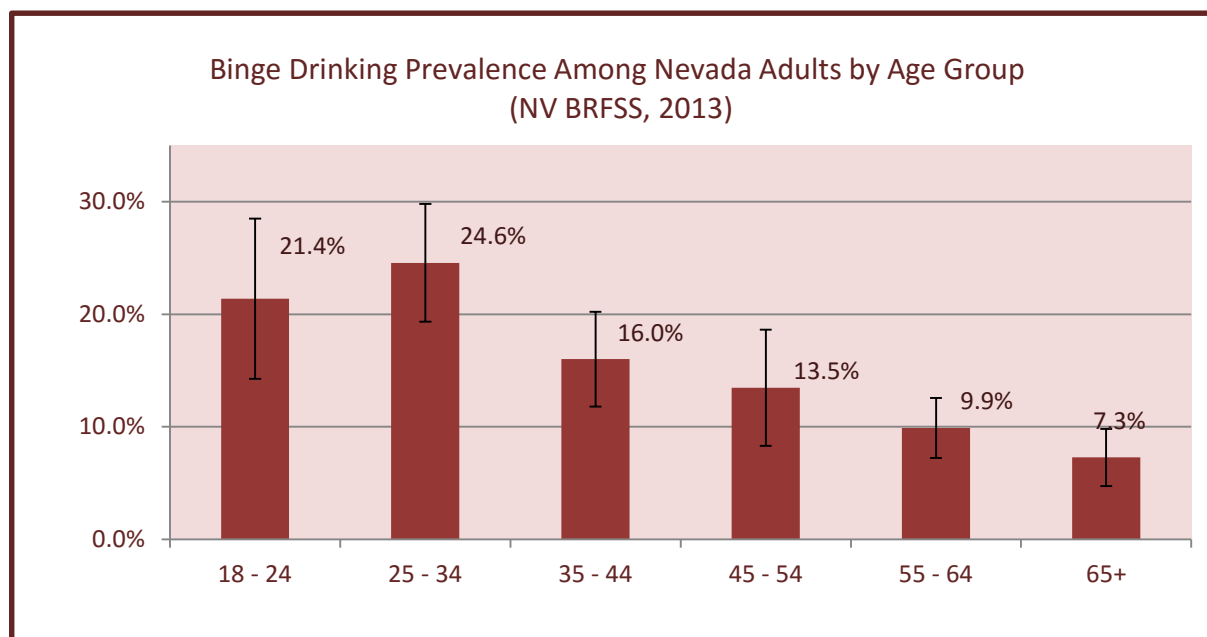
The prevalence of heavy drinking in Nevada adults is highest among Nevada Whites.

Figure 7: Binge Drinking Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2013)



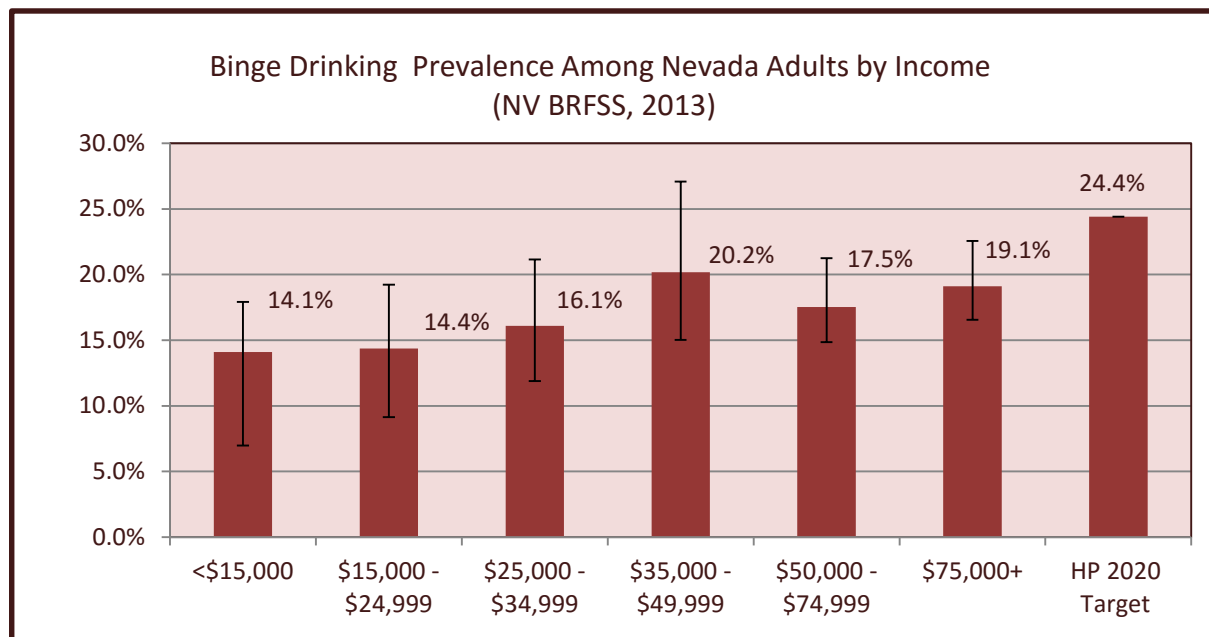
Binge drinking among Nevada adult males is over twice as high as Nevada adult females.

Figure 8: Binge Drinking Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2013)



Binge drinking among Nevada adults is highest in younger age groups and lowest in the 65+ age group.

Figure 9: Binge Drinking Prevalence Among Nevada Adults by Income With the HP 2020 Target (NV BRFSS, 2013)



Binge drinking among Nevada adults is more prevalent among individuals in the higher income brackets.

Section VI: Asthma

Lifetime Asthma: Nevada adults who have ever been told by a doctor, nurse, or other health professional that they had asthma.

Current Asthma: Nevada adults who currently have asthma.

Overview

It is estimated that about 25.9 million Americans had asthma in 2011. The Asthma and Allergy Foundation of America estimates the annual direct Asthma related medical expenses in the U.S. are 10 billion dollars.¹

Effective management of asthma comprises four major components: controlling exposure to factors that trigger asthma episodes, managing asthma with medicine, monitoring the disease, and educating asthma patients on when and how to take medications correctly and what to do when asthma worsens.^{2,3,4}

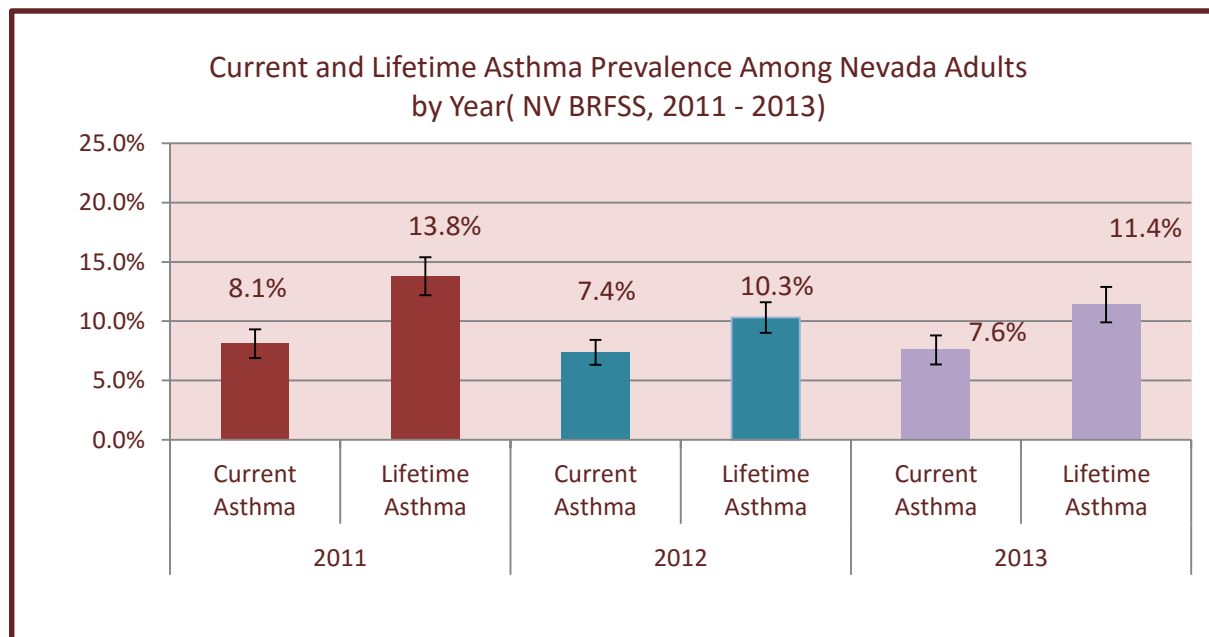
Asthma is one of the most common principal emergency room diagnoses. Data suggests that uneven distribution of costs of asthma relates to non-scheduled acute or emergency care, indicating poor asthma management and suboptimal outcomes.⁵

The lifetime asthma and current asthma prevalence rates in Nevada are lower than the national prevalence rates.

Table 3: Selected Asthma Indicators for Nevada and the United States (BRFSS, 2013)

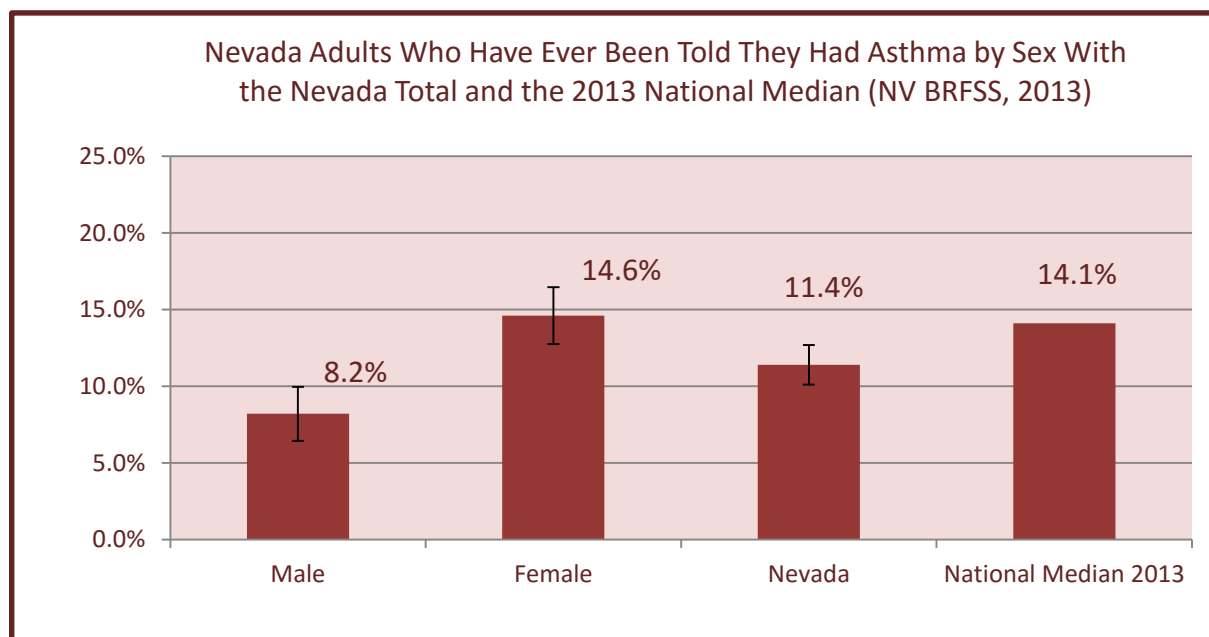
Health Indicator	Nevada	United States 2010
1. Have you ever been told by a doctor, nurse, or other health professional that you had asthma?	11.4%	14.1%
2. Do you still have asthma?	7.6%	9.0%

Figure 10: Current and Lifetime Asthma Prevalence Among Nevada Adults by Year (NV BRFSS, 2011-2013)



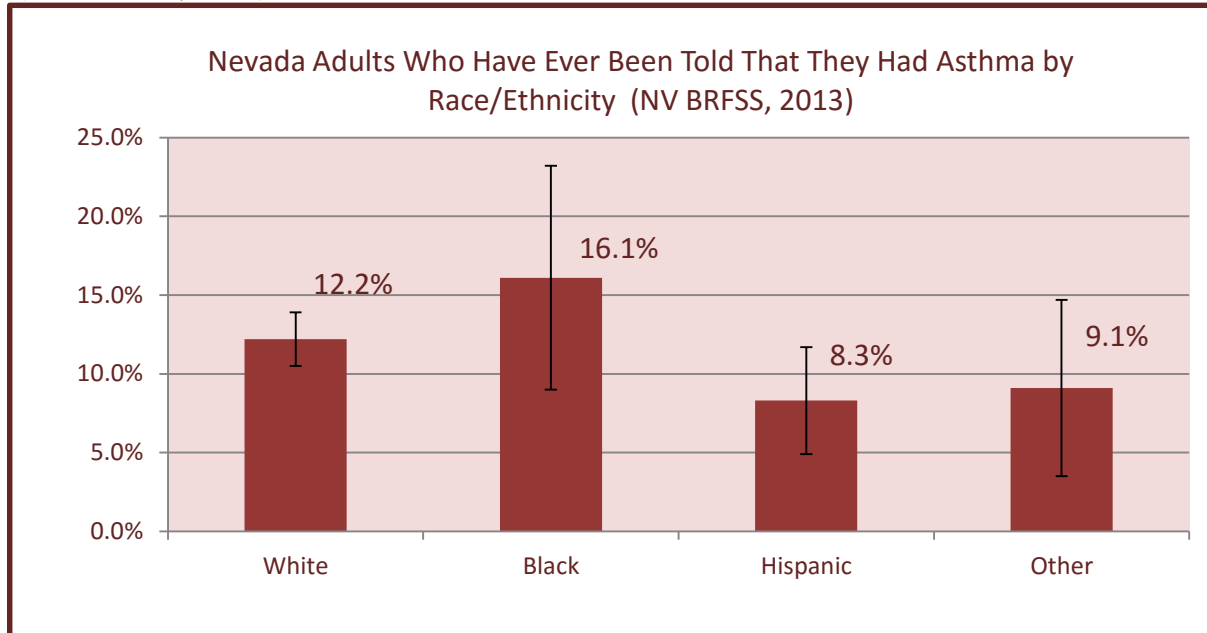
The prevalence of Nevada adults reporting lifetime and current asthma is similar across the three year period.

Figure 11: Nevada Adults Who Have Ever Been Told They Had Asthma by Sex with the Nevada Total and the 2013 National Median (NV BRFSS, 2013)



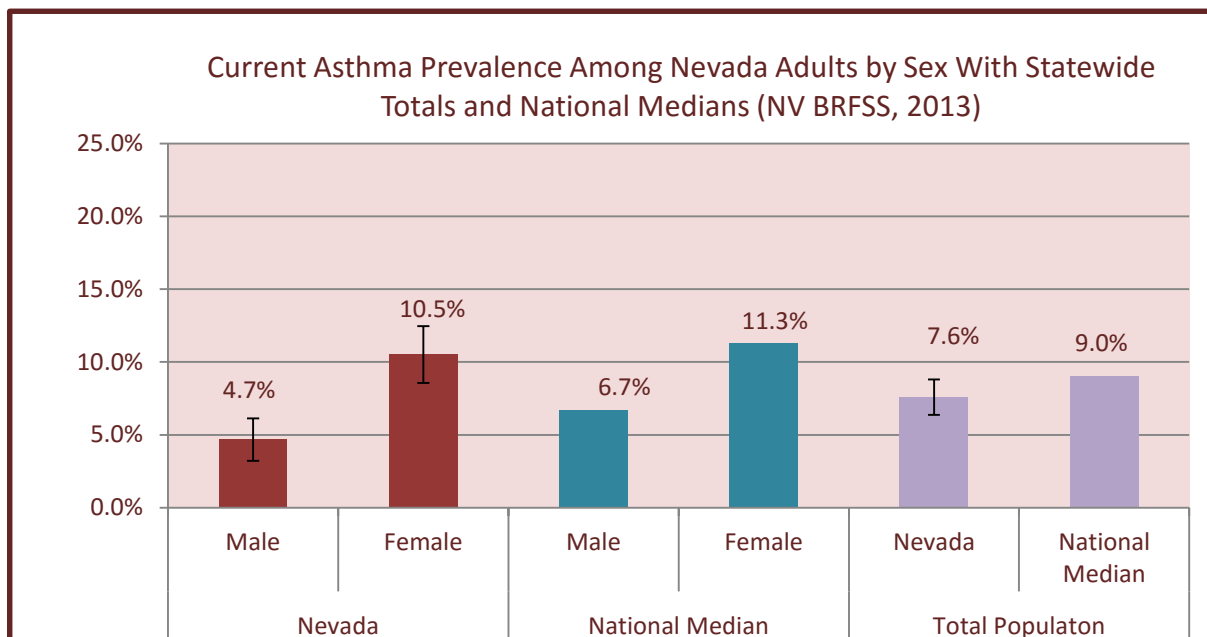
The percentage of lifetime asthma is higher among Nevada females than males.

Figure 12: Nevada Adults Who Have Ever Been Told They Had Asthma by Race/Ethnicity (NV BRFSS, 2013)



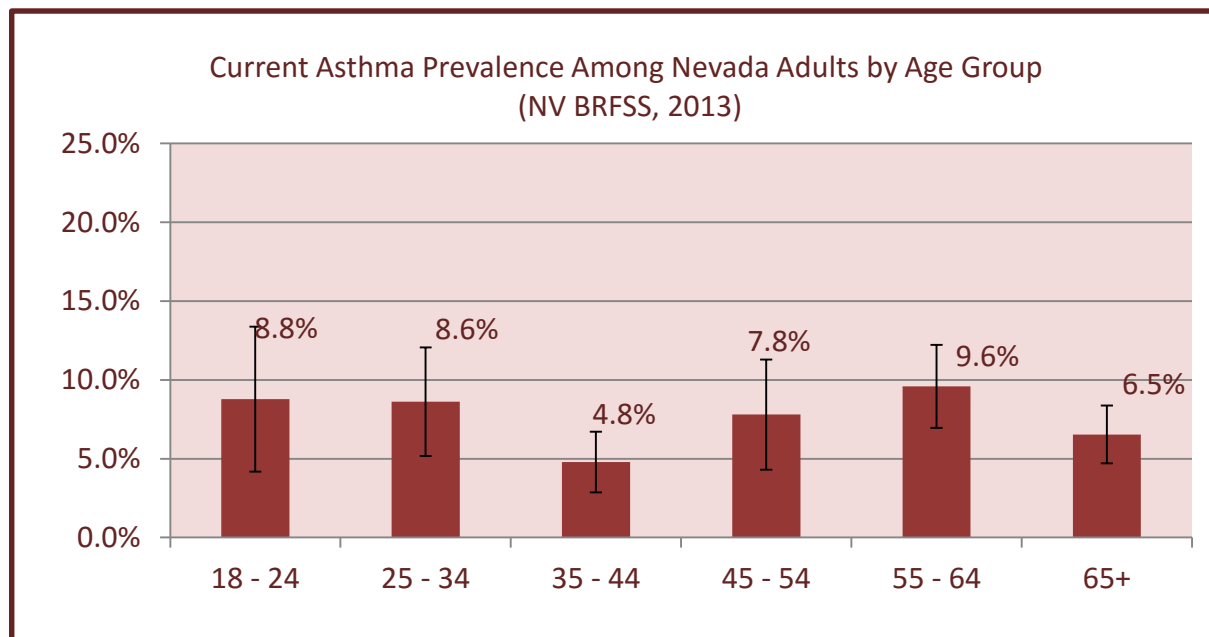
The prevalence of lifetime asthma is highest among Nevada Blacks and lowest among Hispanics.

Figure 13: Current Asthma Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2013)



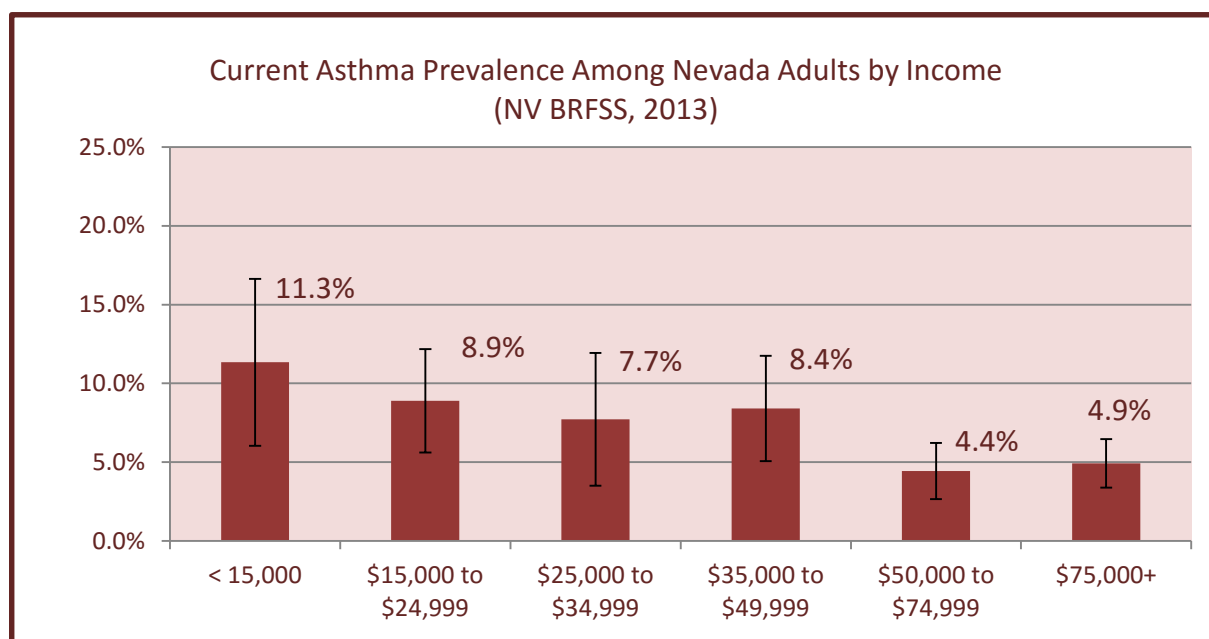
Current asthma is higher in female respondents than male respondents, both statewide and nationally.

Figure 14: Current Asthma Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2013)



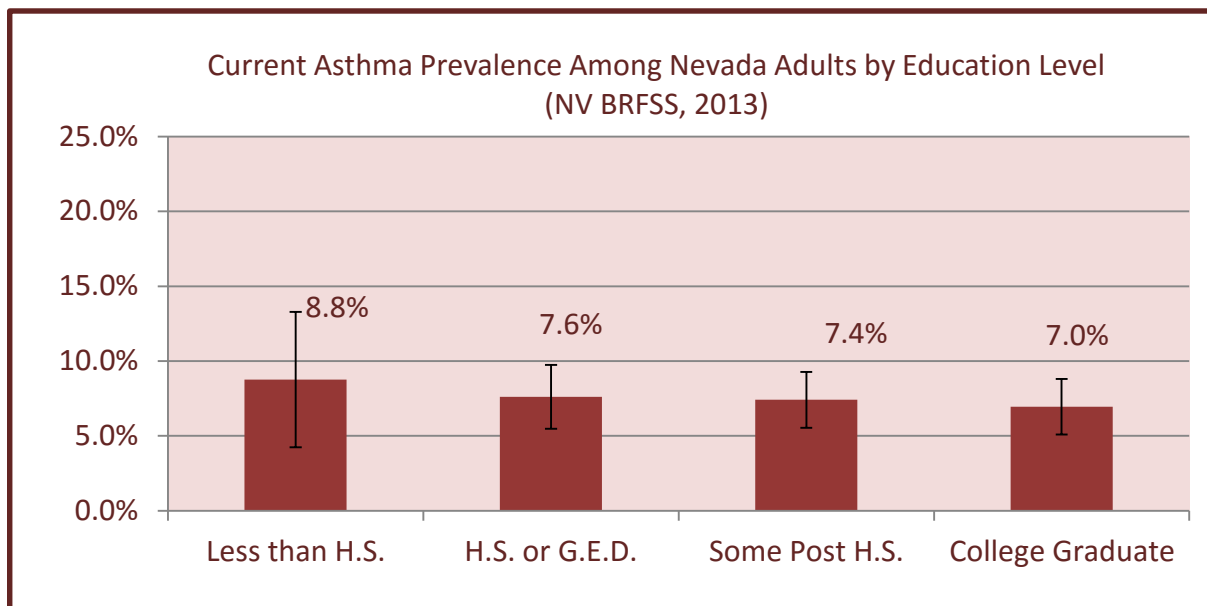
Nevada adults who currently have asthma is lowest among individuals 35 to 44 years of age.

Figure 15: Current Asthma Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2013)



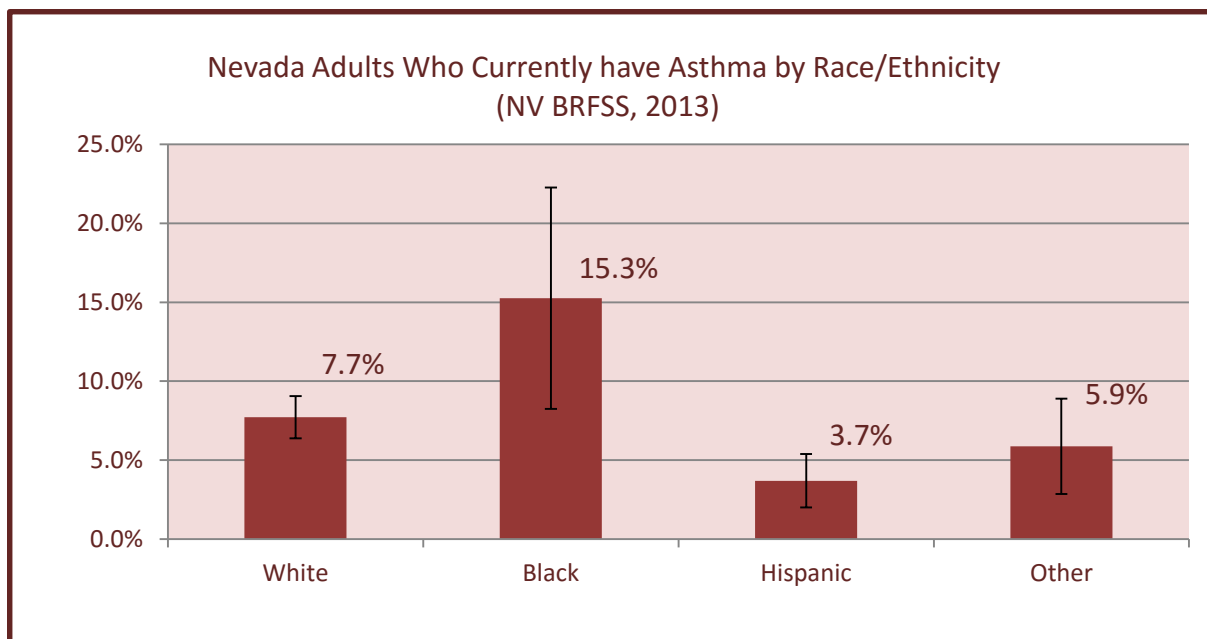
Data indicates that the prevalence of Nevada adults who currently have asthma decreases in higher income brackets.

Figure 16: Current Asthma Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2013)



Current asthma prevalence rates among Nevada adults range from 7.4% to 8.8% across education levels.

Figure 17: Current Asthma Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



The prevalence of current asthma is highest among Nevada Blacks.

Section VII: Cardiovascular

Heart Attack: Nevada Adults who have had a myocardial infarction (heart attack).

Cardiovascular Disease: Nevada Adults who have been told they have cardiovascular disease (angina).

Stroke: Nevada Adults who have had a stroke.

Overview

Heart disease is the leading cause of death for all people in the United States for both males and females. Stroke is the third leading cause of death. Heart disease and stroke are major causes of disability and contribute significantly to healthcare costs in the United States. In general, heart disease death rate has been consistently higher in males than females and higher in the African American population than other racial/ethnic groups.^{1, 2, 3}

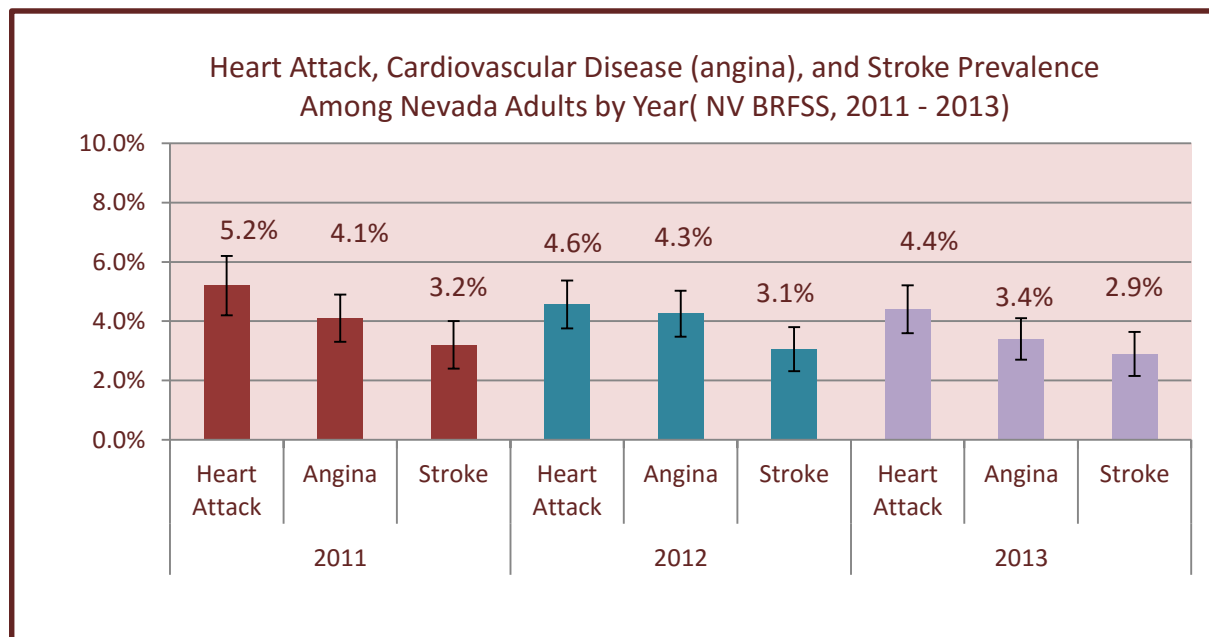
The Centers for Disease Control and Prevention recommend the following five lifestyle changes to reduce coronary heart disease:⁴

- Eat a healthy diet low in saturated fat and cholesterol and high in fiber
- Maintain a healthy weight
- Exercise regularly
- Don't Smoke
- Limit alcohol use
-

Table 4: Selected Cardiovascular Indicators for Nevada and the United States (BRFSS 2013)

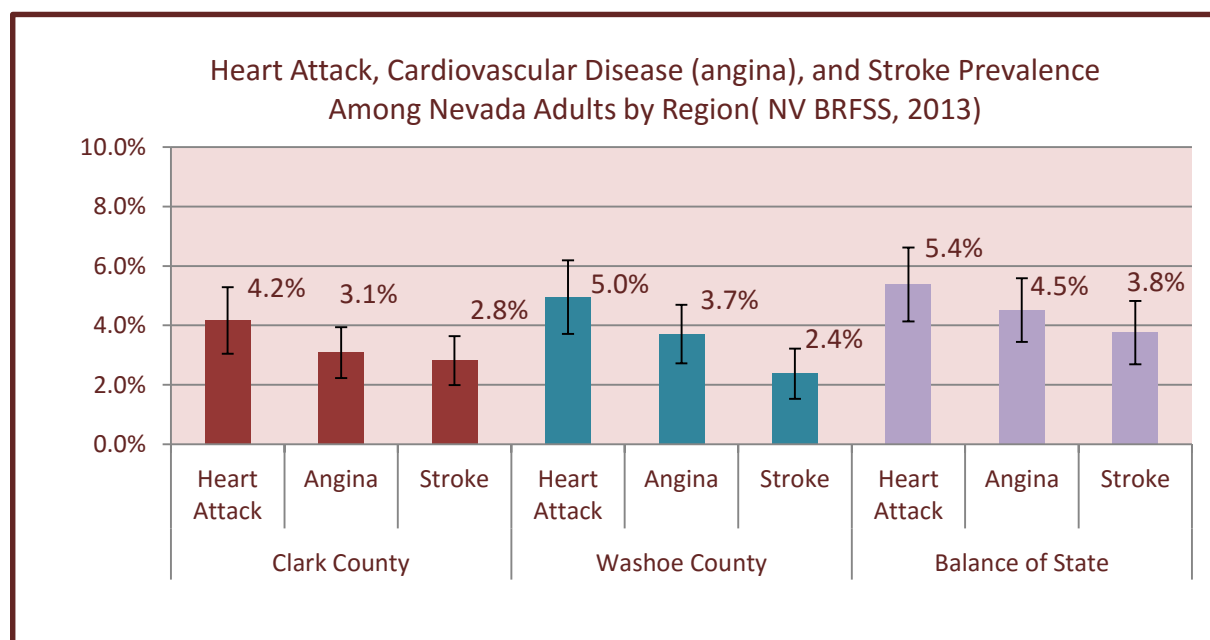
Health Indicator	Nevada	United States
1. Nevada adults who have been told by a doctor, nurse, or other health professional that they have had a heart attack (myocardial infarction).	4.4%	4.3%
2. Nevada adults who have been told by a doctor, nurse, or other health professional that they have had angina or coronary heart disease.	3.4%	4.1%
3. Nevada adults who have been told by a doctor, nurse, or other health professional that they have had a stroke.	2.9%	2.8%

Figure 18: Heart Attack, Cardiovascular Disease (angina), and Stroke Prevalence among Nevada Adults by Year (NV BRFSS, 2011-2013).



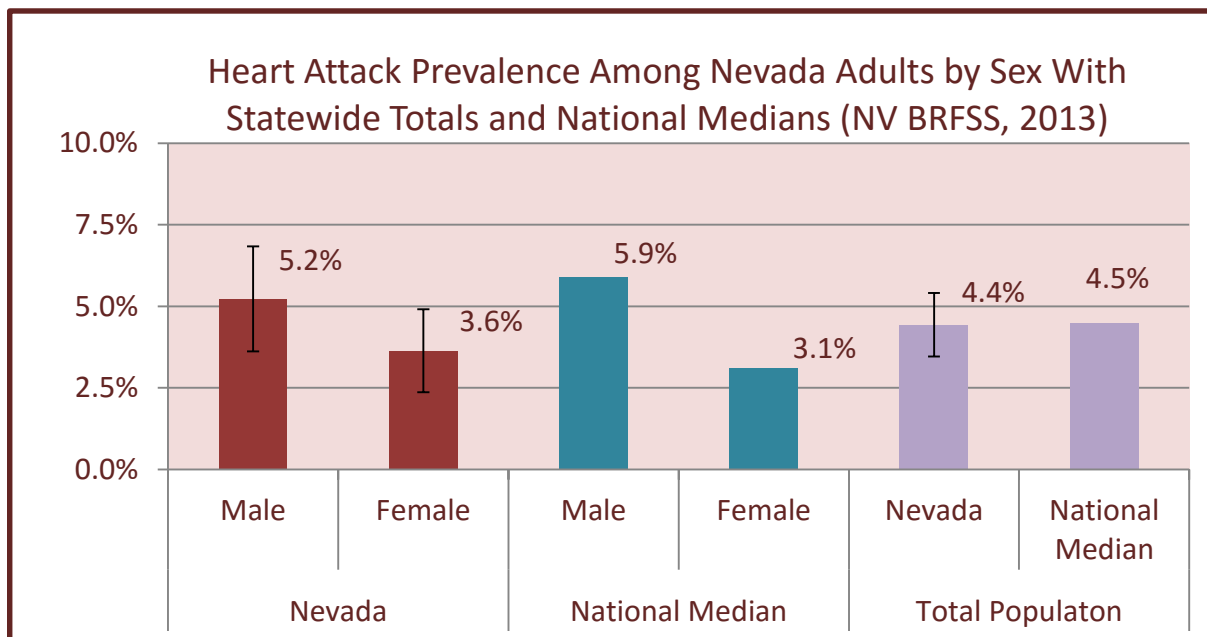
Heart attack, angina, and stroke prevalence in Nevada are similar for 2011, 2012, and 2013 surveys.

Figure 19: Heart Attack, Cardiovascular Disease (angina), and Stroke Prevalence among Nevada Adults by Region (NV BRFSS, 2013).



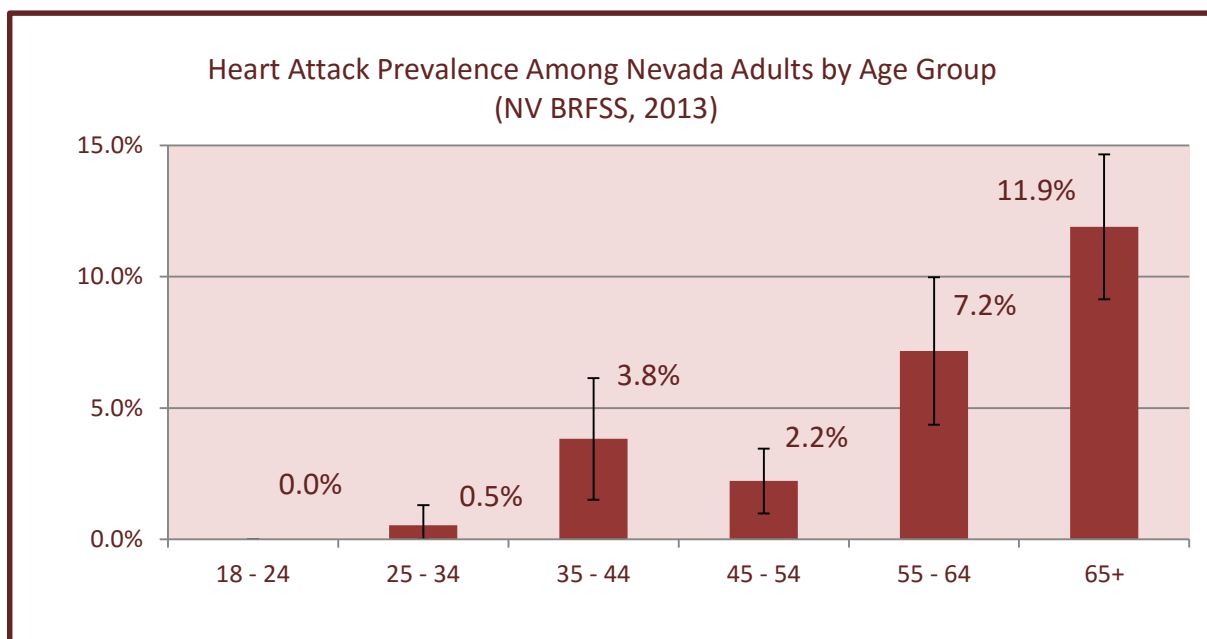
Heart attack, angina, and stroke prevalence is highest in the balance of state (rural and frontier areas).

Figure 20: Heart Attack Prevalence Among Nevada Adults by Sex With Statewide Totals and National medians (NV BRFSS, 2013).



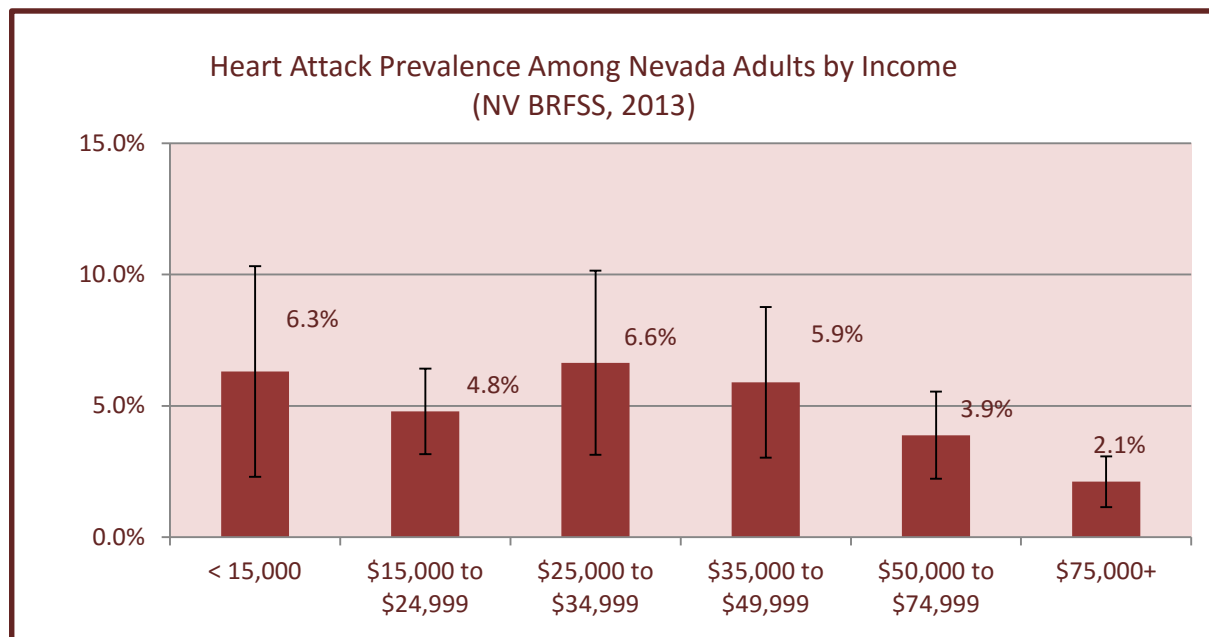
Both statewide and national data indicate that the prevalence rate for heart attack is higher among males than females.

Figure 21: Heart Attack Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2013).



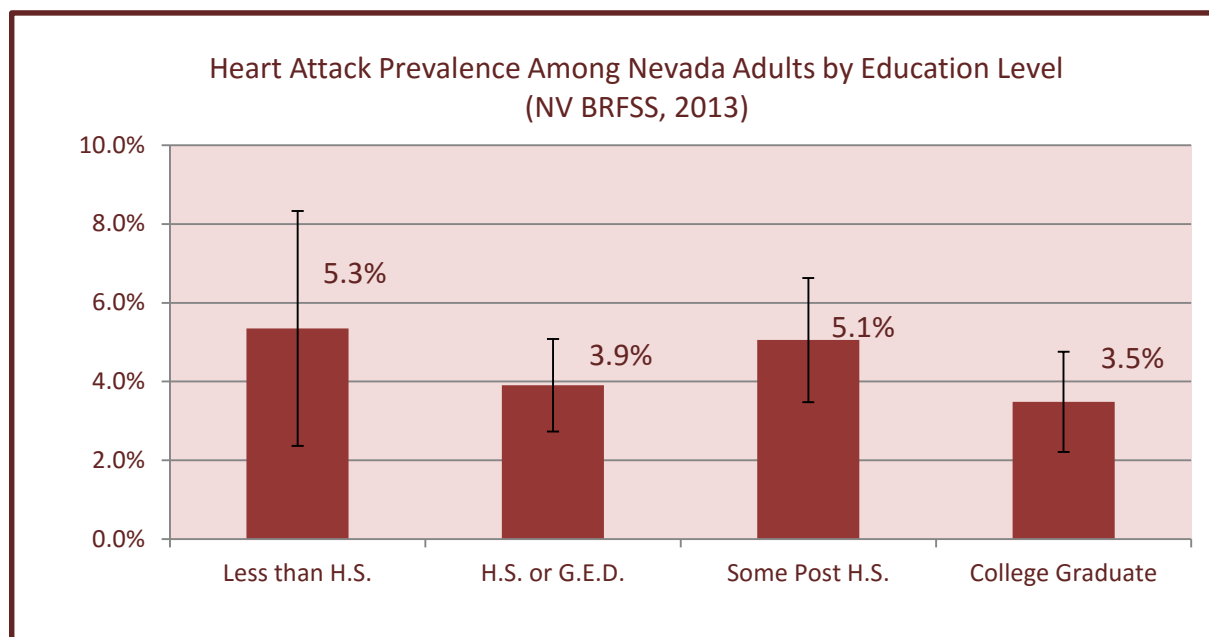
As would be expected, heart attack prevalence for Nevada adults increased with age.

Figure 22: Heart Attack Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2013).



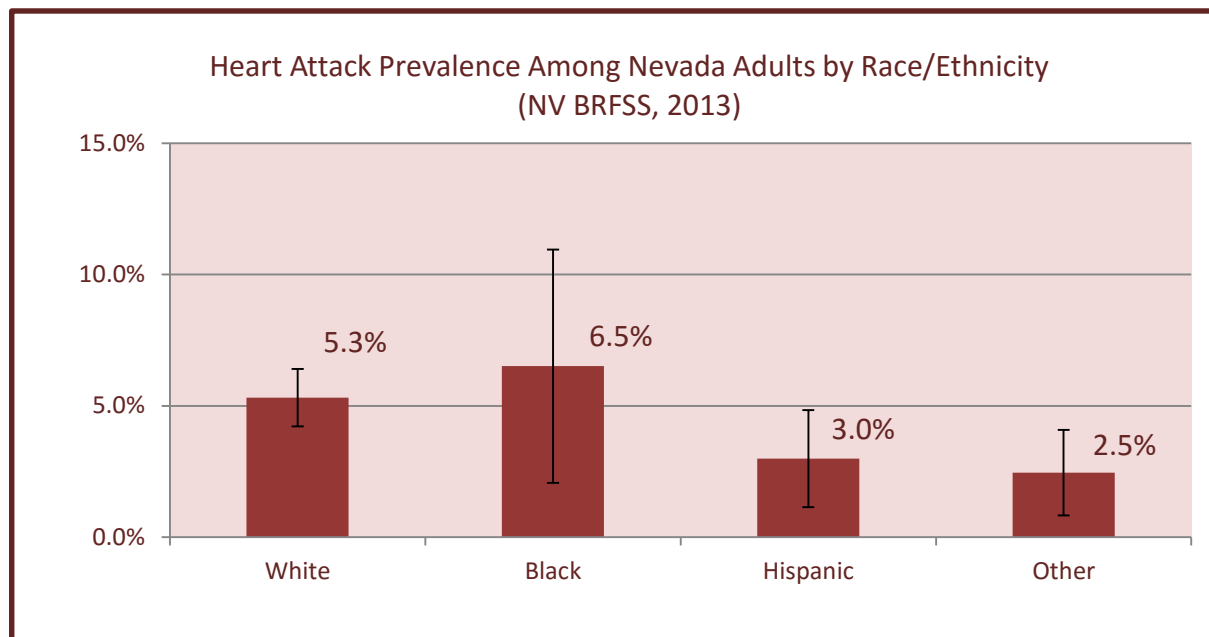
Heart attack prevalence is lowest among Nevada adults who make \$75,000 per year or more.

Figure 23: Heart Attack Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2013).



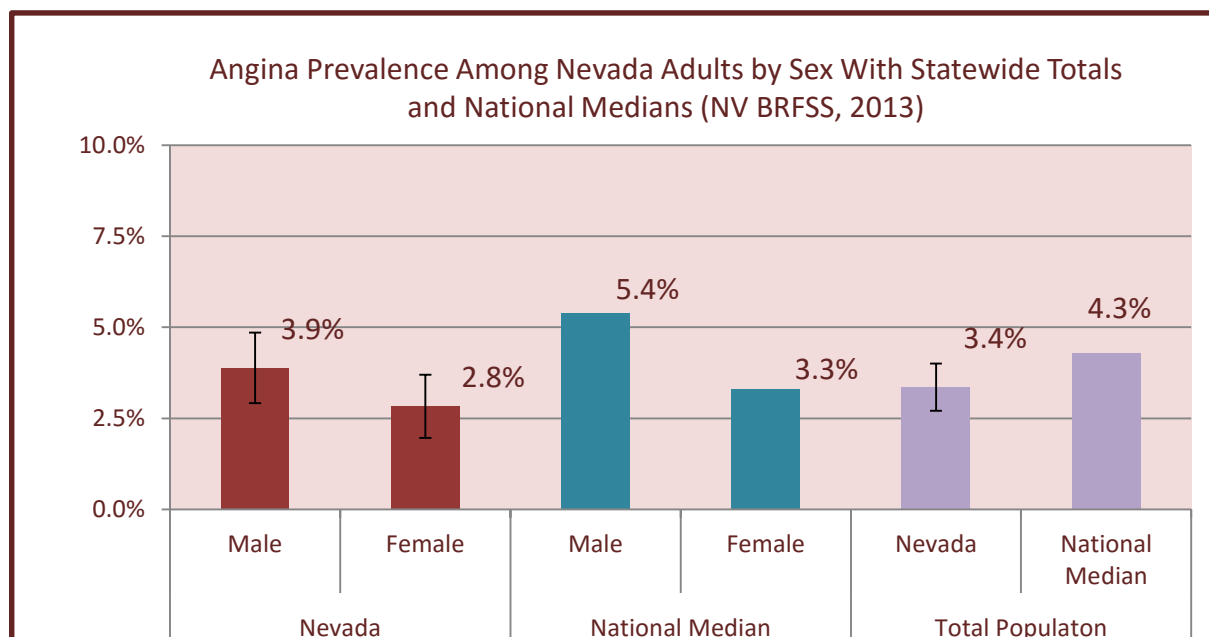
Heart attack prevalence ranges from 3.5% to 5.3% across education levels..

Figure 24: Heart Attack Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



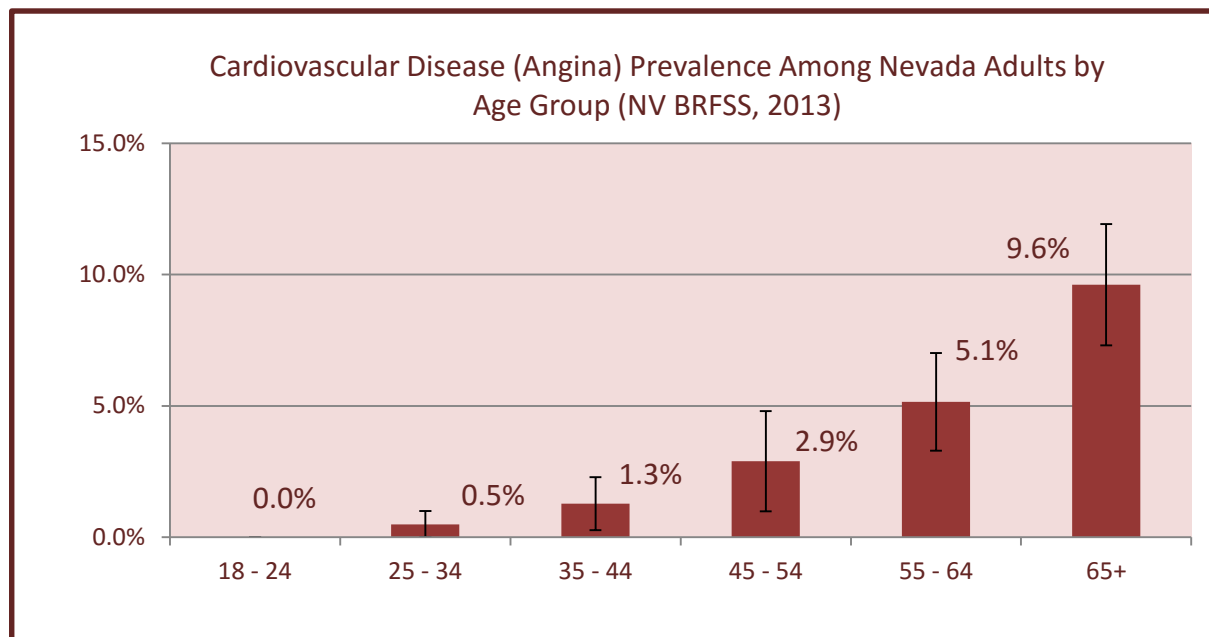
Heart attack prevalence among Nevada adults is lowest among the Hispanic population.

Figure 25: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Sex With Statewide Totals and National medians (NV BRFSS, 2013).



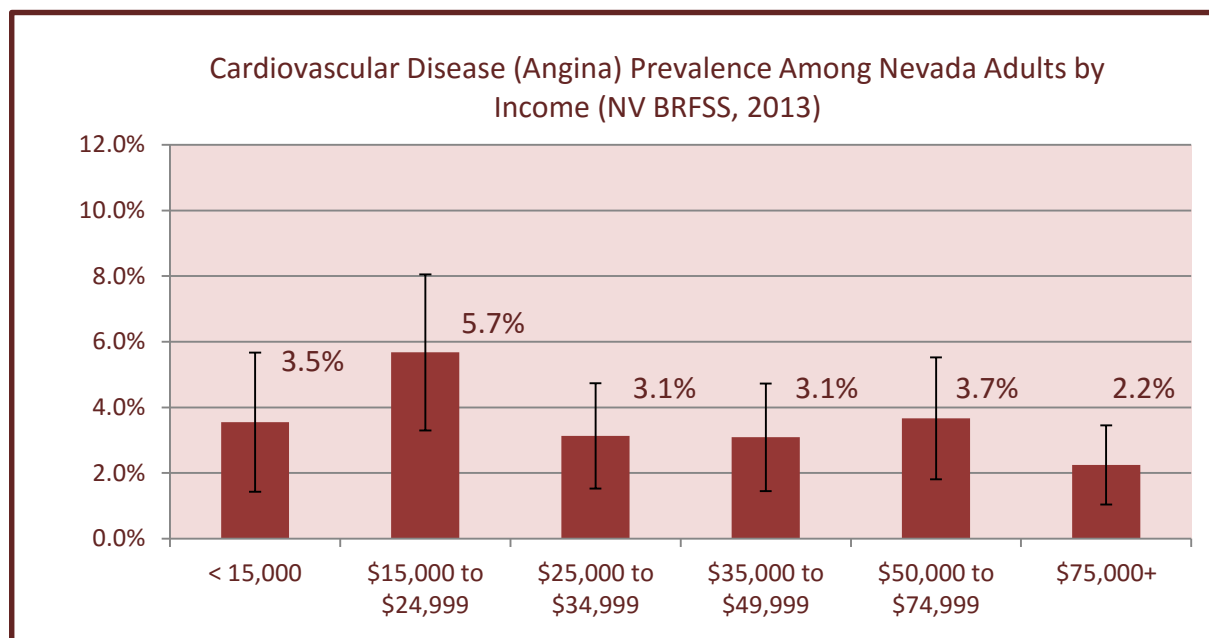
Both Nevada and national data indicate that the prevalence of cardiovascular disease is higher in males than females.

Figure 26: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2013).



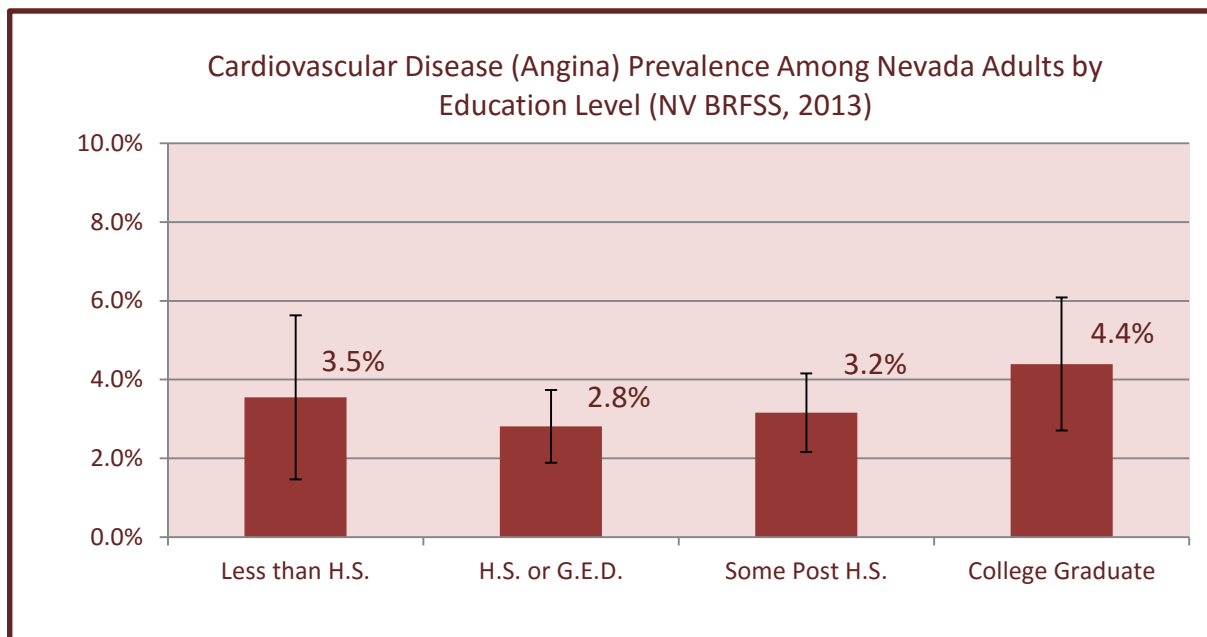
Cardiovascular disease in Nevada adults is highest among individuals 65 years of age or greater.

Figure 27: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Income (NV BRFSS, 2013).



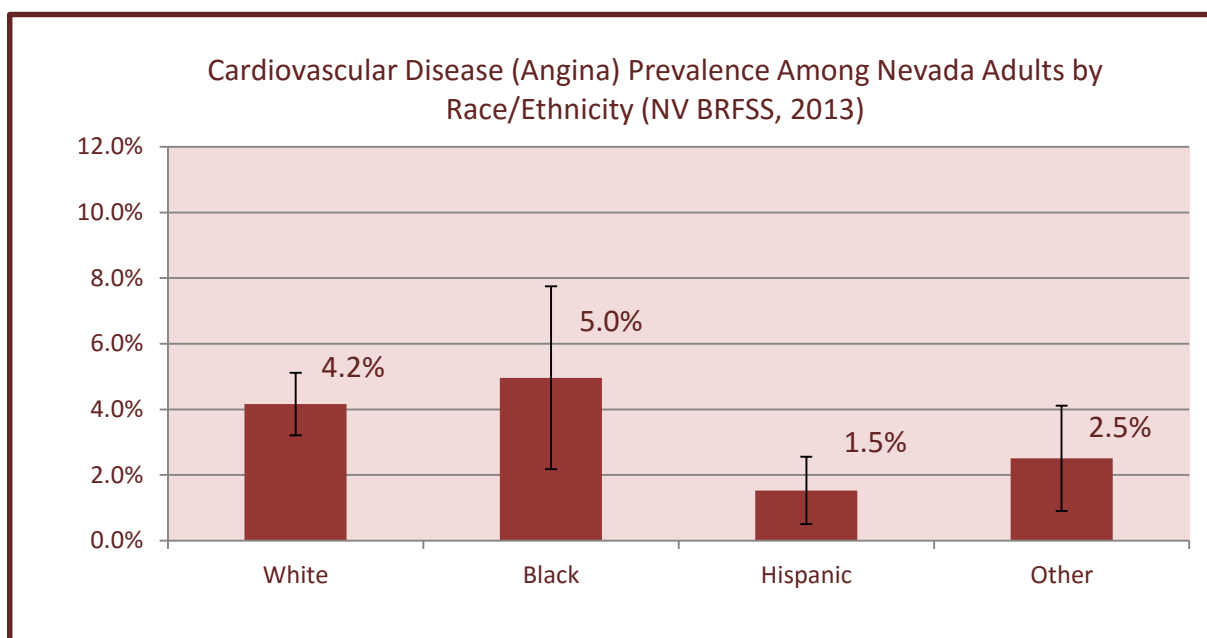
Cardiovascular disease is highest among individuals with an annual salary of \$15,000 to \$24,999 income bracket.

Figure 28: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2013).



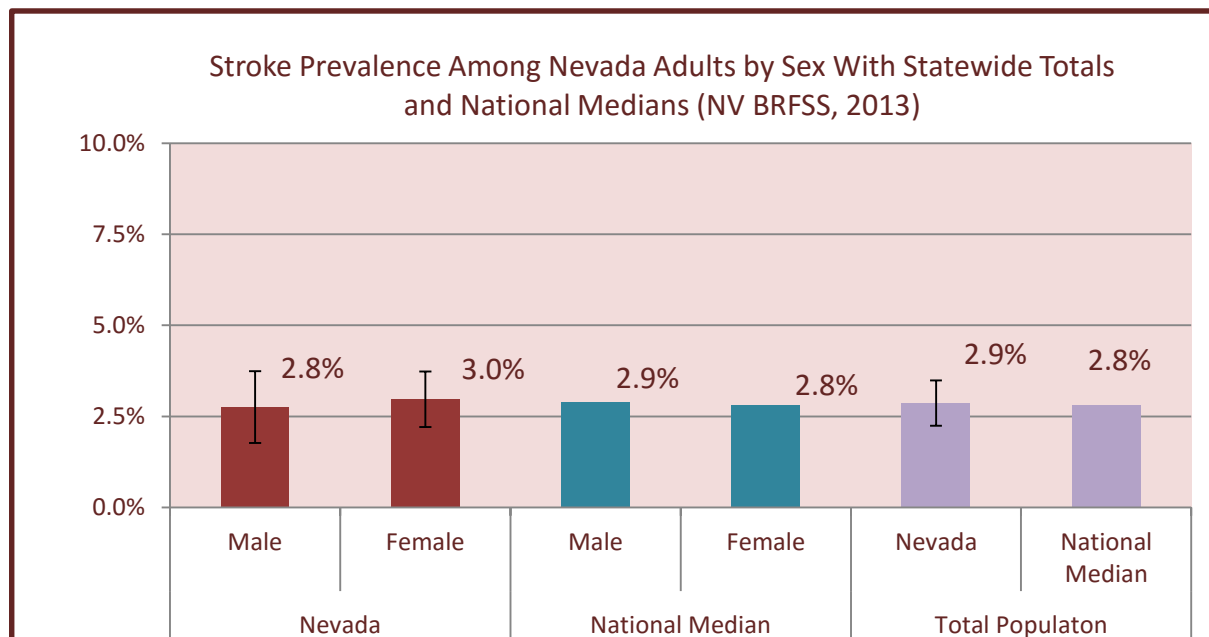
Cardiovascular disease prevalence is highest among Nevada college graduates

Figure 29: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



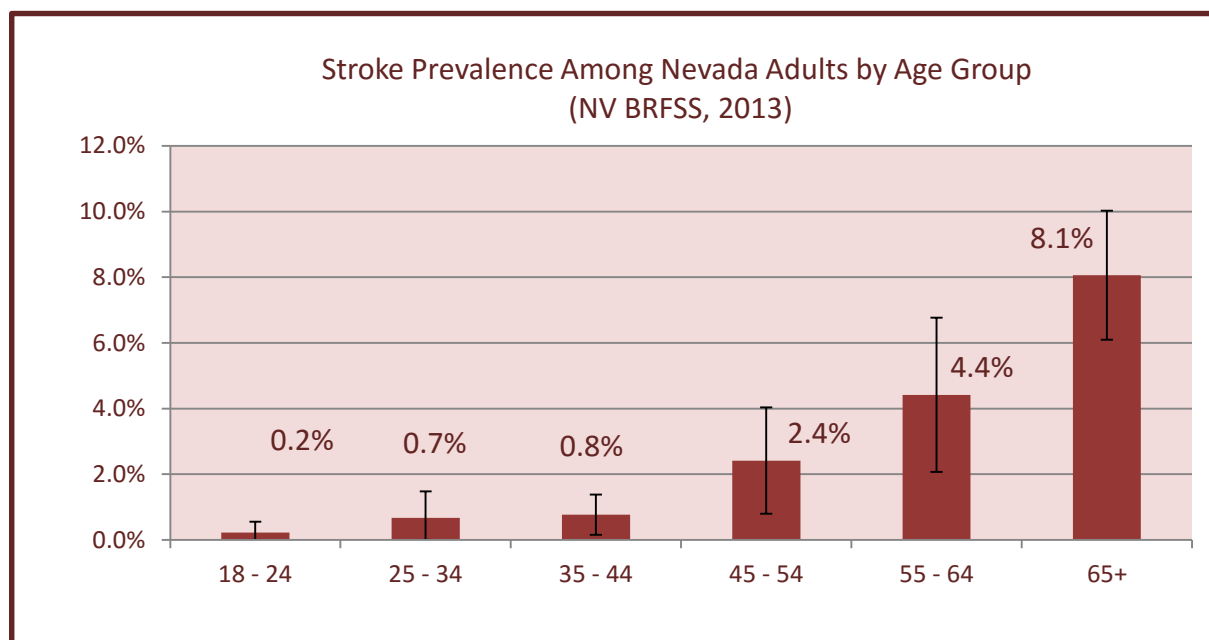
Cardiovascular disease is higher among Nevada Blacks than other racial/ethnic groups.

Figure 30: Stroke Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2013).



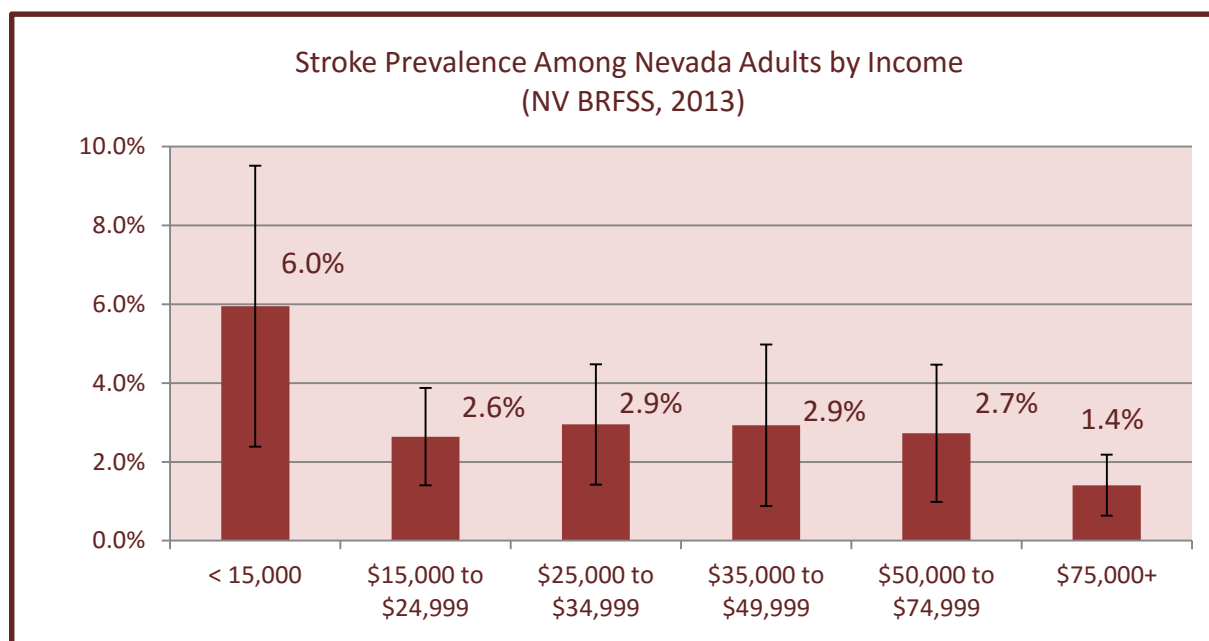
Stroke prevalence among male and female adults is about 3.0%, both statewide and nationally.

Figure 31: Stroke Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2013).



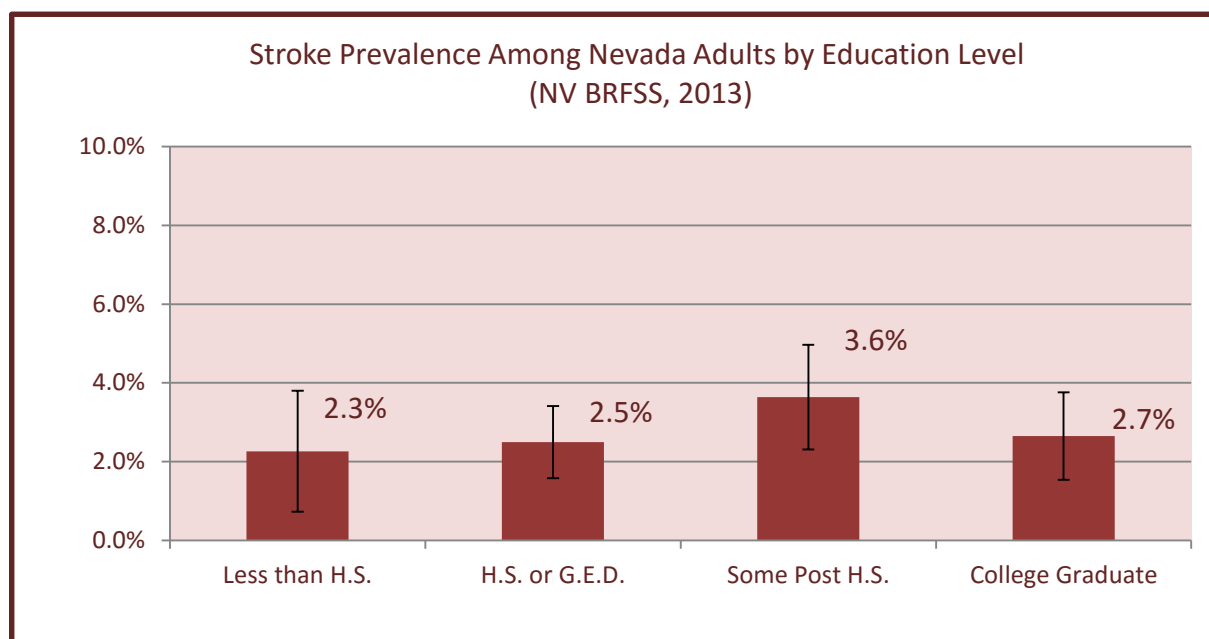
Stroke prevalence among Nevada adults is highest among individuals 65 years of age or older.

Figure 32: Stroke Prevalence Among Nevada Adults by Income (NV BRFSS, 2013).



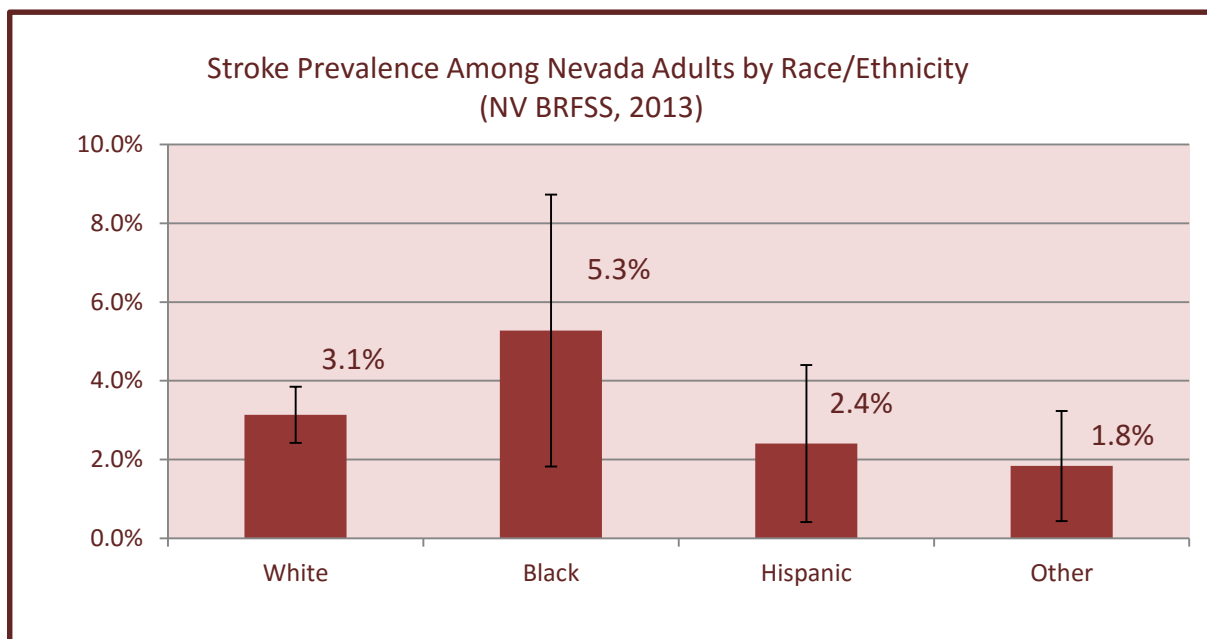
Stroke prevalence among Nevada Adults is higher among individuals earning less than \$15,000 per year.

Figure 33: Stroke Prevalence among Nevada Adults by Education Level (NV BRFSS, 2013).



Although individuals with some post high school education indicate a slightly higher prevalence of strokes, there is no significant difference in stroke prevalence among Nevada adults by education levels.

Figure 34: Stroke Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



Stroke prevalence in Nevada adults is slightly higher among the Black population.

Section VIII: Cholesterol and Hypertension

Hypertension: “Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?”

Cholesterol: “Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?”

Cholesterol Checked: Nevada adults who have had their cholesterol checked within the past five years.

High blood pressure, or hypertension, and high blood cholesterol are significant conditions considered in evaluating cardiovascular disease. Becoming aware of high cholesterol levels via a blood cholesterol check can lead to earlier intervention and increase the potential for a positive medical outcome, thus decreasing the long-term effects of heart disease.¹

Having high blood pressure puts you at risk for heart disease and stroke which are leading causes of death in the U. S. About 1 out of 3 U. S. adults have high blood pressure.^{2, 3}

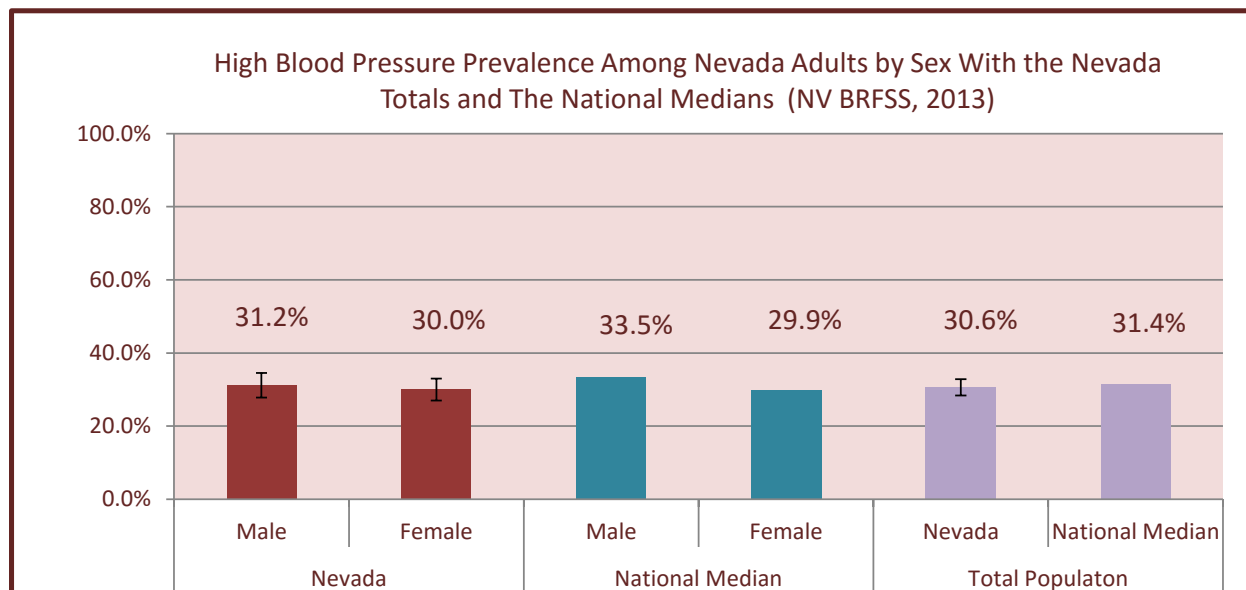
In 2013, 74.0% of Nevada adults and 76.4% of U.S. adults reported having had their blood cholesterol checked in the past five years.

30.8% of Nevada adults had ever been told that they had high blood pressure and 38.6% had ever been told they had high blood cholesterol. The corresponding national rates are 31.4% and 38.4% respectively.

**Table 5: Selected Blood Pressure and Cholesterol Indicators for Nevada and the United States
(BRFSS 2013)**

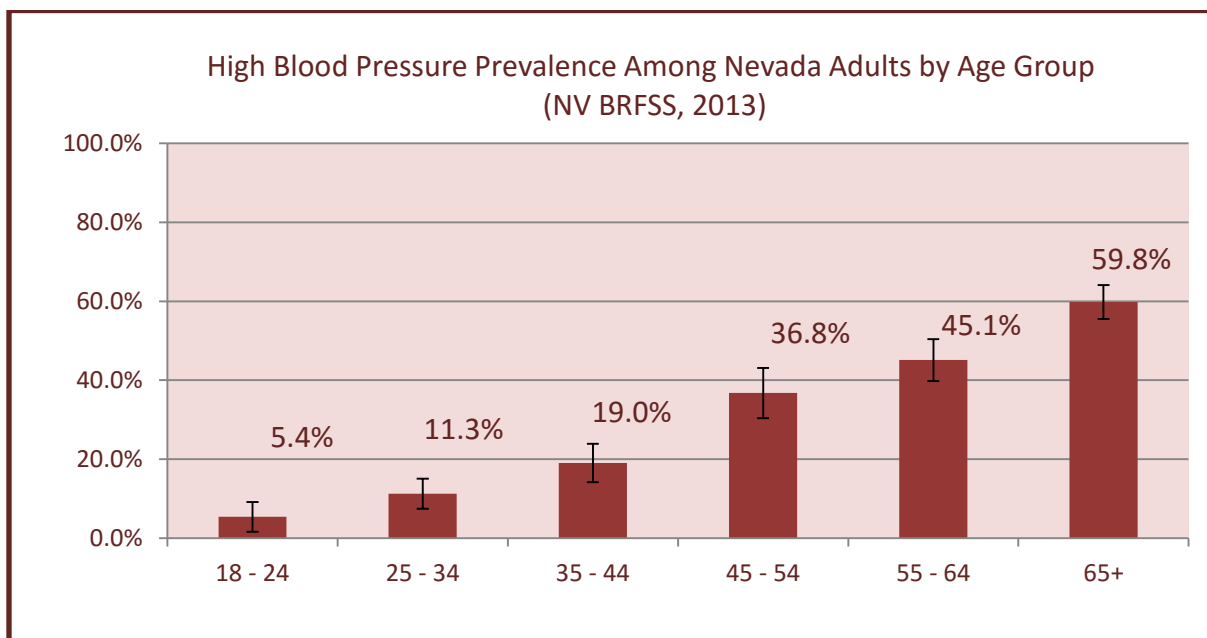
Health Indicator	Nevada	United States
1. Nevada adults who have ever been told by a doctor, nurse, or other health professional that they have high blood pressure?	30.6%	31.4%
2. Nevada adults who have ever been told by a doctor, nurse, or other health professional that they have high blood cholesterol?	38.6%	38.4%
3. How long has it been since you last had your blood cholesterol checked?		
A. Within the past 5 years.	74.0%	76.4%
B. Not within the past 5 years	3.7%	3.5%
C. Never	22.3%	20.1%

Figure 35: High Blood Pressure Prevalence Among Nevada Adults by Sex With the Nevada Totals and The National Medians (NV BRFSS, 2013).



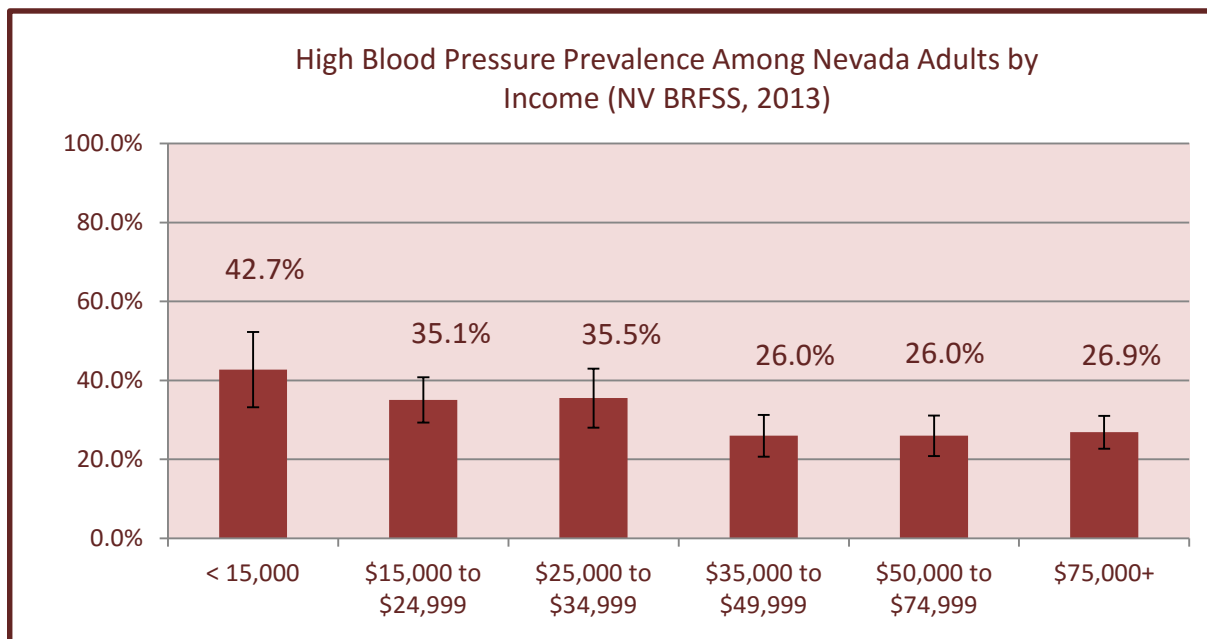
The prevalence of high blood pressure is around 30% for Nevada male and female adults, similar to national values.

Figure 36: High Blood Pressure Prevalence Among Nevada Adults by Age (NV BRFSS, 2013).



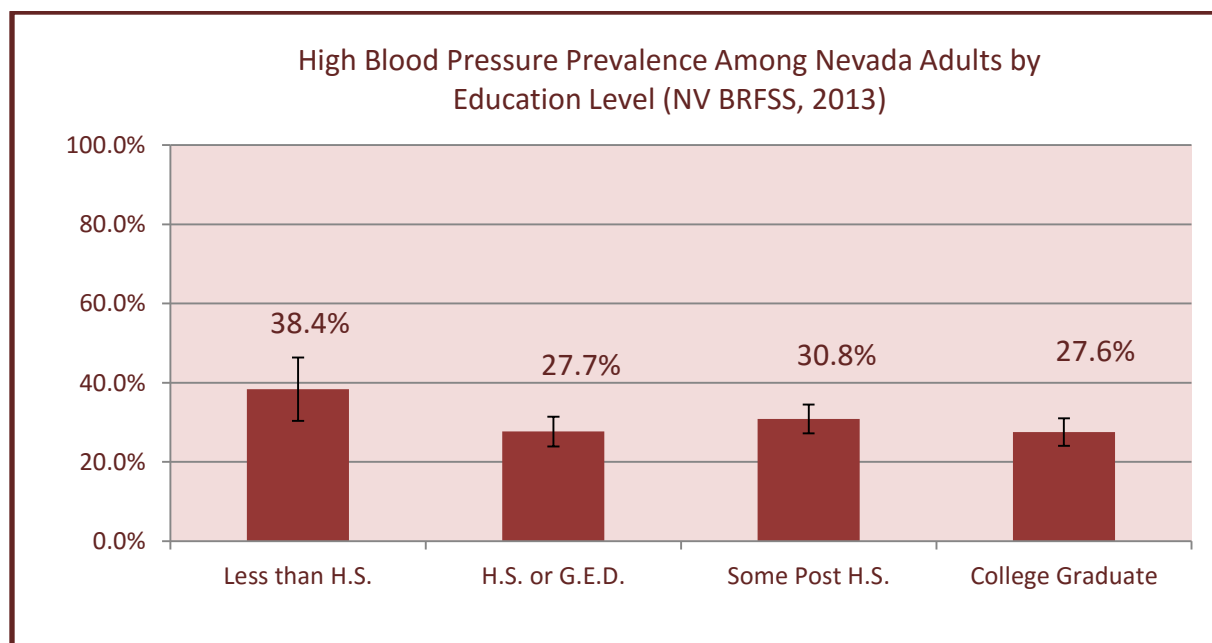
As would be expected, the prevalence of high blood pressure among Nevada adults increased with age.

Figure 37: High Blood Pressure Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2013).



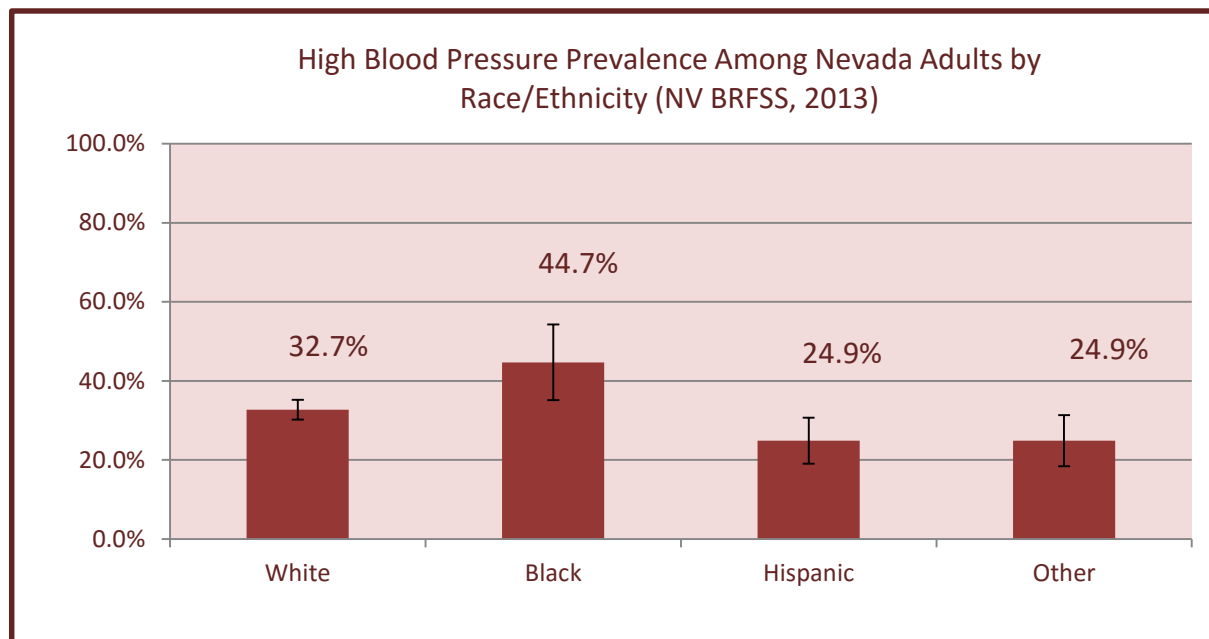
The prevalence of high blood pressure among Nevada adults is higher among individuals in lower income brackets.

Figure 38: High Blood Pressure Prevalence Among Nevada Adults by Education (NV BRFSS, 2013).



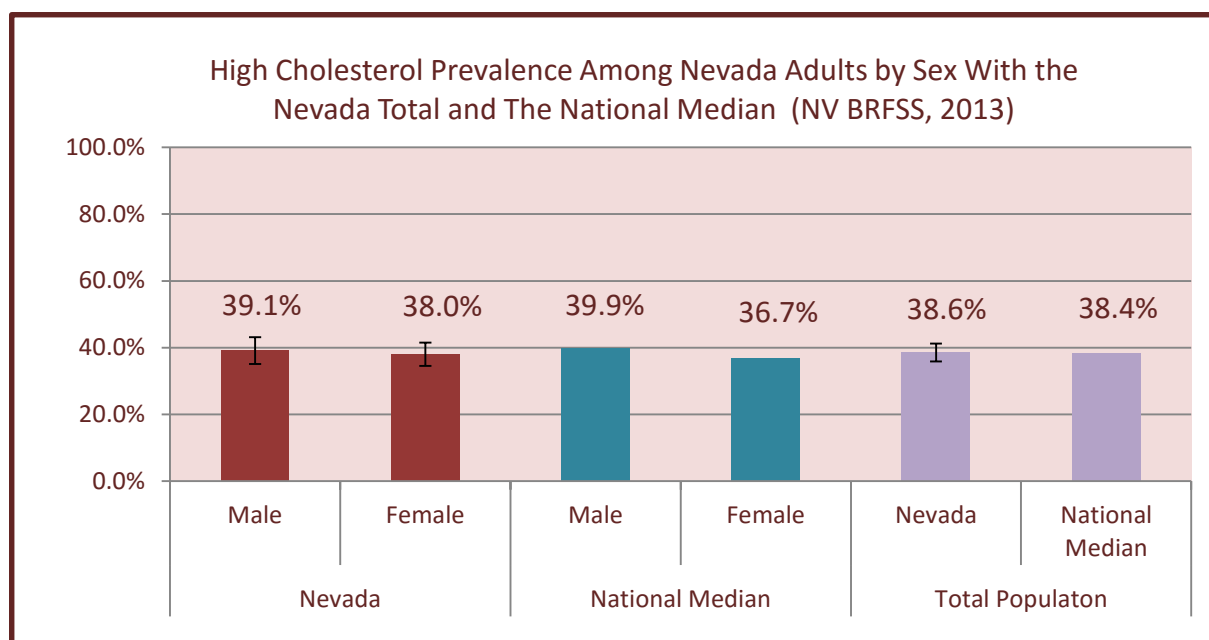
The prevalence of high blood pressure among Nevada adults is higher among individuals with less than high school education.

Figure 39: High Blood Pressure Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



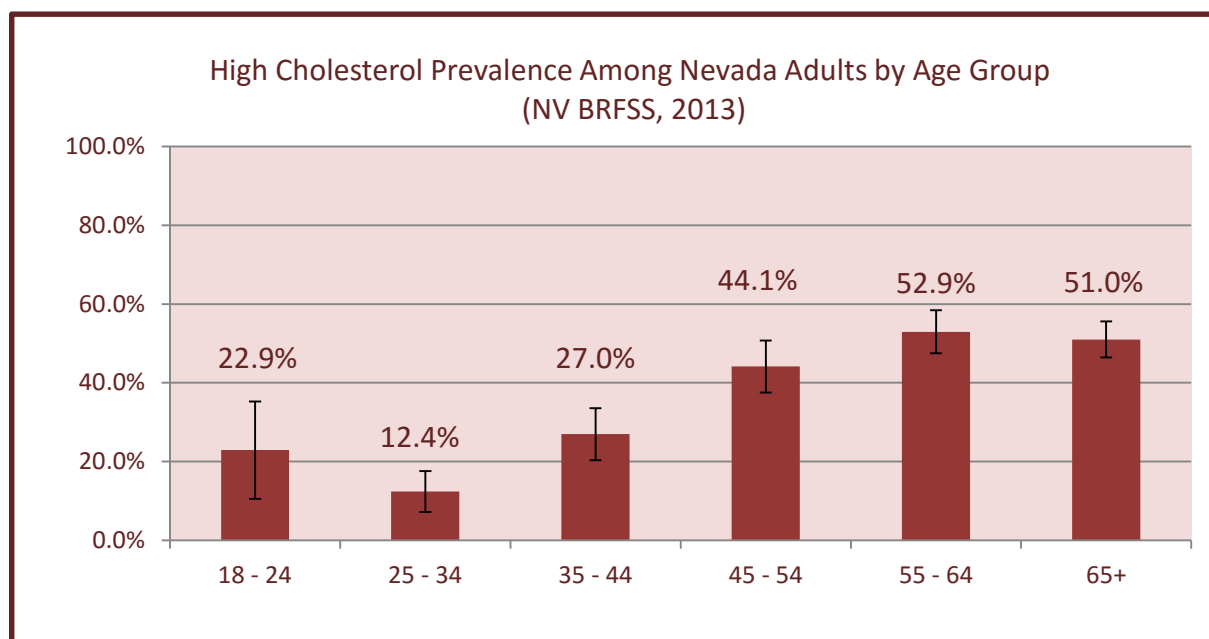
Nevada Blacks have the highest prevalence of high blood pressure of the race groups.

Figure 40: High Cholesterol Prevalence Among Nevada Adults by Sex With the Nevada Totals and The National Medians (NV BRFSS, 2013)



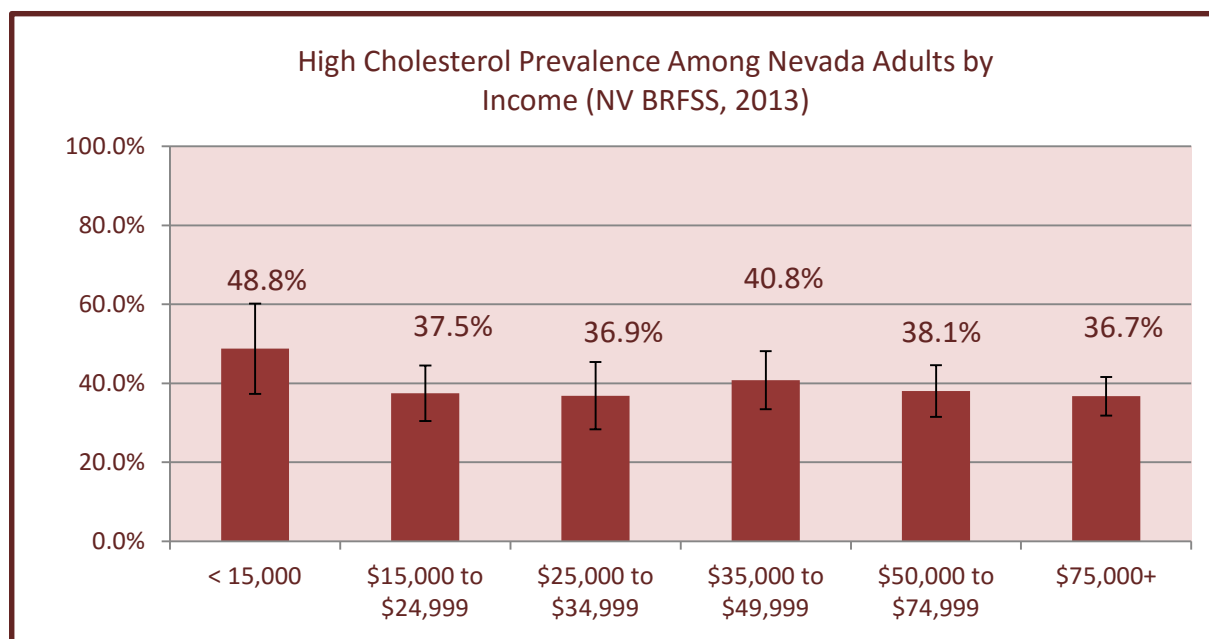
The prevalence of high cholesterol is around 38% for Nevada male and female adults, similar to national values.

Figure 41: High Cholesterol Prevalence Among Nevada Adults by Age (NV BRFSS, 2013).



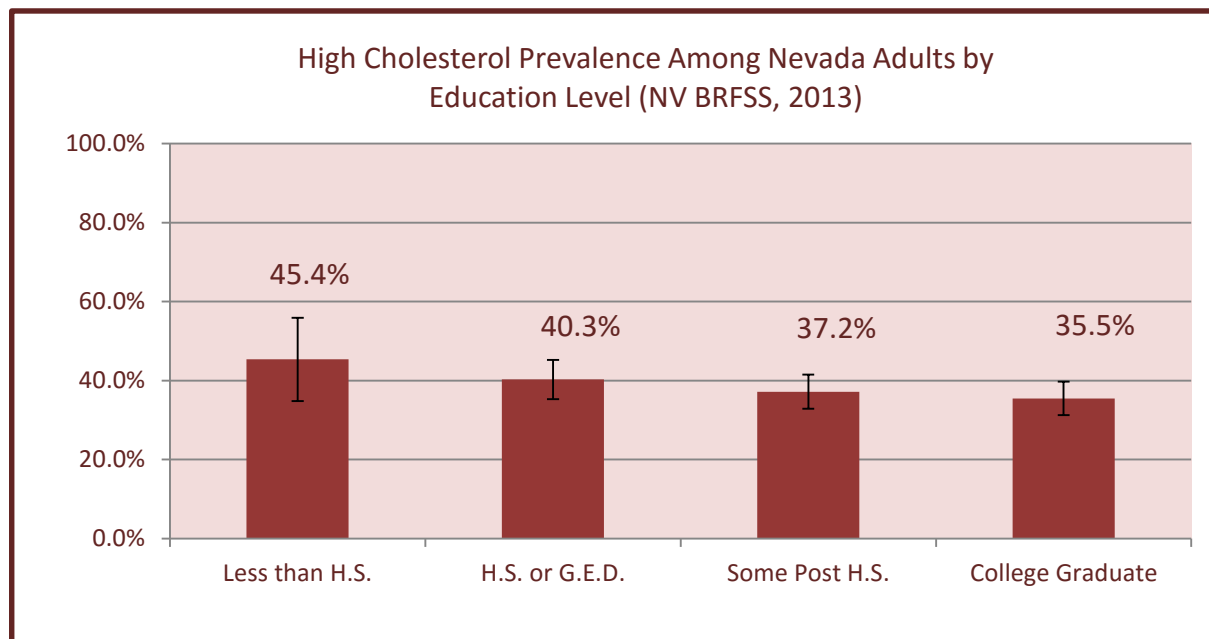
As would be expected, high cholesterol is more prevalent in the older age groups than in the younger.

Figure 42: High Cholesterol Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2013).



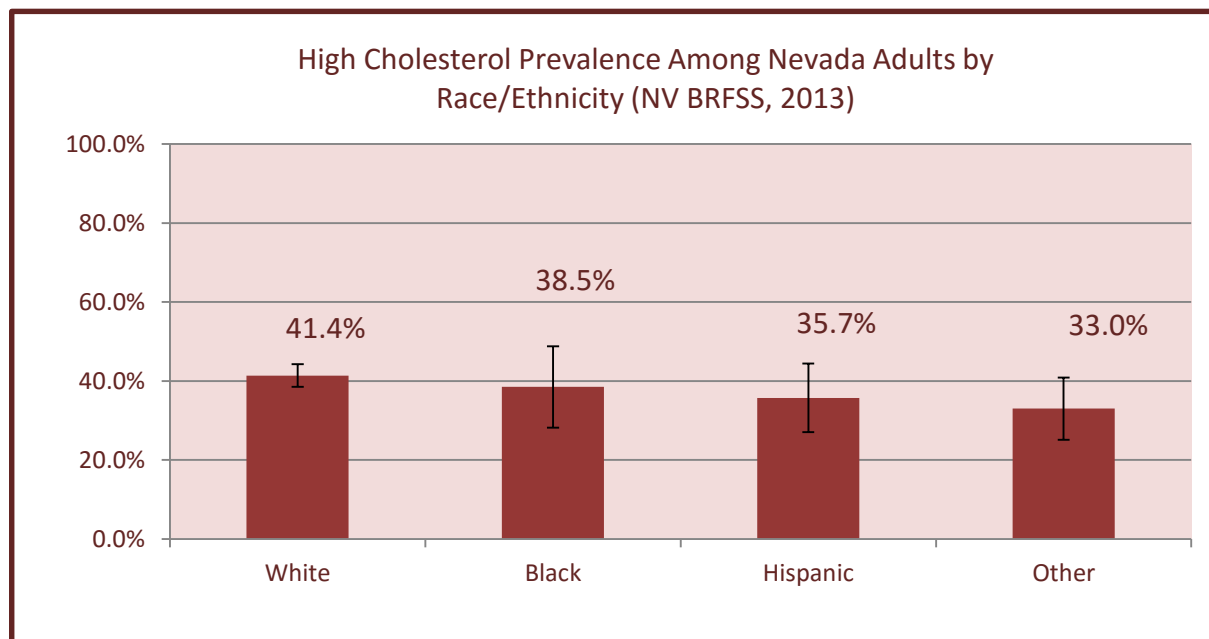
Nevada adults making less than \$15,000 per year have higher prevalence of high cholesterol than individuals with higher income.

Figure 43: High Cholesterol Prevalence Among Nevada Adults by Education (NV BRFSS, 2013).



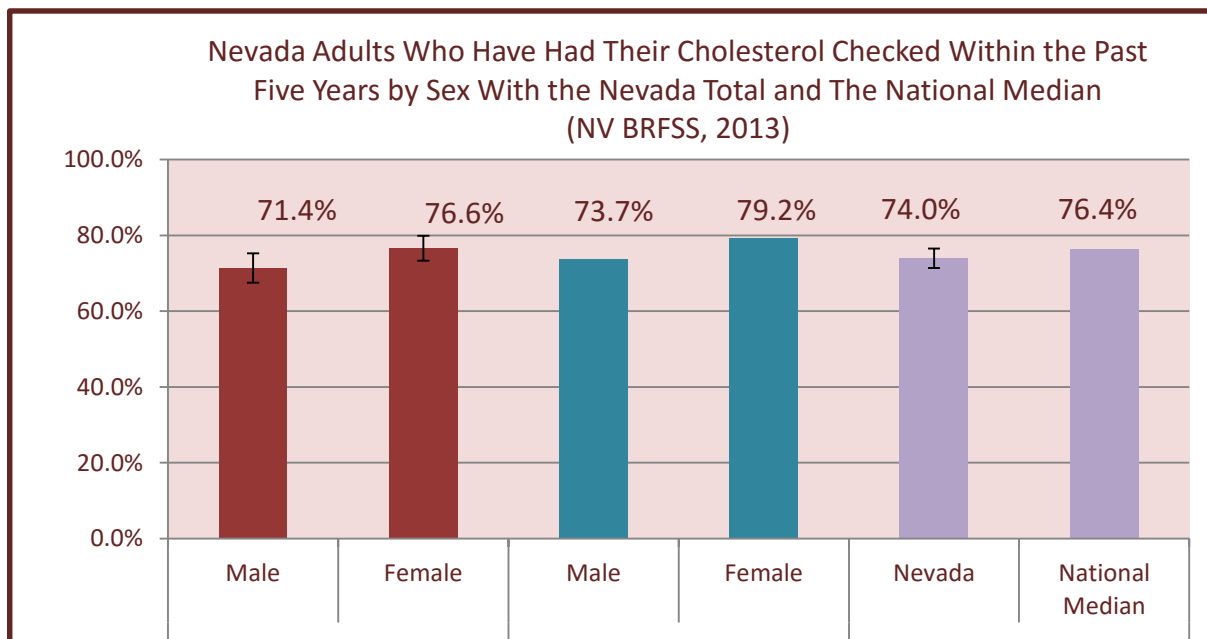
Nevada adults without a high school diploma have a slightly higher prevalence of high cholesterol than individuals with more education.

Figure 44: High Cholesterol Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



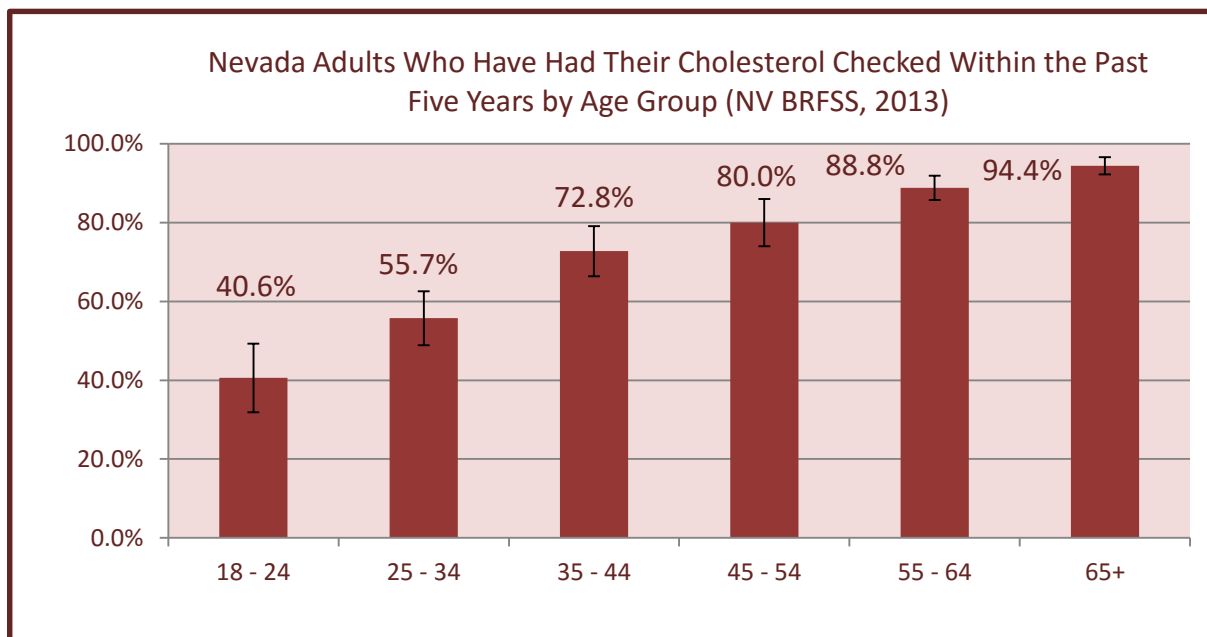
High cholesterol prevalence ranges from 33.0% to 41.4% across racial/ethnic categories.

Figure 45: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Sex With the Nevada Totals and the National Medians.



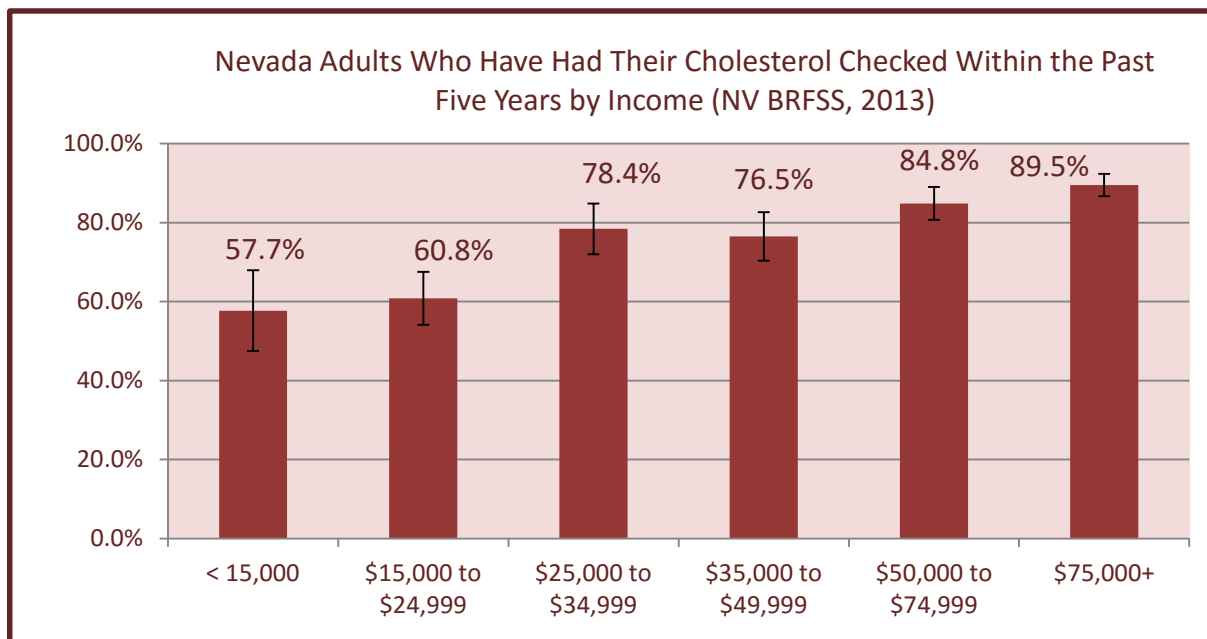
The prevalence of Nevada adults who have had their cholesterol checked within the past five years is slightly higher among females than males, 76.6% and 71.4% respectively.

Figure 46: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Age (NV BRFSS, 2013).



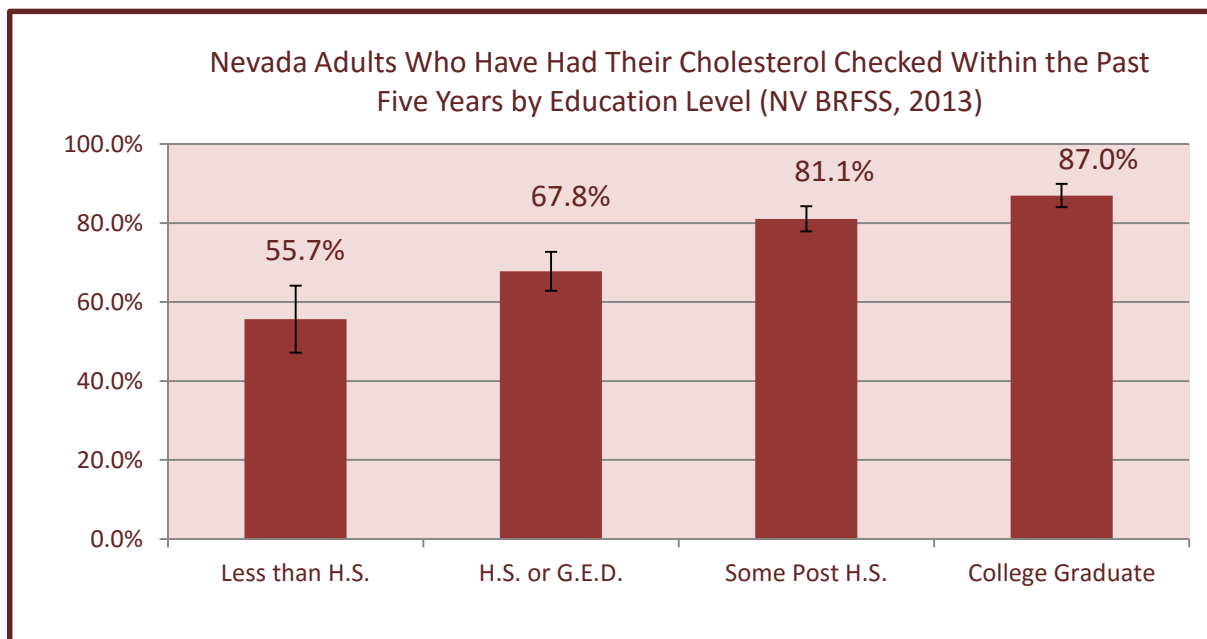
The prevalence of Nevada adults who have had their cholesterol checked within the past five years increases with age.

Figure 47: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Income (NV BRFSS, 2013).



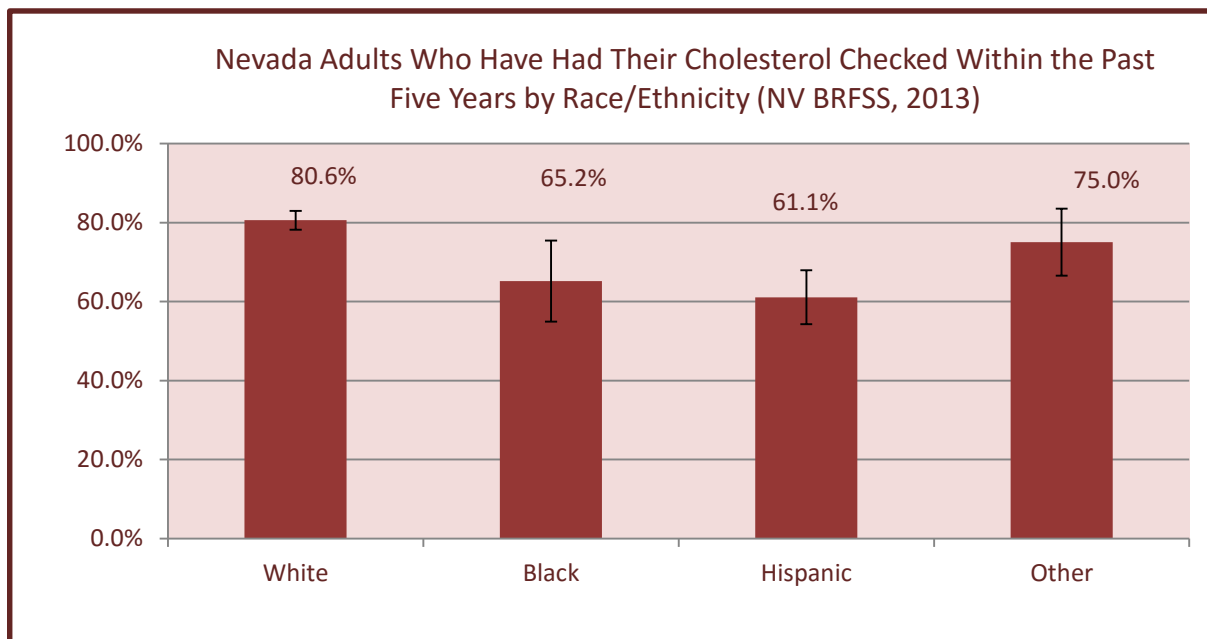
The prevalence of Nevada adults who have had their cholesterol checked within the past five years is significantly lower in individuals making less than \$25,000 per year than those in higher income brackets.

Figure 48: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Education Level (NV BRFSS, 2013).



The prevalence of Nevada adults who have had their cholesterol checked within the past five years increases with education level.

Figure 49: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Race/Ethnicity (NV BRFSS, 2013).



The prevalence of Nevada adults who have had their cholesterol checked within the past five years is lowest among Hispanics.

Section IX: Colorectal Cancer Screening

Sigmoidoscopy/Colonoscopy: Nevada adults, 50 years of age or older, who have ever had a sigmoidoscopy or colonoscopy.

Blood Stool Test: Nevada adults, 50 years of age or older, who have had a blood stool test within the past two years.

Overview

Colorectal cancer (CRC) is the second leading cause of cancer-related deaths in the United States. Risk factors for CRC may include age, personal and family history, inflammatory bowel disease, inherited syndromes, physical inactivity, obesity, alcohol use, and diet high in fat and low in fruits and vegetables.¹

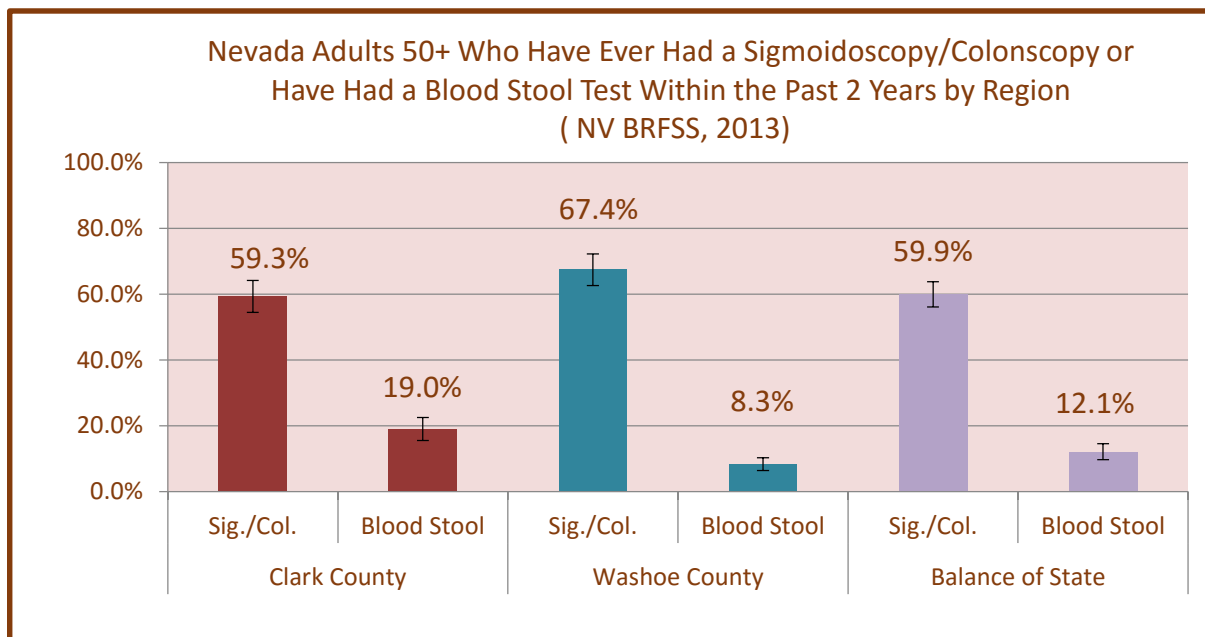
Colorectal cancer is more likely to occur as people get older, but can occur at any age. Most people that develop colorectal cancer are over age 50. Finding and removing polyps or other areas of abnormal cell growth may be one of the most effective ways to prevent colorectal cancer development. Colorectal cancer is generally more treatable when it is found early, before it has had a chance to spread.²

Table 6: Selected Colorectal Cancer Screening Indicators for Nevada and the United States (BRFSS 2013)

Indicator	Nevada	*United States & D.C.
1. Adults 50+ who have ever had a sigmoidoscopy or colonoscopy.	60.7%	N/A
2. Adults 50+ who have had a blood stool test within the past two years.	16.2%	N/A

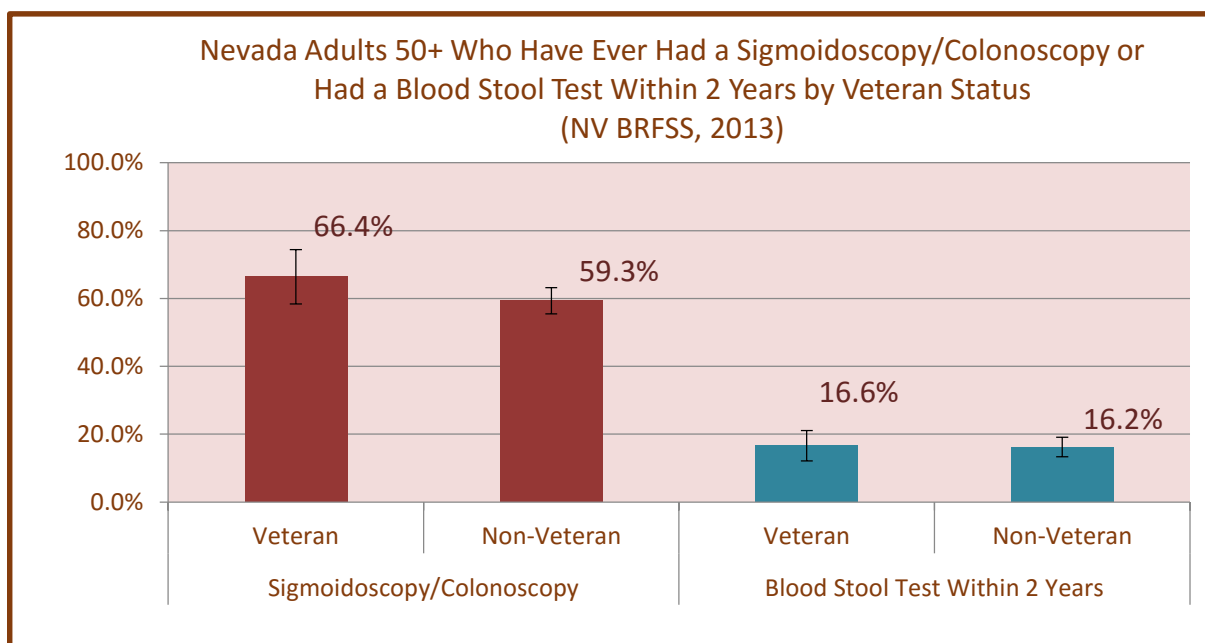
*** The national median is not available as colorectal cancer screening module is asked only every other year (the even years). Nevada's colorectal cancer program decided to ask these questions in 2013.**

Figure 50: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy or Have Had a Blood Stool Test within the Past 2 Years by Region (NV BRFSS, 2013).



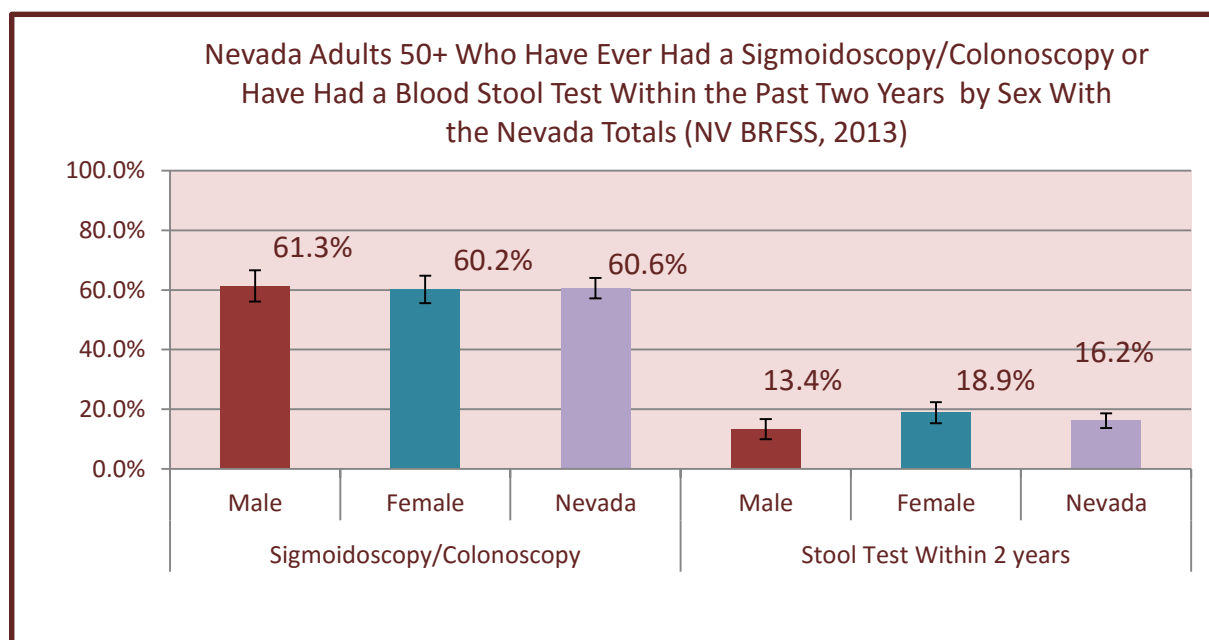
The prevalence of Nevada adults who have ever had a colonoscopy or sigmoidoscopy is higher in Washoe County than the other two regions of the state.

Figure 51: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy or Have Had a Blood Stool Test Within the Past 2 Years by Veteran Status (NV BRFSS, 2013).



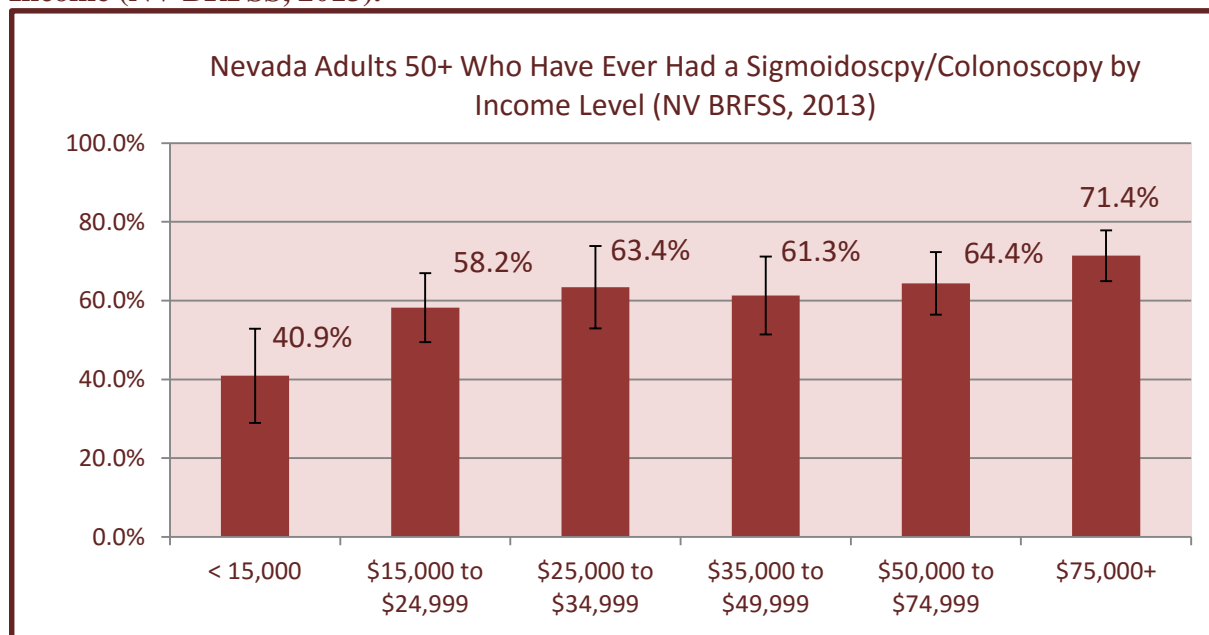
The prevalence of respondents who have ever had a colonoscopy or sigmoidoscopy is slightly higher among veterans than non-veterans.

Figure 52: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy or Have Had a Blood Stool Test Within the Past Two Years by Sex With the Nevada Totals (NV BRFSS, 2013).



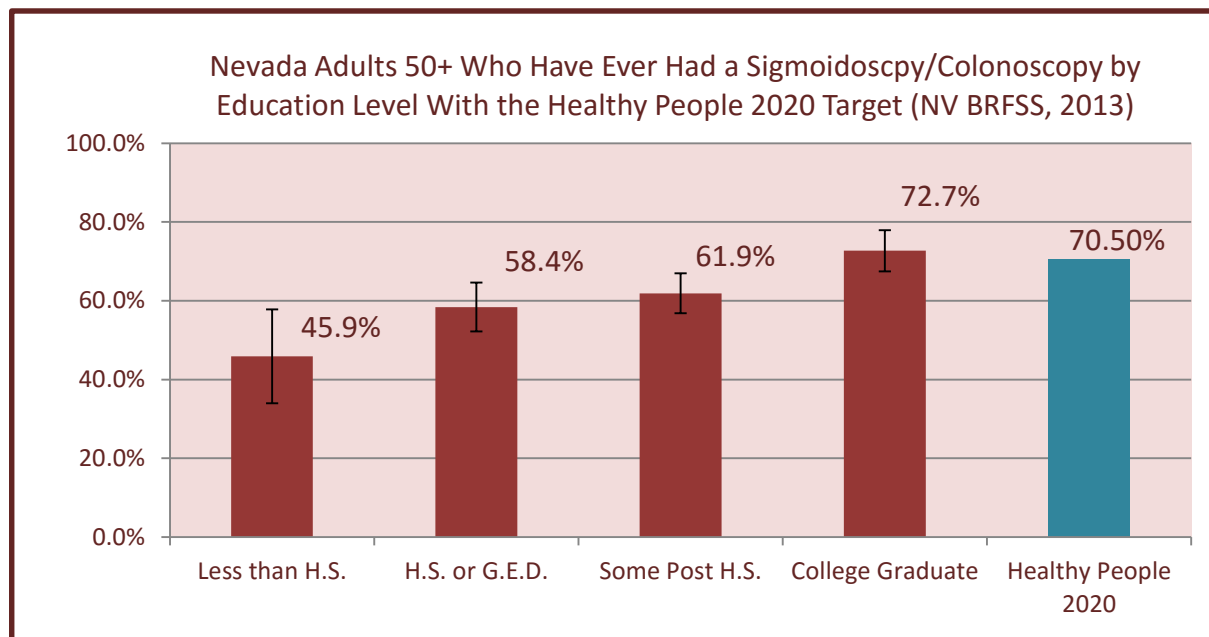
The prevalence of Nevada adults who have ever had a sigmoidoscopy/colonoscopy is essentially the same among the male and female populations.

Figure 53: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy by Income (NV BRFSS, 2013).



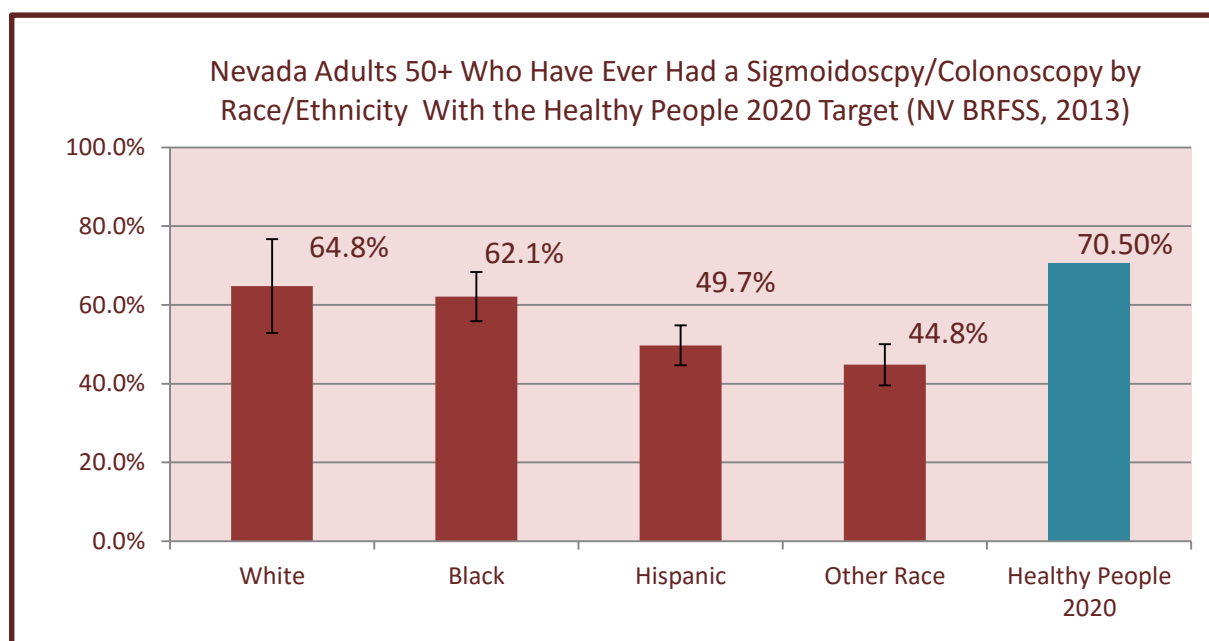
The prevalence of Nevada adults 50+ who have ever had a sigmoidoscopy/colonoscopy is lower among individuals making less than \$15,000 a year.

Figure 54: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy /Colonoscopy by Education Level With the Healthy People 2020 Target (NV BRFSS, 2013).



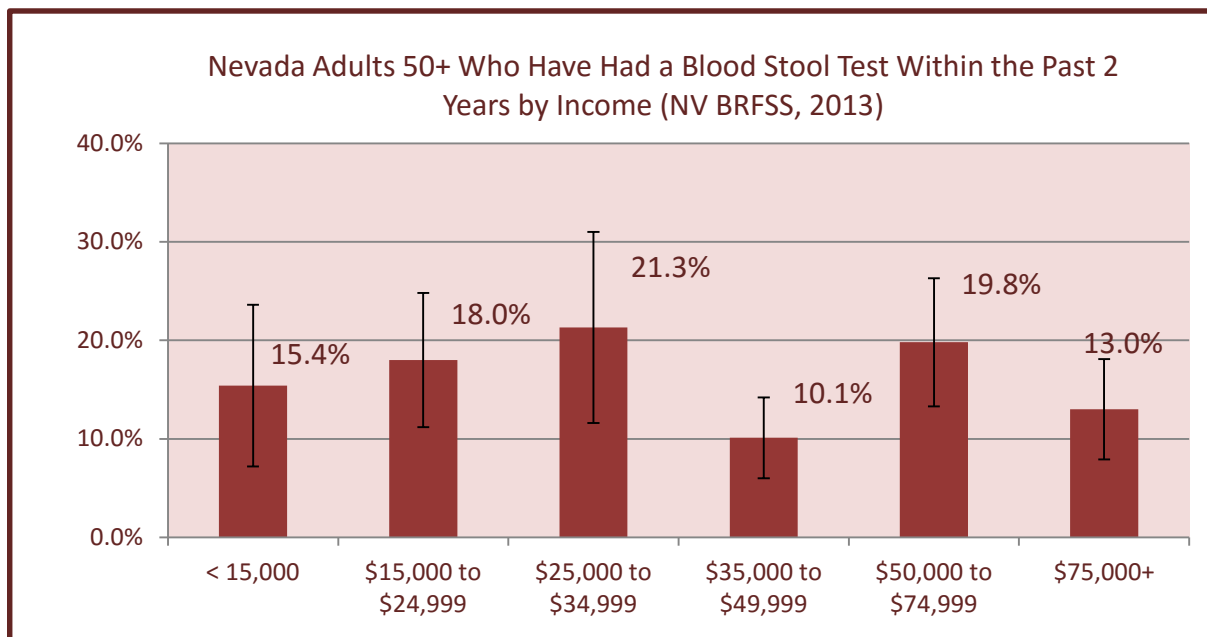
The prevalence of Nevada adults 50+ who have ever had a sigmoidoscopy/colonoscopy is lowest among individuals with less than high school education.

Figure 55: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy /Colonoscopy by Race/Ethnicity With the Healthy People 2020 Target (NV BRFSS, 2013).



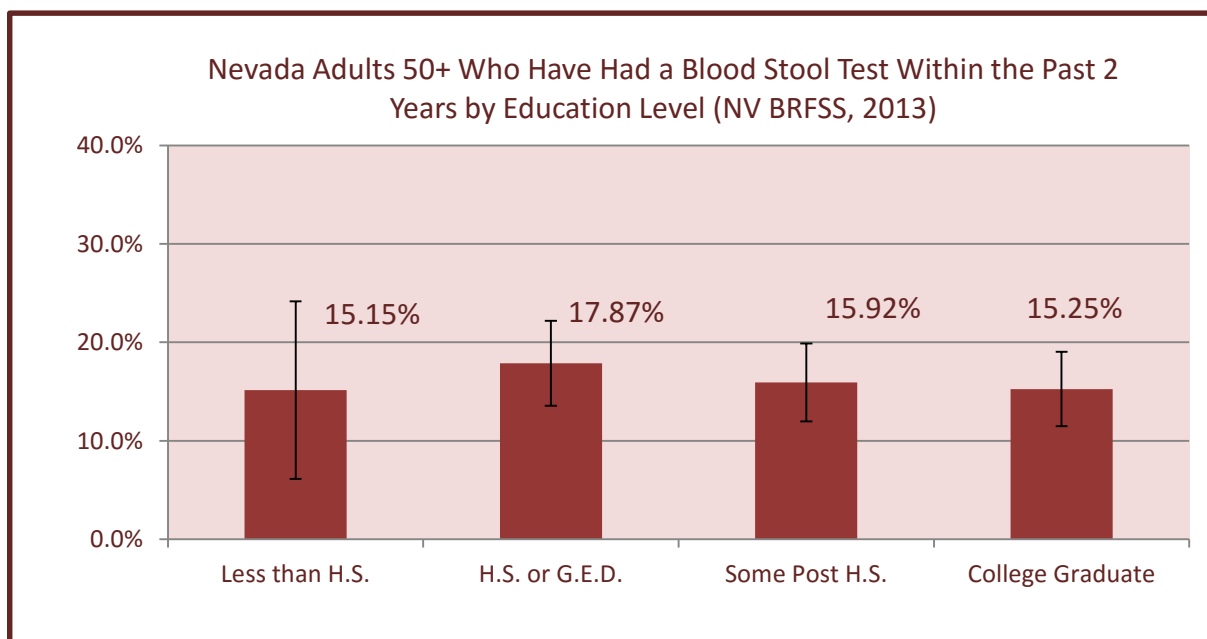
The prevalence of Nevada adults 50+ who have ever had a sigmoidoscopy/colonoscopy is lower among Hispanics and Other Race population.

Figure 56: Nevada Adults 50+ Who Have Had a Blood Stool Test Within the Past 2 Years by Income (NV BRFSS, 2013).



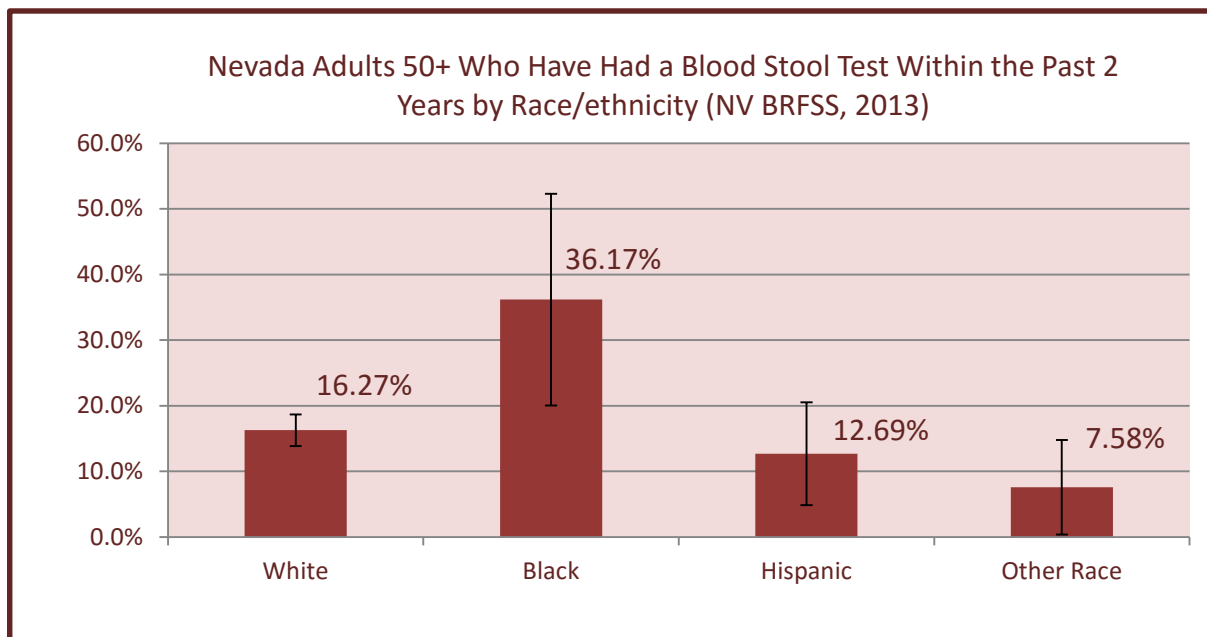
The prevalence of Nevada adults 50+ who have had a blood stool test within the past 2 years varies among income brackets from 10.1% to 21.3%.

Figure 57: Nevada Adults 50+ Who Have Had a Blood Stool Test Within the Past 2 Years by Education Level (NV BRFSS, 2013).



The prevalence of Nevada adults 50+ who have had a blood stool test within the past 2 years is similar among all education levels.

Figure 58: Nevada Adults 50+ Who Have Had a Blood Stool Test within the Past 2 Years by Race/Ethnicity (NV BRFSS, 2013).



The prevalence of Nevada adults 50+ who have had a blood stool test within the past 2 years is highest among Blacks.

Section X: Diabetes

Have you ever been told by a doctor that you have diabetes?

About 1.9 million people aged 20 years or older were newly diagnosed with diabetes in 2010. In 2005-2008, based on fasting glucose or A1C levels, 35% of U.S. adults aged 20 years or older had prediabetes (50% of adults aged 65 years or older). Diabetes is the leading cause of kidney failure, non-traumatic lower limb amputations, and new cases of blindness among adults in the United States.¹

Type 1 diabetes or insulin dependent diabetes mellitus usually strikes children or young adults who require insulin to survive. Type 1 diabetes accounts for 5% to 10% of all diagnosed cases of diabetes.

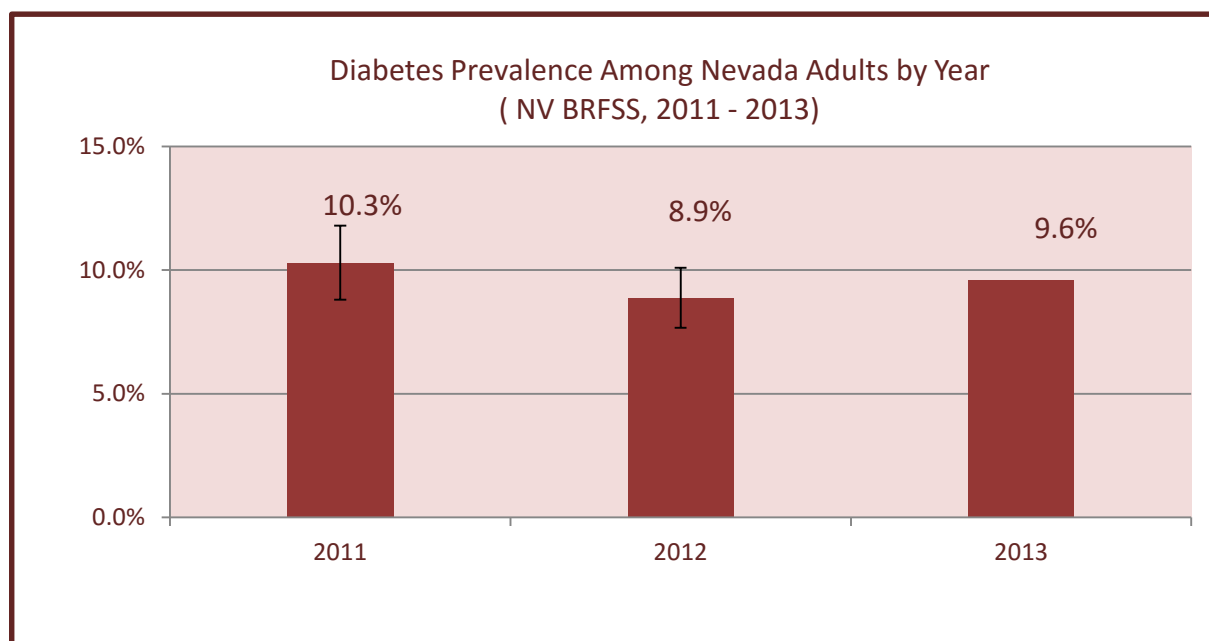
Type 2 diabetes or non-insulin dependent diabetes mellitus accounts for about 90% to 95% of all diagnosed cases. Type 2 diabetes is associated with older age, obesity, family history of diabetes, impaired glucose metabolism, physical activity, and race/ethnicity.

Many people with Type 2 diabetes can control their blood glucose through diet, exercise, losing excessive weight, and taking oral medication. Gestational diabetes is a form of glucose intolerance diagnosed during pregnancy. Gestational diabetes requires treatment to normalize blood glucose levels.²

Table 7: Selected Diabetes Indicators for Nevada and the United States (BRFSS 2013)

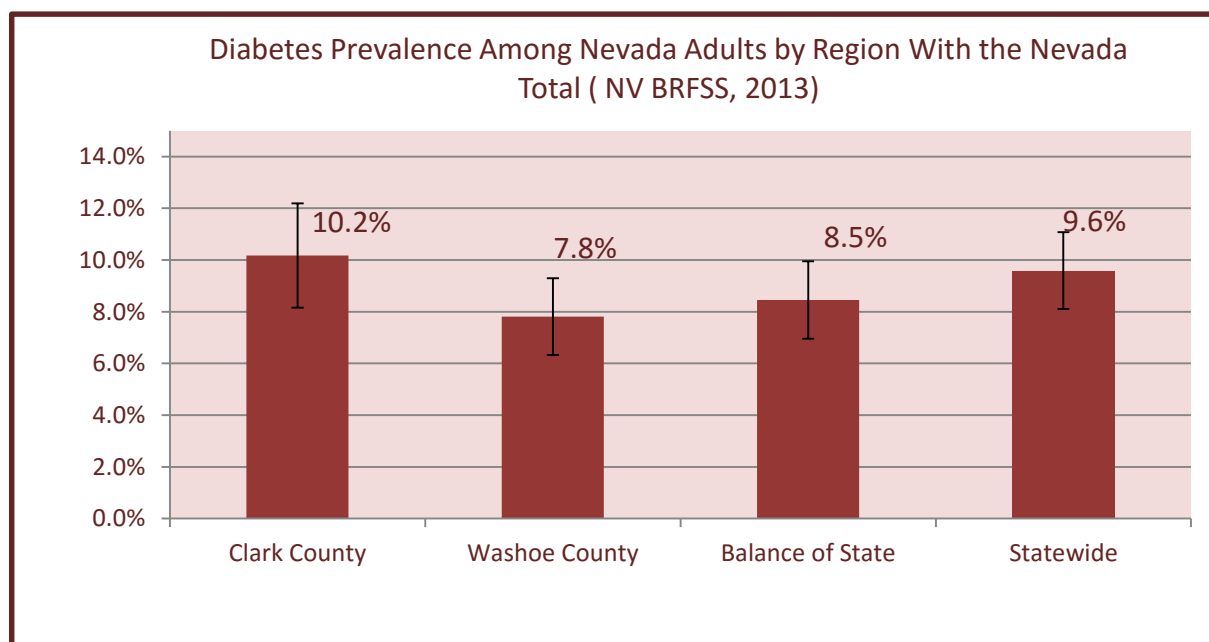
Health Indicator	Nevada	United States (Median)
Have you ever been told by a doctor that you have diabetes?		
Yes	9.6%	9.7%
Gestational Diabetes	0.7%	0.9%
No	88.5%	87.8%
No, pre-diabetes or borderline diabetes	1.2%	1.2%

Figure: Diabetes Prevalence Among Nevada Adults by Year (NV BRFSS, 2011-2013).



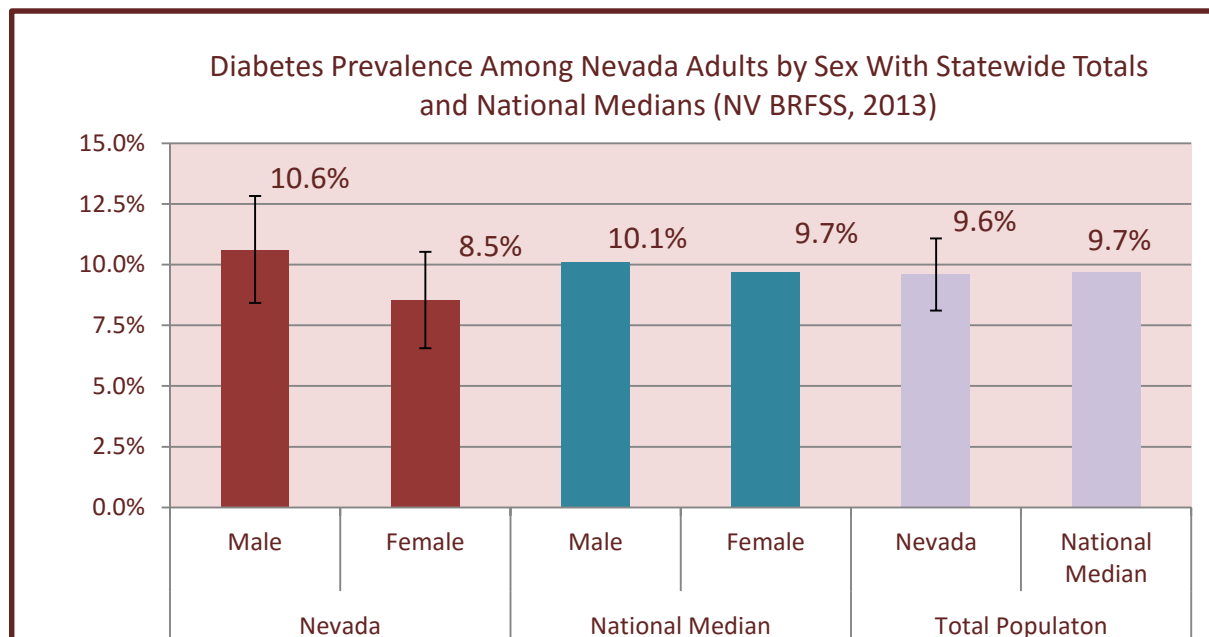
Diabetes prevalence among Nevada adults has been around 10% for the past three years.

Figure 59: Diabetes Prevalence Among Nevada Adults by Region With the Nevada Total (NV BRFSS, 2013).



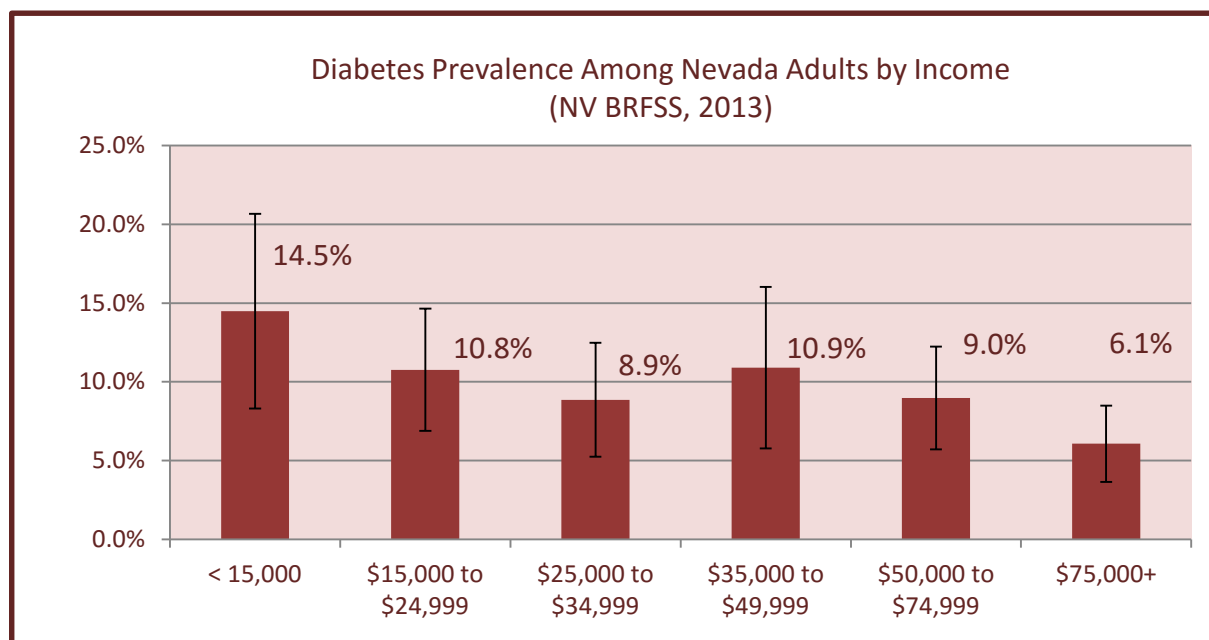
Diabetes prevalence among Nevada adults is slightly higher in Clark County than other regions of the state.

Figure 60: Diabetes Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2013).



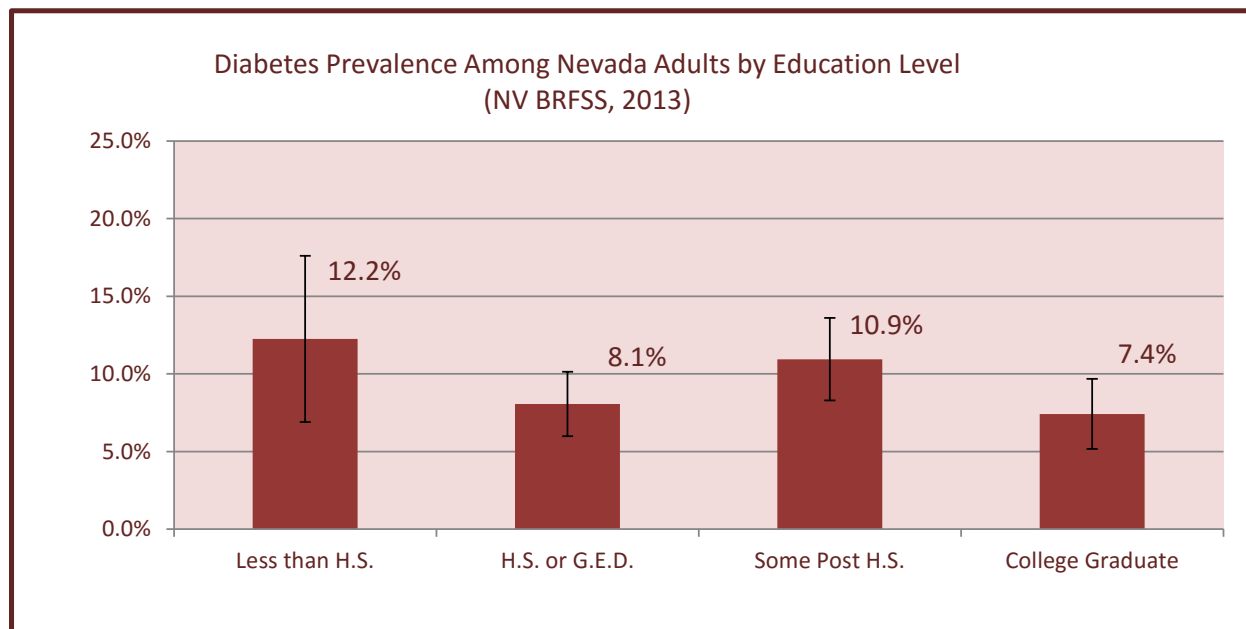
Prevalence rate of diabetes among Nevada's males is slightly higher than among the female population.

Figure 61: Diabetes Prevalence Among Nevada Adults by Income (NV BRFSS, 2013).



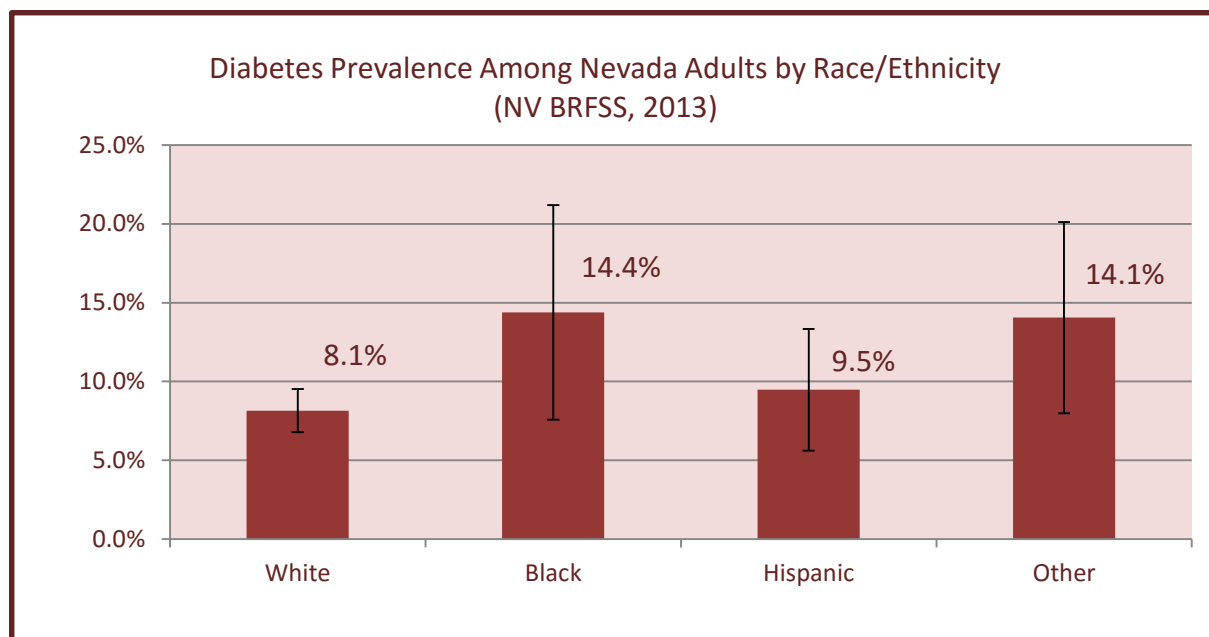
Diabetes prevalence is lowest among Nevada adults with an annual income of \$75,000 or more.

Figure 62: Diabetes Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2013).



Diabetes prevalence among Nevada adults is highest among individuals with less than a high school education.

Figure 63: Diabetes Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



Data indicates that diabetes prevalence among Nevada adults is higher among Hispanics and Blacks than whites and other races.

Section XI: Disability

Limited Activity: Nevada adults who are limited, in any way in any activities, because of physical, mental, or emotional problems.

Special Equipment: Nevada adults who have health problems that require the use of special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

According to a new study published by the Centers for Disease Control and Prevention, one out of every five adults in the United States has a disability. The highest percentages of people with disabilities are generally in southern states.³

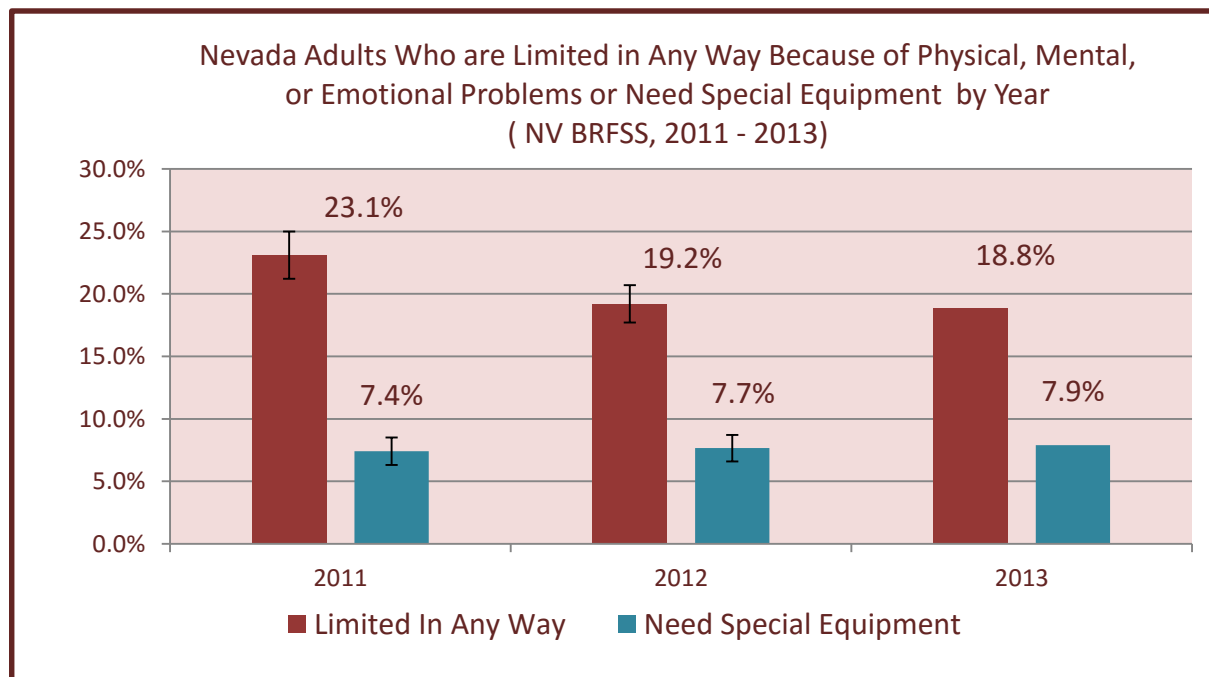
Disability can be viewed as representing a minority of the population, in that many people with disabilities may be less visible, undercounted, and underserved. People with disabilities may experience lack of access to health services and may be considered at increased risk of secondary medical, social, and emotional conditions.

Few data systems identify people with disabilities as a subpopulation. Disparities that have been noted between people with and without disabilities are excess weight, reduced physical activity, increased stress, and less frequent mammograms for females over the age of 55.^{1, 2}

Table 8: Selected Disability Indicators for Nevada and the United States (BRFSS 2013)

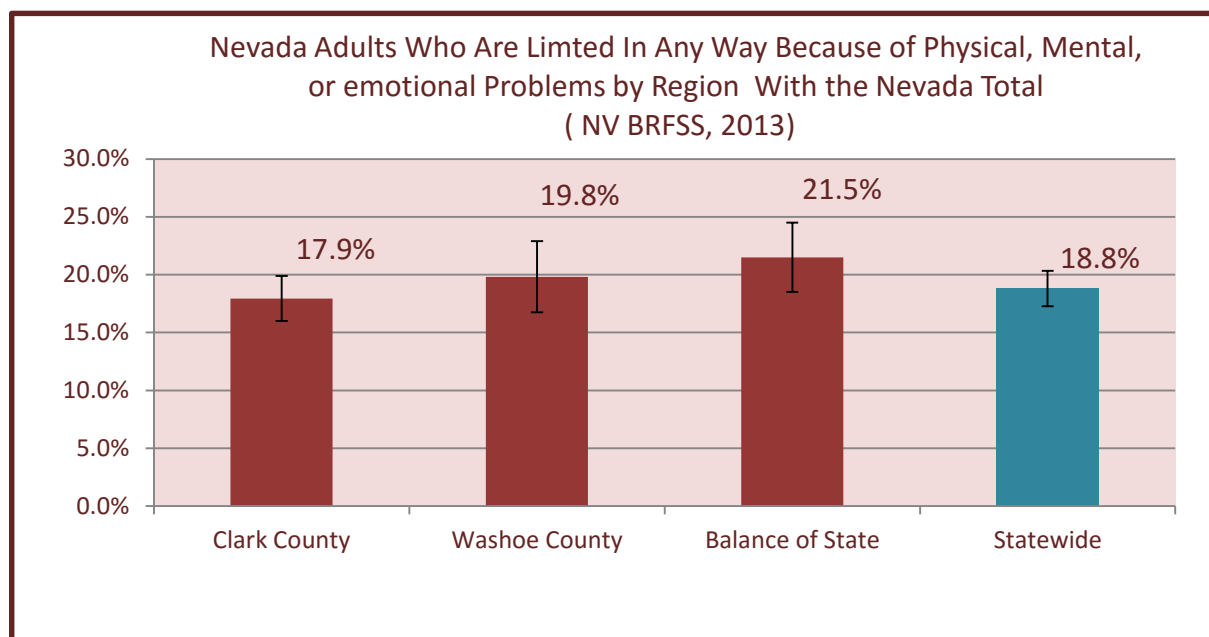
Health Indicator	Nevada	United States
1. Adult respondents who are limited in any way in any activities because of physical, mental, or emotional problems.	18.8%	19.7%
2. Adult respondents with health problems that require the use special equipment, such as a cane, wheelchair, a special bed, or special telephone.	7.9%	8.0%

Figure 64: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems or Need Special Equipment by Year (NV BRFSS 2011-2013).



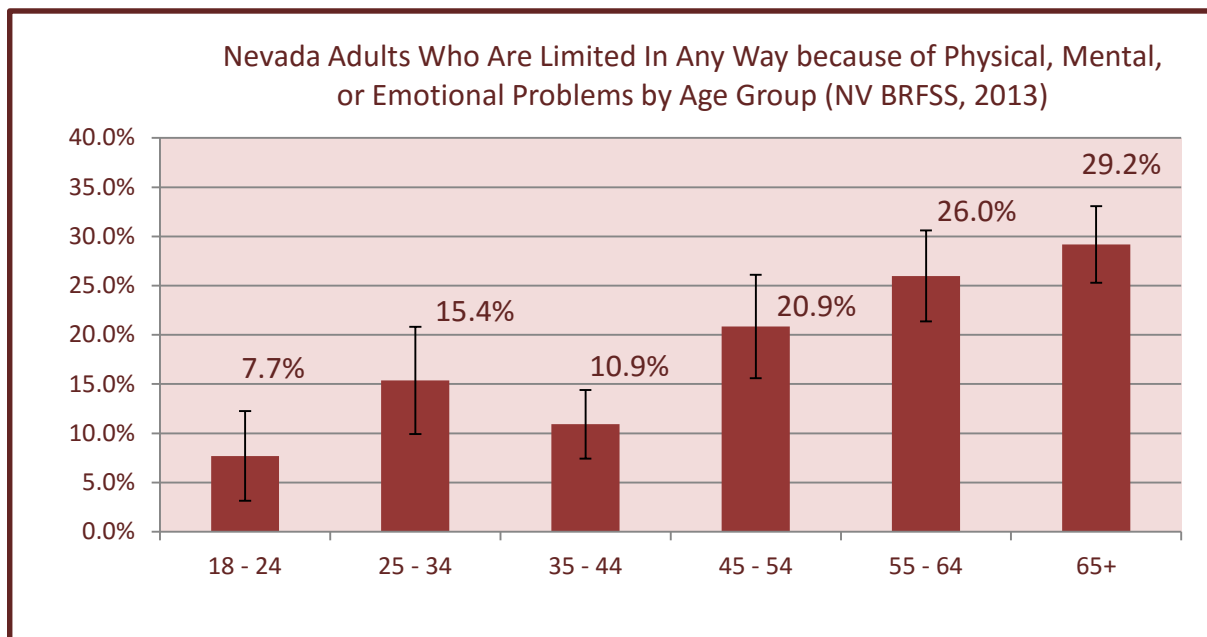
In 2011, 2012, and 2013 about 20% of Nevada adults had limitations due to physical, mental, or emotional problems and about 7.5% required special equipment.

Figure 65: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Region With the Nevada Total (NV BRFSS 2013).



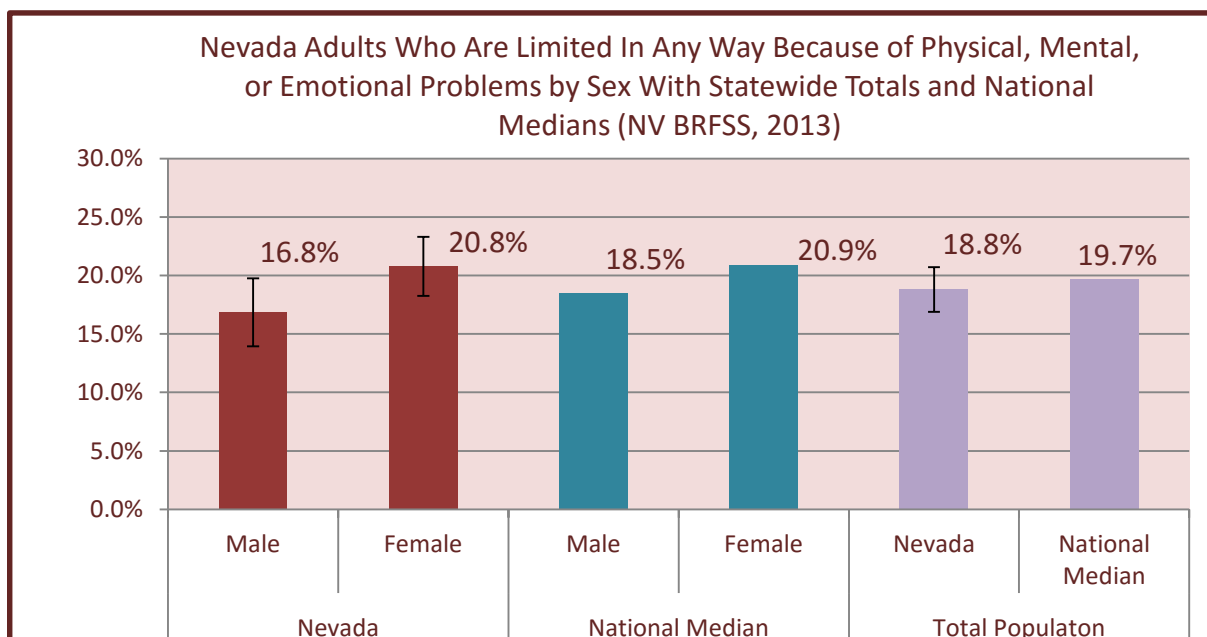
About 20% of Nevada adults are limited in any way because of physical, mental or emotional problems.

Figure 66: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Age Group (NV BRFSS 2013).



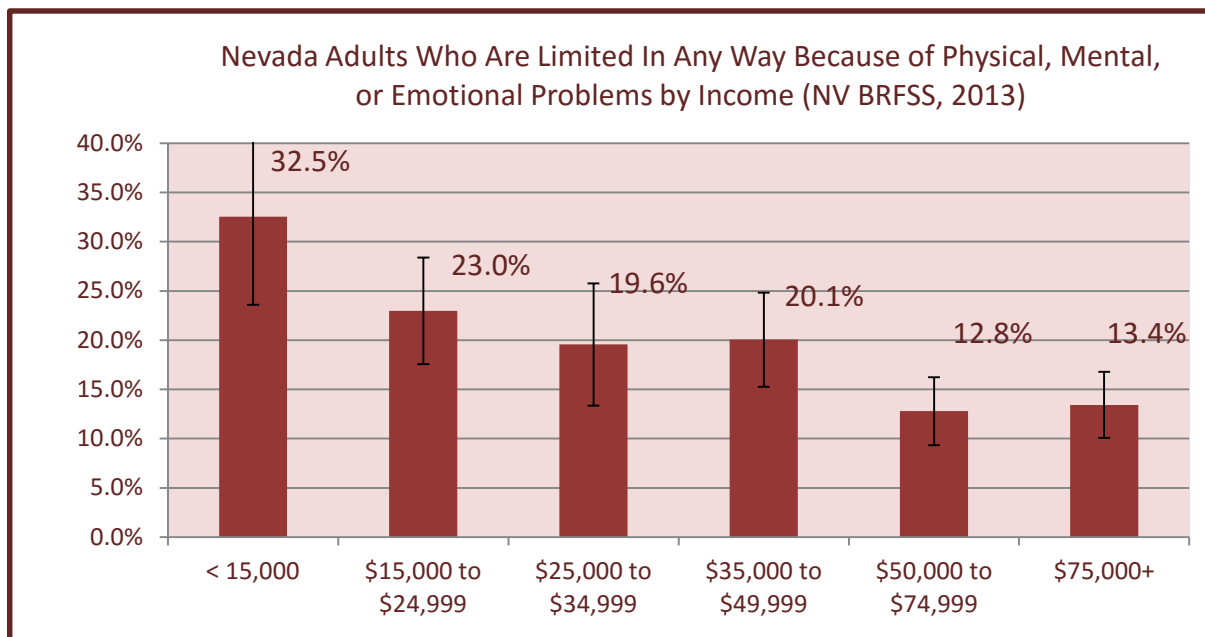
As would be expected, the prevalence of Nevada adults who are limited in any way because of physical, mental, or emotional problems is highest among the older age groups.

Figure 67: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Sex With Statewide Totals and National Medians (NV BRFSS 2013).



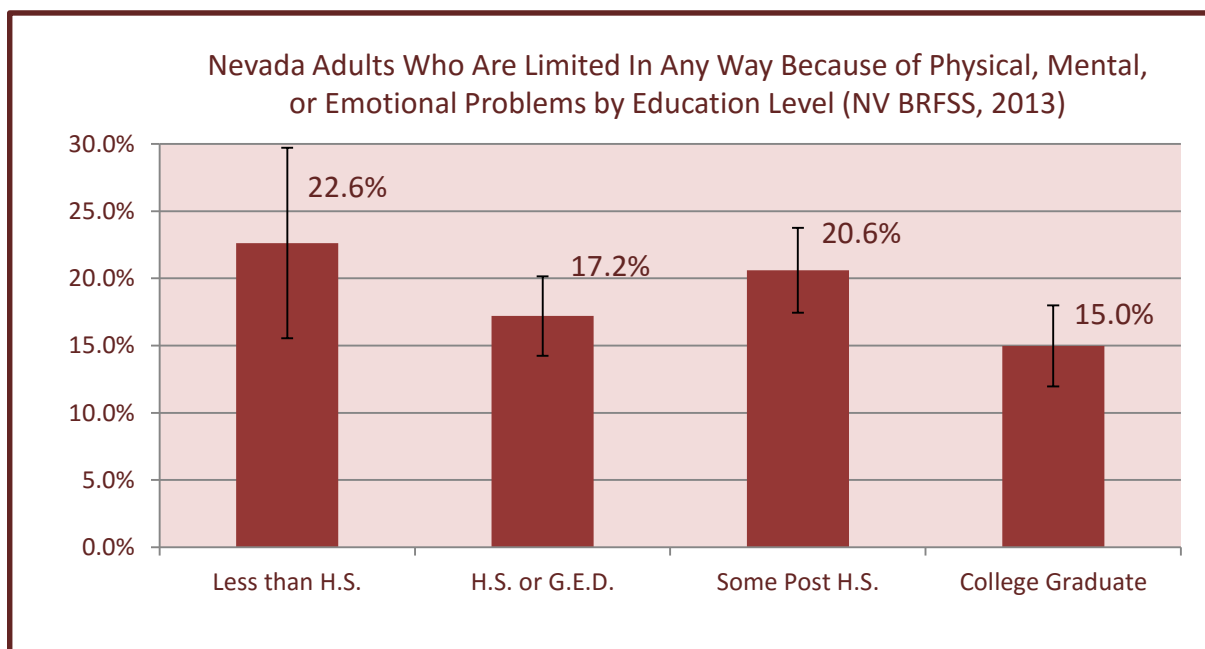
The prevalence of Nevada adults who are limited in any way because of physical, mental, or emotional problems is slightly higher among females than males.

Figure 68: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Income (NV BRFSS 2013).



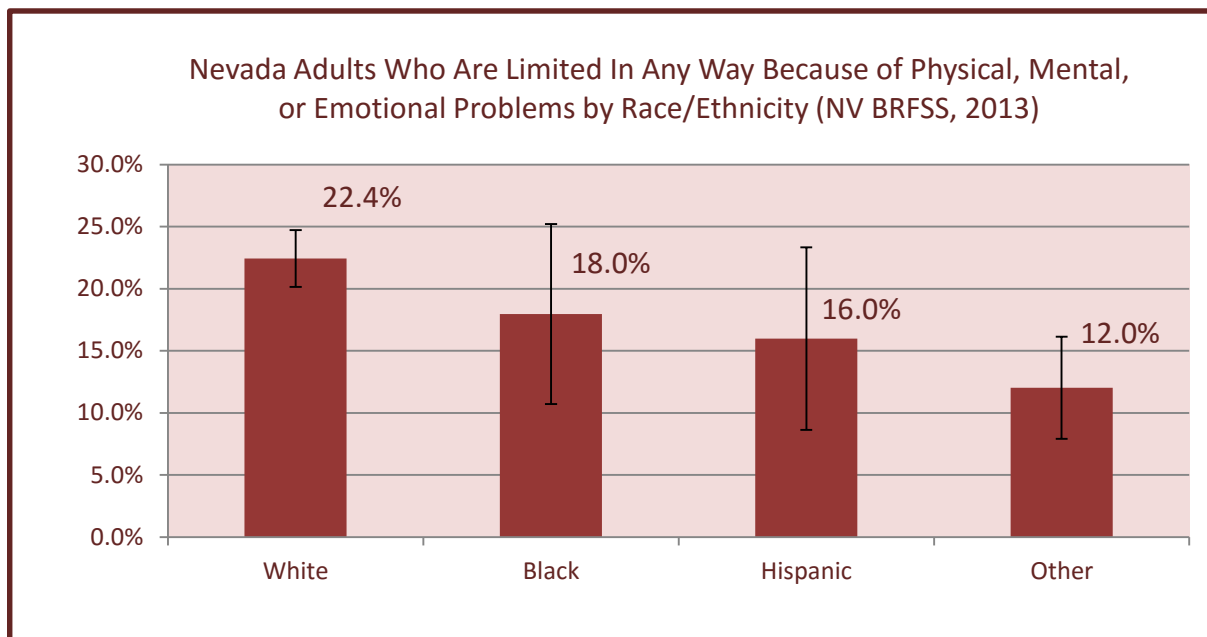
The prevalence of Nevada adults who are limited in any way because of physical, mental, or emotional problems is highest among individuals with an annual income of less than \$15,000.

Figure 69: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Education Level (NV BRFSS 2013).



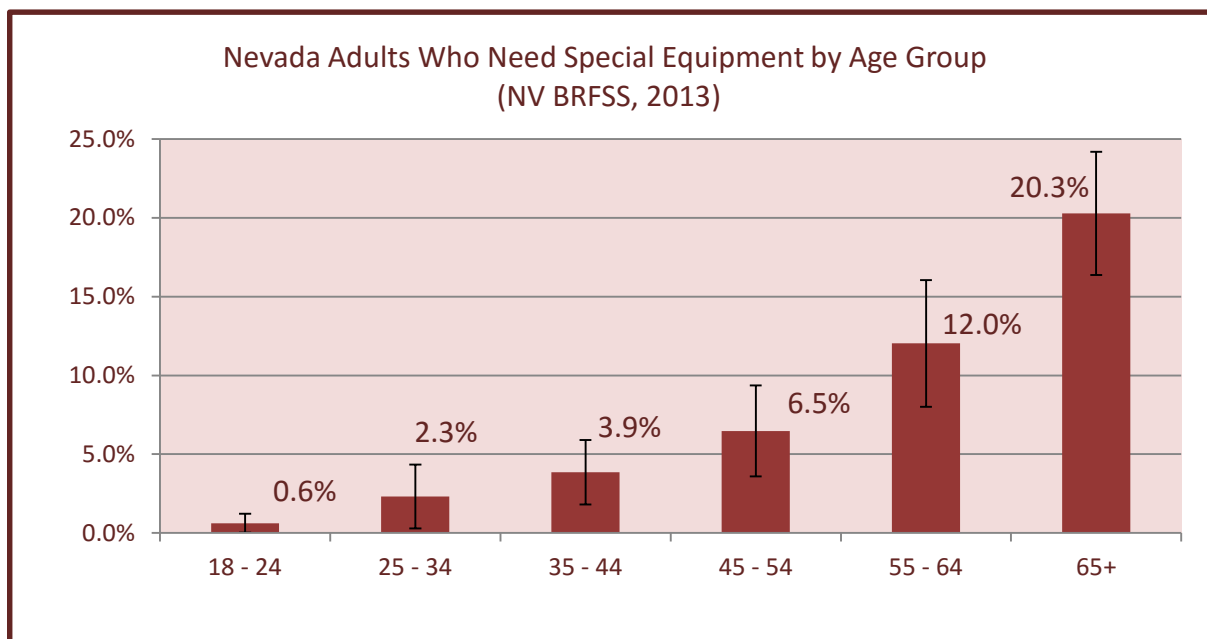
The prevalence of Nevada adults who are limited in any way because of physical, mental, or emotional problems is lowest among college graduates.

Figure 70: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Race/Ethnicity (NV BRFSS 2013).



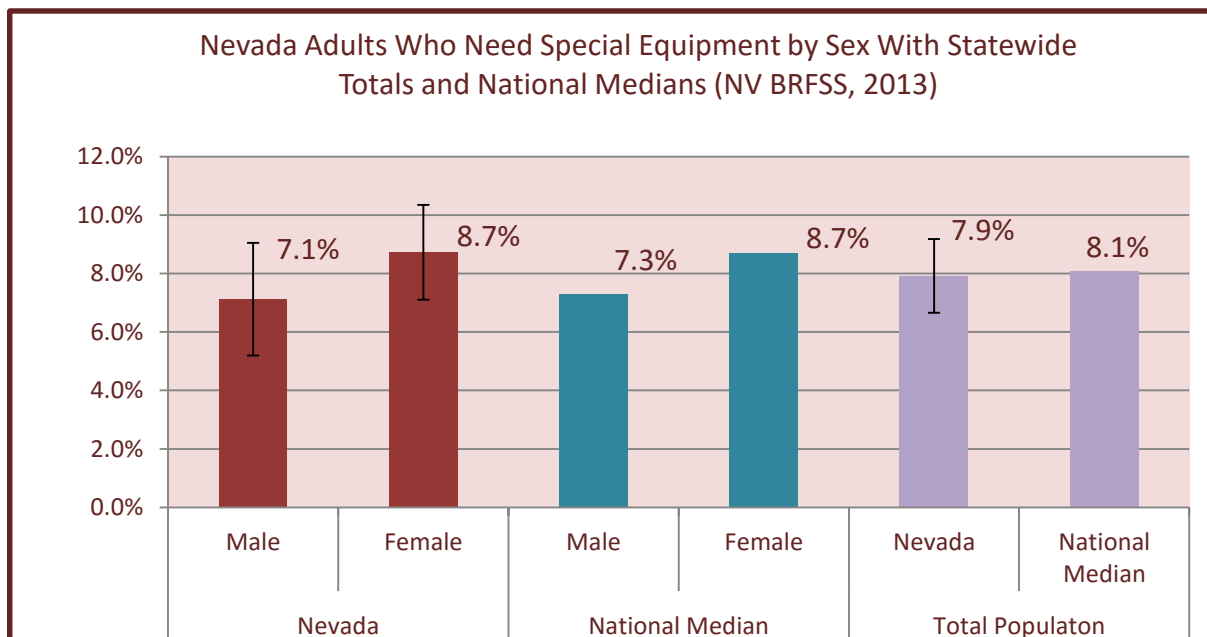
The prevalence of Nevada adults who are limited in any way because of physical, mental, or emotional problems is highest among Whites.

Figure 71: Nevada Adults Who Need Special Equipment by Age Group (NV BRFSS, 2013).



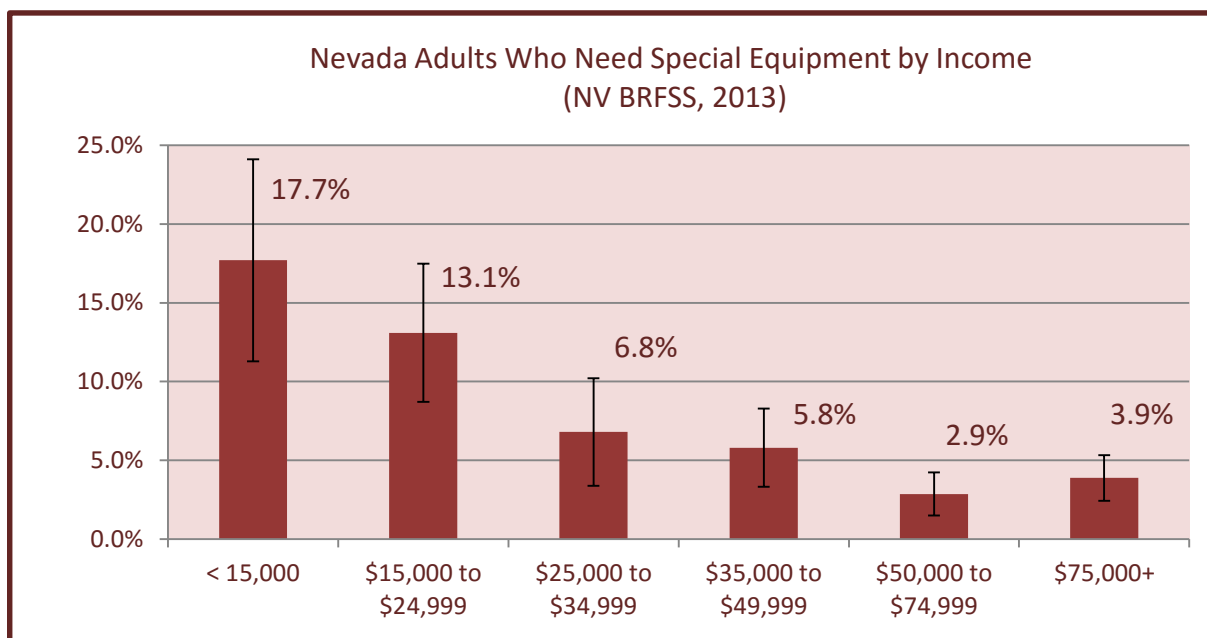
As would be expected, the prevalence of Nevada adults who need special equipment increases with age groups.

Figure 72: Adults Who Need Special Equipment by Sex With Statewide totals and National Medians (NV BRFSS, 2013).



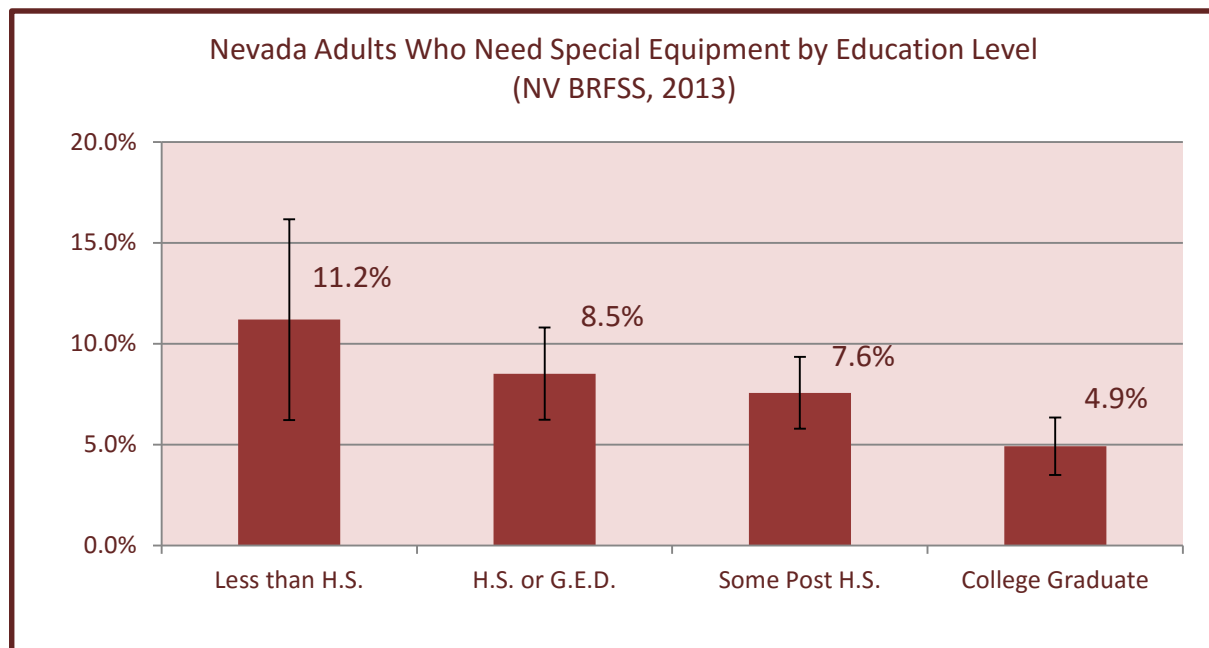
The prevalence of Nevada adults who require special equipment is similar to national values.

Figure 73: Nevada Adults Who Need Special Equipment by Income (NV BRFSS, 2013).



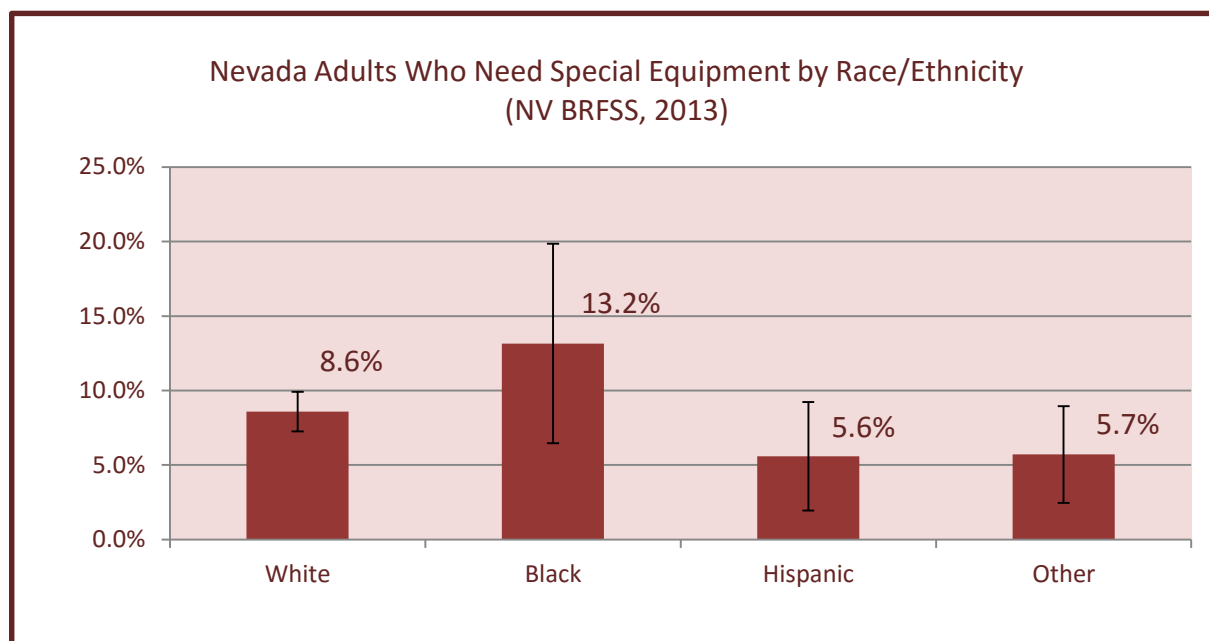
The prevalence of Nevada adults needing special equipment is highest among individuals with an annual income of less than \$15,000.

Figure 74: Nevada Adults Who Need Special Equipment by Education Level (NV BRFSS, 2013).



The prevalence of Nevada adults needing special equipment is highest among individuals without a high school education.

Figure 75: Nevada Adults Who Need Special Equipment by Race/Ethnicity (NV BRFSS, 2013).



The prevalence of Nevada adults needing special equipment is highest among Blacks and lowest among the Hispanic and other populations.

Section XII: Health Status

General Health: Would you say that in general your health is excellent, very good, good, fair, or poor?

Physical Health: Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Mental Health: Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Healthy Days: During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Inadequate Sleep: During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?

Any Exercise: During the past month, other than your regular job, did you participate in any physical exercise or exercises such as running, calisthenics, gardening, or walking for exercise?

Health-related quality of life reflects a personal sense of physical and mental health and the ability to react to factors in the physical and social environments. Health-related quality of life is more subjective than life expectancy and can be more difficult to measure. Self-ratings of health status seek to determine how people perceive their own health and how they function physically and mentally during their day to day activities.^{1, 2, 3} The 2013 BRFSS data indicate that 17.3% of Nevadans perceive their health to be fair or poor, similar to the national estimate of 16.7%.

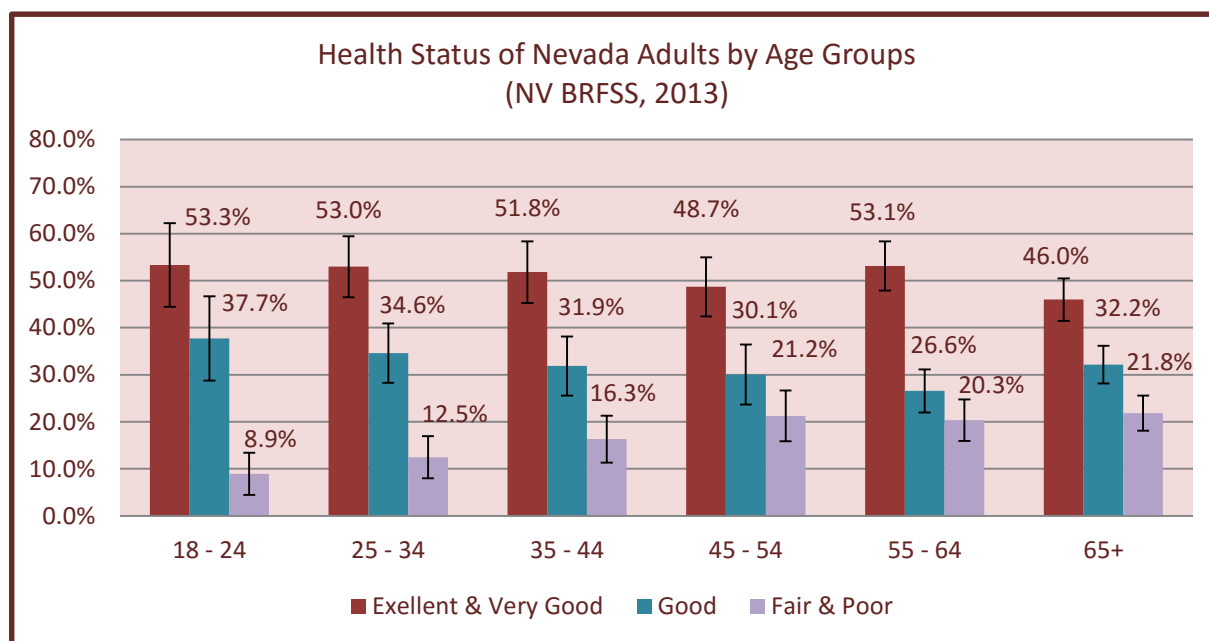
12.8% of Nevada adults claimed 10 or more days of poor physical health in the past 30 days, and 14.1% reported 10 or more days of poor mental health in the past 30 days, compared to the national estimate of 14.1% and 14.5% respectively.

67.0% of Nevada adults reported having no days of poor physical health in the past 30, and 66.6% reported having no days of poor mental health in the past 30 days. The 2013 Nevada values for adults not participating in physical activity other than their regular job in the past month is 23.7, slightly lower than the national value of 25.3%.

Table 9: Selected Health Status Indicators for Nevada and the United States (NV BRFSS 2013)

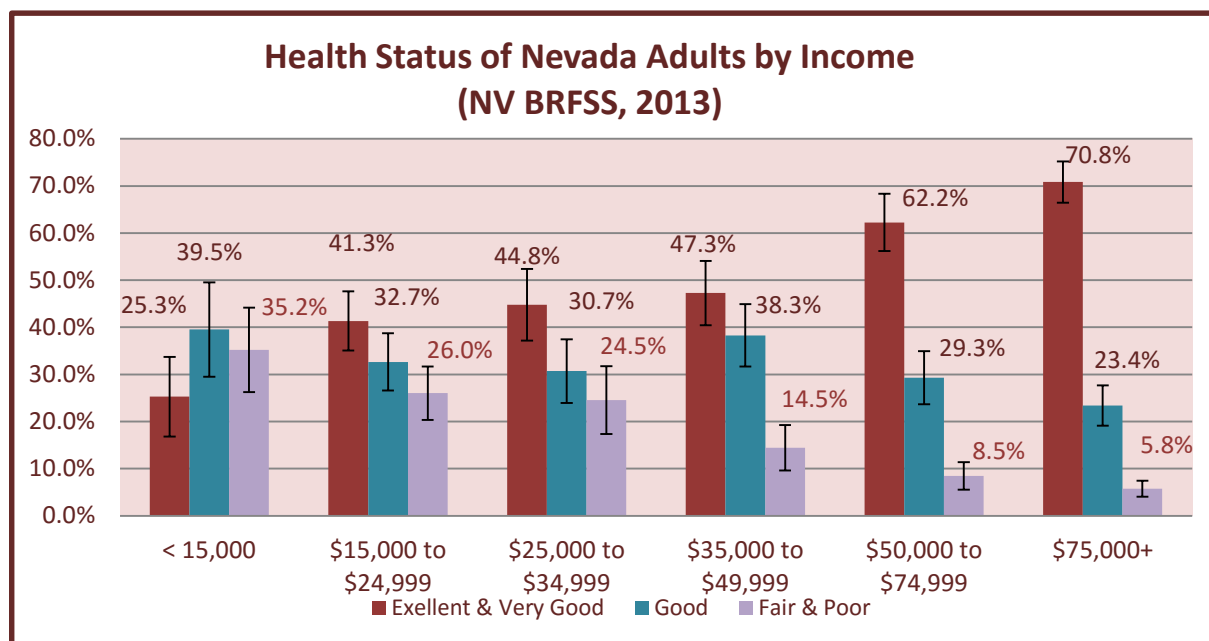
Health Indicator	Nevada	United States
1. Adults indicating a health status of fair or poor (self-assessment).	17.3%	16.7%
2. Adults with poor physical health for 10 or more days out of the last 30 days (includes physical illness and injury).	12.8%	14.1%
3. Adults with poor mental health 10 or more days out of the last 30 days (includes stress, depression, and problems with emotions).	14.1%	14.5%
4. Adults kept from doing usual activities (work, recreation, etc.) over 10 of the last 30 days because of poor mental or physical health.	17.5%	18.0%
5. Adults averaging less than 7 hours of sleep in a 24 hour period.	34.8%	34.8%
6. Adults not participating in physical activities during the past month, other than their regular job (running, calisthenics, golf, etc.)	23.7%	25.3%

Figure 76: Health Status of Nevada Adults by Age Groups (NV BRFSS, 2013).



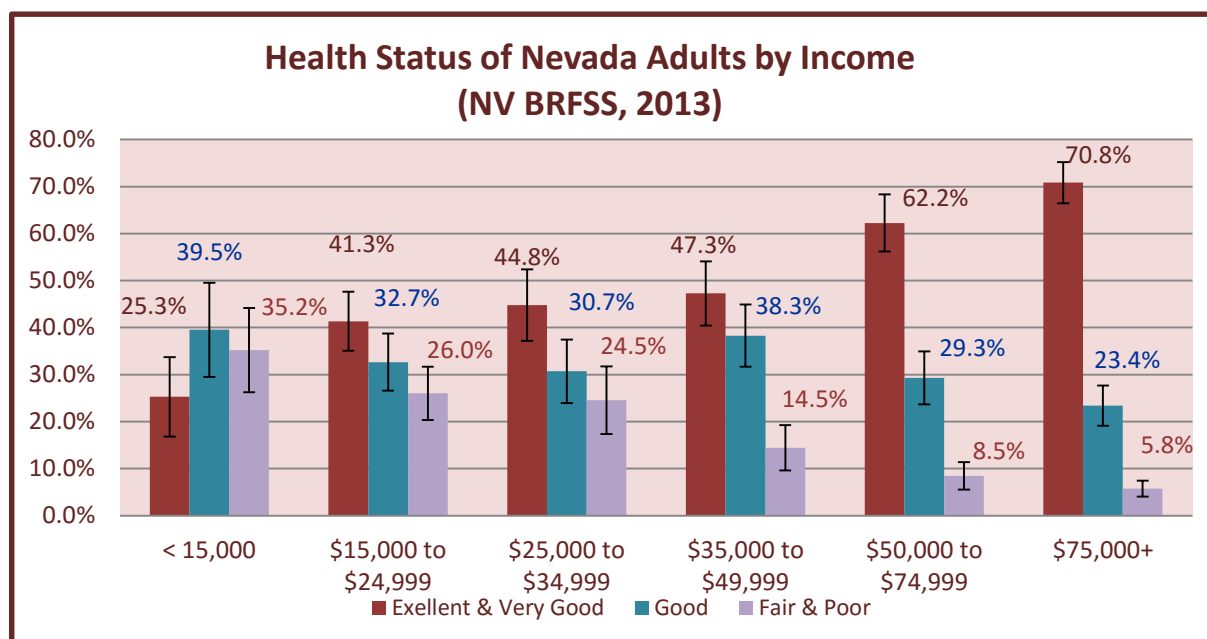
In general, the prevalence of Nevada adults reporting fair and poor health increased with age.

Figure 77: Health Status of Nevada Adults by Education (NV BRFSS, 2013).



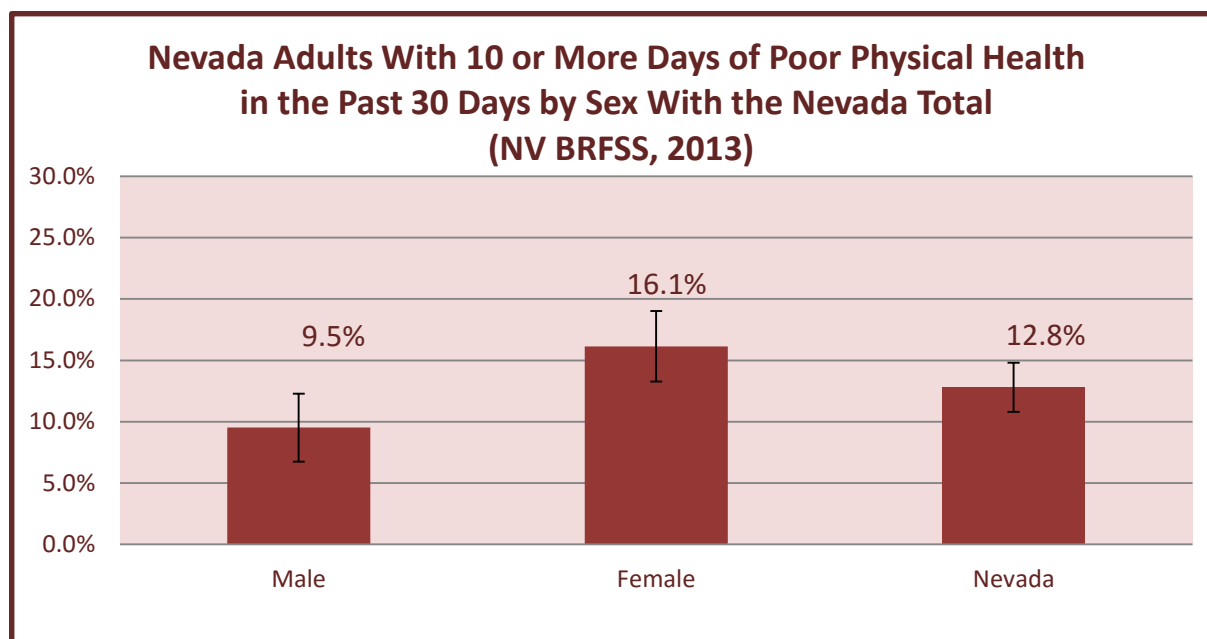
The prevalence of Nevada adults reporting excellent and very good health increased with education level.

Figure 78: Health Status of Nevada Adults by Income (NV BRFSS, 2013).



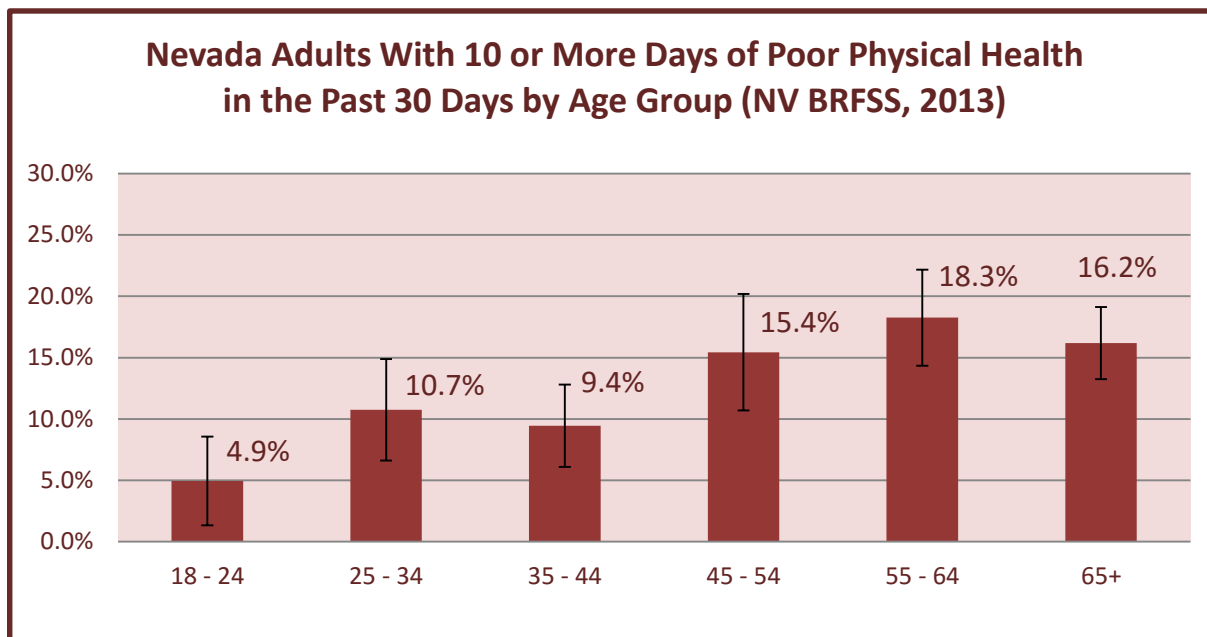
The prevalence of Nevada adults reporting excellent and very good health increased with income levels.

Figure 79: Nevada Adults With 10 or More Days of Poor Physical Health in the Past 30 Days by Sex With the Nevada Total (NV BRFSS, 2013).



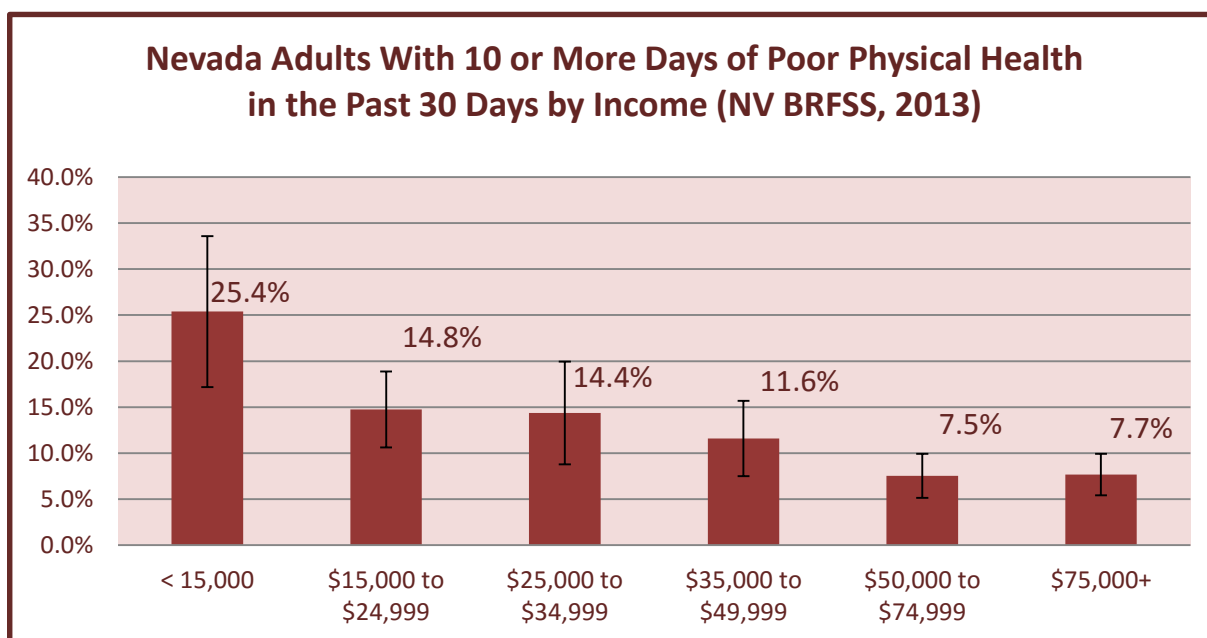
The prevalence of Nevada adults with 10 or more days of poor physical health in the past 30 days is higher among females than males.

Figure 80: Nevada Adults With 10 or More Days of Poor Physical Health in the Past 30 Days Age Group (NV BRFSS, 2013).



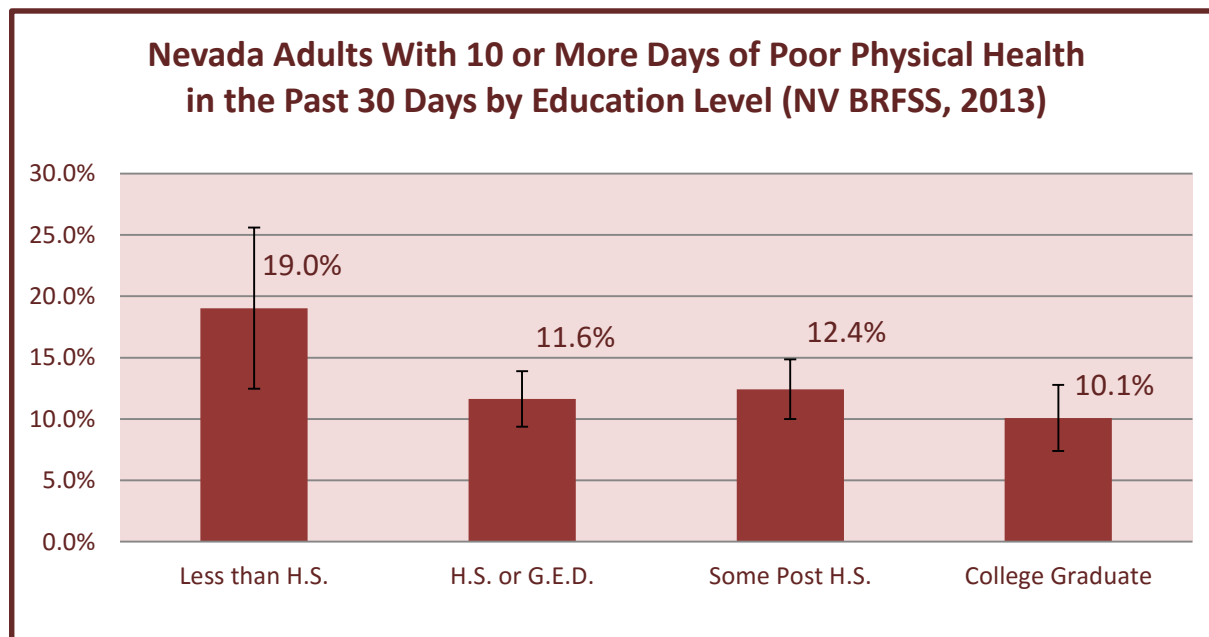
In general, the prevalence of Nevada adults with 10 or more days of poor physical health increased with age.

Figure 81: Nevada Adults With 10 or More Days of Poor Physical Health in the Past 30 Days by Income (NV BRFSS, 2013).



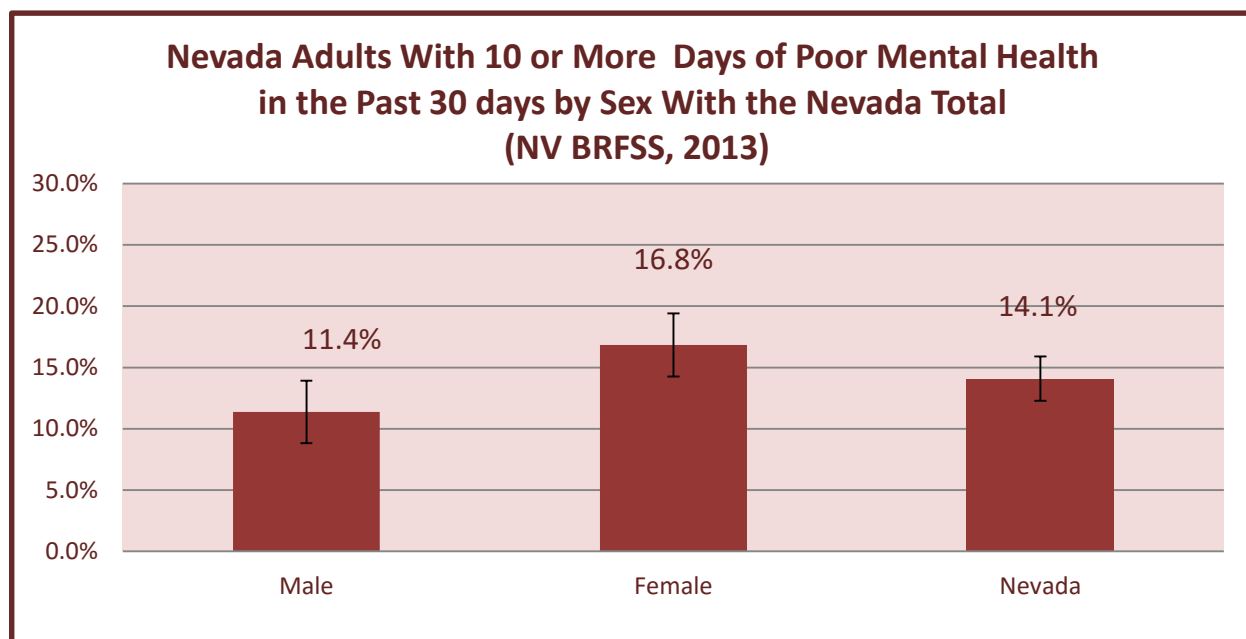
Nevada adults with annual an annual income of less than \$15,000 have a higher prevalence of poor physical health days than those in higher income brackets.

Figure 82: Nevada Adults with 10 or More Days of Poor Physical Health in the Past 30 Days by Education Level (NV BRFSS, 2013).



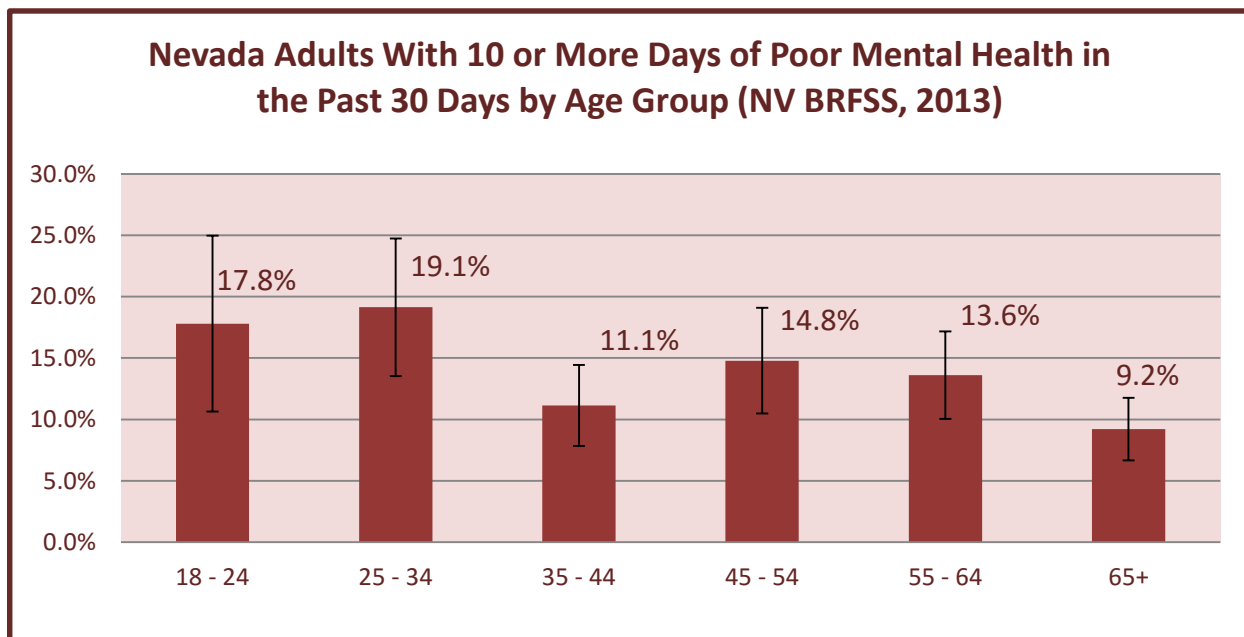
The prevalence of Nevada adults with 10 or more days of poor physical health in the past 30 is highest among individuals without a high school education.

Figure 83: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Sex With the Nevada Total (NV BRFSS, 2013).



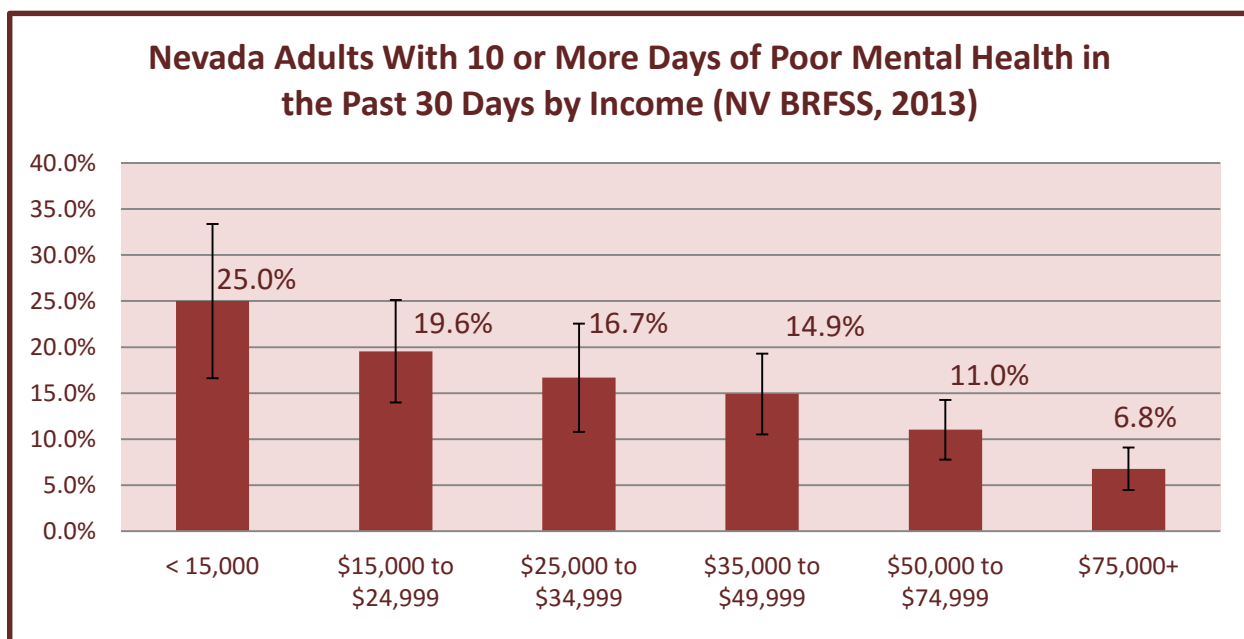
Nevada females had a prevalence rate of 16.8% for 10 or more poor mental health days in the past 30 days compared to males with a prevalence rate of 11.4%.

Figure 84: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Age Group (NV BRFSS, 2013).



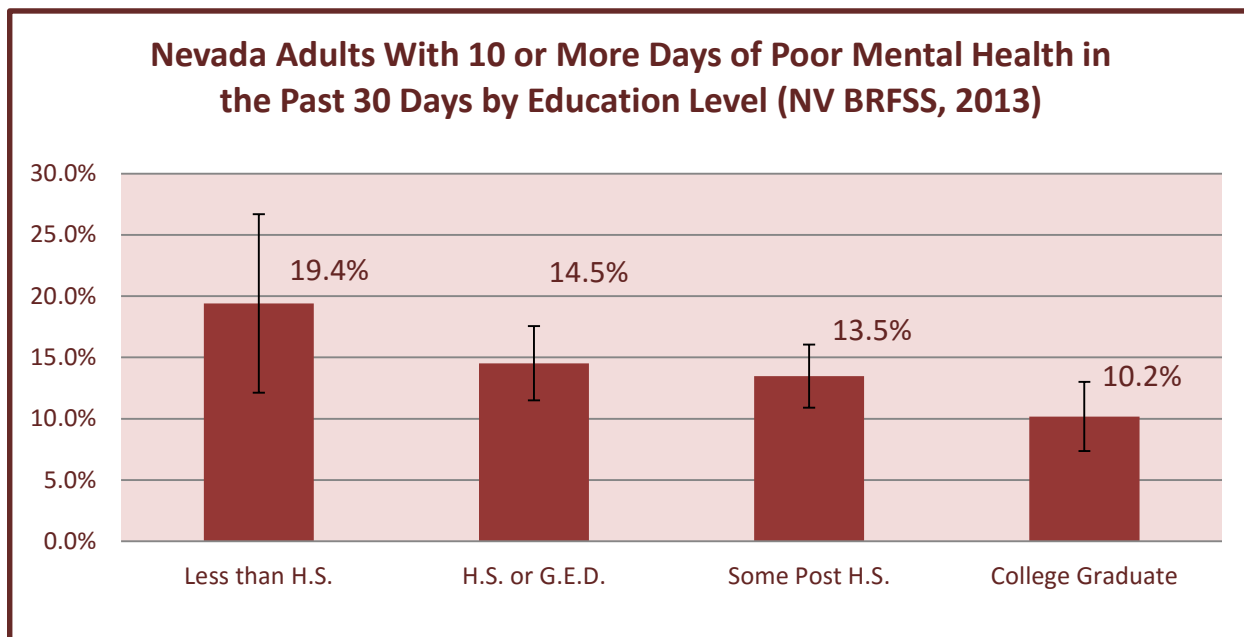
The highest prevalence rate for 10 or more poor mental health days in the past 30 among adult Nevadans is among those 34 years of age and below.

Figure 85: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Income (NV BRFSS, 2013).



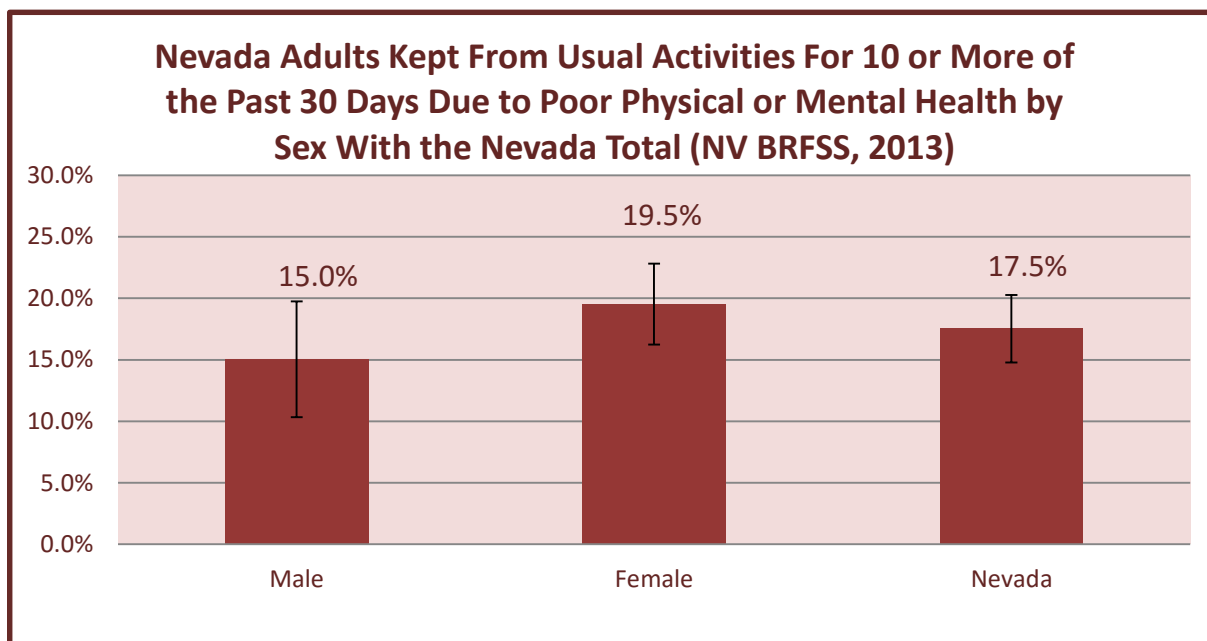
The prevalence of Nevada adults with 10 or more poor mental health days in the past 30 days decreased with income.

Figure 86: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Education Level (NV BRFSS, 2013).



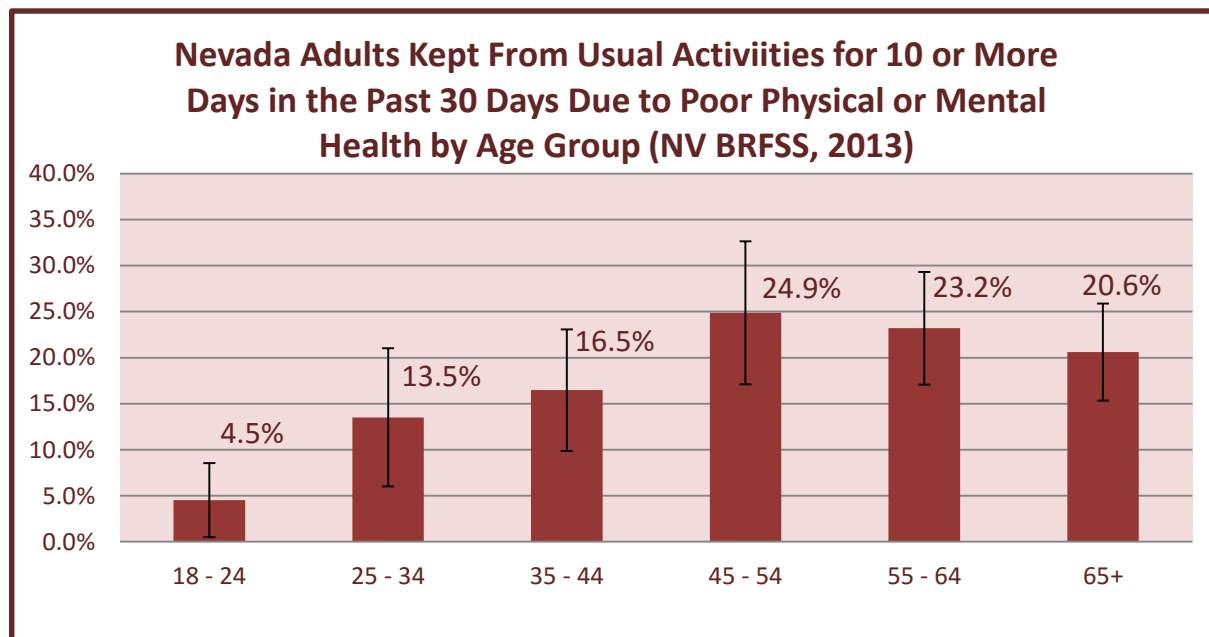
Nevada adults with less than a high school education have the highest prevalence rates of 10 or more days of poor mental health in the past 30 days.

Figure 87: Nevada Adults Kept From Usual Activities For 10 or More of the Past 30 Days Due to Poor Physical or Mental Health by Sex With the Nevada Total (NV BRFSS 2013).



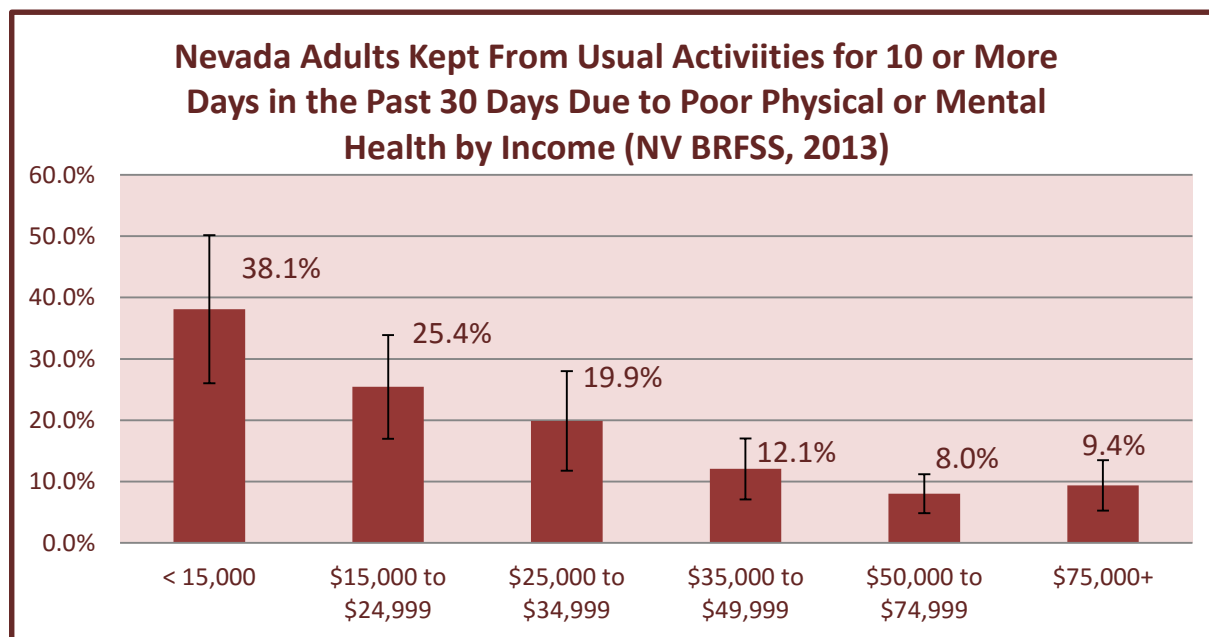
Nevada adult females have a higher prevalence rate of 10 or more days of limited activity due to poor physical or mental health than Nevada males.

Figure 88: Nevada Adults Kept From Usual Activities for 10 or More Days in the Past 30 Days Due to Poor Physical or Mental Health by Age Group (NV BRFSS, 2013).



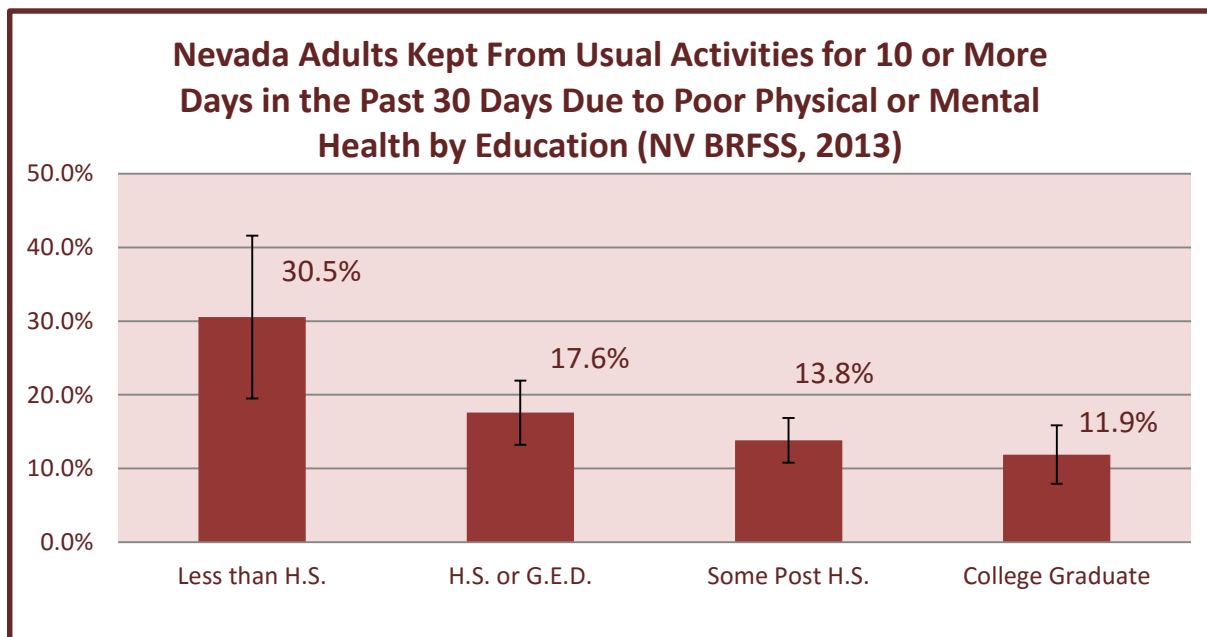
Nevada adults ages 45 to 54 had the highest prevalence rate for 10 or more days of limited activity in the past 30 days due to poor physical or mental health.

Figure 89: Nevada Adults Kept From Usual Activities for 10 or More Days in the Past 30 Days Due to Poor Physical or Mental Health by Income (NV BRFSS, 2013).



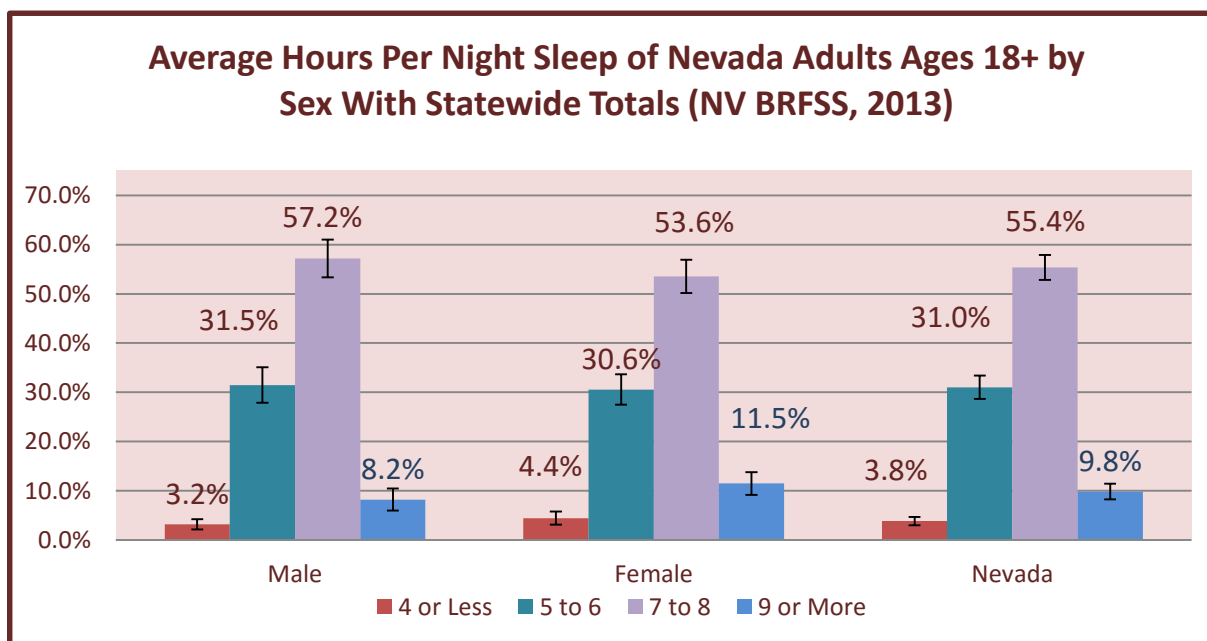
Nevada adults with an annual income of less than \$15,000 had the highest prevalence rate for 10 or more days of limited activity in the past 30 days due to poor physical or mental health.

Figure 90: Nevada Adults Kept From Usual Activities for 10 or More Days in the Past 30 Days Due to Poor Physical or Mental Health by Education (NV BRFSS, 2013).



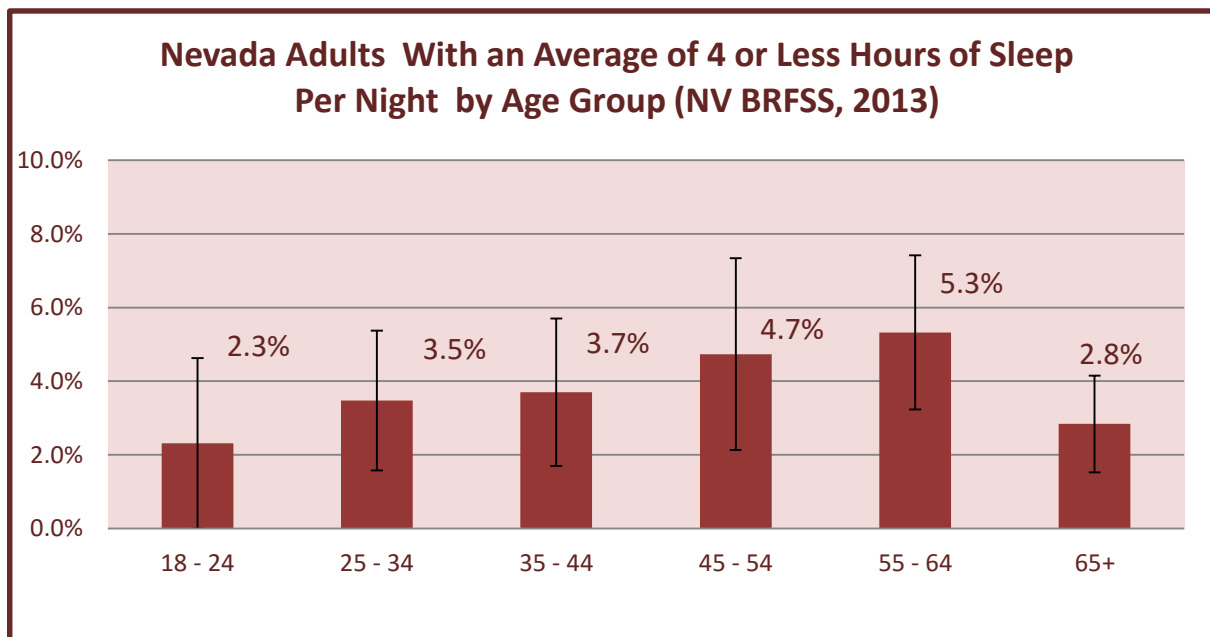
Nevada adults without a high school education had the highest prevalence rates for 10 or more days of limited activity in the past 30 days due to poor physical or mental health.

Figure 91: Average Hours Per Night Sleep of Nevada Adults Ages 18+ by Sex With Statewide Totals (NV BRFSS, 2013).



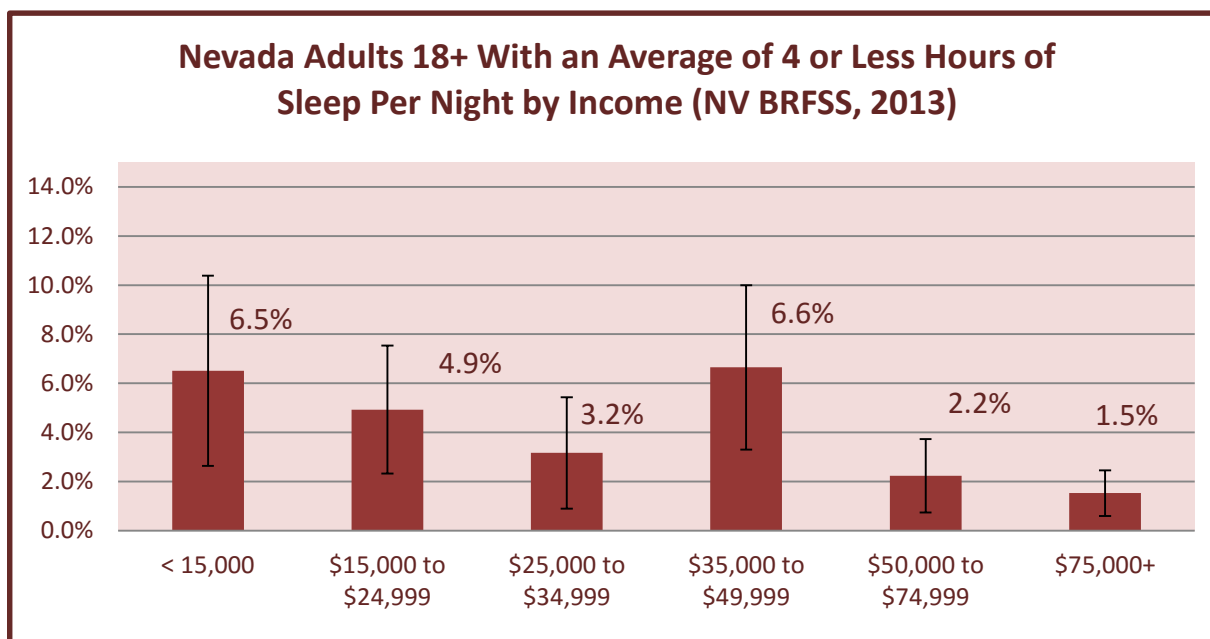
Over 50% of male and female adult Nevadans averaged 7 to 8 hours per night of sleep in the past 30 days.

Figure 92: Nevada Adults With an Average of 4 or Less Hours of Sleep Per Night by Age Group (NV BRFSS, 2013).



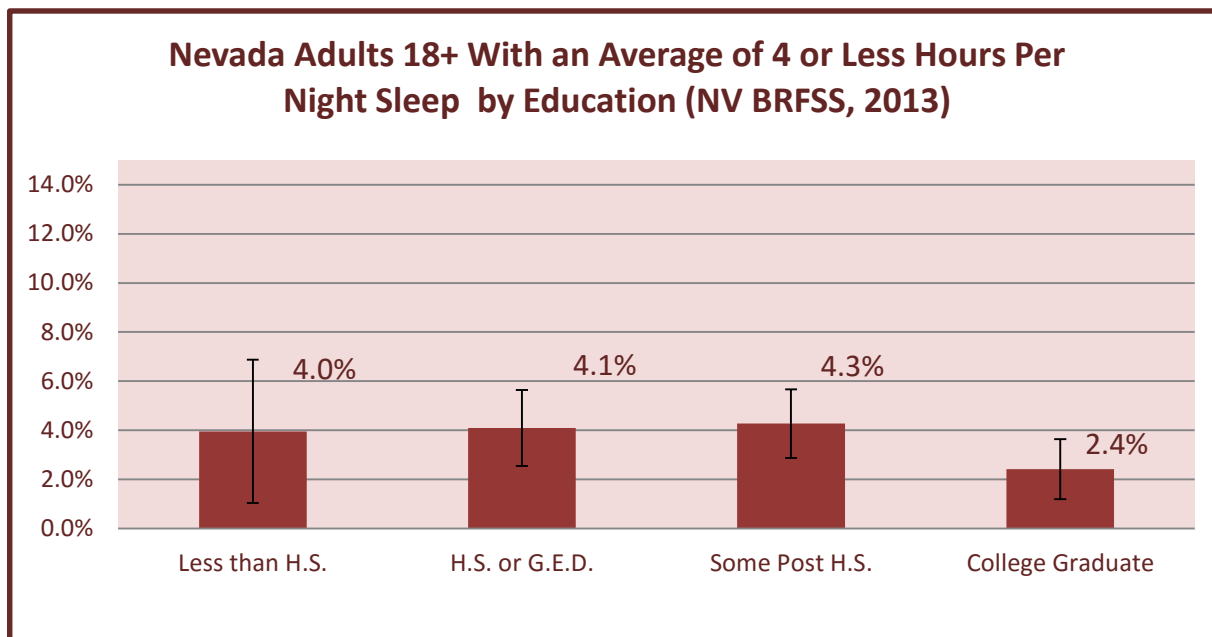
Adult Nevadans ages 45 to 64 older had a higher average for 4 or less hours of sleep per night than the other age groups.

Figure 93: Nevada Adults With an Average of 4 or Less hours of Sleep Per Night by Income (NV BRFSS, 2013).



The prevalence rate for Nevada adults averaging 4 or less hours per night sleep is lowest in individuals making over \$75,000 per year.

Figure 94: Nevada Adults With an Average of 4 or Less hours of Sleep Per Night by Education (NV BRFSS, 2013).



The prevalence rate for Nevada adults averaging 4 or less hours per night sleep is lowest among college graduates.

Section XIII Healthcare Access

Healthcare Access by Demographics

Health Insurance: “Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Primary Care Doctor: “Do you have one person you think of as your personal doctor or healthcare provider?”

Could Not See a Doctor Because Of Cost: “Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”

Time Since Last Routine Checkup: About how long has it been since you last visited a doctor for a routine checkup?

Access to quality care is important to eliminate health disparities and increase the quality and years of healthy life. People must have access to clinical preventive services that are effective in preventing disease (primary prevention) or detecting asymptomatic disease or risk factors at early treatable stages.¹

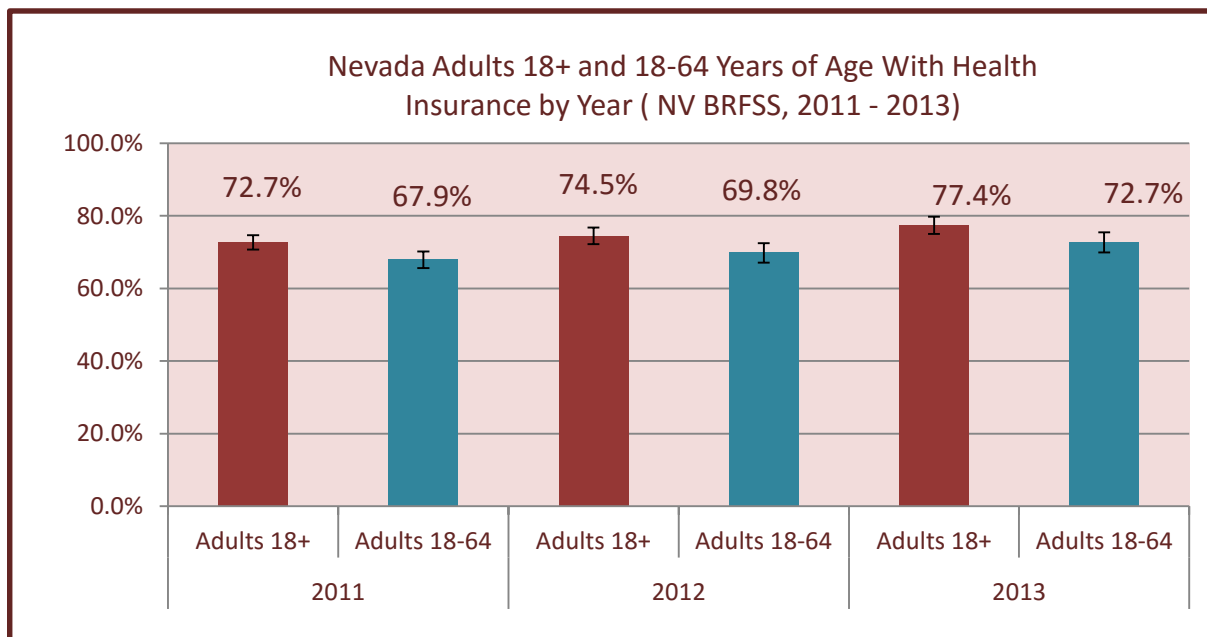
The Healthy People 2020 target for individuals with health insurance is 100%. Uninsured people are less than half as likely as people with health insurance to have a primary care provider or to receive appropriate preventive care. Nationwide it is estimated that 83.2% of the adult population has health insurance; Nevada's adult population with health insurance is estimated at 77.4%.

A primary care doctor can provide individuals with an understanding of their health problems and direct them to appropriate health services. Evidence suggests that timely care provided by a regular primary care provider leads to less costly medical care.¹ The Healthy People 2020 Target for individuals with a regular primary care provider is 83.9%. Nationwide, it is estimated that 76.6% of the adult population have a regular primary care provider. 64.9% of Nevada's adult population is estimated to have a primary care provider.

Table 10: Selected Healthcare Access Indicators for Nevada and the United States
(NV BRFSS 2013)

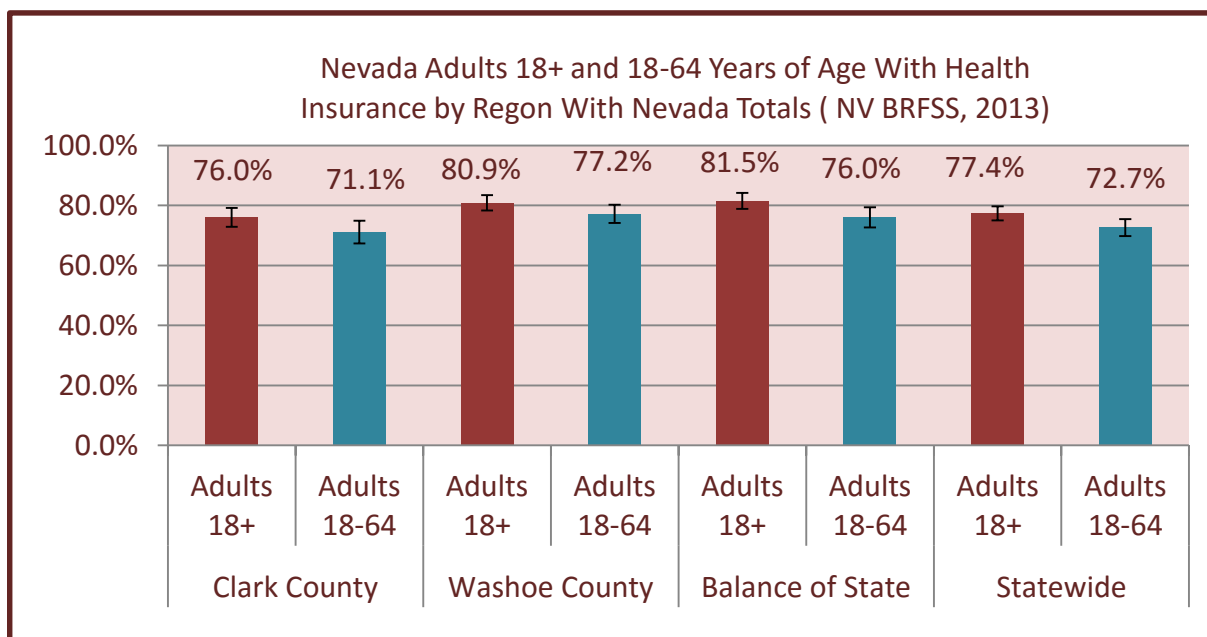
Health Indicator	Nevada	United States (Median)
1. Adult respondents 18+ with any kind of healthcare coverage, including health insurance, prepaid plans such as HMO's or government plans such as Medicare.	77.4%	83.2%
2. Adult respondents 18-64 with any kind of healthcare coverage, including health insurance, prepaid plans such as HMO's or government plans such as Medicare.	72.7%	80.0%
3. Adult respondents with a personal doctor or health care provider.	64.9%	76.6%
4. Adult respondents reporting a time in the past 12 months when they needed to see a doctor but could not because of cost.	17.3%	15.3%
5. Time since last visiting a doctor for a routine checkup		
Within the past two years (anytime less than 2 years ago)	81.3%	81.3%
Within the past 5 years (greater than 2 years but less than 5 years)	8.1%	8.3%
5 or more years ago	8.8%	8.4%
Never	1.8%	1.2%

Figure 95: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Year (NV BRFSS, 2011-2013).



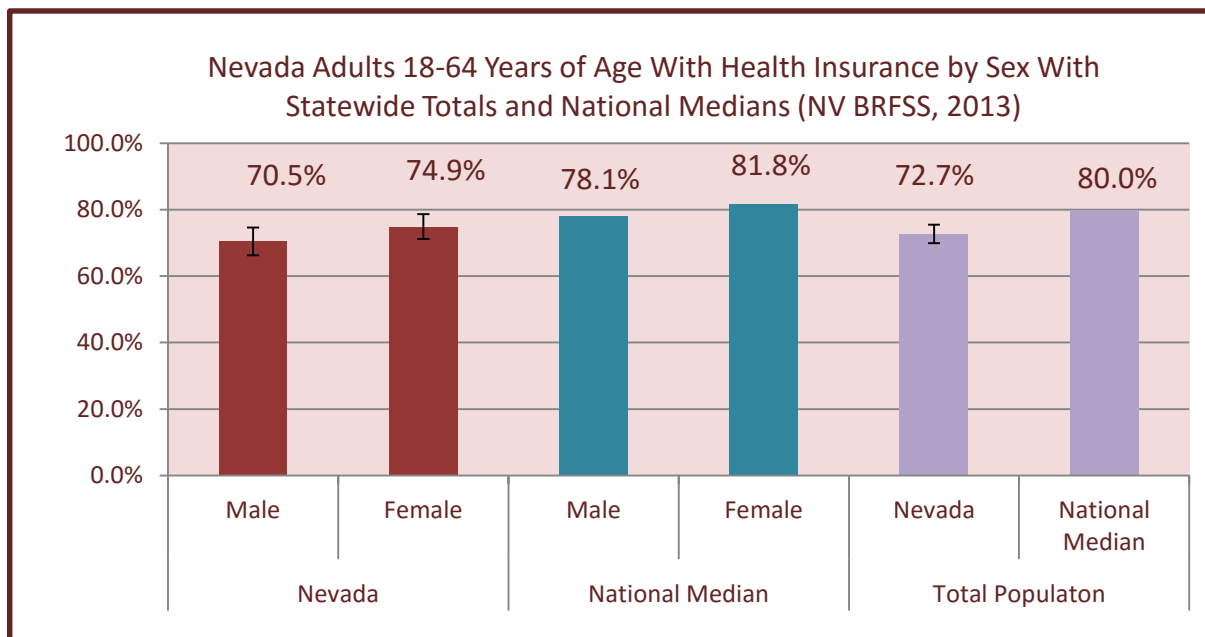
In general, about 70% of Nevadans currently have health insurance.

Figure 96: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Region With Nevada Totals (NV BRFSS, 2013).



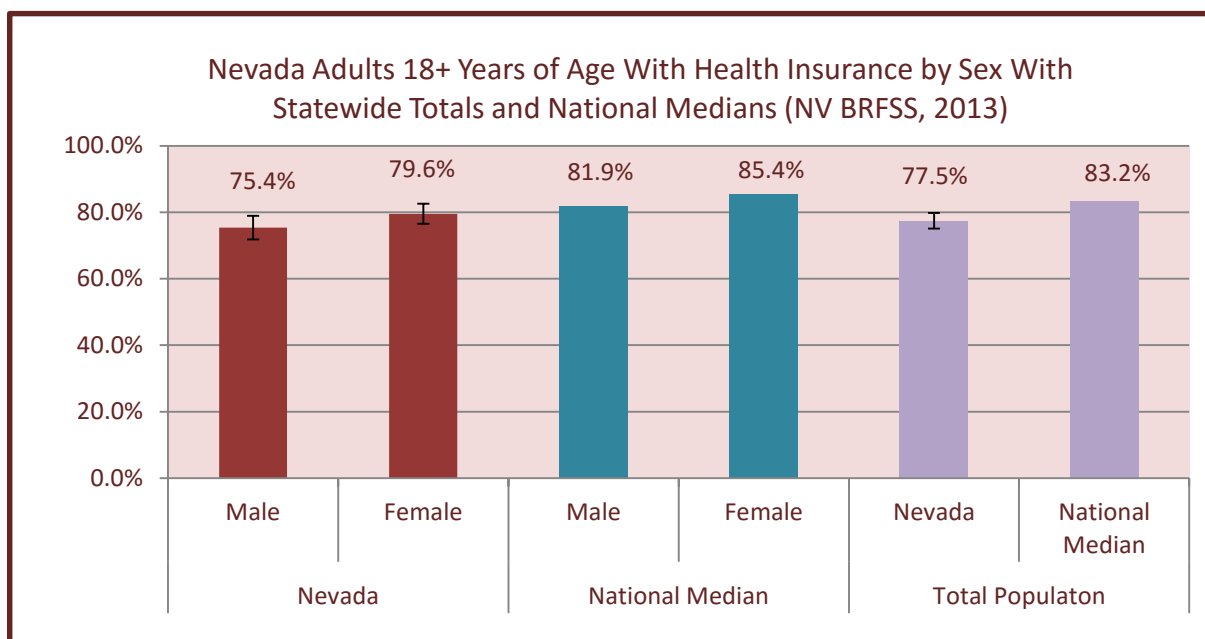
The prevalence of Nevadans with health insurance is similar across all regions.

Figure 97: Nevada Adults 18-64 Years of Age With Health Insurance by Sex With Statewide Totals and National Medians (NV BRFSS, 2013).



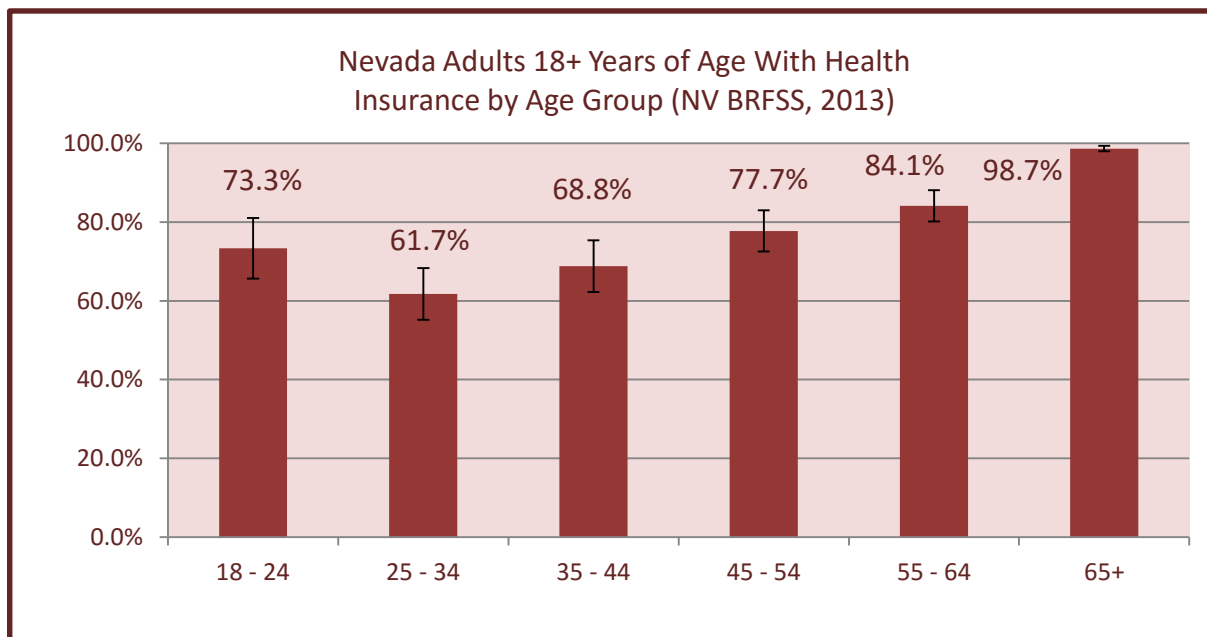
The prevalence of Nevadans 18-64 years of age with health insurance is 72.7% compared to the National Median of 80.0%.

Figure 98: Nevada Adults 18+ Years of Age With Health Insurance by Sex With Statewide Totals and National Medians (NV BRFSS, 2013).



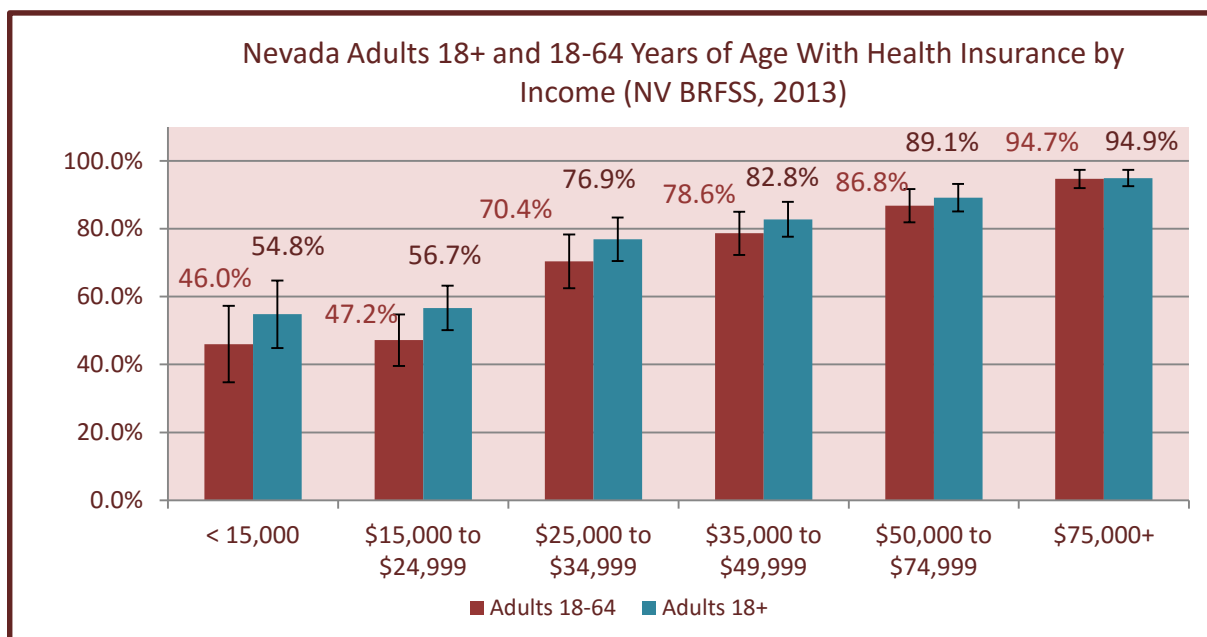
The prevalence of Nevadans 18+ years of age with health insurance is 77.5% compared to the National Median of 83.2%.

Figure 99: Nevada Adults 18+ Years of Age With Health Insurance by Age Group (NV BRFSS, 2013).



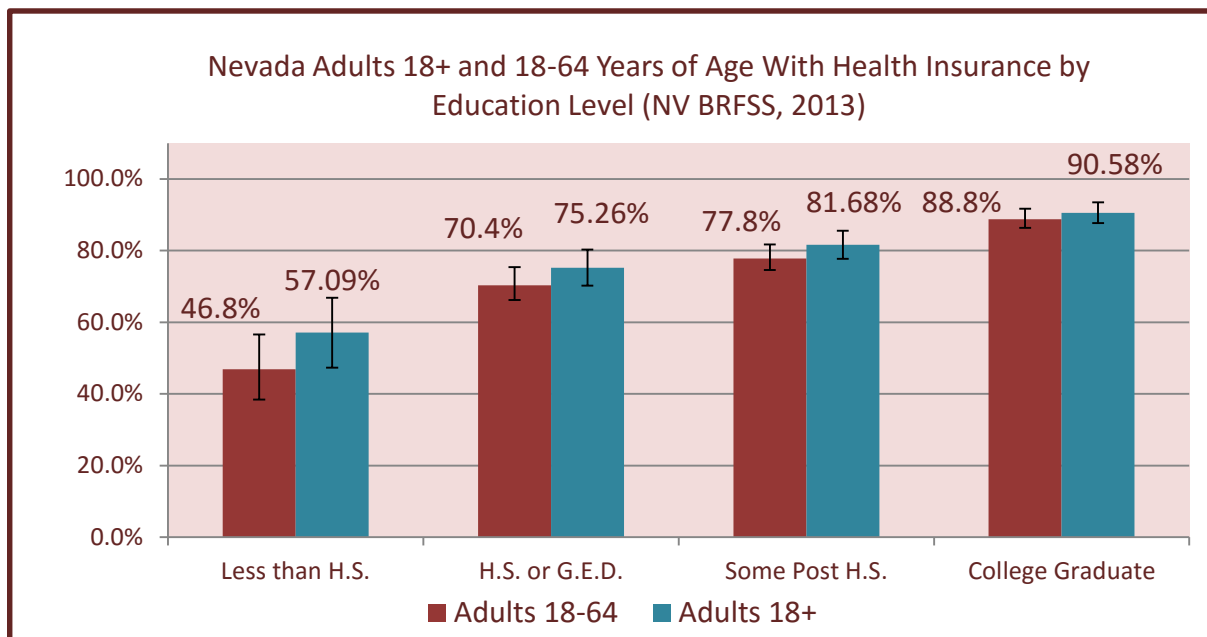
The prevalence of Nevadans 18+ with health insurance was lowest in the 25 to 34 range.

Figure 100: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Income (NV BRFSS, 2013).



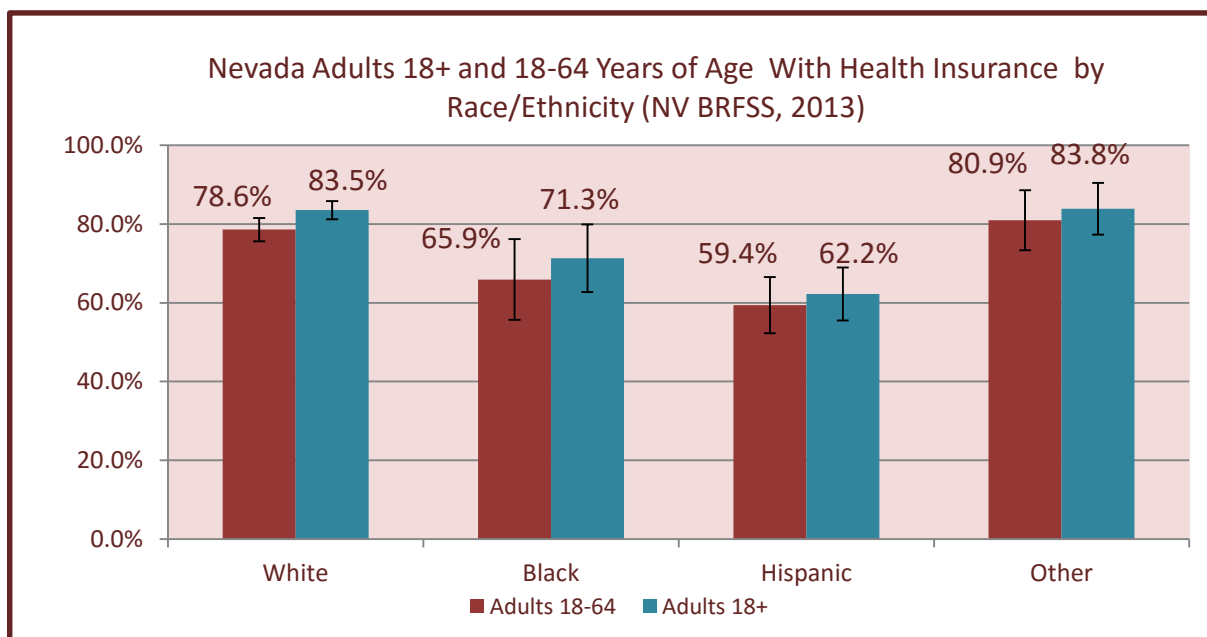
As would be expected, the prevalence of Nevadans with health insurance increased with annual income.

Figure 101: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Education Level (NV BRFSS, 2013).



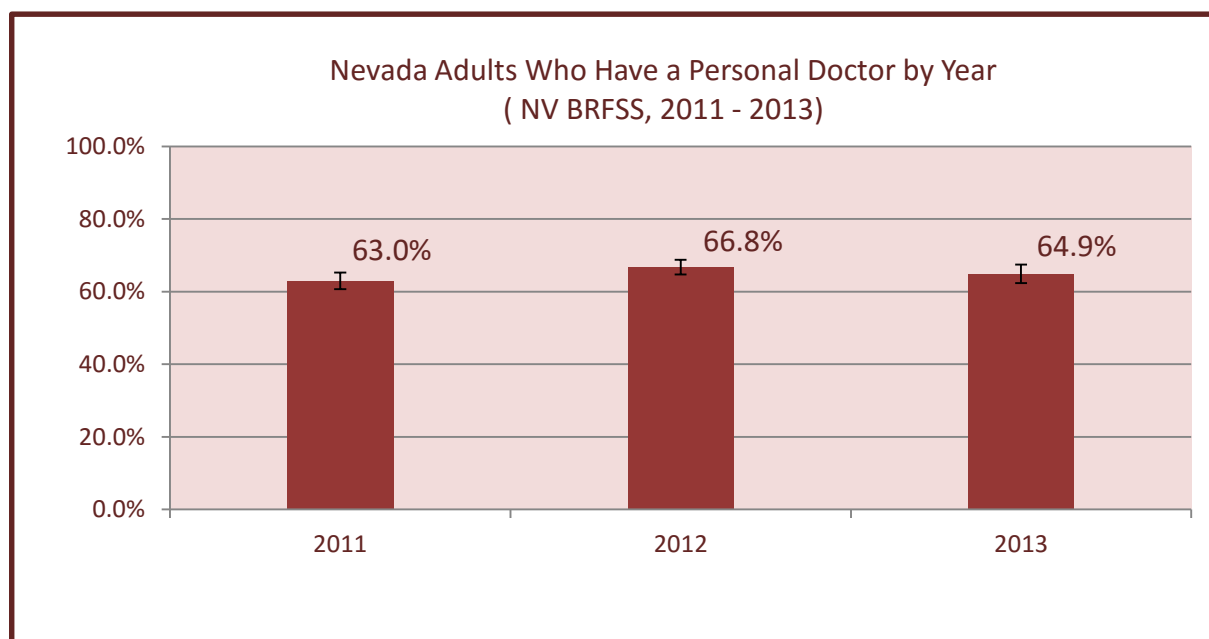
The prevalence of Nevadans with health insurance increased with education.

Figure 102: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Race/Ethnicity (NV BRFSS, 2013).



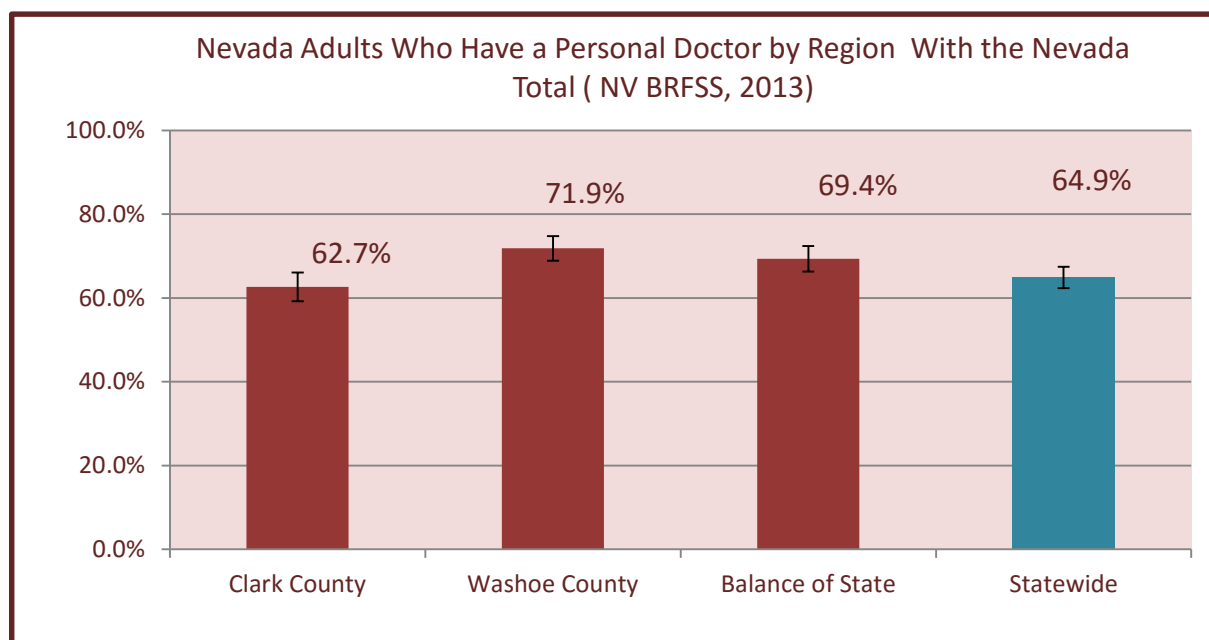
Nevada Hispanics have the lowest prevalence of health insurance coverage compared to the other reported race/ethnicities.

Figure 103: Nevada Adults Who Have a Personal Doctor by Year (NV BRFSS, 2011-2013).



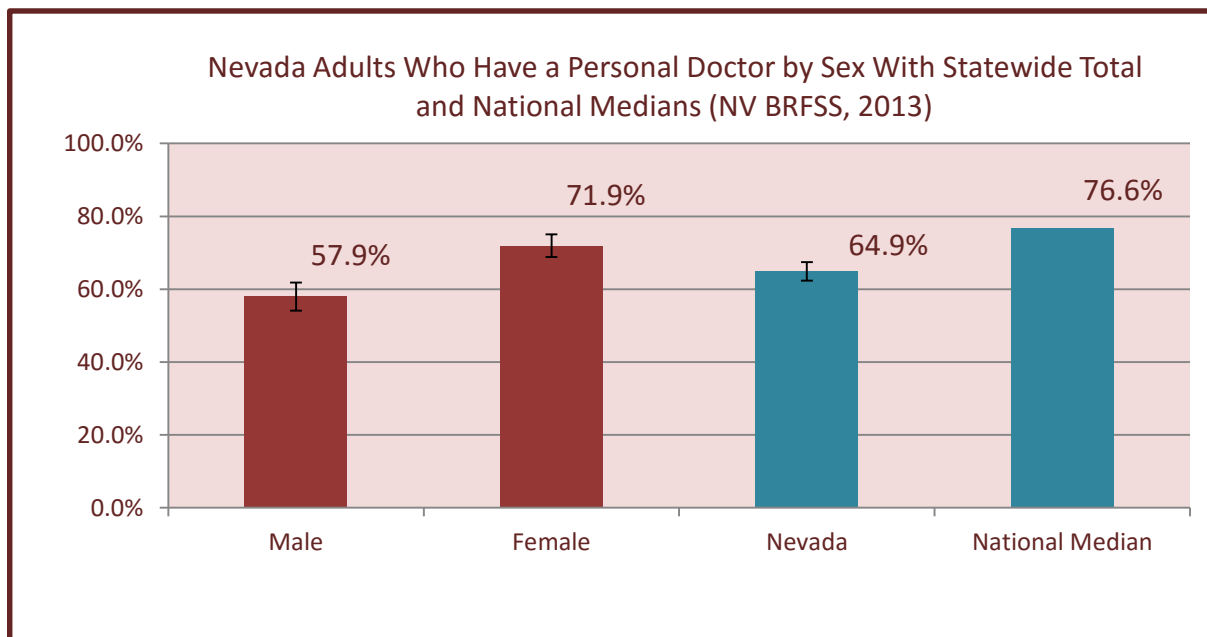
About two-thirds of Nevada's adult population reported having a personal doctor.

Figure 104: Nevada Adults Who Have a Personal Doctor by Region With the Nevada Total (NV BRFSS, 2013).



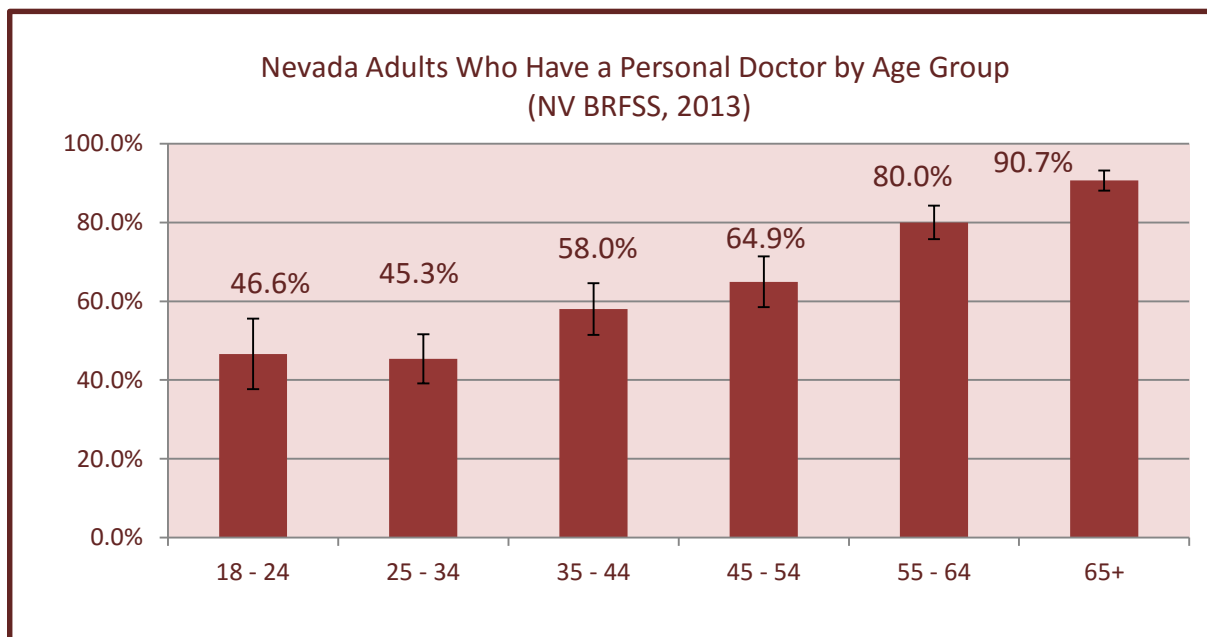
The prevalence rate for Nevada adults with a personal doctor is lower in Clark County than Washoe County and the Balance of the State.

Figure 105: Nevada Adults Who Have a Personal Doctor by Sex With the Nevada Total and National Median (NV BRFSS, 2013).



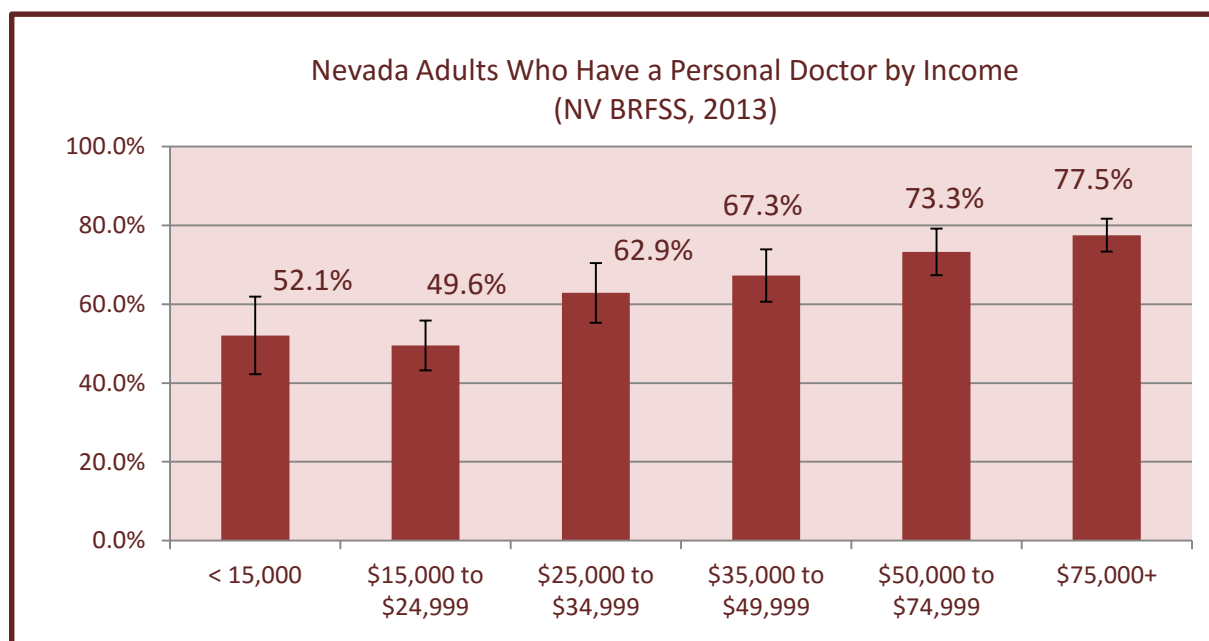
It is estimated that 71.9% of Nevada females have a personal doctor compared to 57.9% of Nevada males.

Figure 106: Nevada Adults Who Have a Personal Doctor by Age Group (NV BRFSS, 2013).



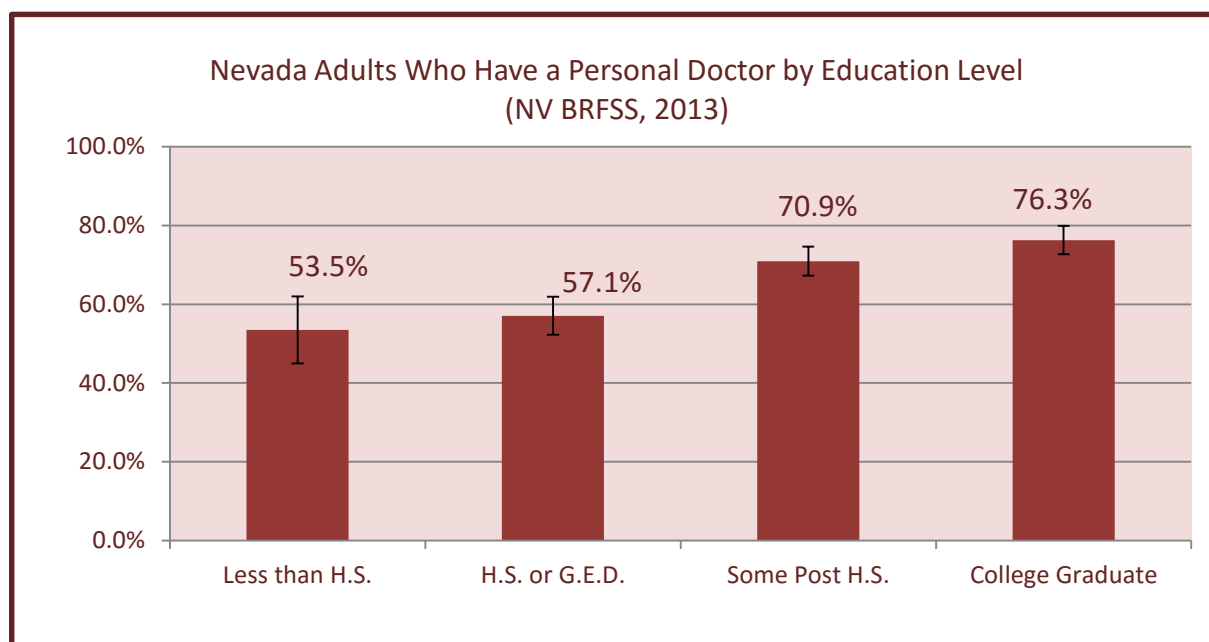
The prevalence of Nevadans with a personal doctor increased with age.

Figure 107: Nevada Adults Who Have a Personal Doctor by Income (NV BRFSS, 2013).



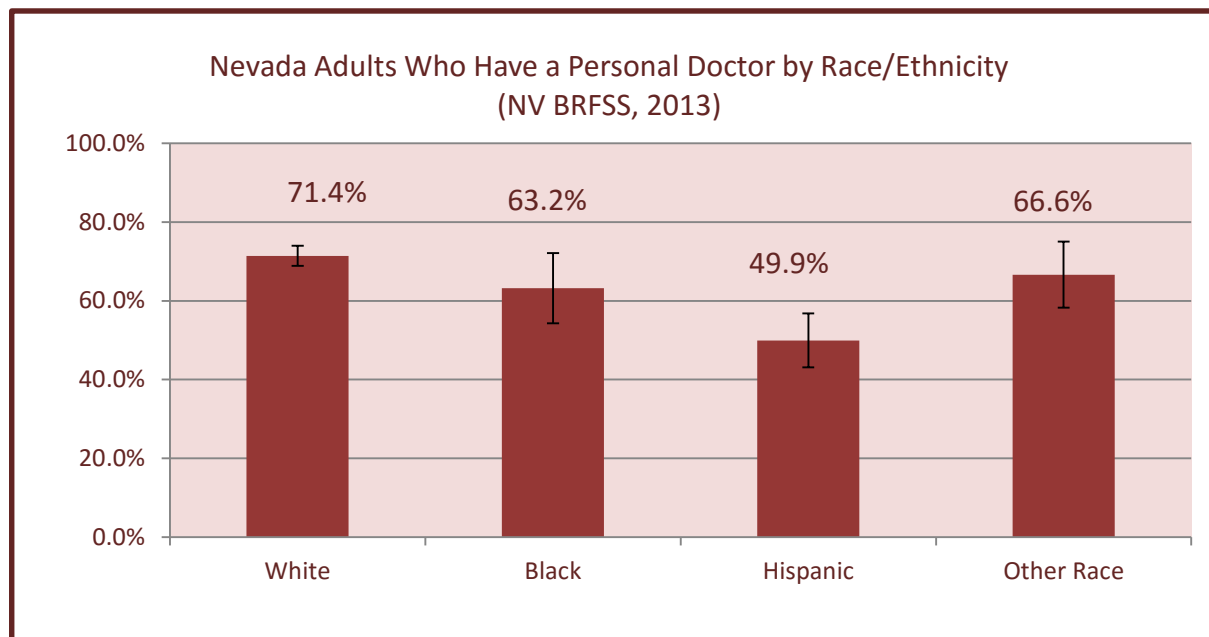
The prevalence of Nevadans with a personal doctor increased with annual income.

Figure 108: Nevada Adults Who Have a Personal Doctor by Education Level (NV BRFSS, 2013).



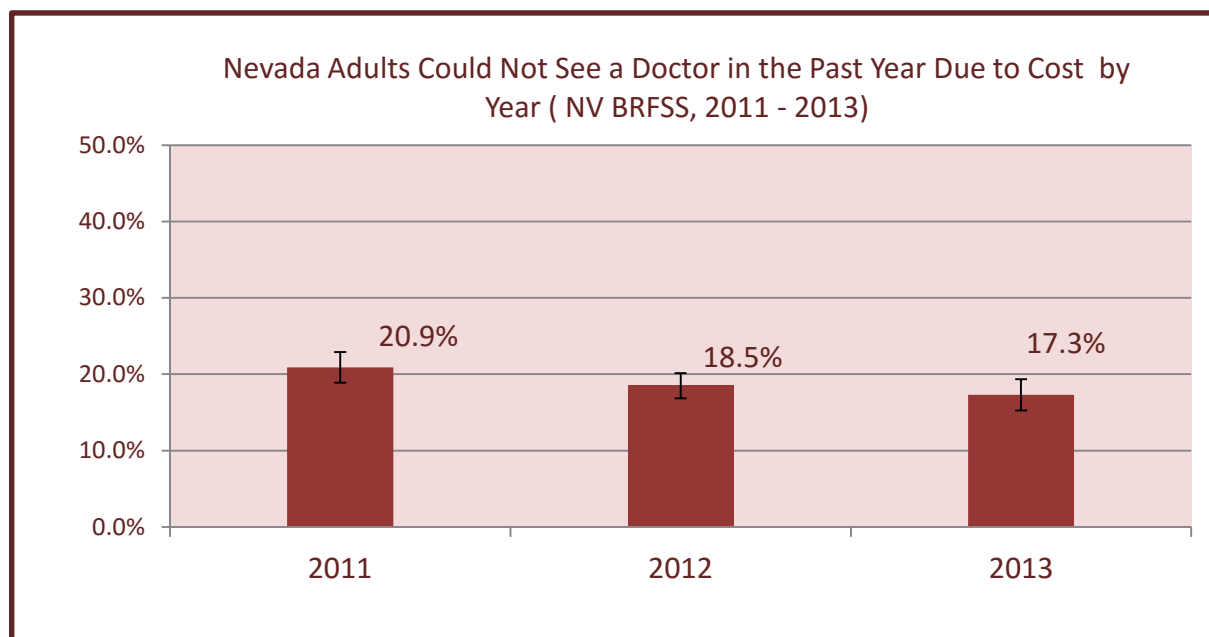
The prevalence of Nevadans with a personal doctor increased with education.

Figure 109: Nevada Adults Who Have a Personal Doctor by Race/Ethnicity (NV BRFSS, 2013).



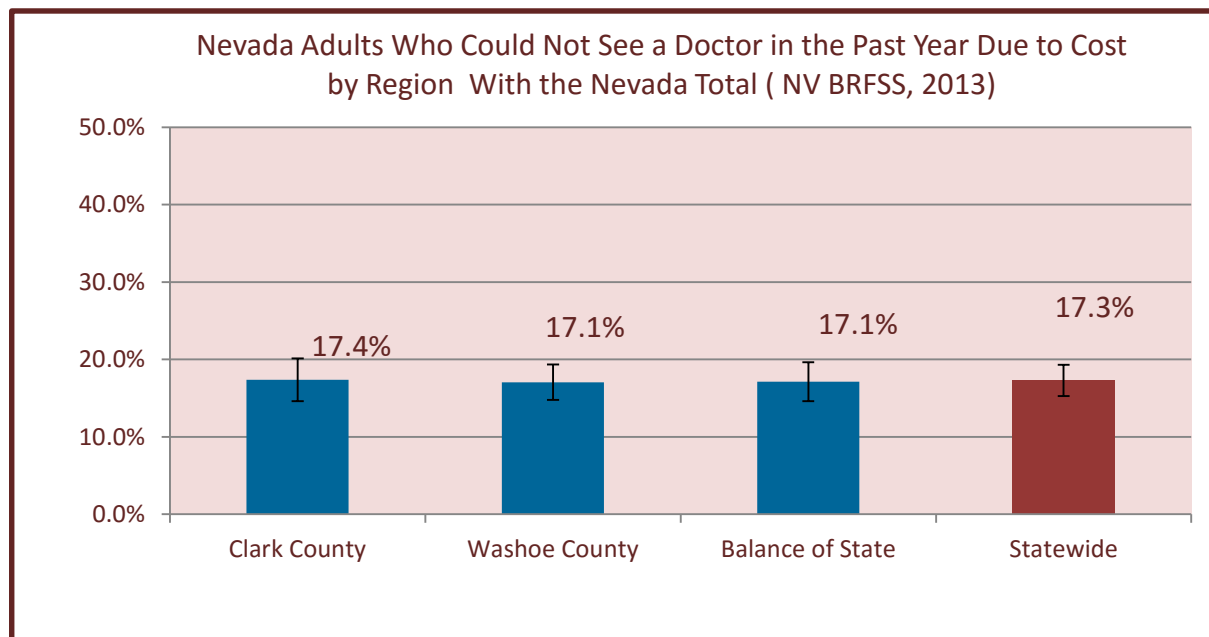
Nevada Hispanics have the lowest prevalence for having a personal doctor compared to other racial/ethnic groups.

Figure 110: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by year (NV BRFSS, 2013).



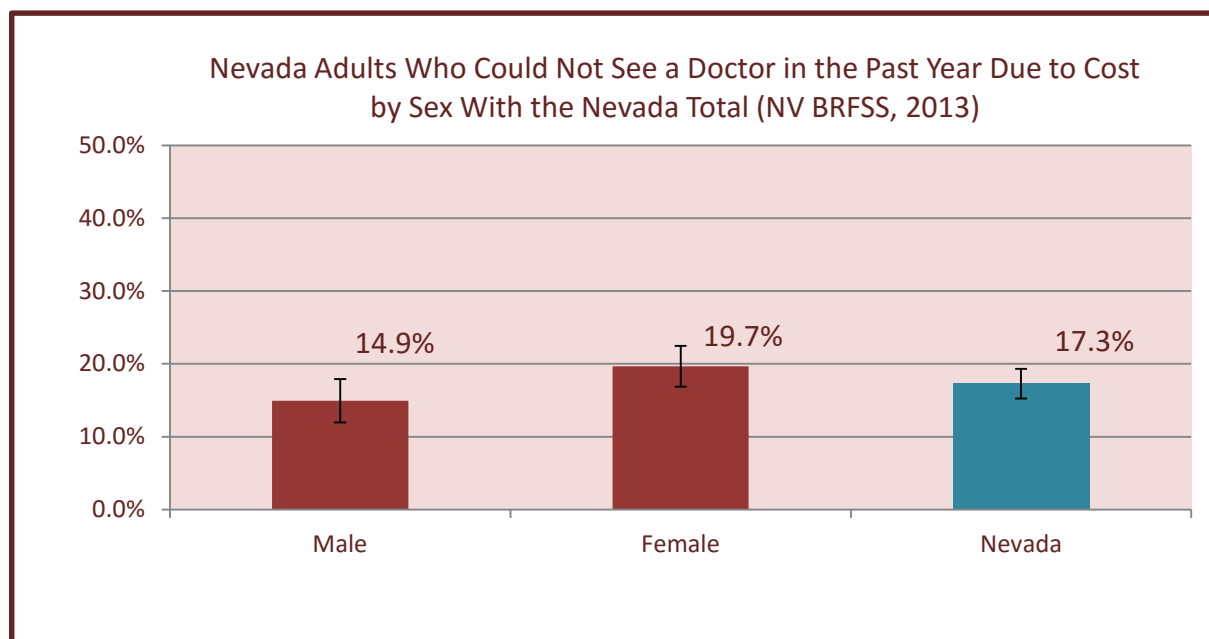
From 2011 to 2013 about 20% of Nevada adults reported they could not see a doctor in the past year due to cost.

Figure 111: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Region With Nevada Total (NV BRFSS, 2013).



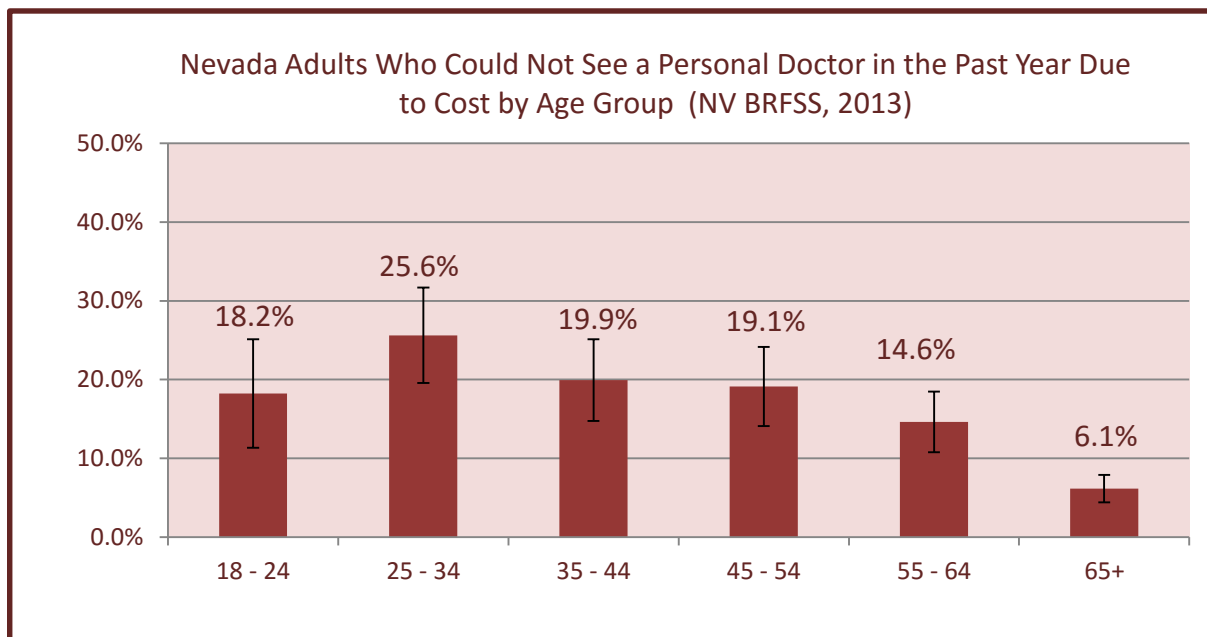
The prevalence of Nevada adults who could not see a doctor in the past year due to cost is around 17% for all regions.

Figure 112: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Sex With the Statewide Total (NV BRFSS, 2013).



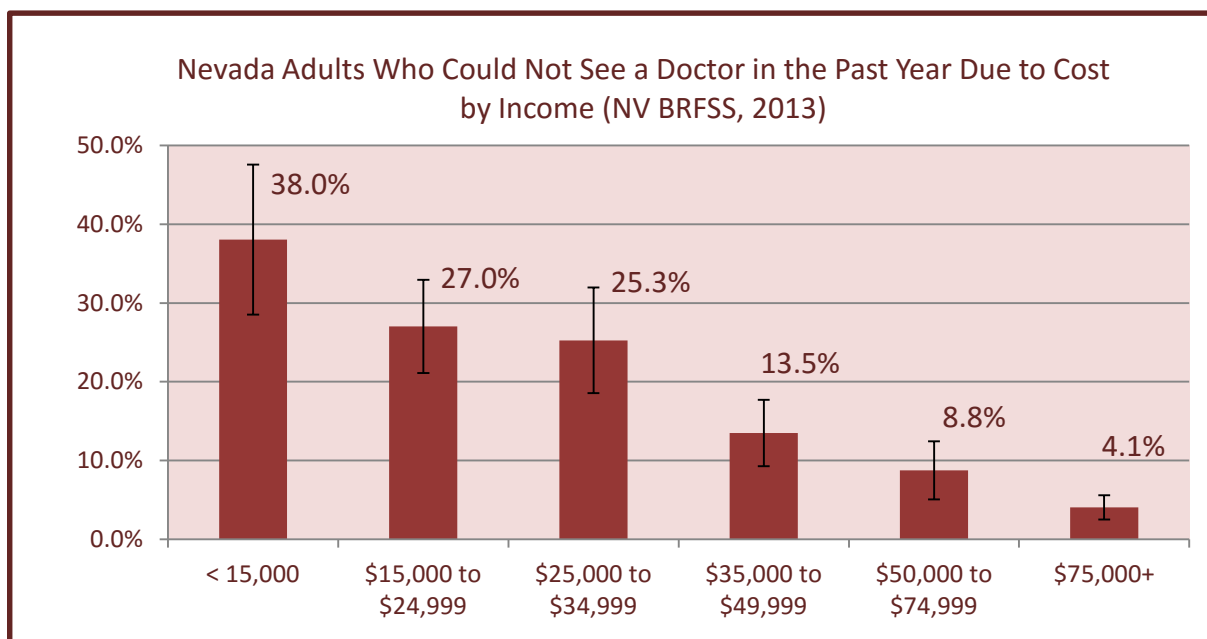
The prevalence of Nevada adults who could not see a doctor in the past year due to cost is 4.8% higher among the female population than males.

Figure 113: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Age group (NV BRFSS, 2013).



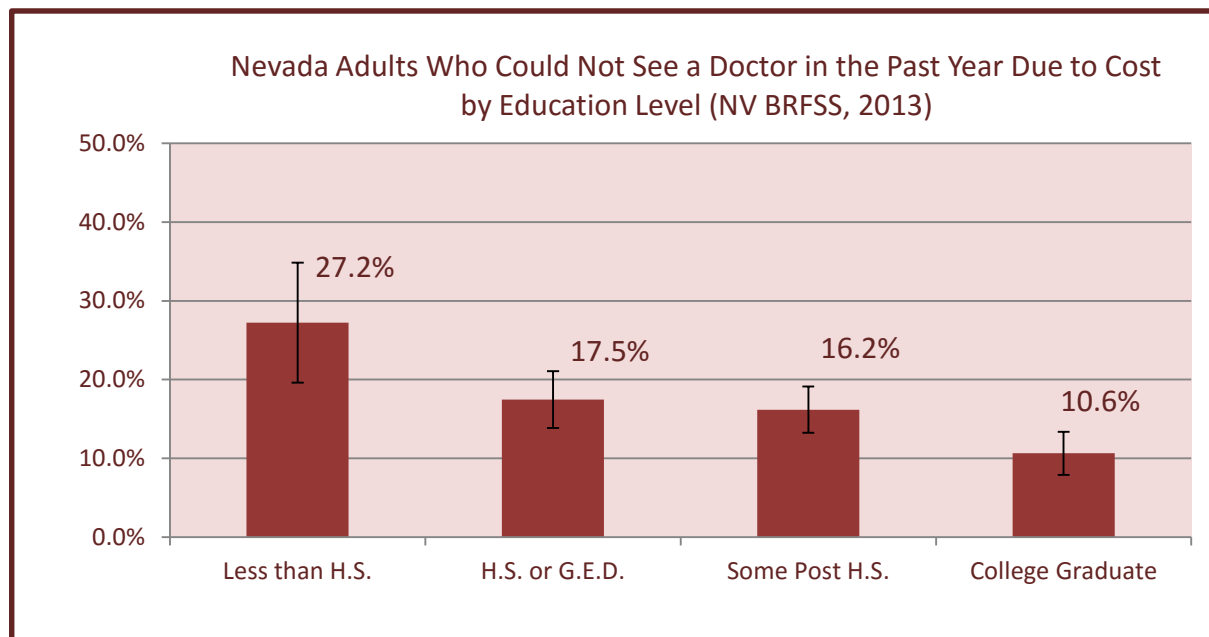
With the exception of the youngest age group (18-24) the prevalence of Nevadans who could not see a doctor in the past year due to cost decreased with age.

Figure 114: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Income (NV BRFSS, 2013).



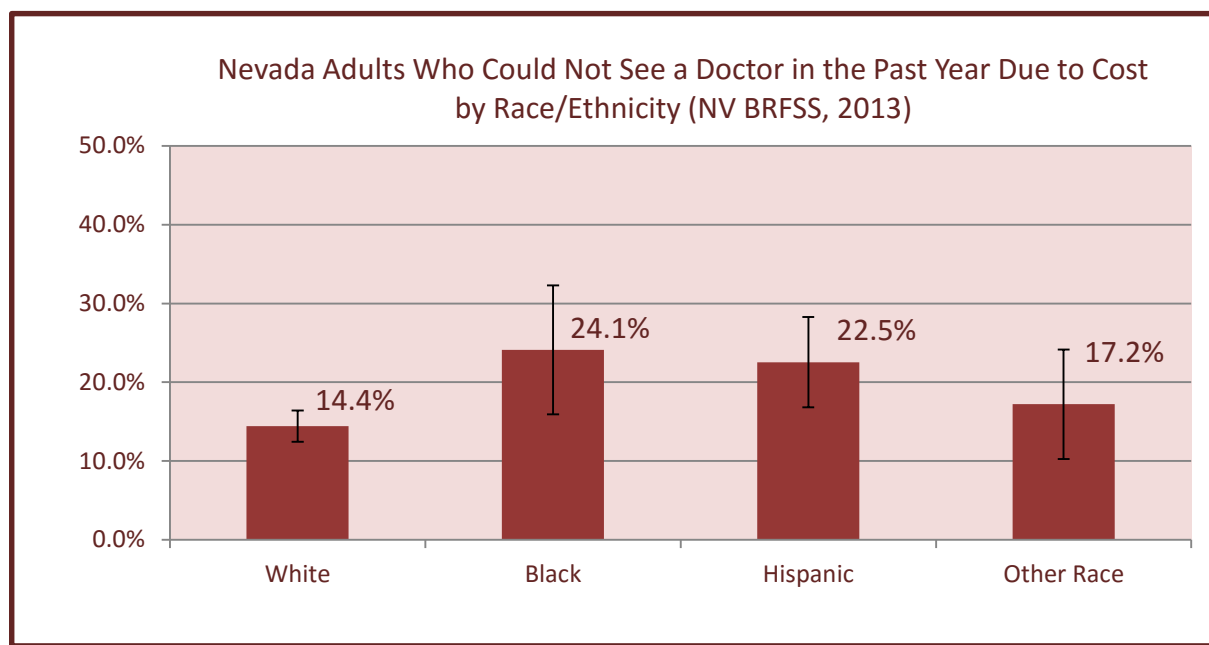
As would be expected, the prevalence of Nevadan's who could not see a doctor in the past year due to cost decreased as annual income increased.

Figure 115: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Education Level (NV BRFSS, 2013).



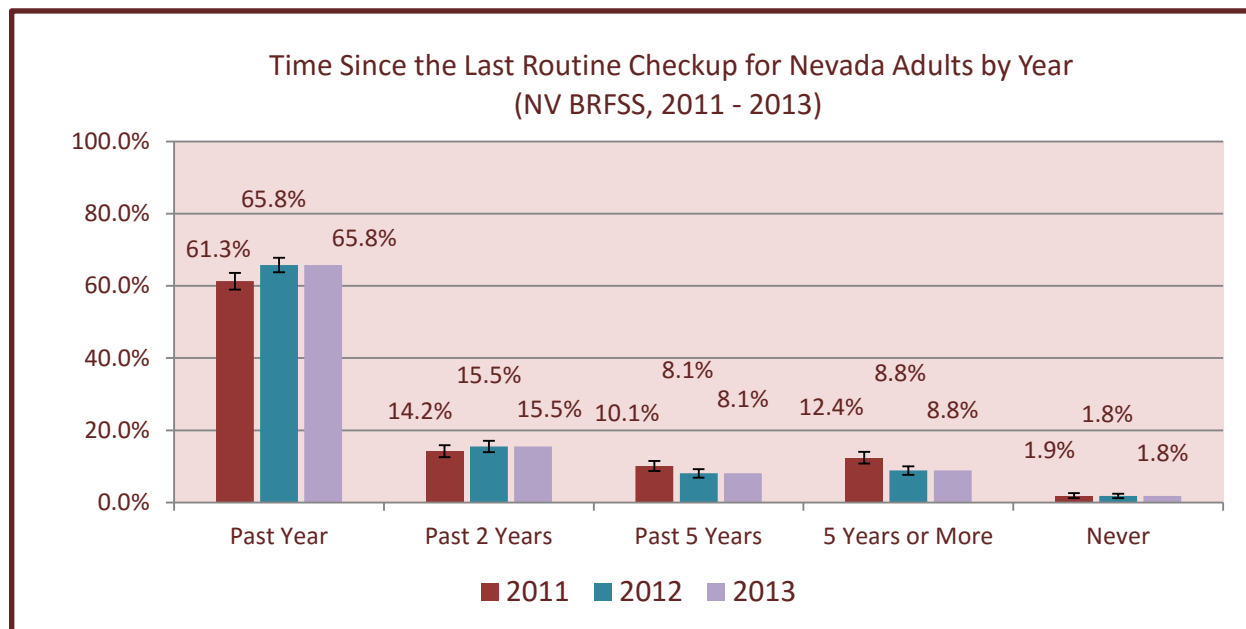
Nevada adults without a high school education had the highest prevalence rate for not being able to see a doctor in the past year due to cost.

Figure 116: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Race/Ethnicity (NV BRFSS, 2013).



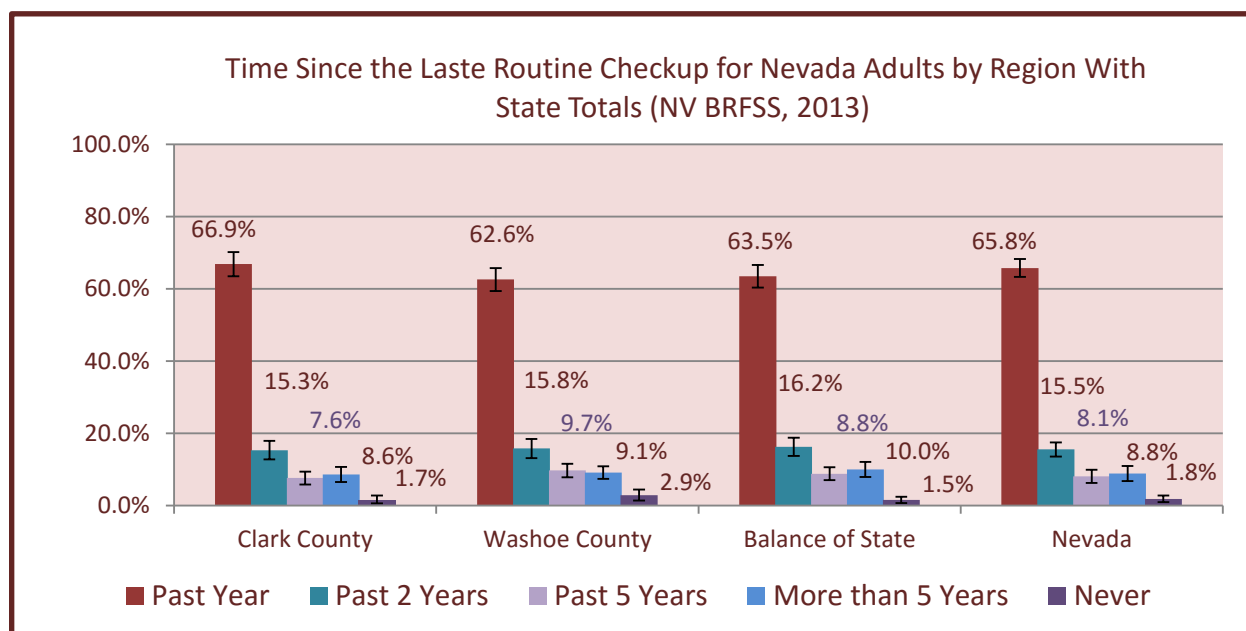
Nevada Blacks had the highest prevalence for not being able to see a doctor in the past year due to cost followed by Hispanics.

Figure 117: Time since the Last Routine Checkup for Nevada Adults by Year (NV BRFSS, 2011-2013).



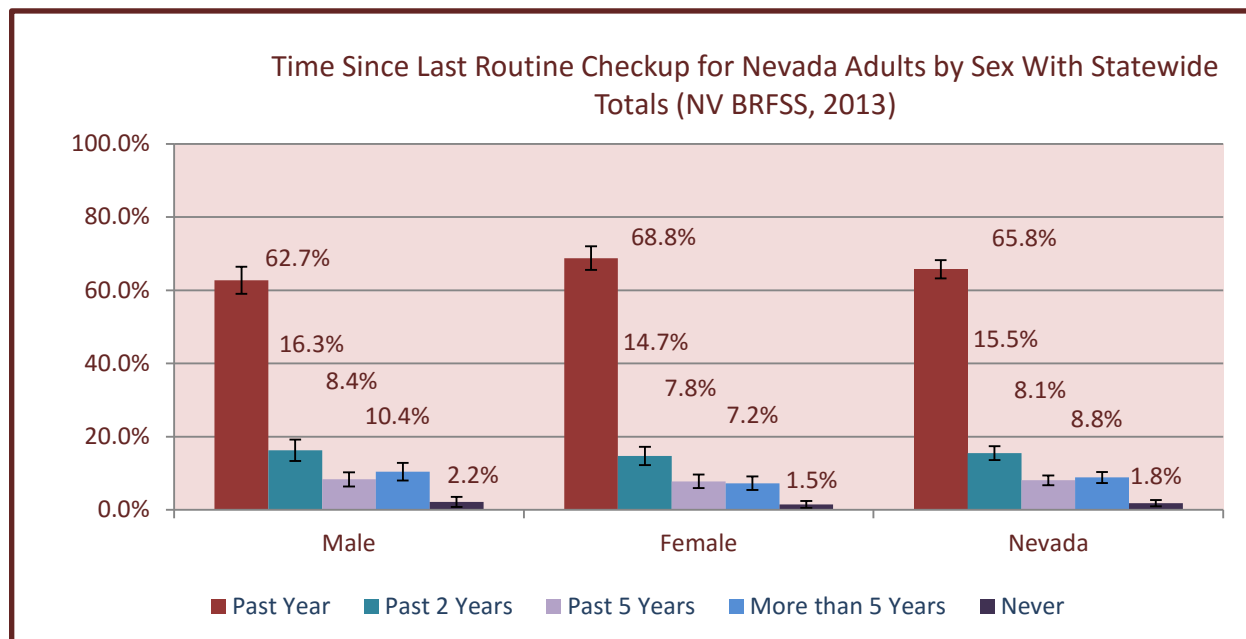
In the three-year period from 2011 to 2013 about 60% to 65% of Nevada adults had a routine checkup within the past year.

Figure 118: Time since the Last Routine Checkup for Nevada Adults by Region With State Totals (NV BRFSS, 2013).



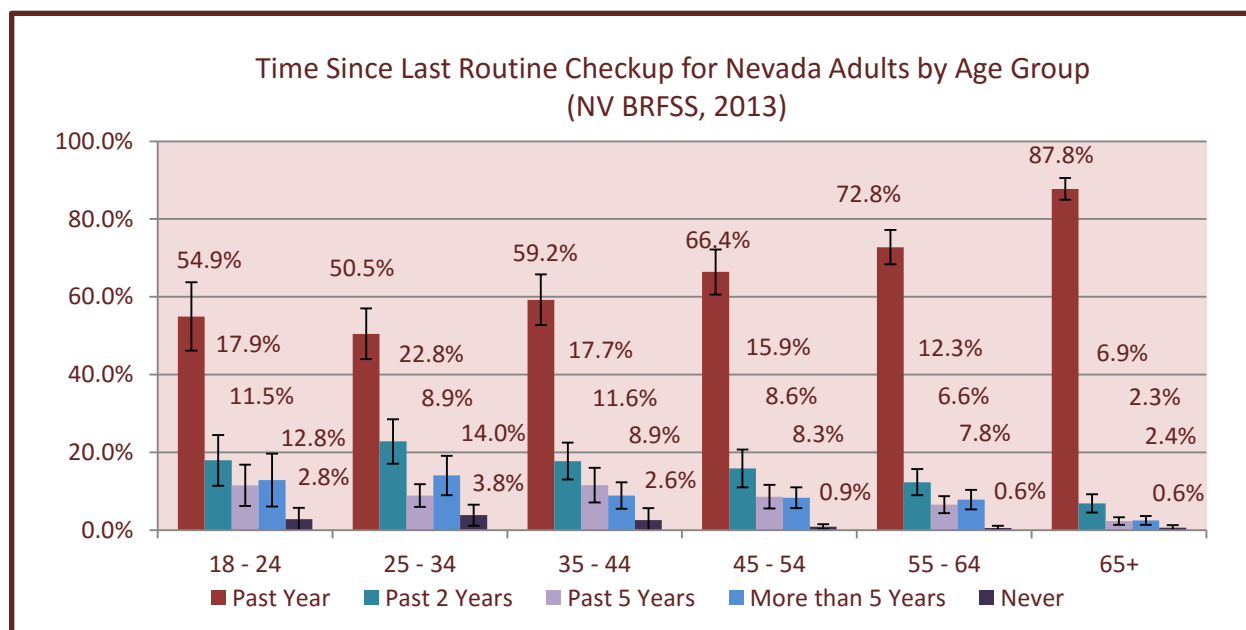
The prevalence rate for Nevadans who had a routine checkup within the past year is around 65% for all regions.

Figure 119: Time Since the Last Routine Checkup for Nevada Adults by Sex With State Totals (NV BRFSS, 2013).



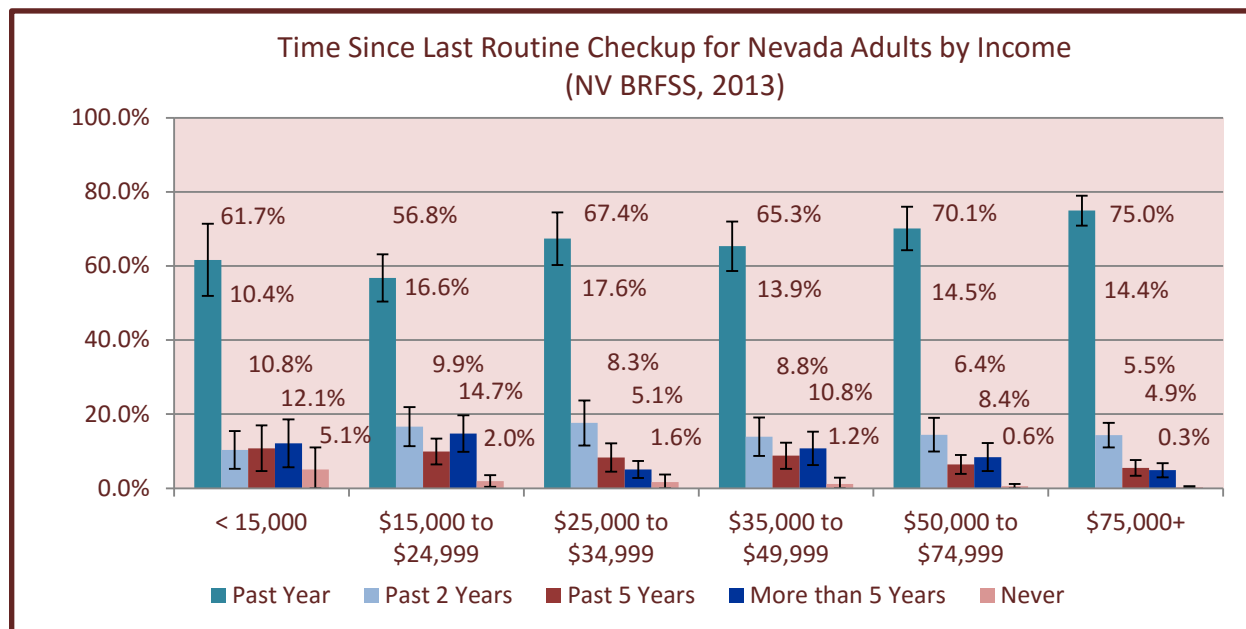
Data indicates that about 6% more females had a routine checkup within the past year than males.

Figure 120: Time Since the Last Routine Checkup for Nevada Adults by Age Group (NV BRFSS, 2013).



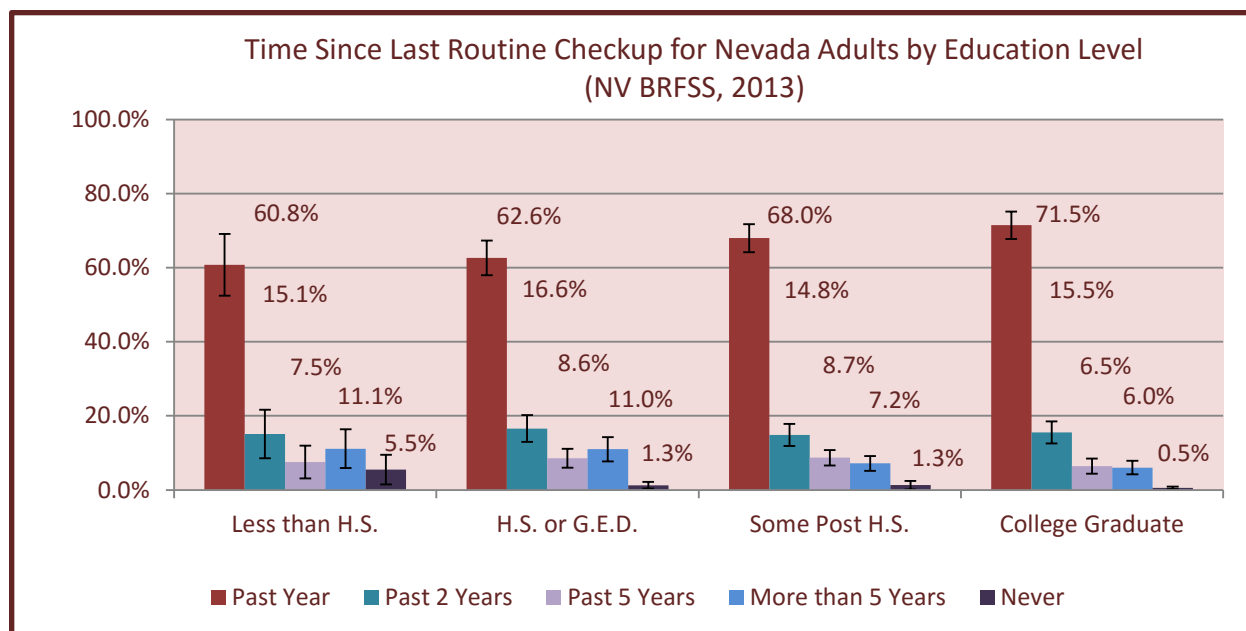
The prevalence rate for Nevada adults having a routine checkup within the past year increased with age.

Figure 121: Time Since the Last Routine Checkup for Nevada Adults by Income (NV BRFSS, 2013).



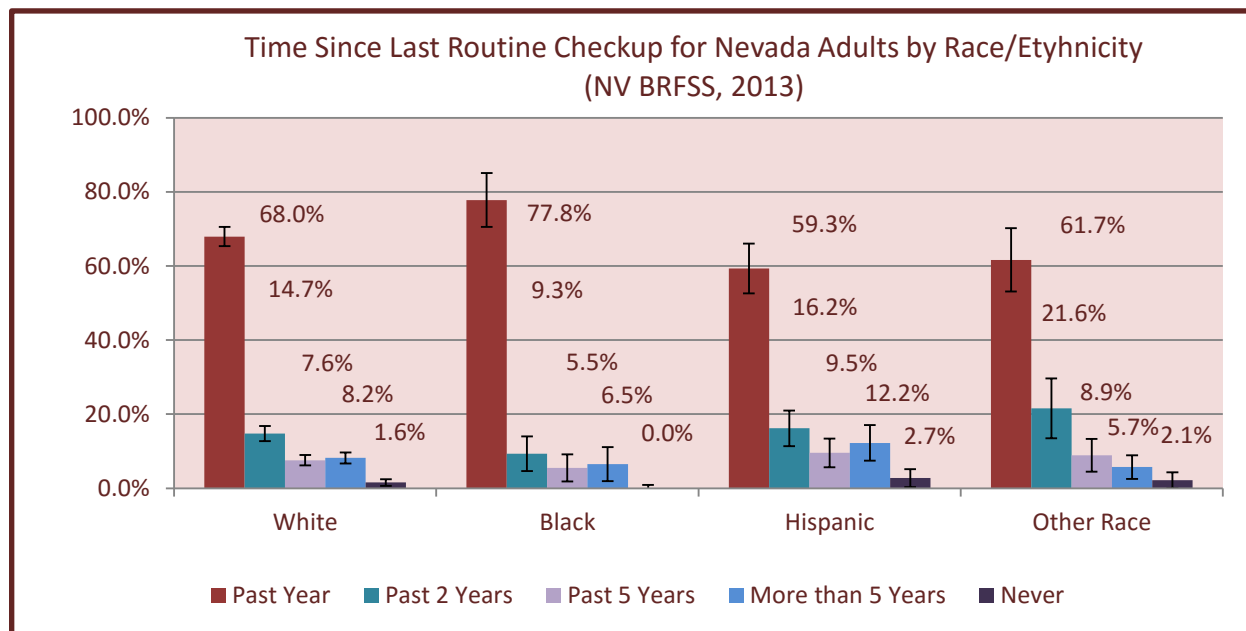
Nevada adults in the higher income brackets had the highest prevalence of past year routine checkups.

Figure 122: Time Since the Last Routine Checkup for Nevada Adults by Education Level (NV BRFSS, 2013).



Individuals with some college and college graduates had the highest prevalence of past year routine checkups.

Figure 123: Time Since the Last Routine Checkup for Nevada Adults by Race/Ethnicity (NV BRFSS, 2013).



Hispanics had the lowest prevalence of past year routine checkups than other race/ethnicity groups followed closely by “Other Races.”

Section XIV: Immunization

Flu Immunization 65+ Years of Age: Nevada adults 65 years of age or older who have had a flu vaccination within the past year.

Flu Immunization 18-64 Years of Age: Nevada adults 18 to 64 years of age who have had a flu vaccination within the past year.

Pneumonia Vaccination 65+: Nevada adults 65 years of age or older who have ever had a pneumonia vaccination.

Vaccines are biological substances that interact with the person's immune system to produce an immune response identical to that produced by the natural infections. Vaccines can prevent the debilitating and, in some cases, fatal effects of infectious disease.

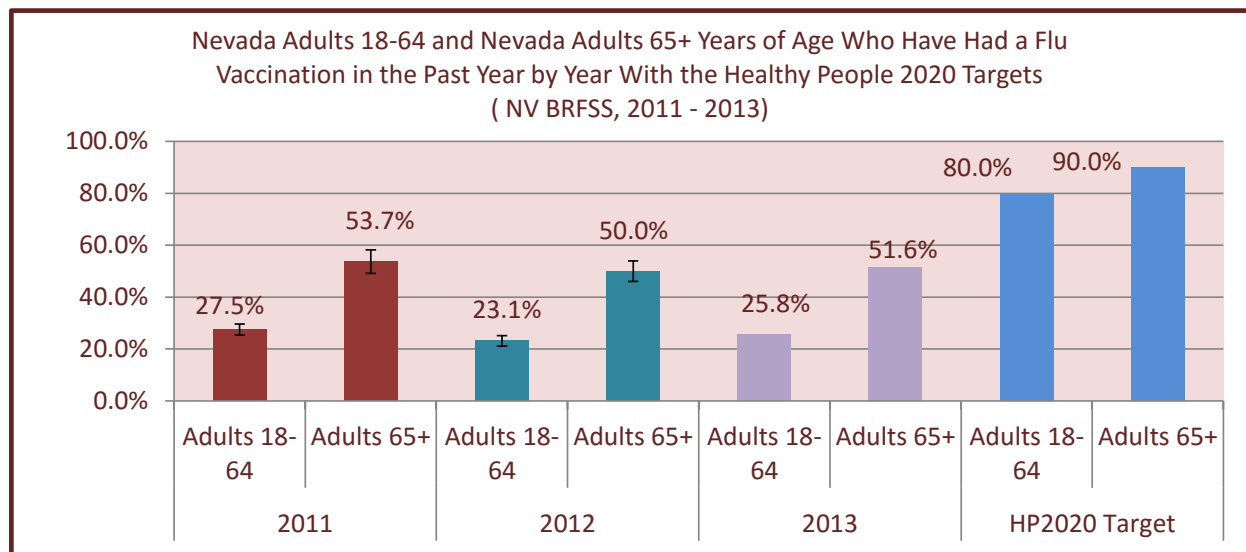
Vaccines protect more than the vaccinated individual. They also protect society. Those unable to be vaccinated are also protected because of group immunity (they live among vaccinated persons who may offer protection from exposure to disease).^{1, 2}

Nevada's flu and pneumonia vaccination rate for adults 65+ was estimated at 51.6% and 66.8% respectively, compared to the national estimates of 62.8% for flu vaccination and 69.5% for pneumonia vaccination in 2013. These values are well below the Healthy People 2020 target rate of 90%.

Table 11: Selected Immunization Indicators for Nevada and the United States (BRFSS 2013)

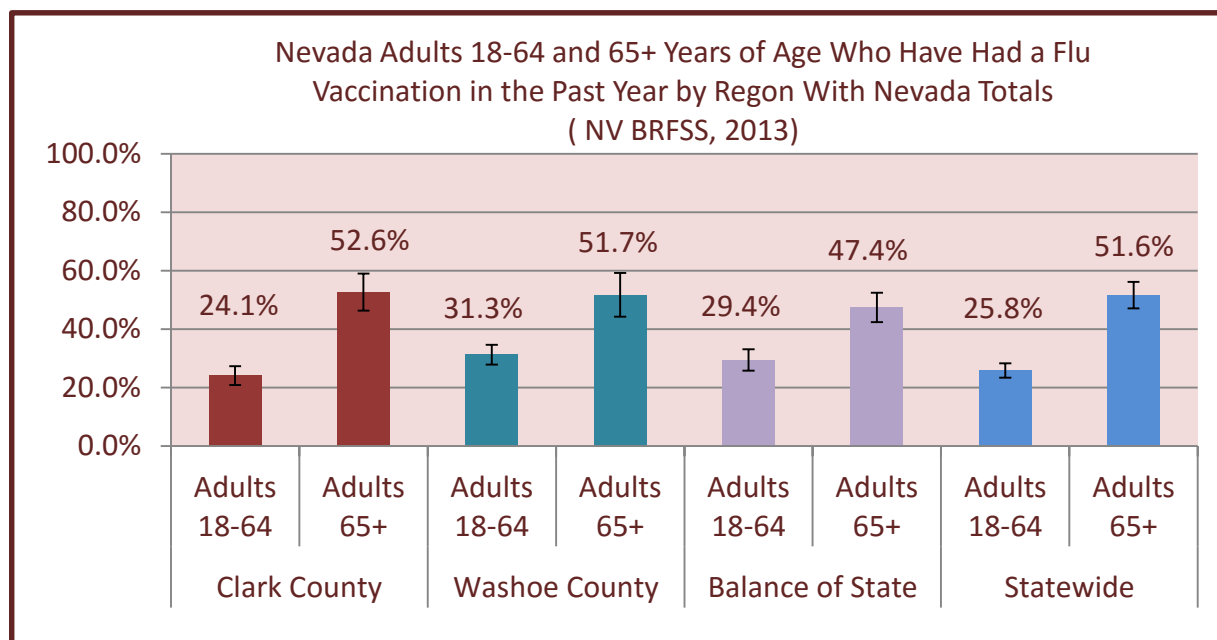
Health Indicator	Nevada	United States
Nevada adults 65 years of age or older who have had a flu vaccination within the past year.	51.6%	62.8%
Nevada adults 65 years of age or older who have ever had a pneumonia vaccination.	66.8%	69.5%
Nevada adults 18 - 64 years of age or older who have had a flu vaccination within the past year.	25.8%	40.3%
Nevadan's who have had a tetanus shot since 2005.	47.7%	58.2%

Figure 124: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Year with the Healthy People 2020 Targets (NV BRFSS, 2011-2013).



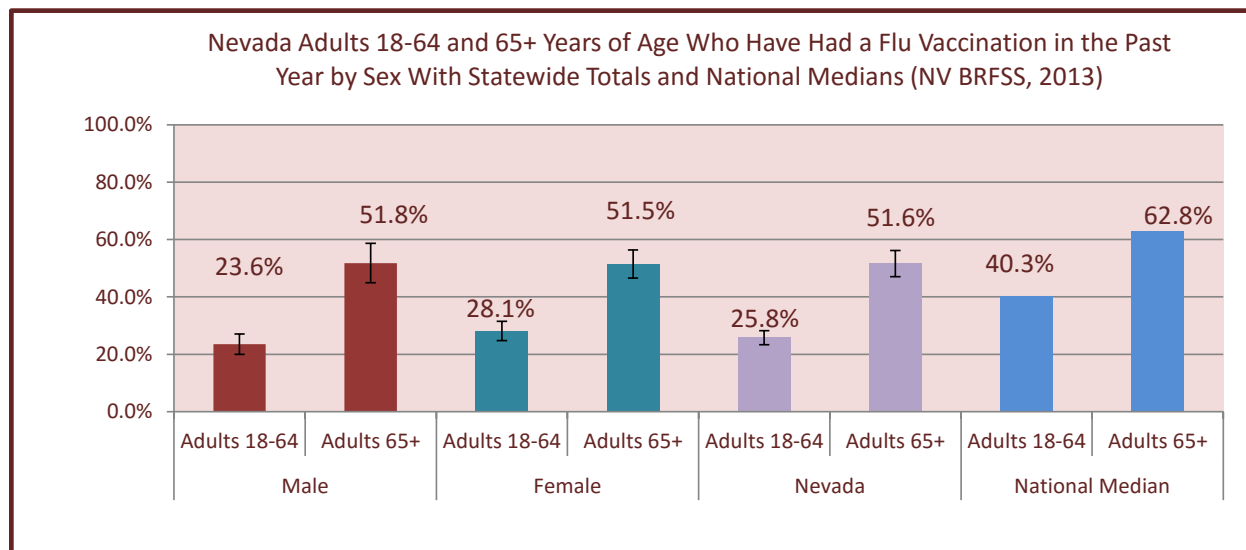
Nevada's influenza vaccination rate is below the target rate proposed by the Healthy People 2020 initiative for Nevada adults 18-64 and Nevada adults 65+.

Figure 125: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Region with Nevada Totals (NV BRFSS, 2013).



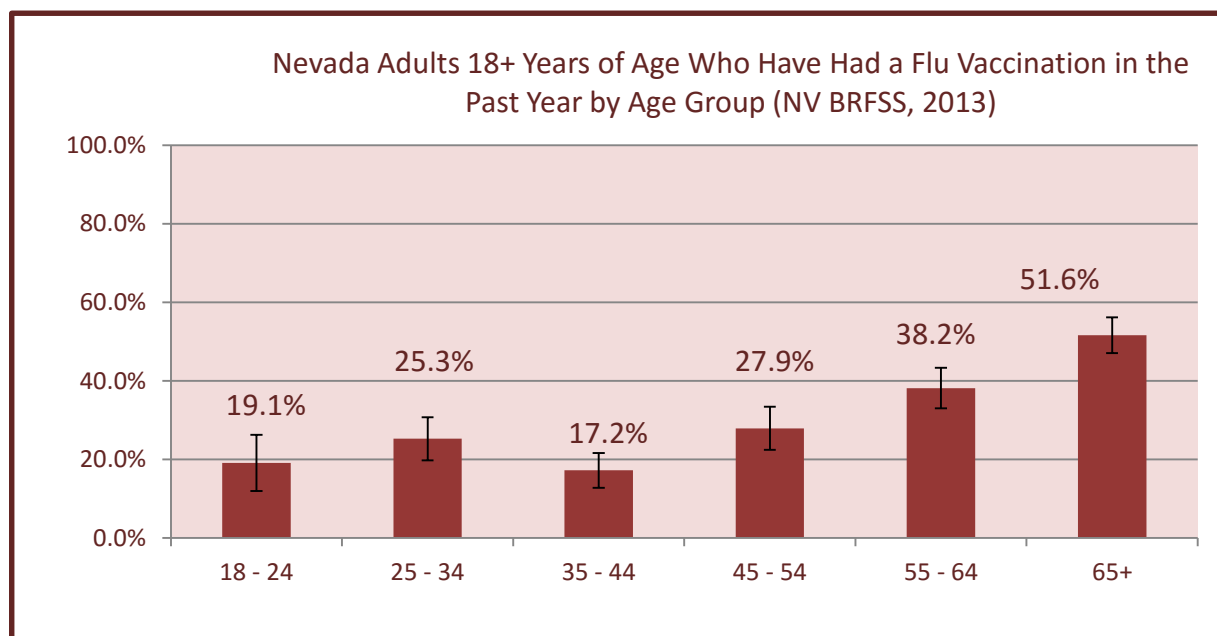
The prevalence of influenza vaccinations for age groups 18-64 and 65+ are similar in all three regions of Nevada.

Figure 126: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Sex With Statewide Totals and National Medians (NV BRFSS, 2013).



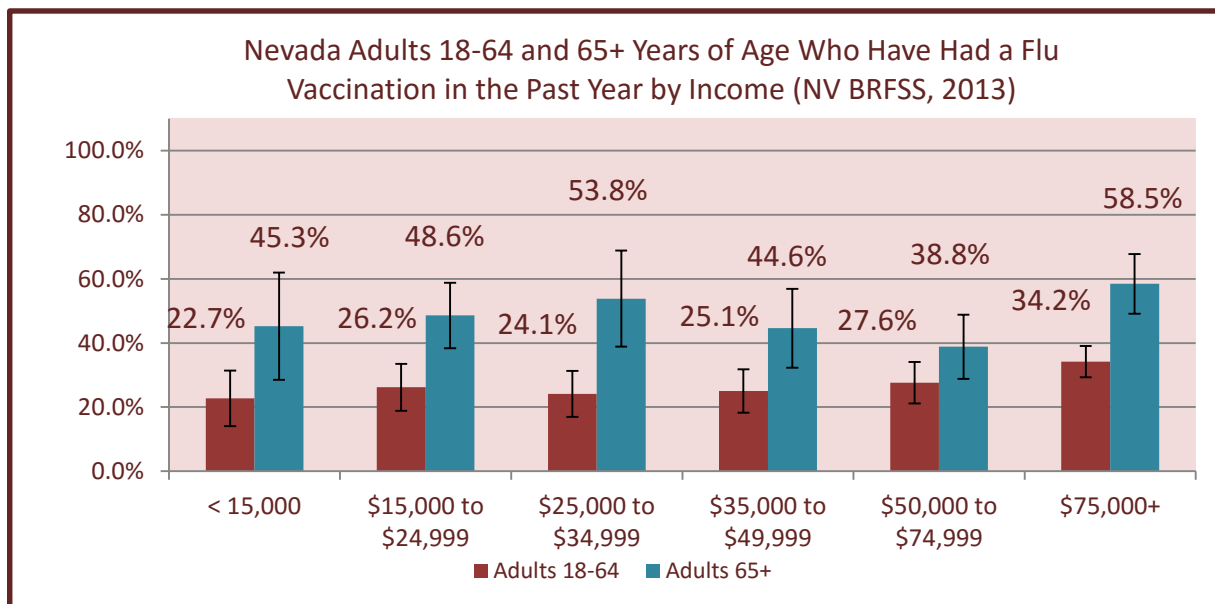
The prevalence of influenza immunizations in Nevada adults ages 18 – 64 is below the national median.

Figure 127: Nevada Adults 18+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Age Group (NV BRFSS, 2013).



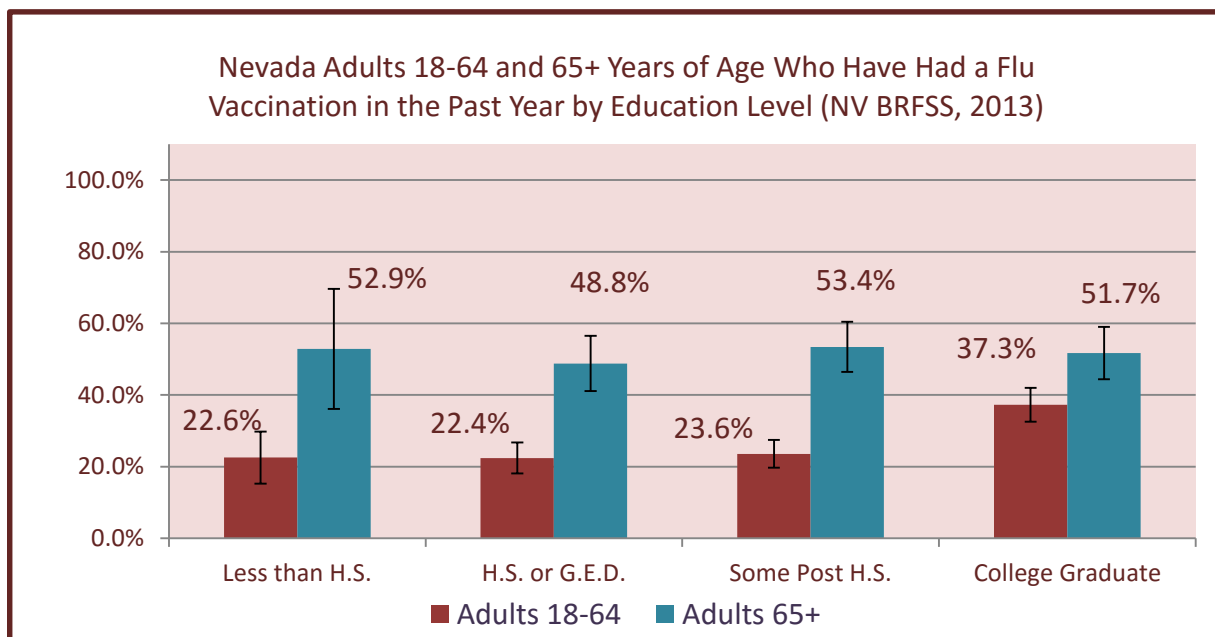
Nevada adults 55 years of age and older have a higher prevalence rate of influenza immunizations within the past year than younger age groups.

Figure 128: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Income (NV BRFSS, 2013).



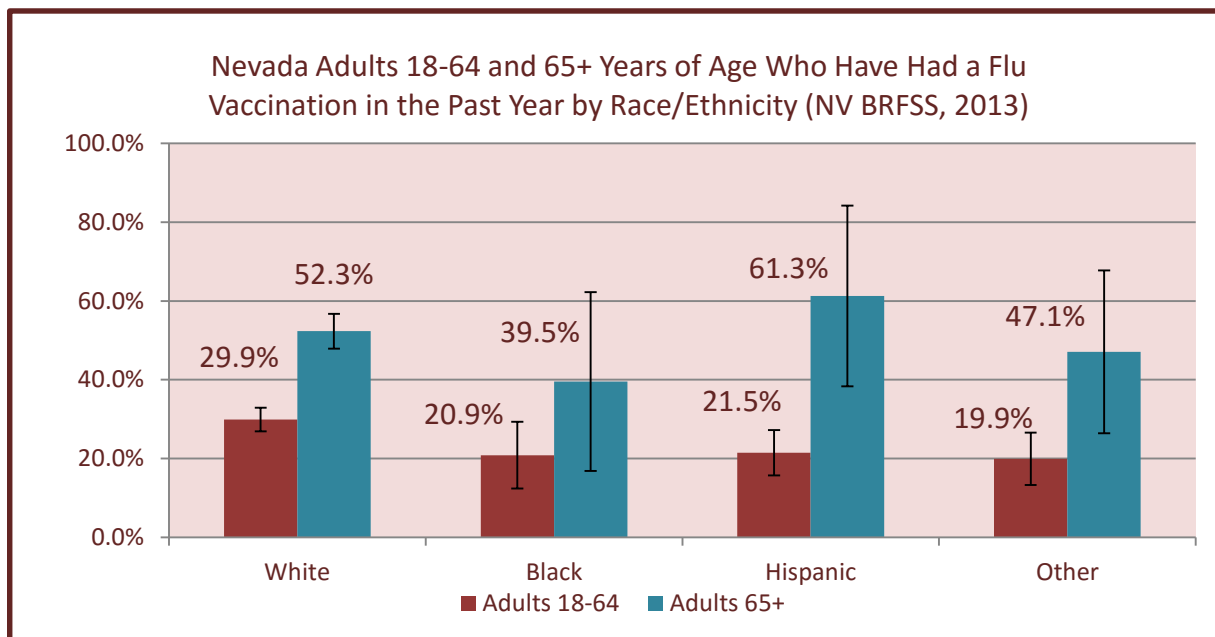
Influenza vaccination prevalence of Nevada adults varies slightly among income brackets (the differences are not statistically significant).

Figure 129: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Education Level (NV BRFSS, 2013).



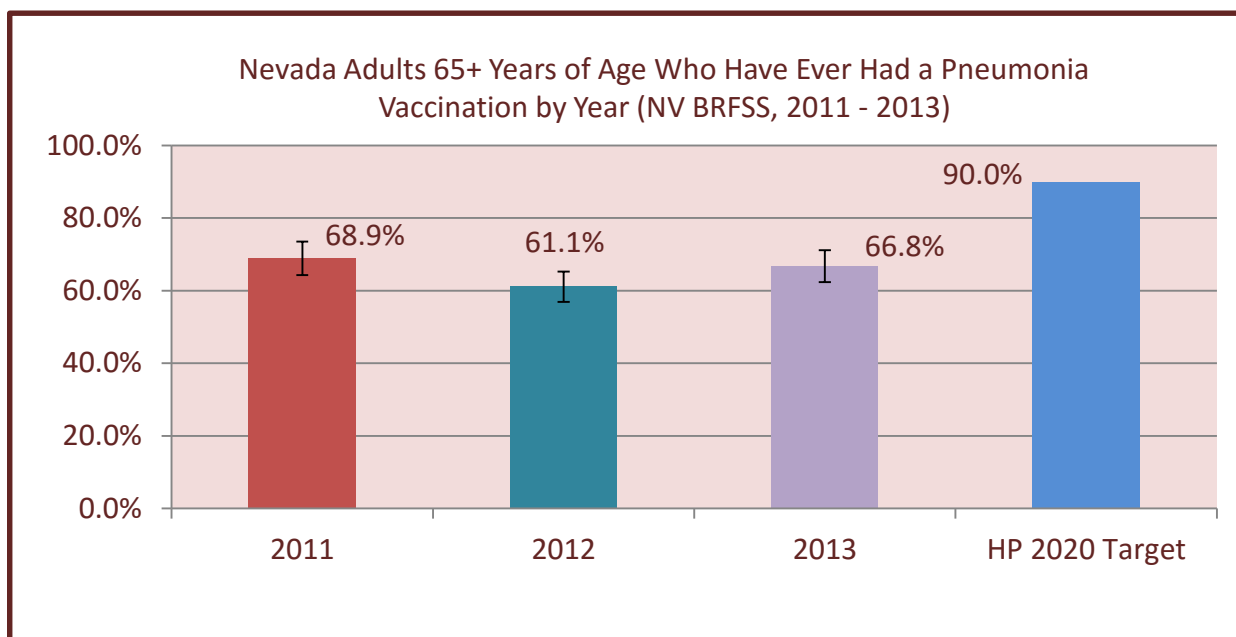
Nevadans, ages 18-64 who are college graduates, have a significantly higher prevalence rate of flu vaccinations than Nevadans who are not college graduates.

Figure 130: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Race/Ethnicity (NV BRFSS, 2013).



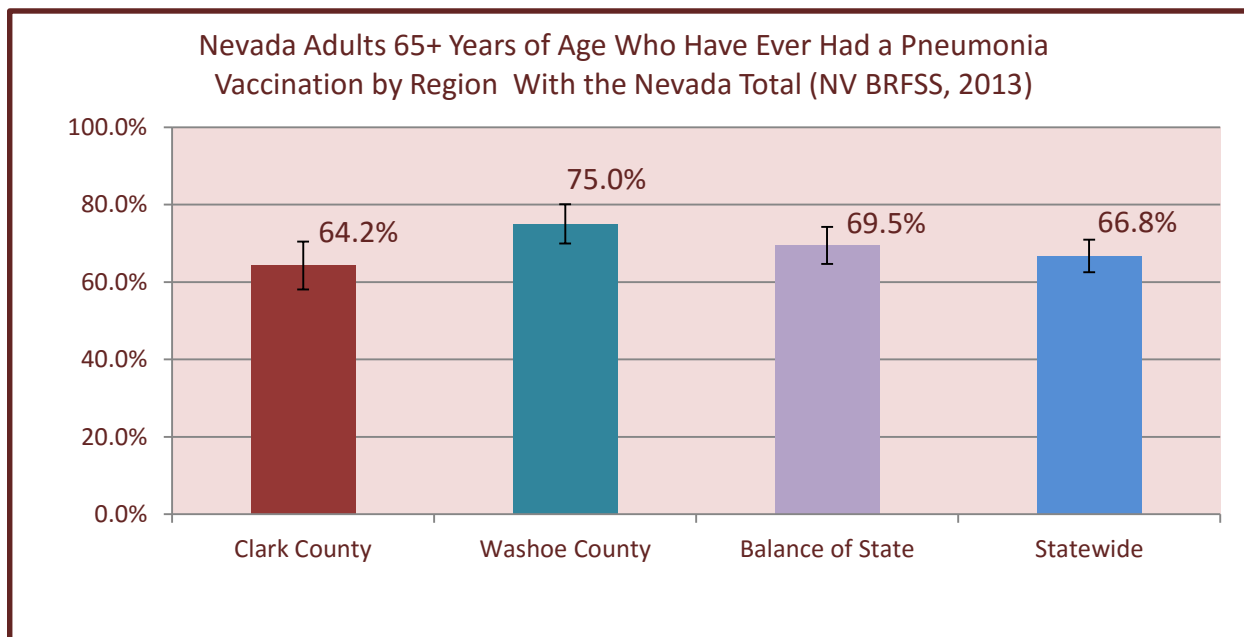
Nevada Whites have a higher influenza vaccination rate than other race/ethnicity groups.

Figure 131: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Year (NV BRFSS, 2011-2013).



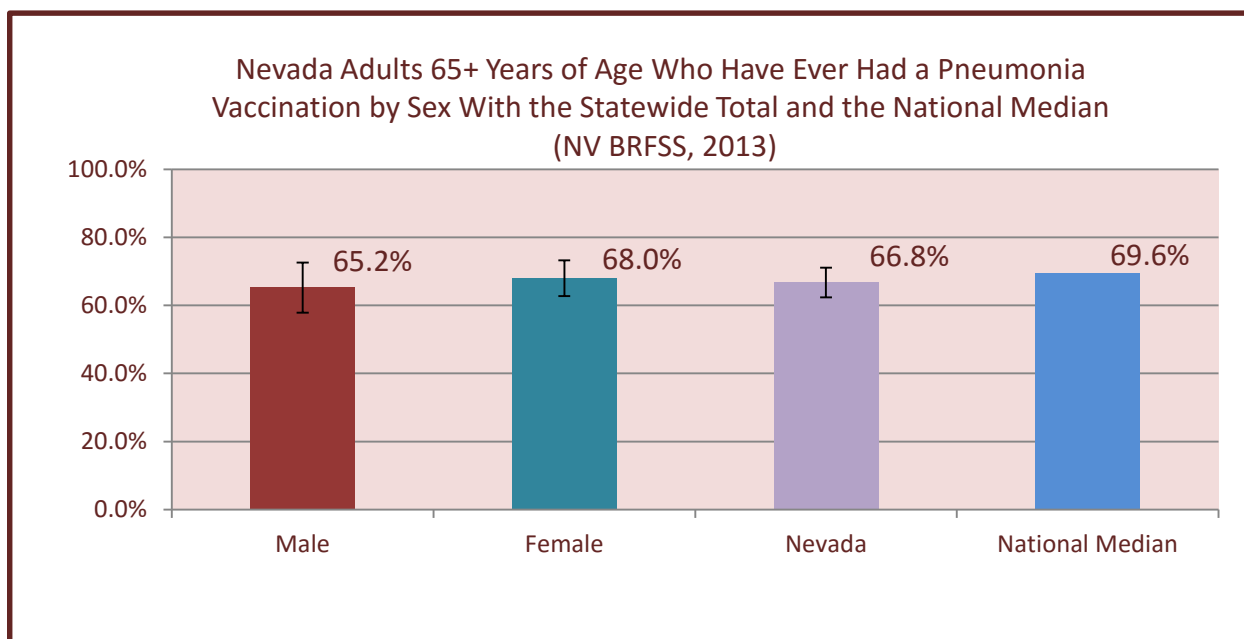
The prevalence of Nevada adults who have ever had a pneumonia vaccination the years 2011-2013 are lower than the target rate of 90.0% set by the Healthy People 2020 initiative.

Figure 132: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Region (NV BRFSS, 2013).



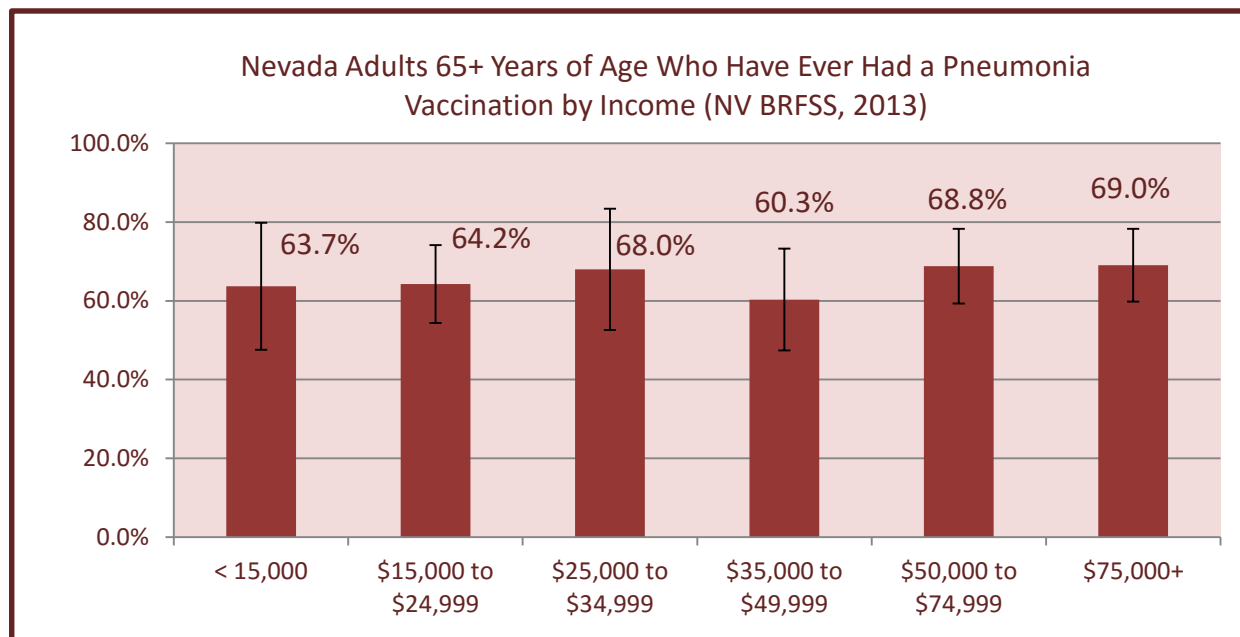
The prevalence of Nevada adults 65 years of age or older who have ever had a pneumonia vaccination is highest in Washoe County.

Figure 133: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Sex With the Statewide Total and National Medians (NV BRFSS, 2013).



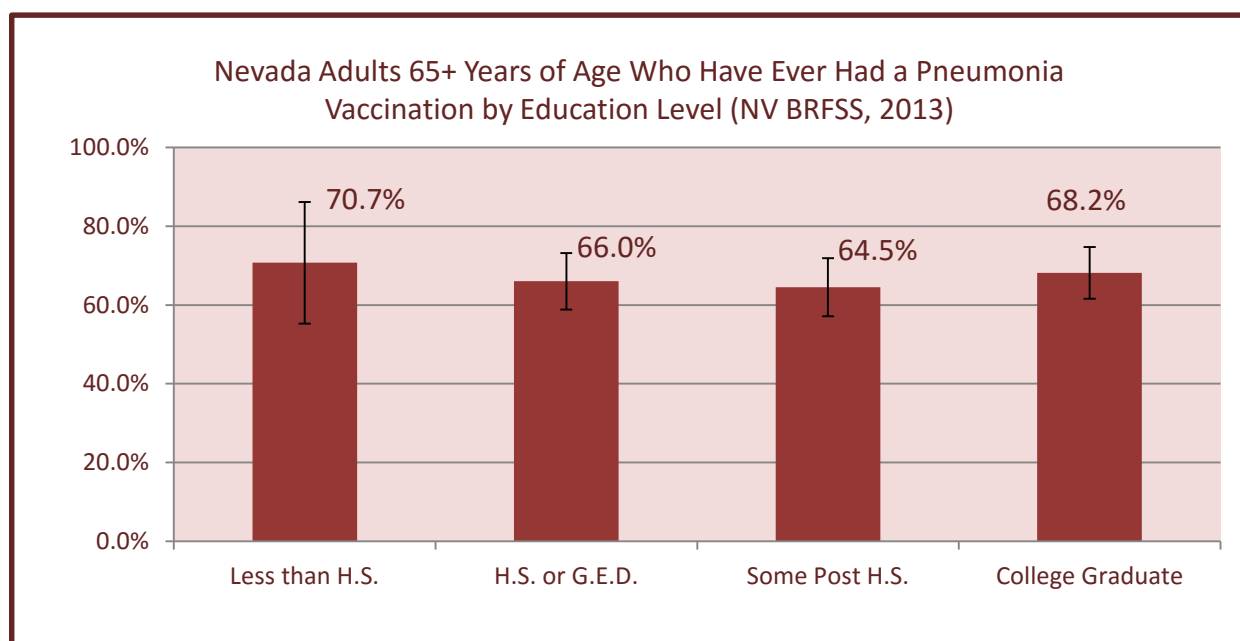
There is no difference in Nevadans ages 65+ who have ever had a pneumonia vaccination between males and females.

Figure 134: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Income (NV BRFSS, 2013).



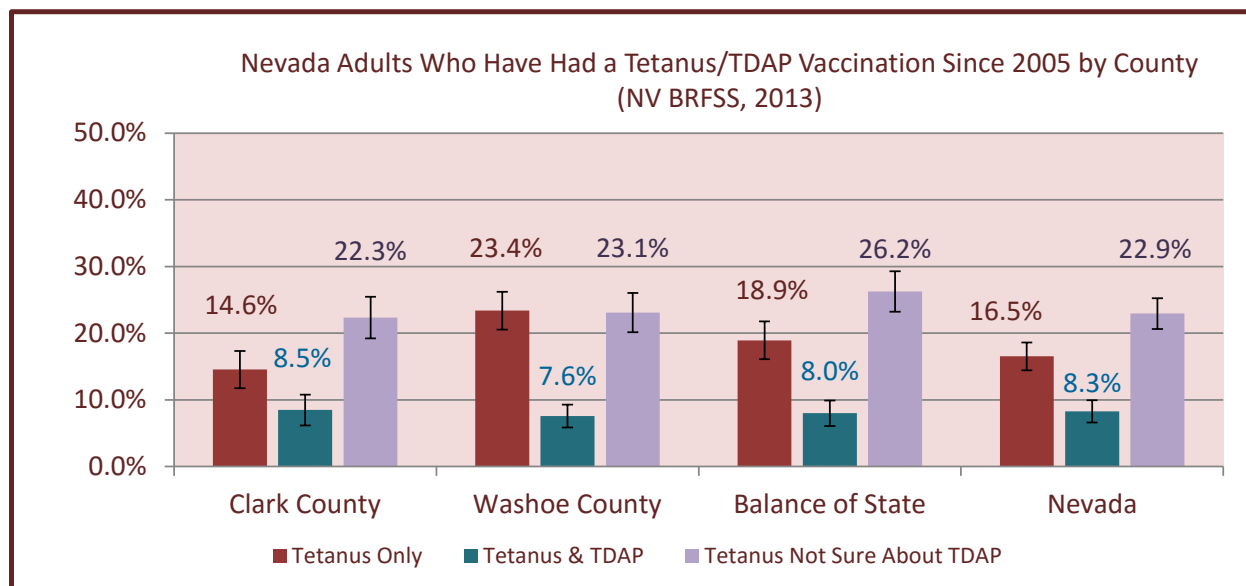
There is no significant difference in the prevalence of Nevada adults who have ever had a pneumonia vaccination among income brackets.

Figure 135: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Education Level (NV BRFSS, 2013).



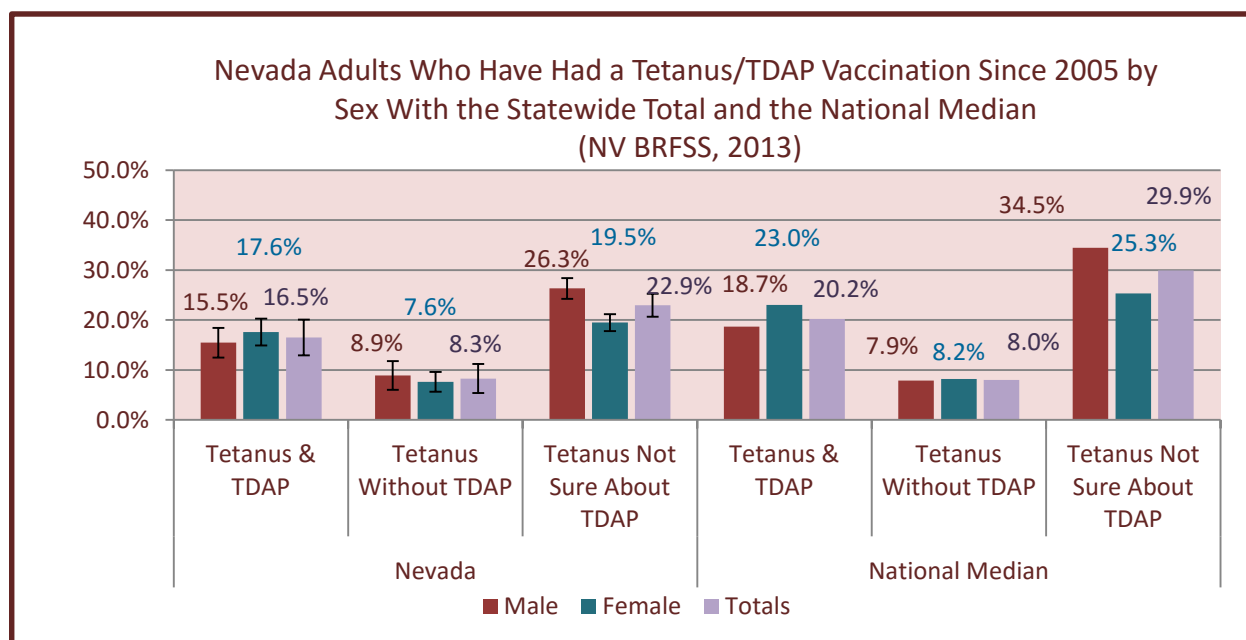
The prevalence of Nevada adults who have ever had a pneumonia vaccination is fairly constant across all education levels.

Figure 136: Nevada Adults Who Have Had a Tetanus/TDAP Vaccination Since 2005 by County With the Statewide Totals (NV BRFSS, 2013).



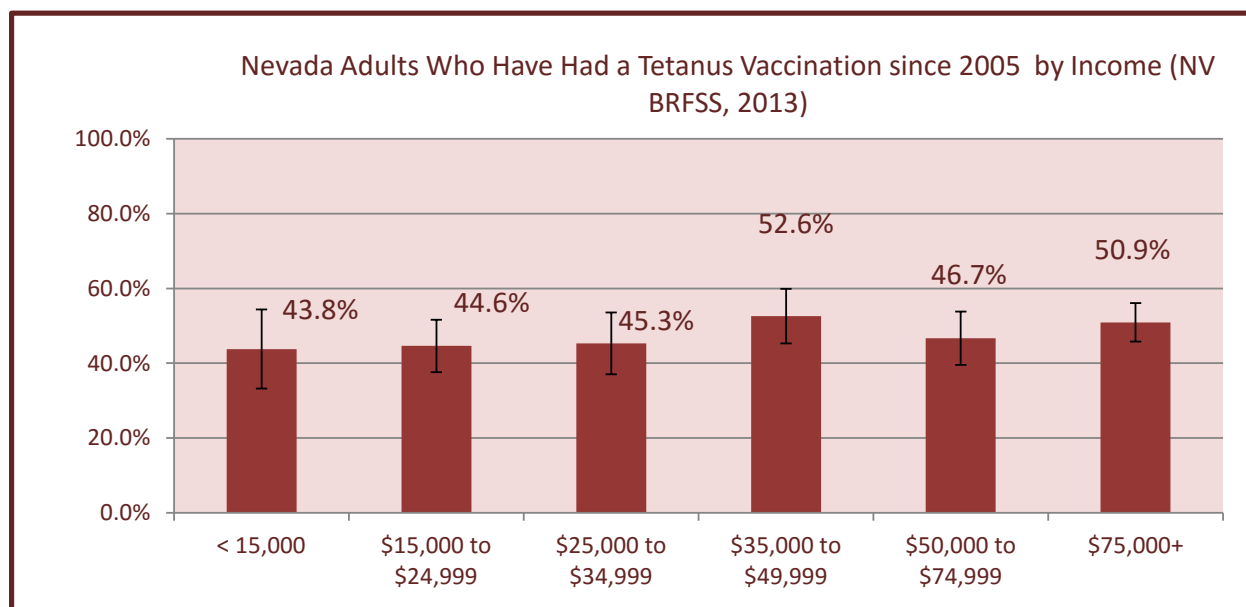
The total prevalence of Nevada adults who have had a tetanus vaccination (with or without TDAP) was as follows: Clark County 45.4%, Washoe County 54.0%, the Balance of State 53.2%, and statewide 47.8%.

Figure 137: Nevada Adults Who Have Had a Tetanus/TDAP Vaccination Since 2005 by Sex With the Statewide Totals and National Medians (NV BRFSS, 2013).



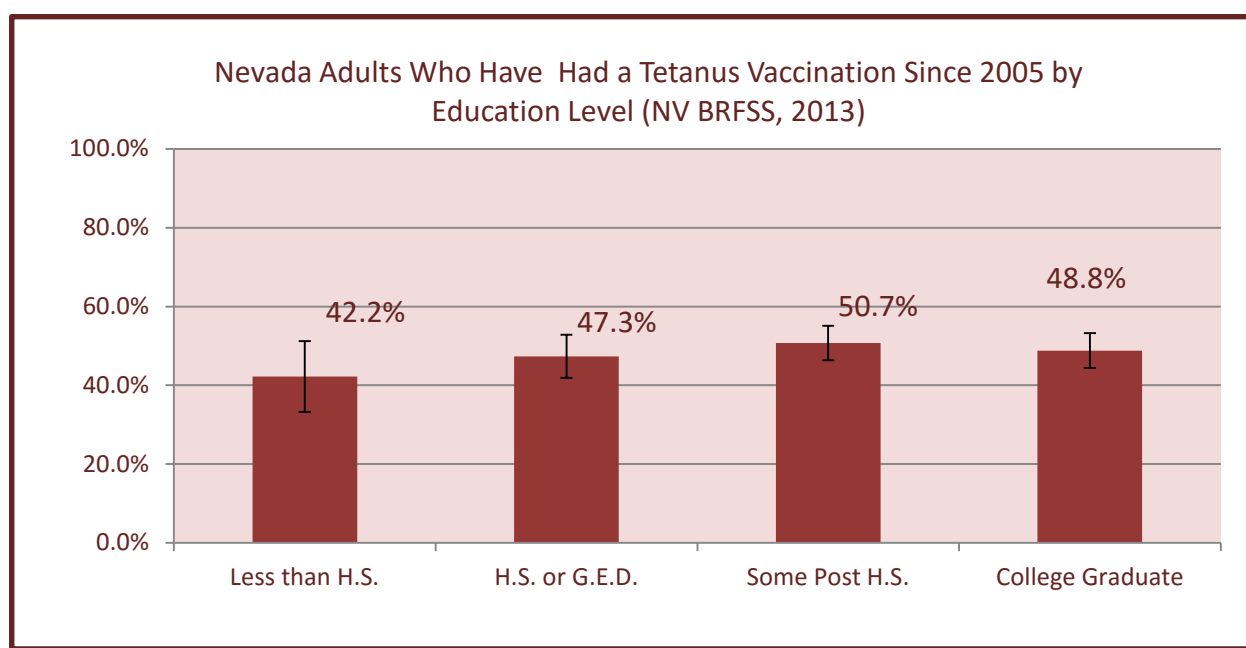
Tetanus vaccination prevalence for Nevada adults is slightly less than the national prevalence.

Figure 138: Nevada Adults Who Have Had a Tetanus Vaccination Since 2005 by Income (NV BRFSS, 2013).



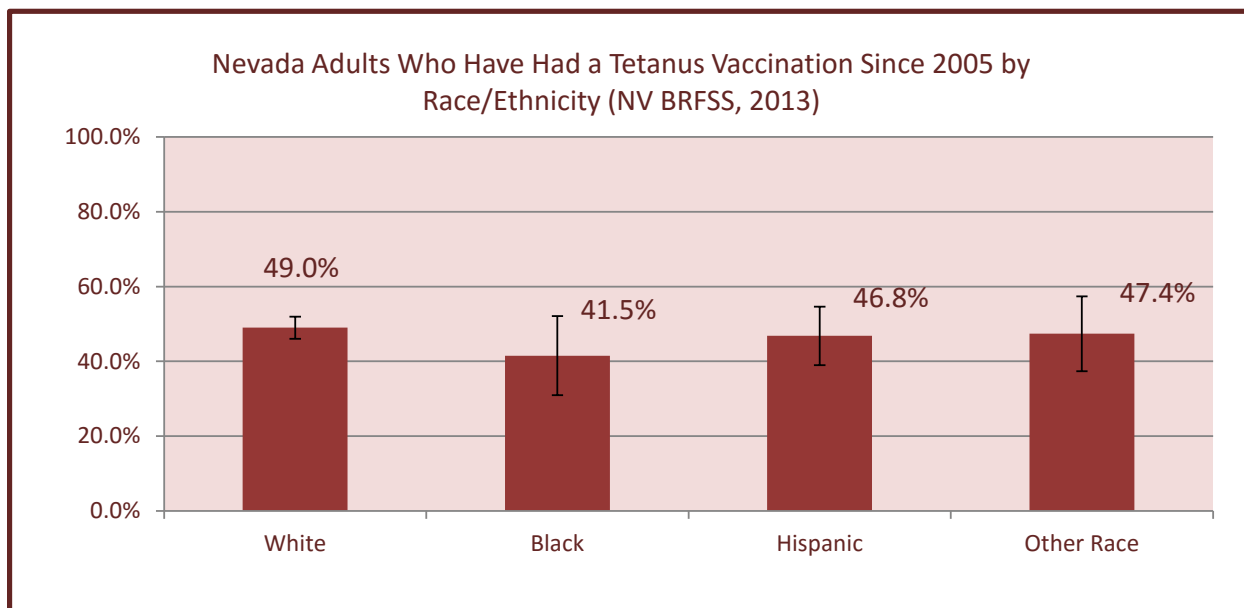
About 40% to 50% of Nevada adults in all income brackets had a tetanus vaccination since 2005.

Figure 139: Nevada Adults Who Have Had a Tetanus Vaccination Since 2005 by Education Level (NV BRFSS, 2013).



Tetanus vaccination prevalence among Nevada adults ranges from 42.2% to 50.7% across all education levels.

Figure 140: Nevada Adults Who Have Had a Tetanus Vaccination since 2005 by Race/Ethnicity (NV BRFSS, 2013).



Tetanus vaccination prevalence among Nevada adults ranges from 41% to 49% across race/ethnicity categories.

Section XV: Tobacco

Current Smokers: Defined as having smoked at least 100 cigarettes in their lifetime and currently smoke.

Four Levels of Smoking: Smoke every day, smoke some days, former smoker and never smoked.

Although data indicates that smoking prevalence among Nevada adults has decreased over the past ten years, from 25.2% to 19.4%, it is still higher than the Healthy People 2020 target of 12.0%.

Smoking causes approximately 90% of all lung cancer deaths in males and 80% in females, as well as 90% of deaths from chronic obstructive lung disease.¹

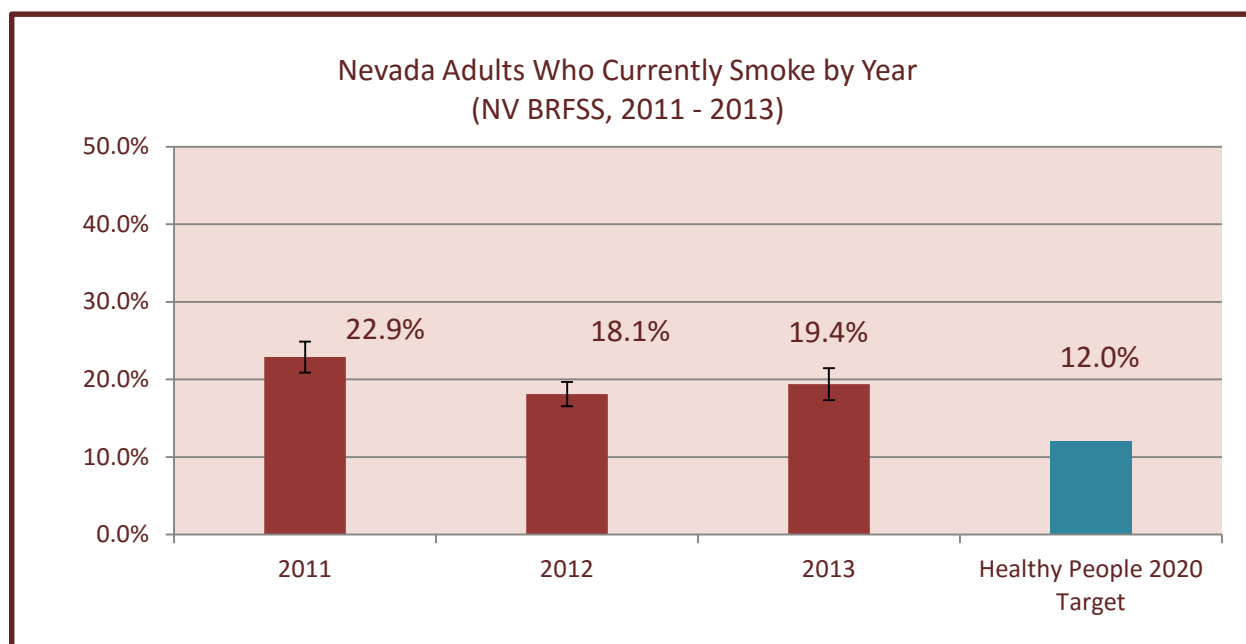
Smoking also causes coronary heart disease which is the leading cause of death in the United States. In addition, smoking causes emphysema, bronchitis, and chronic airway obstruction by damaging the airways and alveoli (i.e. small air sacs) of the lungs.²

The Surgeon General concluded that secondhand smoke causes disease and premature death in children and adults who do not smoke, and that children exposed to second hand smoke are at increased risk for Sudden Infant Death Syndrome (SIDS), acute respiratory infections, ear problems, and more severe asthma. The Surgeon General also concluded there is no risk-free level of exposure to secondhand smoke.²

Table 12: Selected Tobacco Indicators for Nevada and the United States (BRFSS 2013)

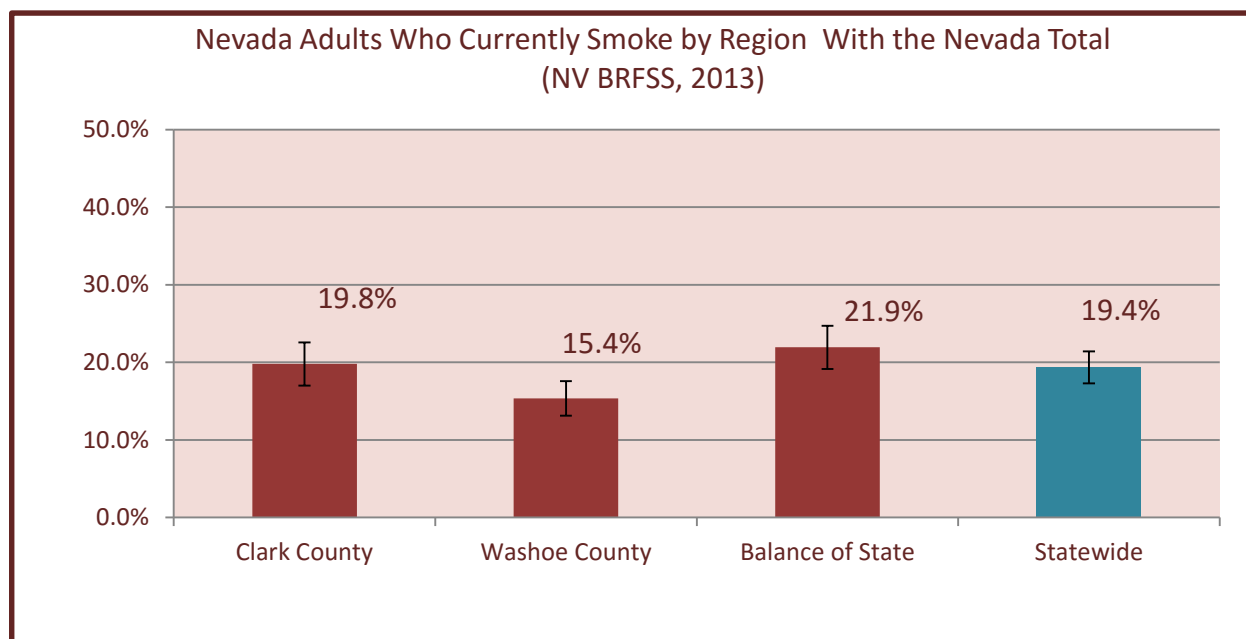
Health Indicator	Nevada	National Median
1. Current Smokers	19.4%	19.0%
2. Four Smoking Levels		
A. Smoke Every Day	13.2%	13.4%
B. Smoke Some Days	6.2%	5.4%
C. Former Smoker	22.5%	25.3%
D. Never Smoked	58.1%	55.0%

Figure 141: Nevada Adults Who Currently Smoke by Year (NV BRFSS, 2011-2013).



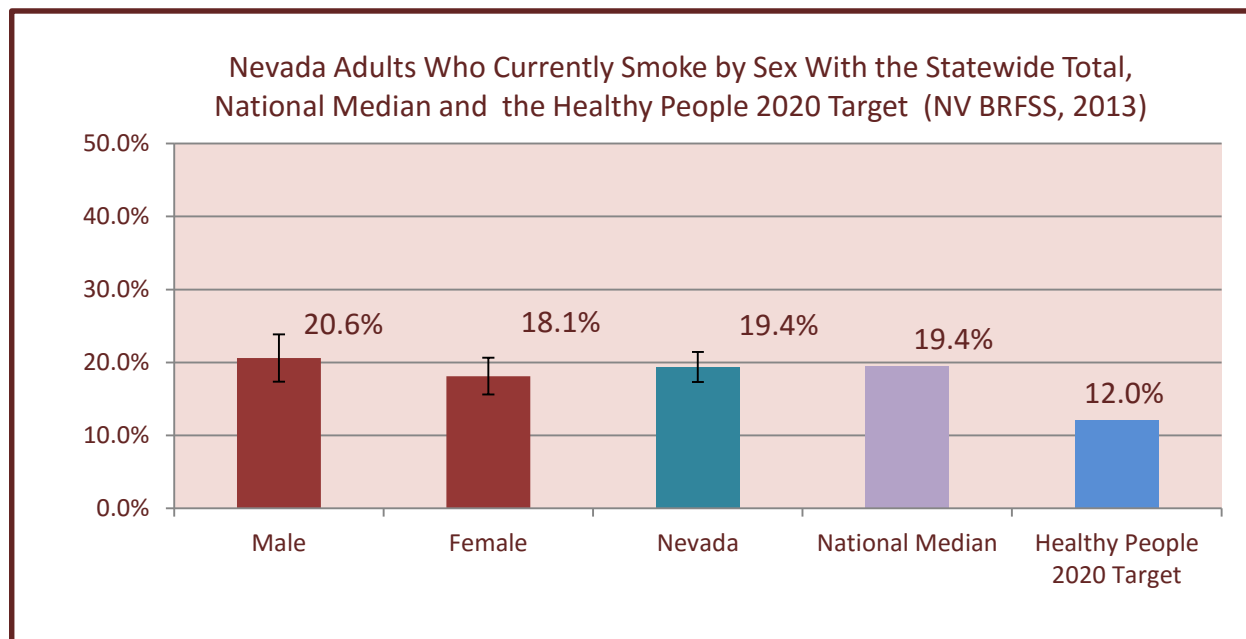
There is no significant difference in the prevalence of current smokers in Nevada from 2011 to 2013. In 2013 the prevalence estimate for current smokers in Nevada was 7.4% higher than the Healthy People 2020 target.

Figure 142: Nevada Adults Who Currently Smoke by Region With the Nevada Total (NV BRFSS, 2013).



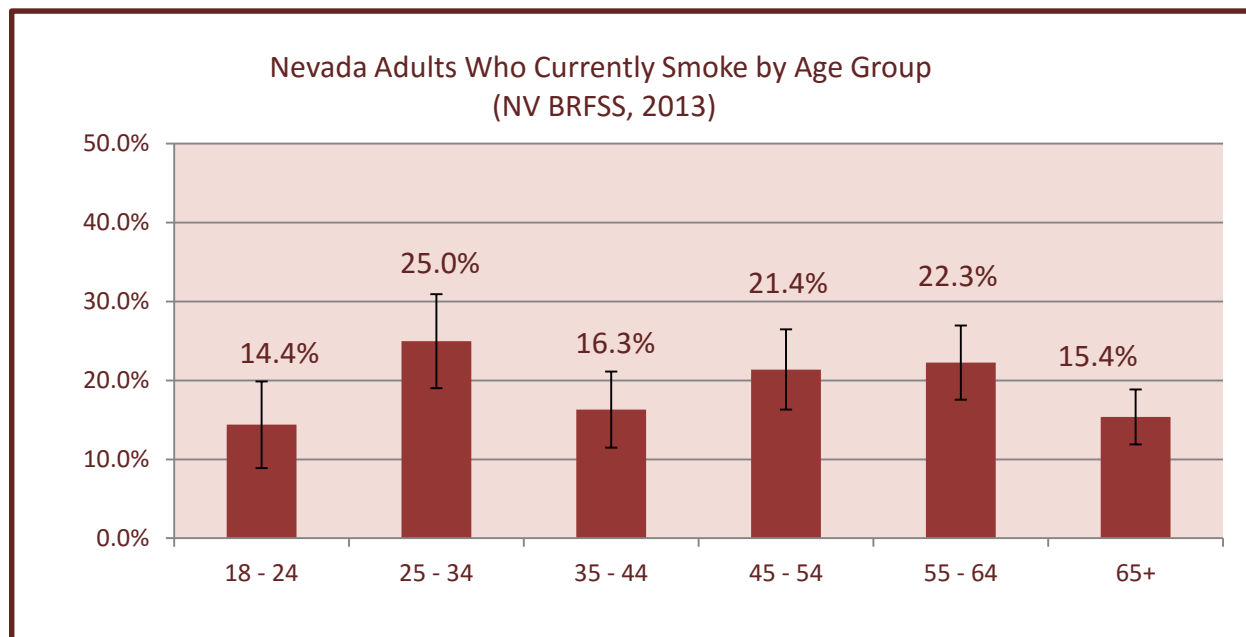
The smoking prevalence of Nevada adults in Washoe County is lower than Clark County or Balance of State.

Figure 143: Nevada Adults Who Currently Smoke by Sex With the Statewide Total and the Healthy People 2020 Target (NV BRFSS, 2013).



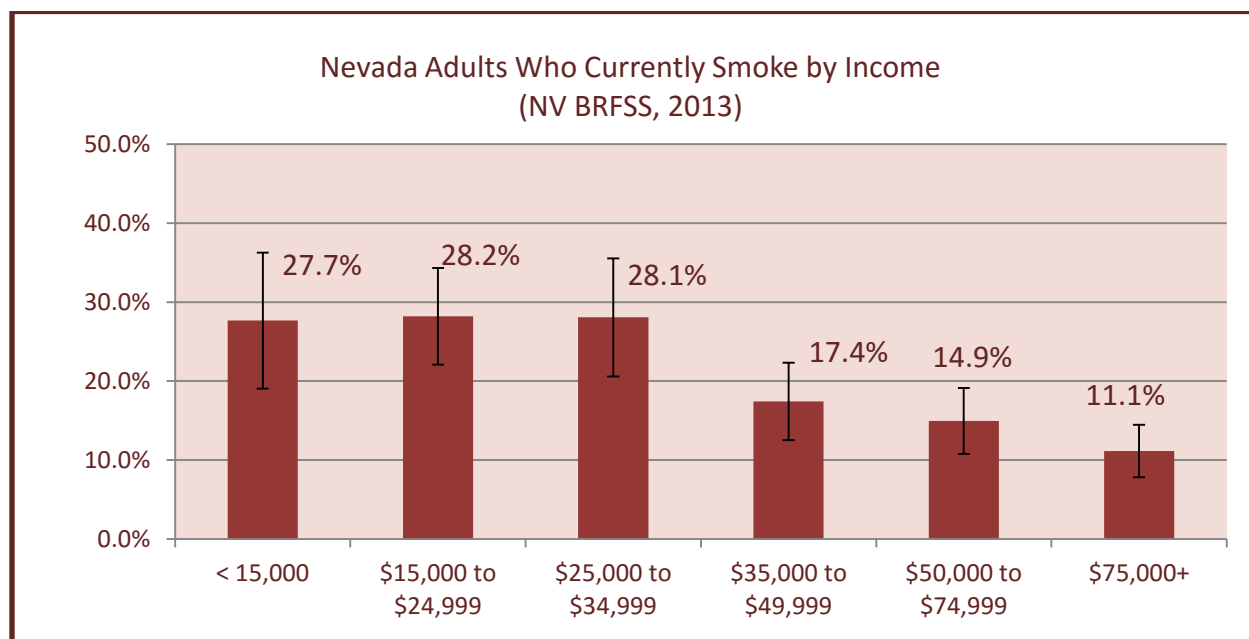
Data indicates that there is no significant difference between the smoking prevalence rate of Nevada males and females.

Figure 144: Nevada Adults Who Currently Smoke by Age Group (NV BRFSS, 2013).



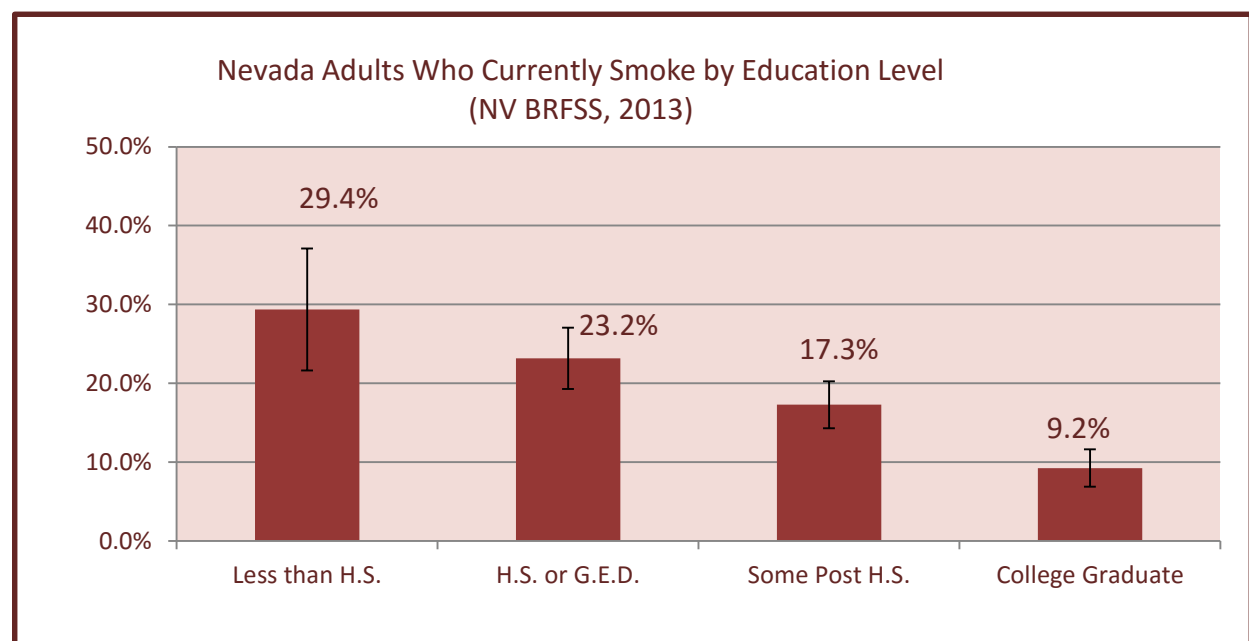
The prevalence rate for Nevada adults varies among age groups with the highest prevalence in age group 25-34.

Figure 145: Nevada Adults Who Currently Smoke by Income (NV BRFSS, 2013).



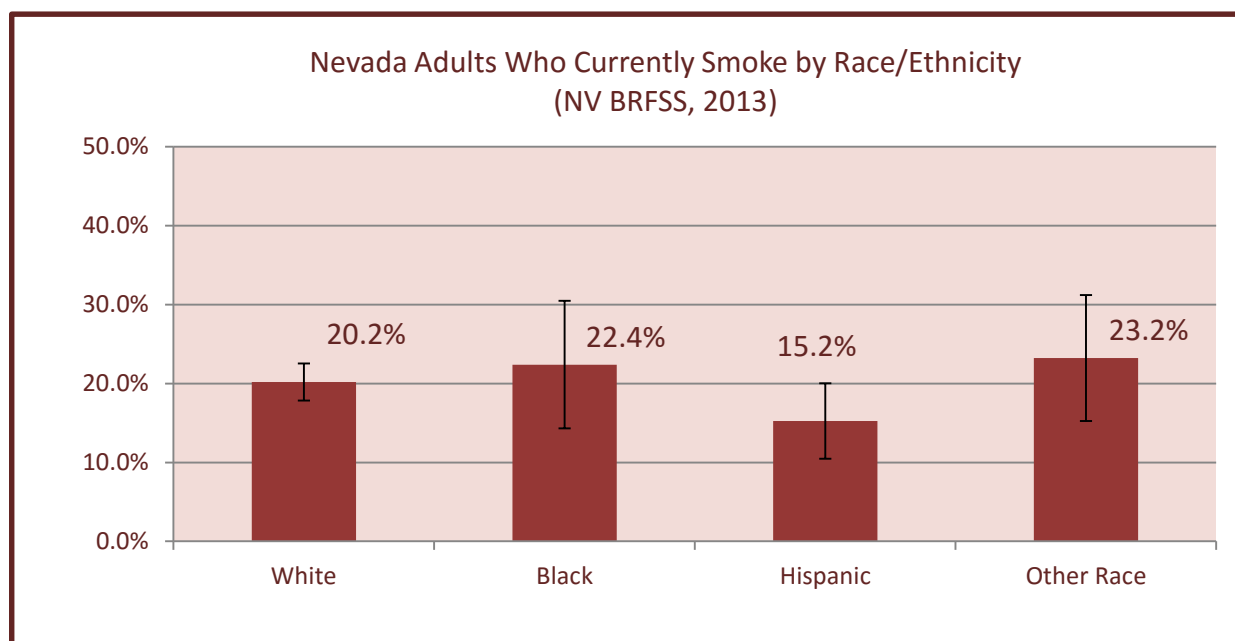
Nevada adults in the lower income brackets have a higher prevalence rate of smoking than those in the upper income brackets.

Figure 146: Nevada Adults Who Currently Smoke by Education Level (NV BRFSS, 2013).



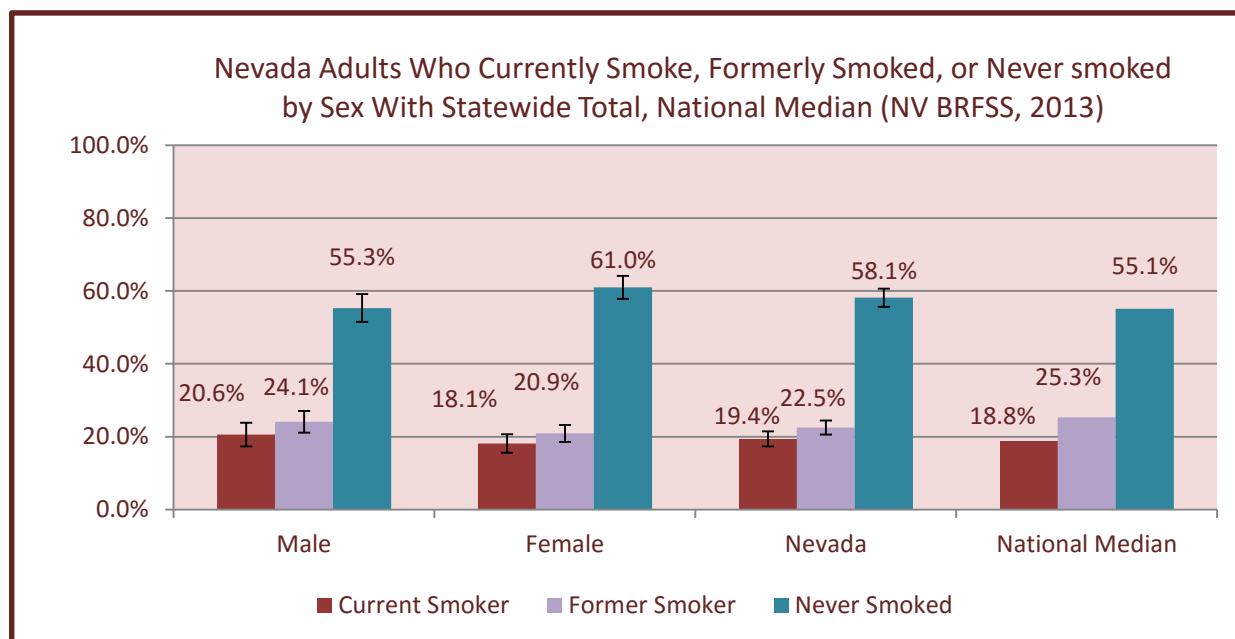
The prevalence rate for smoking in Nevada adults declines as education level increases.

Figure 147: Nevada Adults Who Currently Smoke by Race/Ethnicity (NV BRFSS, 2013).



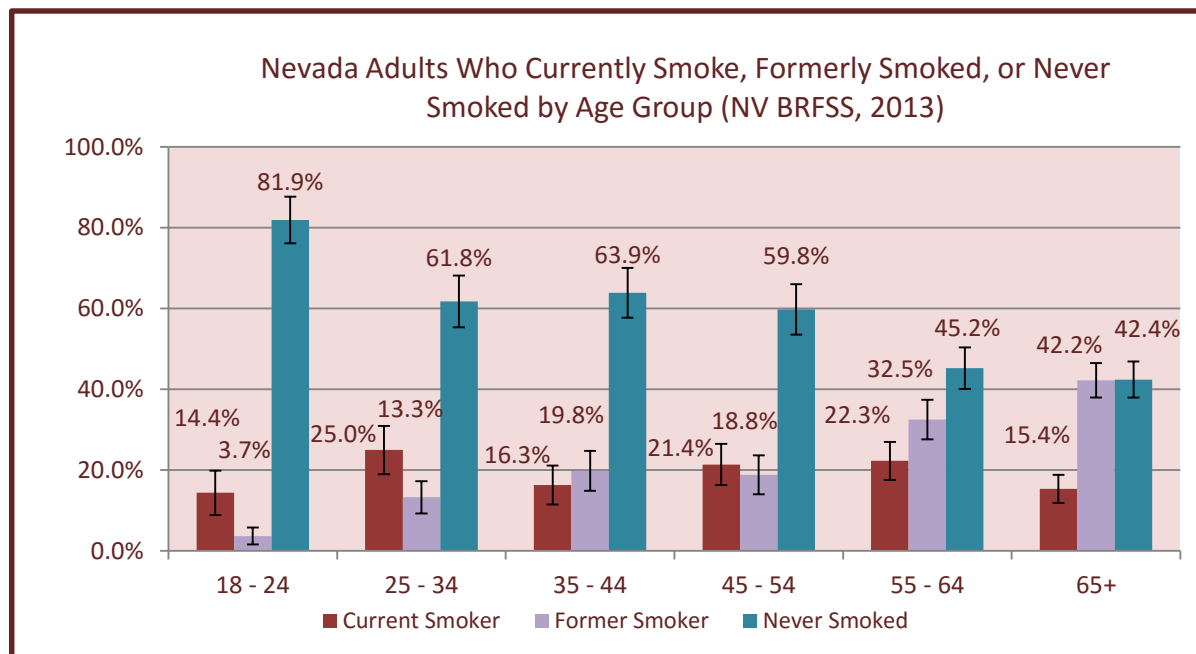
In 2013, the prevalence rate for smoking varies from 15.2% to 23.2% among race/ethnicity groups.

Figure 148: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Sex with the Statewide Totals and National Medians (NV BRFSS, 2013).



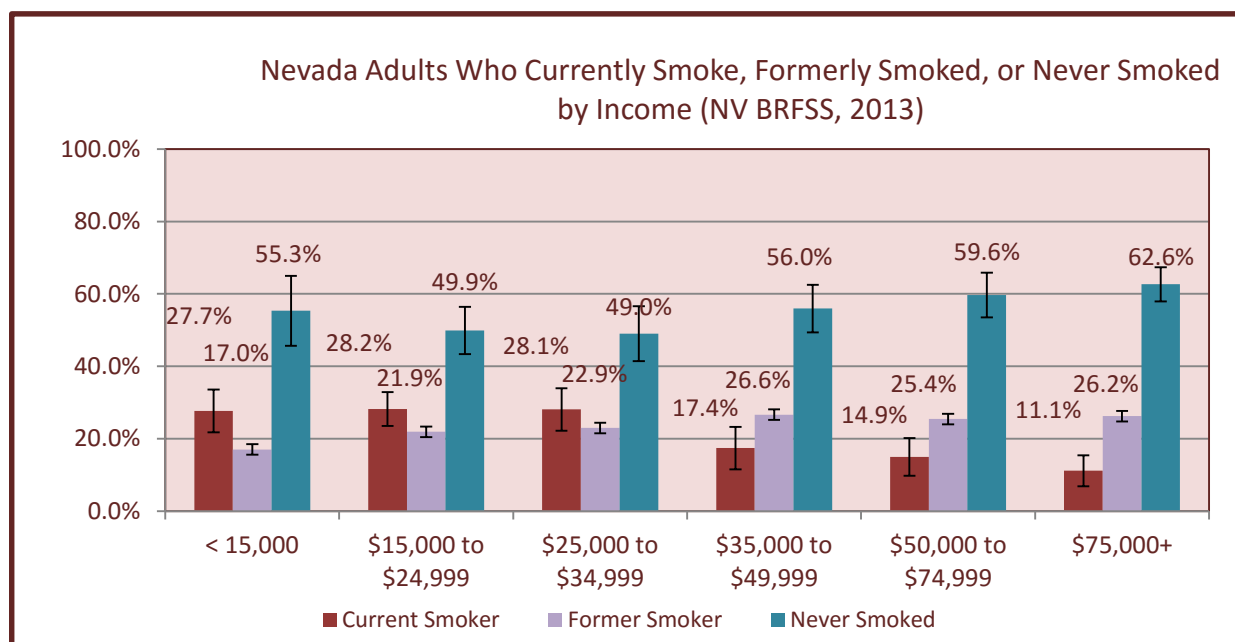
The percent of Nevada adult females that never smoked is over 5% higher than Nevada adult males.

Figure 149: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Age Group (NV BRFSS, 2013).



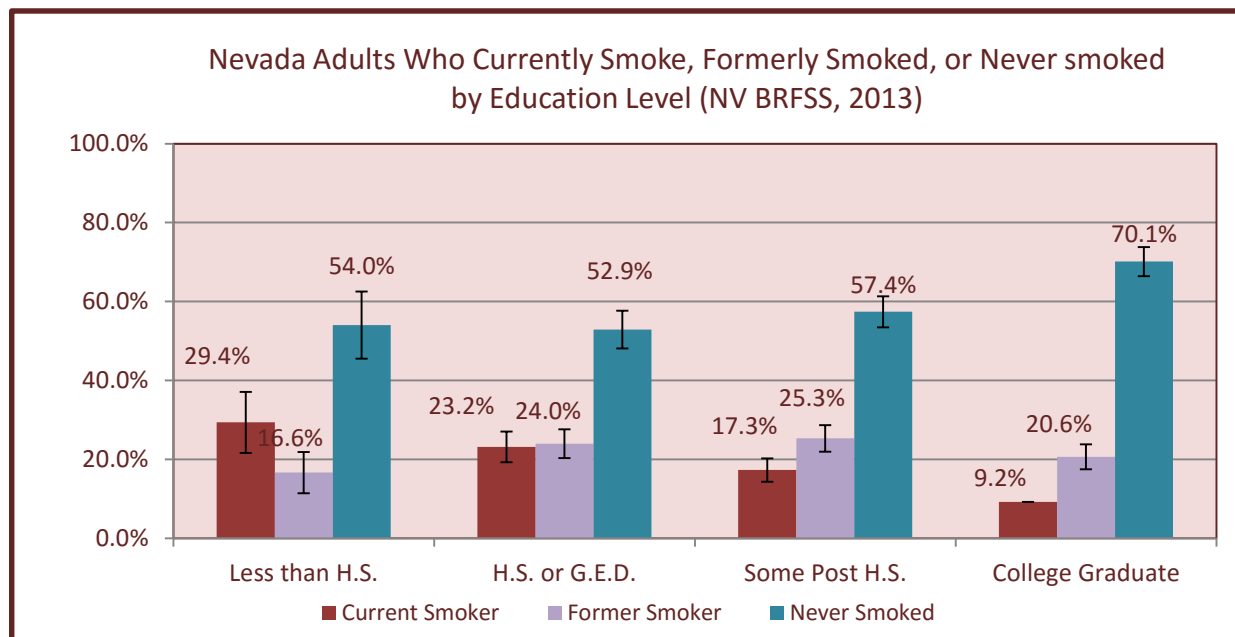
As would be expected, there is a higher percentage of Nevada adults who were former smokers in the older age groups and a higher percentage of individuals who never smoked in the younger age groups.

Figure 150: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Income (NV BRFSS, 2013).



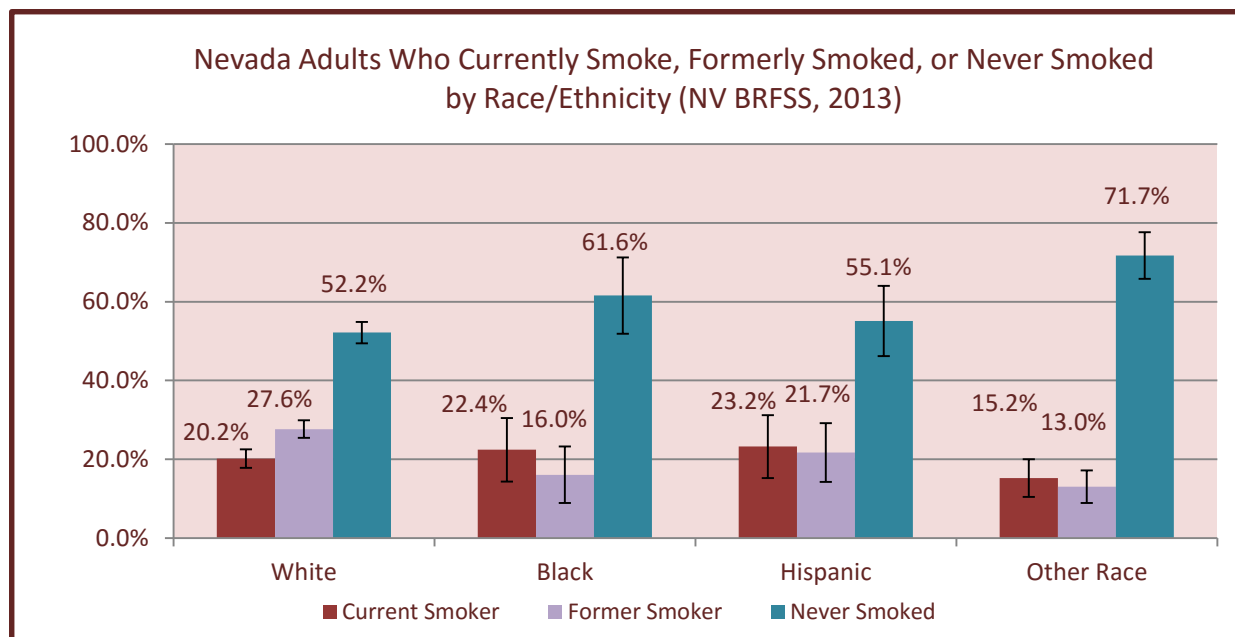
Nevada adults who never smoked range from 51.9% to 61.3% across all income categories.

Figure 151: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Education Level (NV BRFSS, 2013).



The highest percentage of individuals who never smoked is among college graduates.

Figure 152: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Race/Ethnicity (NV BRFSS, 2013).



Nevada adult whites have the highest percentage of former smokers and “Other Races” have the least.

Section XVI: Weight Status

Underweight: Consists of individuals with a body mass index of less than 18.5.

Healthy Weight: Consists of individuals with a body mass index greater than or equal to 18.5 and less than 25.0.

Overweight: Consists of individuals with a body mass index greater than or equal to 25.0 and less than 30.0.

Obese: Consists of individuals with a body mass index equal to or greater than 30.0.

Nutritional, or dietary, factors contribute substantially to the burden of preventable illnesses and premature deaths in the United States. Dietary factors are associated with 4 out of the 10 leading causes of death: coronary heart disease (CHD), some types of cancer, stroke, and type 2 diabetes. These health conditions are estimated to cost society over \$200 billion each year in medical expenses and lost productivity. The negative outcomes related to these diseases can often be improved through weight loss or, at a minimum, no further weight gain.

Unfortunately because of excesses and imbalances of some food components, there has been an increase in overweight and obese people.

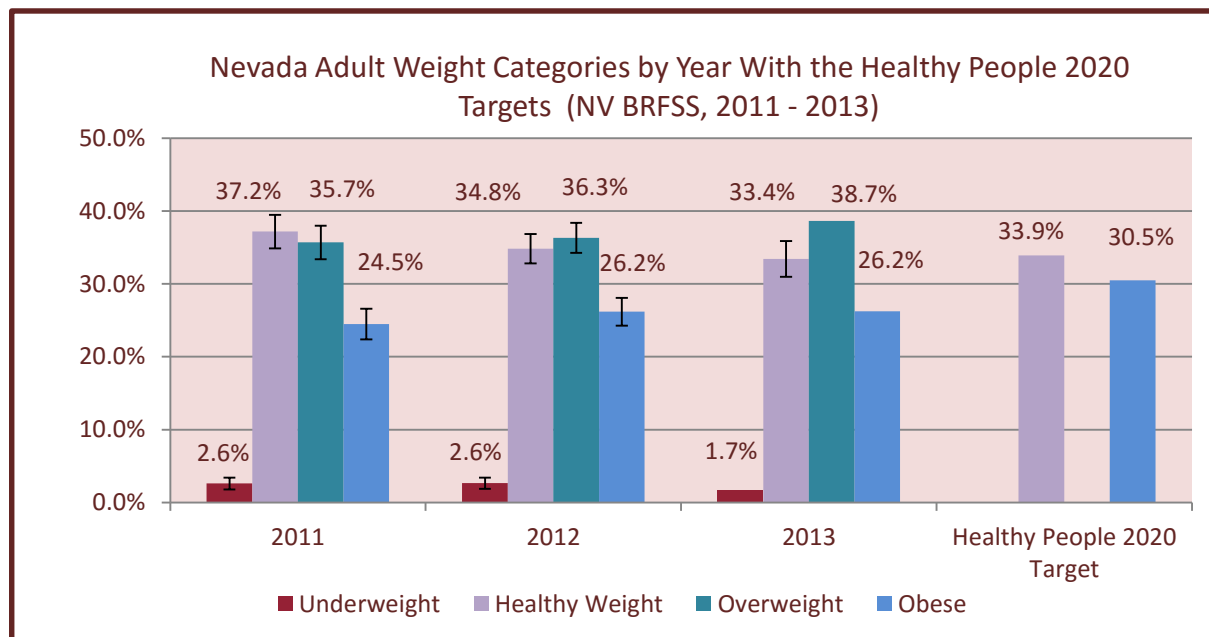
Overweight and obesity are observed in all population groups, but obesity is particularly common among Hispanic, Black, Native American, and Pacific Islander females.

In 2013, the percent of Nevada adults who were at a healthy weight was 33.4% which is essentially the same as the National value of 34.2%. Both are above the HP 2020 target value of 33.9%. ^{1,2}

Table 13: Selected Weight Status Indicators for Nevada and the United States (BRFSS 2013)

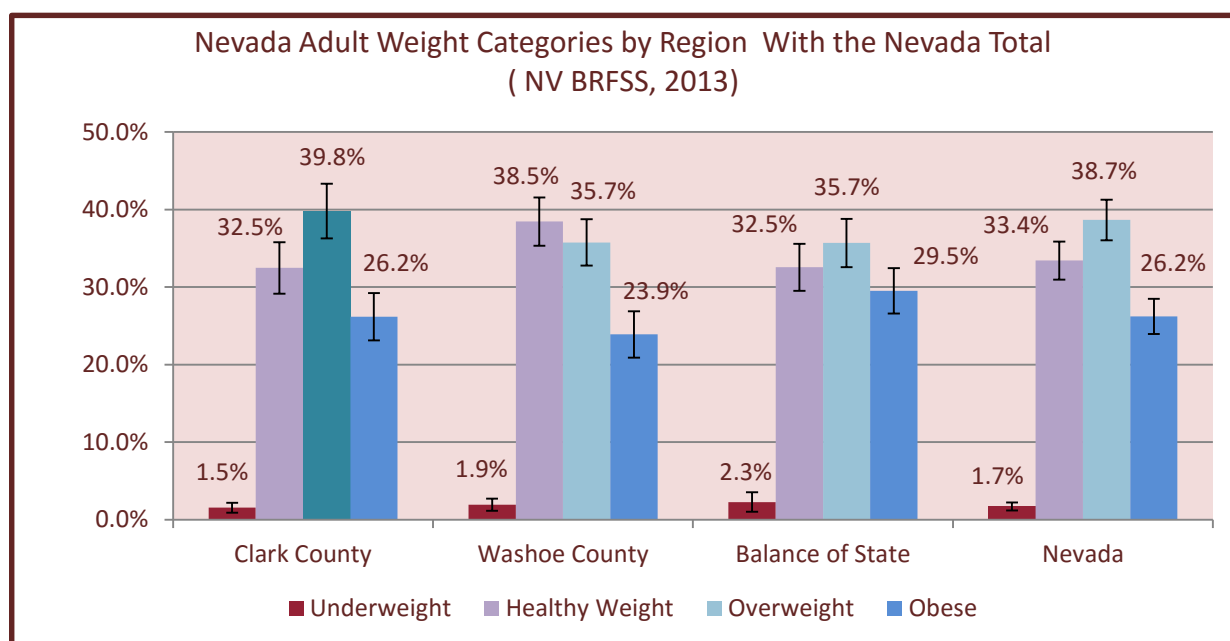
Indicator	Nevada	United States
1. Weight Classification of Nevada Adults by Body Mass Index (BMI).		
A. Under Weight (BMI < 18.5)	1.7%	1.8%
B. Healthy Weight	33.4%	33.4%
C. Overweight (BMI 25.0 to 29.9)	38.7%	35.4%
D. Obese (BMI 30.0 to 99.8)	26.2%	29.4%

Figure 153: Nevada Adult Weight Categories by Year With the Healthy People 2020 Targets (NV BRFSS, 2011-2013).



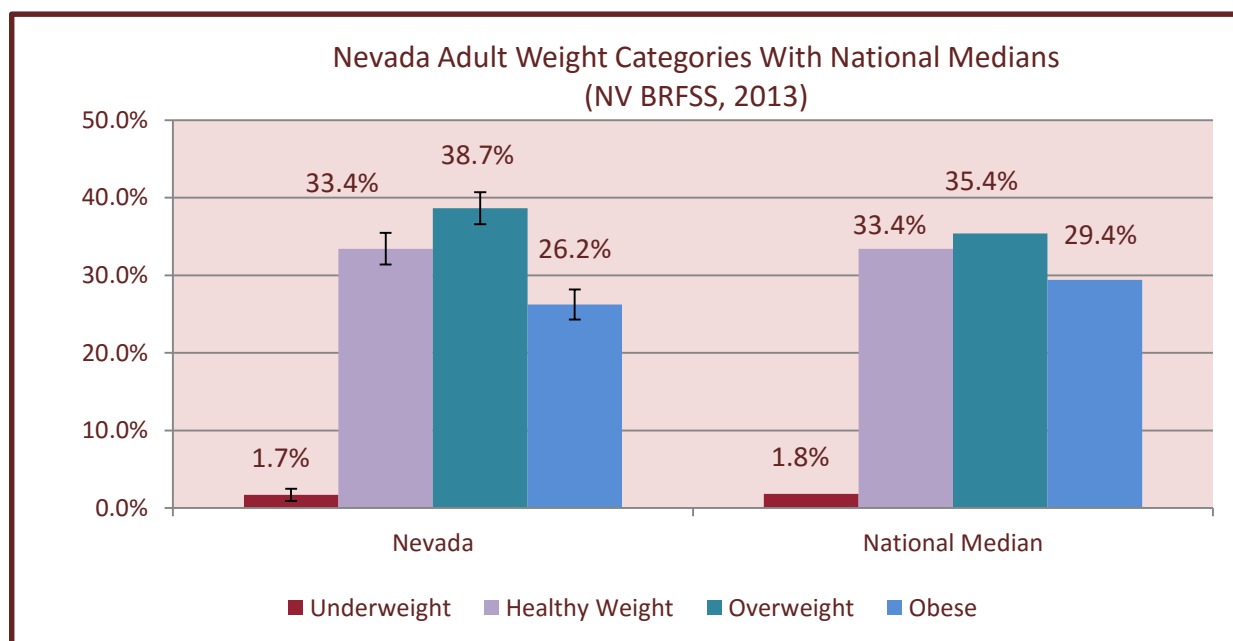
In 2011 about 60% of Nevada's adult population was either overweight or obese. That percentage increased in both 2012 and 2013.

Figure 154: Nevada Adult Weight Categories by Region With the Nevada Total (NV BRFSS, 2013).



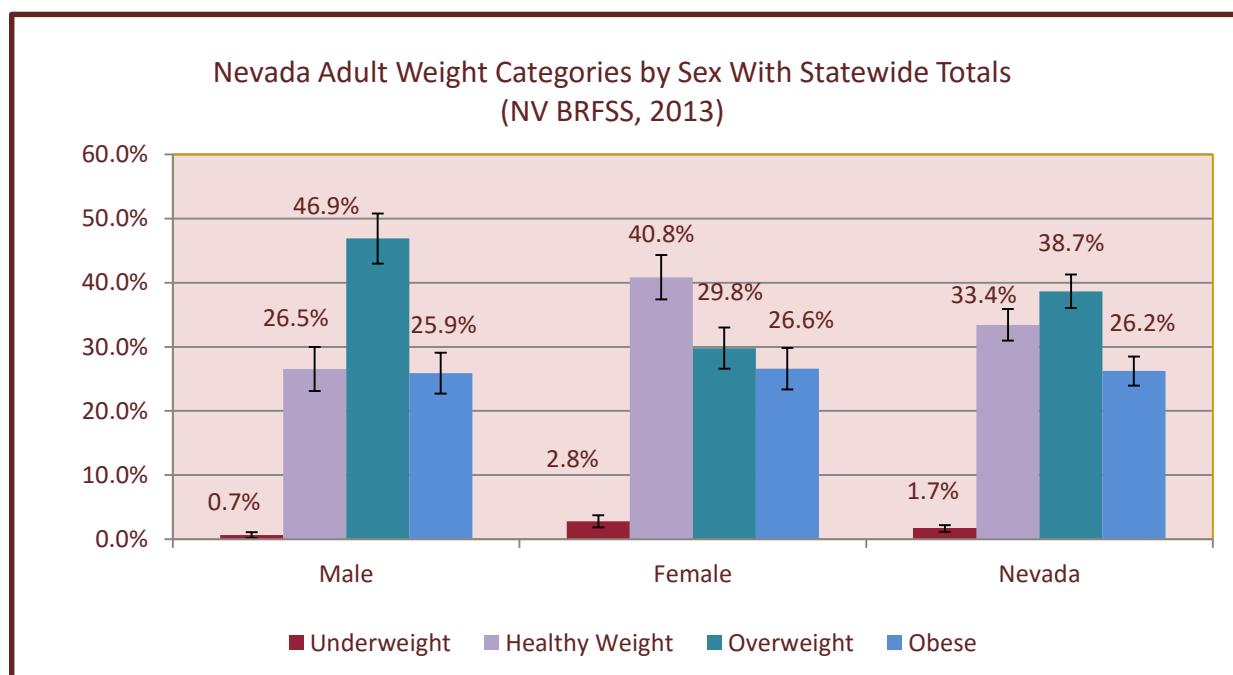
Washoe County has the higher prevalence of adults at a healthy weight than Clark County or the Balance of State (rural and frontier areas).

Figure 155: Nevada Adult Weight Categories With National Medians (NV BRFSS, 2013).



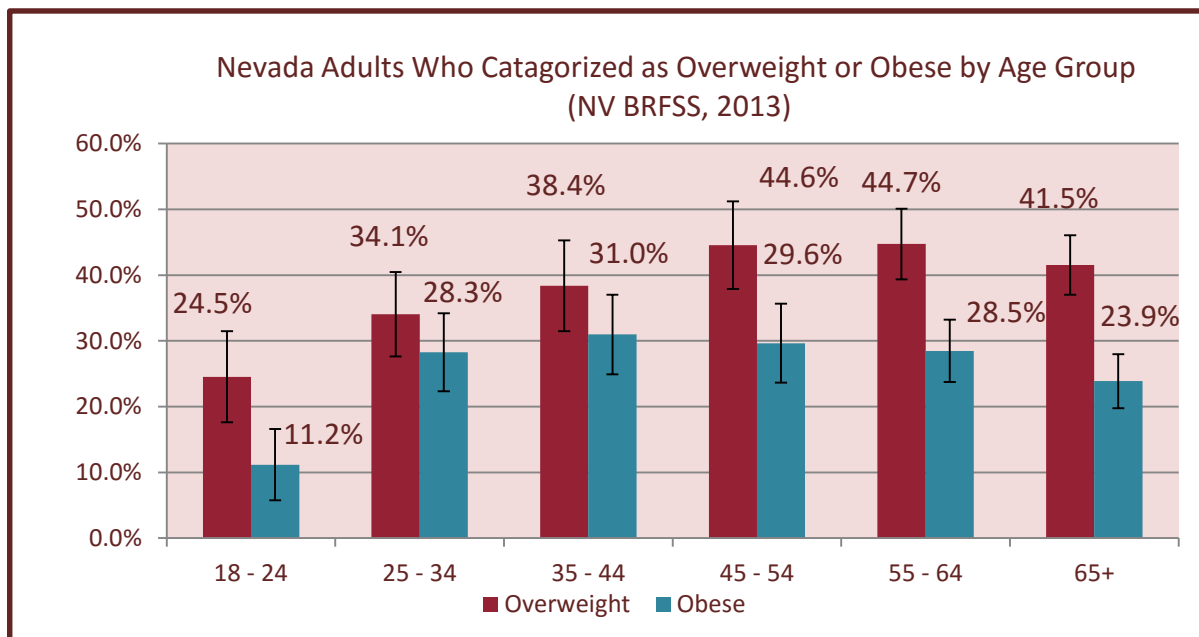
Weight categories for Nevada adults are similar to national values.

Figure 156: Nevada Adult Weight Categories by Sex With Statewide Totals (NV BRFSS, 2013).



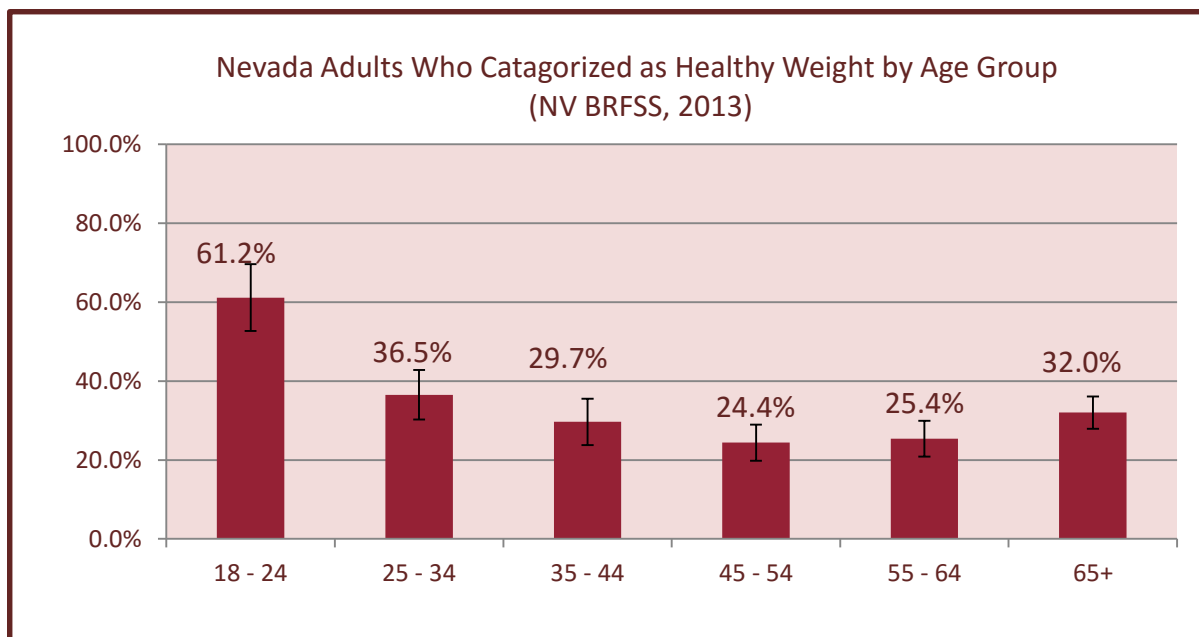
The percent of Nevada adults at a healthy weight is over 14% higher in females than males.

Figure 157: Nevada Adults Categorized as Overweight or Obese by Age Group (NV BRFSS, 2013).



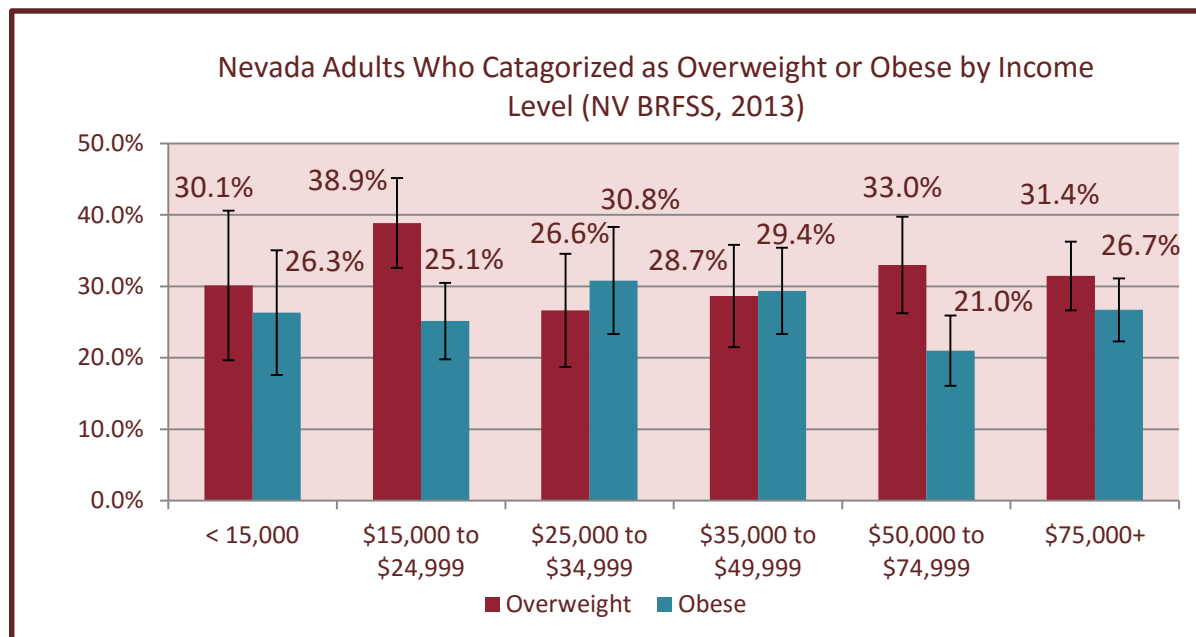
Nevada adults in from ages 18 to 24 have a lower prevalence of overweight or obesity than subsequent age groups.

Figure 158: Nevada Adults Categorized as Healthy Weight by Age Group (NV BRFSS, 2013).



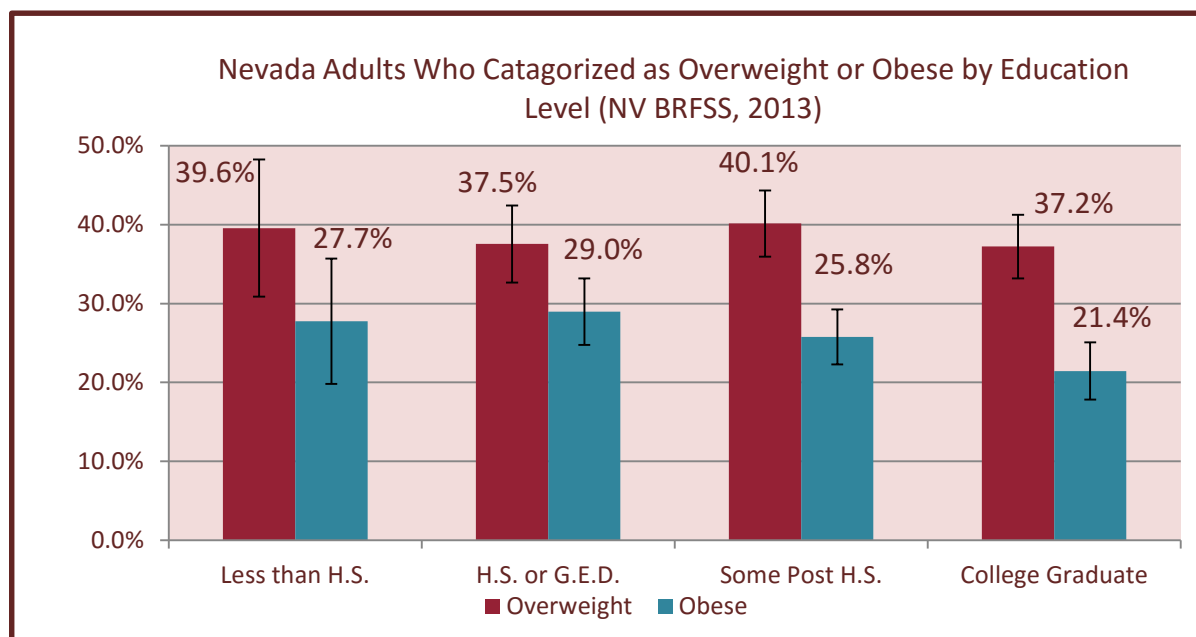
Nevada adults in from ages 18 to 24 have the highest prevalence of healthy weight compared to subsequent age groups.

Figure 159: Nevada Adults Categorized as Overweight or Obese by Income (NV BRFSS, 2013).



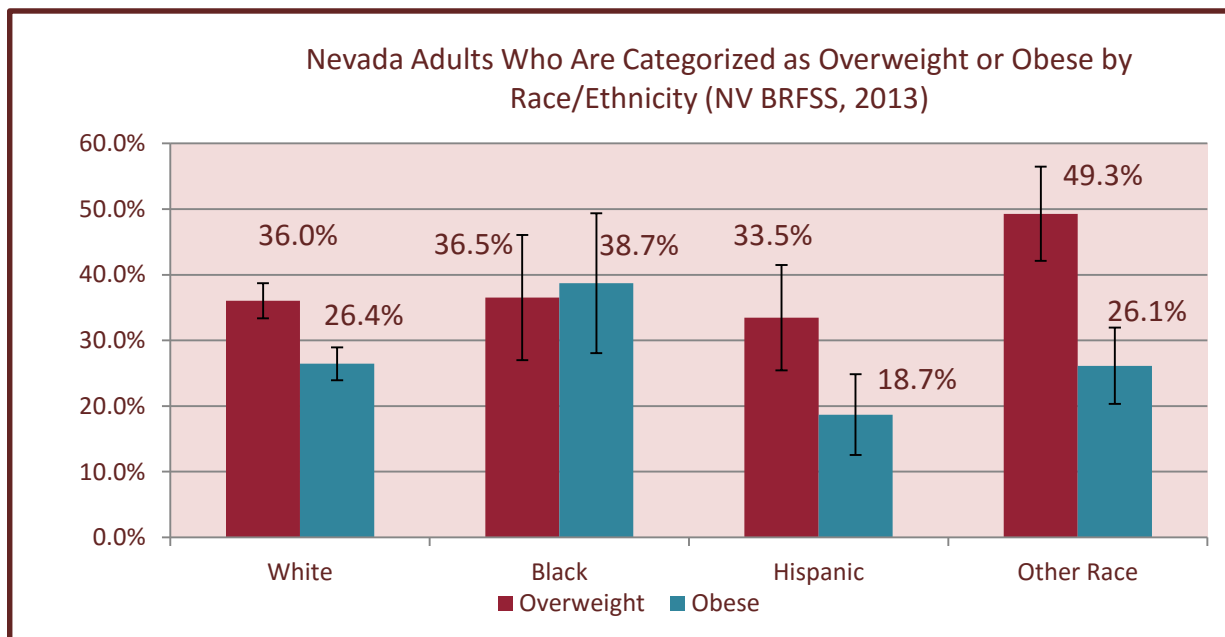
There is little difference of overweight and obesity prevalence among various income categories.

Figure 160: Nevada Adults Categorized as Overweight or Obese by Education Level (NV BRFSS, 2013).



Data indicates that Nevada adult college graduates have lower obesity prevalence than Nevada adults without a college degree.

Figure 161: Nevada Adults Categorized as Overweight or Obese by Race/Ethnicity (NV BRFSS, 2013).



Nevada adult Blacks have the highest rate of obesity of the four race/ethnicity groups.

Appendix A

Data Tables by Demographics and Region **Percent Prevalence values include 95% Confidence Intervals**

Percentage of Heavy Drinking by Demographics and Region

Heavy drinkers are defined as adult males having more than two drinks per day and adult females having more than one drink per day.

Table-A 1: Heavy Drinking by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	4,893	2,025,526	7.0 (5.9-8.2)	93.0 (91.8-94.1)
Geography	Clark County	1,475	1,458,837	6.7 (5.2-8.2)	93.3 (91.8-94.8)
	Washoe County	1,729	321,386	7.5 (6.0-8.9)	92.5 (91.1-94.0)
	Balance of State	1,689	245,304	8.5 (6.5-10.4)	91.5 (89.6-93.5)
Age	18 - 24	312	239,101	5.0 (2.0-8.1)	95.0 (91.9-98.0)
	25 - 34	529	359,932	7.8 (4.5-11.1)	92.2 (88.9-95.5)
	35 - 44	620	367,160	7.2 (4.0-10.4)	92.8 (89.6-96.0)
	45 - 54	840	369,999	7.1 (4.7-9.6)	92.9 (90.4-95.3)
	55 - 64	1,046	322,188	7.6 (5.2-10.1)	92.4 (89.9-94.8)
	65+	1,546	367,146	6.9 (4.8-8.9)	93.1 (91.1-95.2)
Sex	Male	2,094	1,014,218	6.8 (5.2-8.5)	93.2 (91.5-94.8)
	Female	2,799	1,011,309	7.3 (5.7-8.8)	92.7 (91.2-94.3)
Race/Ethnicity	White	3,618	1,133,673	8.5 (7.1-10.0)	91.5 (90.0-92.9)
	Black	181	157,497	6.5 (3.0-10.0)	93.5 (90.0-97.0)
	Other Race	449	230,536	5.5 (1.7-9.3)	94.5 (90.7-98.3)
	Hispanic	574	476,921	4.4 (1.9-7.0)	95.6 (93.0-98.1)

Heavy Drinking by Demographics and Region (continued)

Heavy drinkers are defined as adult males having more than two drinks per day and adult females having more than one drink per day.

Heavy Drinking by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	332	335,581	5.2 (2.0-8.5)	94.8 (91.5-98.0)
	H.S. or G.E.D.	1,314	600,166	6.2 (4.2-8.2)	93.8 (91.8-95.8)
	Some Post H.S.	1,675	682,809	8.6 (6.5-10.6)	91.4 (89.4-93.5)
	College Graduate	1,557	400,052	7.1 (5.0-9.3)	92.9 (90.7-95.0)
Income	< 15,000	442	204,078	6.7 (2.3-11.0)	93.3 (89.0-97.7)
	\$15,000 to \$24,999	774	322,973	5.9 (3.4-8.3)	94.1 (91.7-96.6)
	\$25,000 to \$34,999	473	220,040	6.3 (2.6-10.0)	93.7 (90.0-97.4)
	\$35,000 to \$49,999	589	213,263	7.8 (4.3-11.2)	92.2 (88.8-95.7)
	\$50,000 to \$74,999	729	287,995	8.5 (5.1-11.8)	91.5 (88.2-94.9)
	\$75,000+	1,211	439,990	8.7 (6.1-11.2)	91.3 (88.8-93.9)
Veteran	Yes	748	261,638	6.5 (3.7-9.3)	93.5 (90.7-96.3)
	No	4,139	1,761,651	7.1 (5.9-8.4)	92.9 (91.6-94.1)

Binge Drinking by Demographics and Region

Binge drinkers are defined as adult males having five or more drinks on one occasion and adult females having four or more drinks on one occasion.

Table-A 2: Binge Drinking by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	4,881	2,017,812	15.2 (13.2-17.1)	84.8 (82.9-86.8)
Geography	Clark County	1,460	1,448,068	13.6 (11.0-16.2)	86.4 (83.8-89.0)
	Washoe County	1,730	322,184	19.4 (16.9-21.9)	80.6 (78.1-83.1)
	Balance of State	1,691	247,560	18.7 (15.9-21.4)	81.3 (78.6-84.1)
Age	18 - 24	310	237,288	21.4 (14.3-28.5)	78.6 (71.5-85.7)
	25 - 34	533	363,733	24.6 (19.3-29.8)	75.4 (70.2-80.7)
	35 - 44	617	364,936	16.0 (11.8-20.2)	84.0 (79.8-88.2)
	45 - 54	838	365,590	13.5 (8.3-18.6)	86.5 (81.4-91.7)
	55 - 64	1,044	321,138	9.9 (7.2-12.6)	90.1 (87.4-92.8)
	65+	1,539	365,128	7.3 (4.7-9.8)	92.7 (90.2-95.3)
Sex	Male	2,088	1,011,139	21.1 (17.8-24.5)	78.9 (75.5-82.2)
	Female	2,793	1,006,673	9.2 (7.5-10.8)	90.8 (89.2-92.5)
Race/Ethnicity	White	3,610	1,131,586	15.8 (13.8-17.8)	84.2 (82.2-86.2)
	Black	177	153,332	13.4 (7.9-18.9)	86.6 (81.1-92.1)
	Other Race	446	225,136	13.1 (7.4-18.8)	86.9 (81.2-92.6)
	Hispanic	578	480,831	15.5 (9.7-21.3)	84.5 (78.7-90.3)

Binge Drinking by Demographics and Region (continued)

Binge drinkers are defined as adult males having five or more drinks on one occasion and adult females having four or more drinks on one occasion.

Binge Drinking by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	333	336,017	8.4 (5.0-11.7)	91.6 (88.3-95.0)
	H.S. or G.E.D.	1,308	595,142	18.9 (14.5-23.4)	81.1 (76.6-85.5)
	Some Post H.S.	1,671	681,987	16.4 (13.1-19.6)	83.6 (80.4-86.9)
	College Graduate	1,554	397,749	13.3 (10.5-16.1)	86.7 (83.9-89.5)
Income	< 15,000	441	201,885	9.2 (5.5-12.9)	90.8 (87.1-94.5)
	\$15,000 to \$24,999	767	316,207	14.1 (10.3-17.9)	85.9 (82.1-89.7)
	\$25,000 to \$34,999	479	224,104	14.4 (9.5-19.2)	85.6 (80.8-90.5)
	\$35,000 to \$49,999	586	211,578	16.1 (11.1-21.1)	83.9 (78.9-88.9)
	\$50,000 to \$74,999	727	287,095	20.2 (13.3-27.1)	79.8 (72.9-86.7)
	\$75,000+	1,209	440,082	17.5 (13.8-21.3)	82.5 (78.7-86.2)
Veteran	Yes	742	263,024	14.2 (9.5-18.8)	85.8 (81.2-90.5)
	No	4,134	1,752,633	15.3 (13.2-17.5)	84.7 (82.5-86.8)

Respondents Who Had Ever Had Asthma by Demographics and Region
“Have you ever been told by a doctor, nurse, or other health professional that you had asthma?”

Table-A 3: Respondents Who Had Ever Had Asthma by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,085	2,126,141	11.4 (9.9-12.9)	88.6 (87.1-90.1)
Geography	Clark County	1,542	1,534,789	11.2 (9.1-13.3)	88.8 (86.7-90.9)
	Washoe County	1,784	332,506	11.1 (9.4-12.9)	88.9 (87.1-90.6)
	Balance of State	1,759	258,845	12.8 (10.8-14.9)	87.2 (85.1-89.2)
Age	18 - 24	328	253,808	15.7 (9.9-21.5)	84.3 (78.5-90.1)
	25 - 34	567	388,826	13.7 (8.9-18.6)	86.3 (81.4-91.1)
	35 - 44	643	382,960	8.4 (5.7-11.1)	91.6 (88.9-94.3)
	45 - 54	868	382,090	10.6 (6.7-14.4)	89.4 (85.6-93.3)
	55 - 64	1,080	338,130	12.5 (9.5-15.5)	87.5 (84.5-90.5)
	65+	1,599	380,327	9.0 (6.9-11.2)	91.0 (88.8-93.1)
Sex	Male	2,186	1,066,009	8.2 (6.1-10.3)	91.8 (89.7-93.9)
	Female	2,899	1,060,131	14.6 (12.4-16.9)	85.4 (83.1-87.6)
Race/Ethnicity	White	3,730	1,173,372	12.2 (10.5-13.9)	87.8 (86.1-89.5)
	Black	187	160,933	16.1 (9.0-23.2)	83.9 (76.8-91.0)
	Other Race	474	247,592	9.1 (3.5-14.7)	90.9 (85.3-96.5)
	Hispanic	611	511,095	8.3 (5.0-11.7)	91.7 (88.3-95.0)

**Respondents Who Had Ever Had Asthma by Demographics and Region
(continued)**

“Have you ever been told by a doctor, nurse, or other health professional that you had asthma?”

Respondents Who Had Ever Had Asthma by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	354	360,146	13.1 (7.2-18.9)	86.9 (81.1-92.8)
	H.S. or G.E.D.	1,370	625,011	10.8 (8.3-13.4)	89.2 (86.6-91.7)
	Some Post H.S.	1,724	712,876	11.9 (9.5-14.3)	88.1 (85.7-90.5)
	College Graduate	1,620	421,060	10.2 (8.0-12.3)	89.8 (87.7-92.0)
Income	< 15,000	459	214,589	13.4 (7.9-18.9)	86.6 (81.1-92.1)
	\$15,000 to \$24,999	812	349,299	14.4 (9.4-19.4)	85.6 (80.6-90.6)
	\$25,000 to \$34,999	490	230,834	9.6 (5.2-14.0)	90.4 (86.0-94.8)
	\$35,000 to \$49,999	605	217,634	14.5 (9.9-19.1)	85.5 (80.9-90.1)
	\$50,000 to \$74,999	753	301,425	9.0 (5.9-12.0)	91.0 (88.0-94.1)
	\$75,000+	1,238	452,184	8.4 (6.1-10.6)	91.6 (89.4-93.9)
Veteran	Yes	778	272,598	7.2 (4.5-9.9)	92.8 (90.1-95.5)
	No	4,300	1,851,246	12.0 (10.3-13.7)	88.0 (86.3-89.7)

Respondents Who Currently Have Asthma by Demographics and Region
“Do you currently have asthma?”

Table-A 4: Respondents Who Currently Have Asthma by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,057	2,120,691	7.6 (6.4-8.8)	92.4 (91.2-93.6)
Geography	Clark County	1,537	1,532,754	7.5 (5.8-9.1)	92.5 (90.9-94.2)
	Washoe County	1,775	331,536	7.7 (6.3-9.1)	92.3 (90.9-93.7)
	Balance of State	1,745	256,401	8.2 (6.6-9.9)	91.8 (90.1-93.4)
Age	18 - 24	327	253,192	8.8 (4.2-13.4)	91.2 (86.6-95.8)
	25 - 34	565	387,881	8.6 (5.2-12.1)	91.4 (87.9-94.8)
	35 - 44	640	382,412	4.8 (2.9-6.7)	95.2 (93.3-97.1)
	45 - 54	860	381,211	7.8 (4.3-11.3)	92.2 (88.7-95.7)
	55 - 64	1,076	337,363	9.6 (7.0-12.2)	90.4 (87.8-93.0)
	65+	1,589	378,632	6.5 (4.7-8.4)	93.5 (91.6-95.3)
Sex	Male	2,177	1,063,841	4.7 (3.2-6.1)	95.3 (93.9-96.8)
	Female	2,880	1,056,850	10.5 (8.6-12.5)	89.5 (87.5-91.4)
Race/Ethnicity	White	3,707	1,168,398	7.7 (6.4-9.0)	92.3 (91.0-93.6)
	Black	187	160,933	15.3 (8.2-22.3)	84.7 (77.7-91.8)
	Other Race	472	247,495	3.7 (2.0-5.4)	96.3 (94.6-98.0)
	Hispanic	608	510,716	5.9 (2.9-8.9)	94.1 (91.1-97.1)

Respondents who Currently Have Asthma by Demographics and Region
(continued)

“Do you currently have asthma?”

Respondents Who Currently Have Asthma by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	352	359,520	8.8 (4.2-13.3)	91.2 (86.7-95.8)
	H.S. or G.E.D.	1,364	623,728	7.6 (5.5-9.8)	92.4 (90.2-94.5)
	Some Post H.S.	1,716	712,110	7.4 (5.5-9.3)	92.6 (90.7-94.5)
	College Graduate	1,608	418,287	7.0 (5.1-8.8)	93.0 (91.2-94.9)
Income	< 15,000	458	213,973	11.3 (6.0-16.6)	88.7 (83.4-94.0)
	\$15,000 to \$24,999	807	348,801	8.9 (5.6-12.2)	91.1 (87.8-94.4)
	\$25,000 to \$34,999	486	230,436	7.7 (3.5-11.9)	92.3 (88.1-96.5)
	\$35,000 to \$49,999	601	217,012	8.4 (5.1-11.8)	91.6 (88.2-94.9)
	\$50,000 to \$74,999	749	300,133	4.4 (2.6-6.2)	95.6 (93.8-97.4)
	\$75,000+	1,231	450,715	4.9 (3.4-6.5)	95.1 (93.5-96.6)
Veteran	Yes	775	271,919	5.2 (3.1-7.2)	94.8 (92.8-96.9)
	No	4,275	1,846,475	8.0 (6.6-9.3)	92.0 (90.7-93.4)

Heart Attack Prevalence by Demographics and Region

“Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?”

Table-A 5: Heart Attack Prevalence by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,082	2,122,728	4.4 (3.6-5.3)	95.6 (94.7-96.4)
Geography	Clark County	1,535	1,530,694	4.2 (3.0-5.3)	95.8 (94.7-97.0)
	Washoe County	1,786	332,619	5.0 (3.7-6.2)	95.0 (93.8-96.3)
	Balance of State	1,761	259,416	5.4 (4.1-6.6)	94.6 (93.4-95.9)
Age	18 - 24	330	255,736	0.0	100.0 (100.0-100.0)
	25 - 34	567	388,201	0.5 (0.0-1.3)	99.5 (98.7-100.0)
	35 - 44	643	382,960	3.8 (1.5-6.1)	96.2 (93.9-98.5)
	45 - 54	869	381,814	2.2 (1.0-3.5)	97.8 (96.5-99.0)
	55 - 64	1,078	337,125	7.2 (4.4-10.0)	92.8 (90.0-95.6)
	65+	1,595	376,892	11.9 (9.1-14.7)	88.1 (85.3-90.9)
Sex	Male	2,187	1,065,236	5.2 (4.0-6.5)	94.8 (93.5-96.0)
	Female	2,895	1,057,492	3.6 (2.5-4.8)	96.4 (95.2-97.5)
Race/Ethnicity	White	3,730	1,172,249	5.3 (4.2-6.4)	94.7 (93.6-95.8)
	Black	187	160,933	6.5 (2.1-11.0)	93.5 (89.0-97.9)
	Other Race	475	247,242	2.5 (0.8-4.1)	97.5 (95.9-99.2)
	Hispanic	607	509,155	3.0 (1.1-4.8)	97.0 (95.2-98.9)

Heart Attack Prevalence by Demographics and Region (continued)

“Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?”

Heart Attack Prevalence by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	350	359,515	5.3 (2.4-8.3)	94.7 (91.7-97.6)
	H.S. or G.E.D.	1,374	624,518	3.9 (2.7-5.1)	96.1 (94.9-97.3)
	Some Post H.S.	1,719	711,160	5.1 (3.5-6.6)	94.9 (93.4-96.5)
	College Graduate	1,622	420,488	3.5 (2.2-4.8)	96.5 (95.2-97.8)
Income	< 15,000	458	214,368	6.3 (2.3-10.3)	93.7 (89.7-97.7)
	\$15,000 to \$24,999	809	347,640	4.8 (3.2-6.4)	95.2 (93.6-96.8)
	\$25,000 to \$34,999	488	228,833	6.6 (3.1-10.1)	93.4 (89.9-96.9)
	\$35,000 to \$49,999	608	219,620	5.9 (3.0-8.8)	94.1 (91.2-97.0)
	\$50,000 to \$74,999	751	300,642	3.9 (2.2-5.5)	96.1 (94.5-97.8)
	\$75,000+	1,241	452,952	2.1 (1.1-3.1)	97.9 (96.9-98.9)
Veteran	Yes	775	270,243	8.3 (6.1-10.6)	91.7 (89.4-93.9)
	No	4,300	1,850,189	3.9 (3.0-4.8)	96.1 (95.2-97.0)

Coronary Heart Disease Prevalence by Demographics and Region
“Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease?”

Table-A 6: Coronary Heart Disease Prevalence by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,063	2,118,500	3.4 (2.7-4.0)	96.6 (96.0-97.3)
Geography	Clark County	1,532	1,528,059	3.1 (2.2-3.9)	96.9 (96.1-97.8)
	Washoe County	1,782	333,730	3.7 (2.7-4.7)	96.3 (95.3-97.3)
	Balance of State	1,749	256,711	4.5 (3.4-5.6)	95.5 (94.4-96.6)
Age	18 - 24	329	255,377	0.0	100.0 (100.0-100.0)
	25 - 34	566	388,465	0.5 (0.0-1.0)	99.5 (99.0-100.0)
	35 - 44	640	382,268	1.3 (0.3-2.3)	98.7 (97.7-99.7)
	45 - 54	868	381,559	2.9 (1.0-4.8)	97.1 (95.2-99.0)
	55 - 64	1,079	335,723	5.1 (3.3-7.0)	94.9 (93.0-96.7)
	65+	1,581	375,109	9.6 (7.3-11.9)	90.4 (88.1-92.7)
Sex	Male	2,176	1,060,552	3.9 (2.9-4.9)	96.1 (95.1-97.1)
	Female	2,887	1,057,949	2.8 (2.0-3.7)	97.2 (96.3-98.0)
Race/Ethnicity	White	3,715	1,169,323	4.2 (3.2-5.1)	95.8 (94.9-96.8)
	Black	185	159,415	5.0 (2.2-7.7)	95.0 (92.3-97.8)
	Other Race	472	246,313	2.5 (0.9-4.1)	97.5 (95.9-99.1)
	Hispanic	609	510,660	1.5 (0.5-2.6)	98.5 (97.4-99.5)

**Coronary Heart Disease Prevalence by Demographics and Region
(Continued)**

“Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease?”

Coronary Heart Disease Prevalence by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	351	361,018	3.5 (1.5-5.6)	96.5 (94.4-98.5)
	H.S. or G.E.D.	1,363	622,536	2.8 (1.9-3.7)	97.2 (96.3-98.1)
	Some Post H.S.	1,710	707,502	3.2 (2.2-4.2)	96.8 (95.8-97.8)
	College Graduate	1,622	420,397	4.4 (2.7-6.1)	95.6 (93.9-97.3)
Income	< 15,000	454	212,895	3.5 (1.4-5.7)	96.5 (94.3-98.6)
	\$15,000 to \$24,999	804	346,596	5.7 (3.3-8.0)	94.3 (92.0-96.7)
	\$25,000 to \$34,999	486	230,292	3.1 (1.5-4.7)	96.9 (95.3-98.5)
	\$35,000 to \$49,999	605	215,993	3.1 (1.5-4.7)	96.9 (95.3-98.5)
	\$50,000 to \$74,999	750	300,519	3.7 (1.8-5.5)	96.3 (94.5-98.2)
	\$75,000+	1,236	451,794	2.2 (1.0-3.4)	97.8 (96.6-99.0)
Veteran	Yes	771	269,161	7.4 (5.0-9.8)	92.6 (90.2-95.0)
	No	4,285	1,847,043	2.8 (2.1-3.4)	97.2 (96.6-97.9)

Stroke Prevalence by Demographics and Region

“Has a doctor, nurse, or other health professional ever told you that you had a stroke?”

Table-A 7: Stroke Prevalence by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,083	2,126,770	2.9 (2.2-3.5)	97.1 (96.5-97.8)
Geography	Clark County	1,541	1,535,002	2.8 (2.0-3.6)	97.2 (96.4-98.0)
	Washoe County	1,786	334,101	2.4 (1.5-3.2)	97.6 (96.8-98.5)
	Balance of State	1,756	257,667	3.8 (2.7-4.8)	96.2 (95.2-97.3)
Age	18 - 24	330	255,736	0.2 (0.0-0.5)	99.8 (99.5-100.0)
	25 - 34	568	389,033	0.7 (0.0-1.5)	99.3 (98.5-100.0)
	35 - 44	643	382,960	0.8 (0.2-1.4)	99.2 (98.6-99.8)
	45 - 54	867	380,821	2.4 (0.8-4.0)	97.6 (96.0-99.2)
	55 - 64	1,079	338,665	4.4 (2.1-6.8)	95.6 (93.2-97.9)
	65+	1,596	379,554	8.1 (6.1-10.0)	91.9 (90.0-93.9)
Sex	Male	2,188	1,067,548	2.8 (1.8-3.7)	97.2 (96.3-98.2)
	Female	2,895	1,059,222	3.0 (2.2-3.7)	97.0 (96.3-97.8)
Race/Ethnicity	White	3,729	1,174,678	3.1 (2.4-3.8)	96.9 (96.2-97.6)
	Black	187	160,933	5.3 (1.8-8.7)	94.7 (91.3-98.2)
	Other Race	475	247,079	2.4 (0.4-4.4)	97.6 (95.6-99.6)
	Hispanic	610	511,016	1.8 (0.4-3.2)	98.2 (96.8-99.6)

Stroke Prevalence by Demographics and Region (continued)

“Has a doctor, nurse, or other health professional ever told you that you had a stroke?”

Stroke Prevalence by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	352	360,469	2.3 (0.7-3.8)	97.7 (96.2-99.3)
	H.S. or G.E.D.	1,367	624,602	2.5 (1.6-3.4)	97.5 (96.6-98.4)
	Some Post H.S.	1,725	713,568	3.6 (2.3-5.0)	96.4 (95.0-97.7)
	College Graduate	1,622	421,085	2.7 (1.5-3.8)	97.3 (96.2-98.5)
Income	< 15,000	459	213,994	6.0 (2.4-9.5)	94.0 (90.5-97.6)
	\$15,000 to \$24,999	808	348,075	2.6 (1.4-3.9)	97.4 (96.1-98.6)
	\$25,000 to \$34,999	489	230,736	2.9 (1.4-4.5)	97.1 (95.5-98.6)
	\$35,000 to \$49,999	606	219,261	2.9 (0.9-5.0)	97.1 (95.0-99.1)
	\$50,000 to \$74,999	752	301,297	2.7 (1.0-4.5)	97.3 (95.5-99.0)
	\$75,000+	1,240	453,179	1.4 (0.6-2.2)	98.6 (97.8-99.4)
Veteran	Yes	776	272,330	4.4 (2.5-6.3)	95.6 (93.7-97.5)
	No	4,300	1,852,144	2.6 (2.0-3.3)	97.4 (96.7-98.0)

High Cholesterol by Demographics and Region

Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

Table-A 8: High Cholesterol Prevalence by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	4,237	1,588,513	38.6 (35.9-41.2)	61.4 (58.8-64.1)
Geography	Clark County	1,256	1,137,770	38.8 (35.2-42.4)	61.2 (57.6-64.8)
	Washoe County	1,496	254,139	36.7 (33.5-39.8)	63.3 (60.2-66.5)
	Balance of State	1,485	196,604	39.8 (36.5-43.0)	60.2 (57.0-63.5)
Age	18 - 24	134	100,388	22.9 (10.5-35.3)	77.1 (64.7-89.5)
	25 - 34	344	218,590	12.4 (7.2-17.6)	87.6 (82.4-92.8)
	35 - 44	502	286,968	27.0 (20.3-33.6)	73.0 (66.4-79.7)
	45 - 54	758	316,614	44.1 (37.5-50.7)	55.9 (49.3-62.5)
	55 - 64	990	308,756	52.9 (47.4-58.4)	47.1 (41.6-52.6)
	65+	1,509	357,198	51.0 (46.4-55.6)	49.0 (44.4-53.6)
Sex	Male	1,767	777,441	39.1 (35.1-43.2)	60.9 (56.8-64.9)
	Female	2,470	811,072	38.0 (34.5-41.5)	62.0 (58.5-65.5)
Race/Ethnicity	White	3,215	946,579	41.4 (38.5-44.3)	58.6 (55.7-61.5)
	Black	143	101,912	38.5 (28.2-48.8)	61.5 (51.2-71.8)
	Other Race	390	188,122	35.7 (27.0-44.5)	64.3 (55.5-73.0)
	Hispanic	421	325,945	33.0 (25.2-40.9)	67.0 (59.1-74.8)

High Cholesterol by Demographics and Region

Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

High Cholesterol Prevalence by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	229	208,678	45.4 (34.9-55.9)	54.6 (44.1-65.1)
	H.S. or G.E.D.	1,058	424,009	40.3 (35.3-45.3)	59.7 (54.7-64.7)
	Some Post H.S.	1,460	580,071	37.2 (32.9-41.5)	62.8 (58.5-67.1)
	College Graduate	1,474	368,748	35.5 (31.3-39.7)	64.5 (60.3-68.7)
Income	< 15,000	339	127,813	48.8 (37.4-60.2)	51.2 (39.8-62.6)
	\$15,000 to \$24,999	608	215,769	37.5 (30.5-44.5)	62.5 (55.5-69.5)
	\$25,000 to \$34,999	409	181,200	36.9 (28.3-45.4)	63.1 (54.6-71.7)
	\$35,000 to \$49,999	510	173,009	40.8 (33.4-48.2)	59.2 (51.8-66.6)
	\$50,000 to \$74,999	660	255,174	38.1 (31.5-44.6)	61.9 (55.4-68.5)
	\$75,000+	1,128	406,708	36.7 (31.8-41.6)	63.3 (58.4-68.2)
Veteran	Yes	713	235,366	43.2 (37.0-49.4)	56.8 (50.6-63.0)
	No	3,517	1,350,850	37.8 (34.8-40.7)	62.2 (59.3-65.2)

High Blood Pressure by Demographics and Region

Have you ever been told by a doctor, nurse, or other health professional that you had high blood pressure?

Table-A 9: High Blood Pressure Prevalence by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,091	2,123,072	30.6 (28.3-32.8)	69.4 (67.2-71.7)
Geography	Clark County	1,538	1,529,734	30.4 (27.3-33.4)	69.6 (66.6-72.7)
	Washoe County	1,791	334,811	28.0 (25.2-30.7)	72.0 (69.3-74.8)
	Balance of State	1,762	258,528	35.5 (32.6-38.3)	64.5 (61.7-67.4)
Age	18 - 24	329	255,631	5.4 (1.6-9.1)	94.6 (90.9-98.4)
	25 - 34	568	389,033	11.3 (7.4-15.1)	88.7 (84.9-92.6)
	35 - 44	640	379,636	19.0 (14.2-23.9)	81.0 (76.1-85.8)
	45 - 54	868	381,641	36.8 (30.4-43.1)	63.2 (56.9-69.6)
	55 - 64	1,080	336,952	45.1 (39.8-50.4)	54.9 (49.6-60.2)
	65+	1,606	380,180	59.8 (55.5-64.1)	40.2 (35.9-44.5)
Sex	Male	2,191	1,066,754	31.2 (27.8-34.6)	68.8 (65.4-72.2)
	Female	2,900	1,056,317	30.0 (27.0-33.0)	70.0 (67.0-73.0)
Race/Ethnicity	White	3,737	1,174,326	32.7 (30.2-35.2)	67.3 (64.8-69.8)
	Black	185	157,267	44.7 (35.2-54.3)	55.3 (45.7-64.8)
	Other Race	476	247,499	24.9 (18.4-31.3)	75.1 (68.7-81.6)
	Hispanic	611	511,095	24.9 (19.1-30.7)	75.1 (69.3-80.9)

High Blood Pressure by Demographics and Region

Have you ever been told by a doctor, nurse, or other health professional that you had high blood pressure?

High Blood Pressure Prevalence by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	354	358,985	38.4 (30.4-46.4)	61.6 (53.6-69.6)
	H.S. or G.E.D.	1,372	624,738	27.7 (23.9-31.4)	72.3 (68.6-76.1)
	Some Post H.S.	1,725	712,061	30.8 (27.2-34.5)	69.2 (65.5-72.8)
	College Graduate	1,623	420,241	27.6 (24.1-31.0)	72.4 (69.0-75.9)
Income	< 15,000	459	211,055	42.7 (33.2-52.3)	57.3 (47.7-66.8)
	\$15,000 to \$24,999	812	348,788	35.1 (29.3-40.8)	64.9 (59.2-70.7)
	\$25,000 to \$34,999	489	229,834	35.5 (28.1-43.0)	64.5 (57.0-71.9)
	\$35,000 to \$49,999	608	219,620	26.0 (20.7-31.3)	74.0 (68.7-79.3)
	\$50,000 to \$74,999	753	301,425	26.0 (20.9-31.1)	74.0 (68.9-79.1)
	\$75,000+	1,240	452,146	26.9 (22.7-31.1)	73.1 (68.9-77.3)
Veteran	Yes	779	271,779	43.4 (37.3-49.6)	56.6 (50.4-62.7)
	No	4,305	1,848,996	28.7 (26.3-31.1)	71.3 (68.9-73.7)

Cholesterol Check

Respondents Who Have Had Their Cholesterol Checked Within the Past 5 Years

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Table-A 10: Respondents Who Have Had Their Cholesterol Checked Within 5 years

Demographic	Grouping	N	Weighted N	Yes	No	Never
Statewide	Nevada	4,924	2,031,461	74.0 (71.4-76.5)	3.7 (2.7-4.8)	22.3 (19.8-24.8)
Geography	Clark County	1,482	1,460,628	73.7 (70.2-77.1)	3.3 (2.0-4.7)	23.0 (19.7-26.3)
	Washoe County	1,738	322,526	74.1 (70.9-77.4)	5.2 (2.9-7.4)	20.7 (17.8-23.5)
	Balance of State	1,704	248,307	75.5 (72.4-78.6)	4.3 (3.0-5.5)	20.2 (17.2-23.2)
Age	18 - 24	304	231,604	40.6 (31.8-49.3)	1.5 (0.0-3.7)	57.9 (49.1-66.7)
	25 - 34	523	361,183	55.7 (48.9-62.6)	4.3 (1.5-7.1)	40.0 (33.1-46.9)
	35 - 44	615	363,020	72.8 (66.4-79.1)	5.1 (1.5-8.8)	22.1 (16.3-27.9)
	45 - 54	853	373,608	80.0 (74.0-86.0)	3.9 (2.1-5.7)	16.1 (10.1-22.0)
	55 - 64	1,061	332,850	88.8 (85.7-91.9)	5.0 (2.9-7.2)	6.2 (3.8-8.5)
	65+	1,568	369,196	94.4 (92.2-96.6)	2.0 (0.3-3.6)	3.6 (2.1-5.1)
Sex	Male	2,122	1,018,761	71.4 (67.5-75.2)	4.4 (2.6-6.2)	24.2 (20.5-28.0)
	Female	2,802	1,012,700	76.6 (73.3-79.8)	3.1 (2.0-4.1)	20.3 (17.1-23.5)
Race/Ethnicity	White	3,614	1,124,499	80.6 (78.2-83.0)	3.2 (2.3-4.0)	16.2 (13.9-18.6)
	Black	179	148,739	65.2 (54.9-75.4)	3.0 (0.2-5.9)	31.8 (21.6-42.0)
	Other Race	465	239,436	75.0 (66.6-83.5)	3.4 (0.4-6.4)	21.5 (13.2-29.8)
	Hispanic	588	486,412	61.1 (54.3-68.0)	5.0 (1.7-8.3)	33.9 (27.2-40.6)

Cholesterol Check

Respondents Who Have Had Their Cholesterol Checked Within the Past 5 Years

Respondents Who Have Had Their Cholesterol Checked Within 5 years Continued

Nevada Behavioral Risk Factor Surveillance System 2013 Annual Report
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Demographic	Grouping	N	Weighted N	Yes	No	Never
Education	Less than H.S.	338	348,020	55.7 (47.2-64.1)	4.1 (0.5-7.8)	40.2 (31.7-48.7)
	H.S. or G.E.D.	1,317	592,480	67.8 (62.9-72.7)	3.0 (1.5-4.4)	29.2 (24.3-34.2)
	Some Post H.S.	1,665	675,070	81.1 (77.8-84.3)	4.1 (2.3-5.9)	14.8 (12.0-17.7)
	College Graduate	1,588	408,904	87.0 (84.0-89.9)	3.4 (1.9-4.9)	9.6 (7.0-12.3)
Income	< 15,000	440	205,029	57.7 (47.5-67.9)	4.2 (0.0-9.5)	38.1 (27.8-48.3)
	\$15,000 to \$24,999	783	329,864	60.8 (54.1-67.5)	3.7 (1.6-5.9)	35.4 (28.7-42.1)
	\$25,000 to \$34,999	475	216,989	78.4 (72.0-84.9)	4.7 (0.5-8.9)	16.9 (11.5-22.3)
	\$35,000 to \$49,999	591	212,158	76.5 (70.4-82.7)	4.9 (1.9-7.9)	18.6 (12.8-24.3)
	\$50,000 to \$74,999	732	288,103	84.8 (80.7-89.0)	4.0 (1.9-6.1)	11.1 (7.4-14.8)
	\$75,000+	1,214	437,986	89.5 (86.7-92.4)	2.3 (1.0-3.6)	8.2 (5.6-10.8)
Veteran	Yes	758	259,771	86.0 (80.2-91.7)	2.7 (0.9-4.4)	11.3 (5.7-17.0)
	No	4,160	1,769,453	72.2 (69.4-75.0)	3.9 (2.7-5.1)	23.9 (21.2-26.6)

Sigmoidoscopy/Colonoscopy by Demographics and Region

“Sigmoidoscopy and colonoscopy are exams in which a tube is inserted into the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?” Asked to respondents 50 years of age or more.

Table-A 11: 50+ Sigmoidoscopy/Colonoscopy Screening by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	2,875	817,891	60.7 (57.2-64.2)	39.3 (35.8-42.8)
Geography	Clark County	799	557,619	59.3 (54.4-64.1)	40.7 (35.9-45.6)
	Washoe County	979	135,873	67.4 (62.6-72.1)	32.6 (27.9-37.4)
	Balance of State	1,097	124,399	59.9 (56.0-63.7)	40.1 (36.3-44.0)
Age	50 - 54	425	176,052	40.0 (31.3-48.7)	60.0 (51.3-68.7)
	55 - 64	979	304,138	60.6 (55.2-66.0)	39.4 (34.0-44.8)
	65+	1,471	337,701	71.6 (66.9-76.2)	28.4 (23.8-33.1)
Sex	Male	1,211	395,115	61.3 (56.0-66.5)	38.7 (33.5-44.0)
	Female	1,664	422,777	60.2 (55.6-64.8)	39.8 (35.2-44.4)
Race/Ethnicity	White	2,361	578,214	64.8 (61.3-68.3)	35.2 (31.7-38.7)
	Black	87	55,818	62.1 (47.5-76.7)	37.9 (23.3-52.5)
	Other Race	217	69,296	49.7 (37.3-62.2)	50.3 (37.8-62.7)
	Hispanic	173	106,740	44.8 (31.3-58.3)	55.2 (41.7-68.7)

Sigmoidoscopy/Colonoscopy by Demographics and Region (continued)

“Sigmoidoscopy and colonoscopy are exams in which a tube is inserted into the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?”

Sigmoidoscopy/Colonoscopy Screening by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	165	120,499	45.9 (34.0-57.8)	54.1 (42.2-66.0)
	H.S. or G.E.D.	758	233,933	58.4 (52.1-64.6)	41.6 (35.4-47.9)
	Some Post H.S.	1,031	298,938	61.9 (56.9-67.0)	38.1 (33.0-43.1)
	College Graduate	915	163,745	72.7 (67.5-77.9)	27.3 (22.1-32.5)
Income	< 15,000	275	81,414	39.0 (27.4-50.6)	56.4 (43.4-69.4)
	\$15,000 to \$24,999	454	121,999	57.9 (49.2-66.7)	41.6 (32.8-50.3)
	\$25,000 to \$34,999	287	85,147	63.3 (52.9-73.8)	36.5 (26.1-47.0)
	\$35,000 to \$49,999	358	100,833	61.2 (51.4-71.1)	38.6 (28.8-48.5)
	\$50,000 to \$74,999	430	121,238	64.0 (56.0-71.9)	35.3 (27.4-43.2)
	\$75,000+	656	181,603	71.4 (64.9-77.8)	28.6 (22.2-35.1)
Veteran	Yes	576	158,627	66.4 (58.4-74.4)	33.6 (25.6-41.6)
	No	2,296	658,544	59.3 (55.4-63.2)	40.7 (36.8-44.6)

Past 2 Year Blood Stool Test by Demographics and Region
Nevada adults 50+ who have had a Blood Stool test within the past 2 years.

Table-A 12: Blood Stool Test Within the Past Two Years by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	2,846	816,468	16.2 (13.8-18.7)	83.8 (81.3-86.2)
Geography	Clark County	797	560,396	19.0 (15.5-22.6)	81.0 (77.4-84.5)
	Washoe County	967	134,105	8.3 (6.4-10.2)	91.7 (89.8-93.6)
	Balance of State	1,082	121,967	12.1 (9.7-14.5)	87.9 (85.5-90.3)
Age	50 - 54	423	179,594	7.9 (2.6-13.3)	92.1 (86.7-97.4)
	55 - 64	970	302,901	13.7 (9.9-17.5)	86.3 (82.5-90.1)
	65+	1,453	333,973	23.1 (19.2-26.9)	76.9 (73.1-80.8)
Sex	Male	1,199	395,397	13.4 (10.0-16.7)	86.6 (83.3-90.0)
	Female	1,647	421,071	18.9 (15.4-22.5)	81.1 (77.5-84.6)
Race/Ethnicity	White	2,331	572,330	16.3 (13.8-18.7)	83.7 (81.3-86.2)
	Black	87	56,738	36.2 (20.0-52.3)	63.8 (47.7-80.0)
	Other Race	217	69,279	12.7 (4.9-20.5)	87.3 (79.5-95.1)
	Hispanic	173	110,253	7.6 (0.4-14.8)	92.4 (85.2-99.6)

Past 2 Year Blood Stool Test by Demographics and Region
Nevada adults 50+ who have had a Blood Stool test within the past 2 years.

Blood Stool Test Within the Past Two Years Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	160	122,991	15.1 (6.1-24.2)	84.9 (75.8-93.9)
	H.S. or G.E.D.	750	233,079	17.9 (13.6-22.2)	82.1 (77.8-86.4)
	Some Post H.S.	1,025	296,877	15.9 (12.0-19.9)	84.1 (80.1-88.0)
	College Graduate	905	162,745	15.3 (11.5-19.0)	84.7 (81.0-88.5)
Income	< 15,000	273	80,867	15.2 (7.1-23.4)	83.8 (75.6-92.0)
	\$15,000 to \$24,999	453	121,961	18.0 (11.2-24.8)	81.8 (75.0-88.6)
	\$25,000 to \$34,999	285	84,940	21.0 (11.5-30.6)	77.6 (67.9-87.3)
	\$35,000 to \$49,999	358	100,833	10.0 (6.0-14.1)	89.6 (85.5-93.7)
	\$50,000 to \$74,999	425	119,864	19.8 (13.2-26.3)	80.2 (73.6-86.7)
	\$75,000+	651	180,430	13.0 (7.9-18.1)	86.8 (81.6-91.9)
Veteran	Yes	571	157,887	16.6 (12.1-21.1)	83.4 (78.9-87.9)
	No	2,272	657,861	16.2 (13.3-19.0)	83.8 (81.0-86.7)

Diabetes Prevalence by Demographics and Region

“Have you ever been told by a doctor or other health professional that you have diabetes?”

Table-A 13: Diabetes Prevalence by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes	Yes Female During Pregnancy	No	No Pre-diabetes
Statewide	Nevada	5,088	2,126,346	9.6 (8.1-11.1)	0.7 (0.4-1.1)	88.5 (86.9-90.1)	1.2 (0.7-1.7)
Geography	Clark County	1,537	1,532,381	10.2 (8.2-12.2)	0.7 (0.3-1.2)	87.9 (85.8-90.1)	1.2 (0.5-1.9)
	Washoe County	1,788	334,529	7.8 (6.3-9.3)	0.8 (0.3-1.3)	90.6 (88.9-92.2)	0.8 (0.3-1.3)
	Balance of State	1,763	259,436	8.5 (7.0-10.0)	0.5 (0.2-0.9)	89.5 (87.8-91.2)	1.6 (0.8-2.4)
Age	18 - 24	329	254,807	1.1 (0.0-2.8)	0.0	98.3 (96.2-100.0)	0.6 (0.0-1.8)
	25 - 34	567	388,943	2.8 (0.4-5.3)	1.5 (0.1-2.9)	95.6 (92.8-98.3)	0.0 (0.0-0.1)
	35 - 44	643	382,960	4.2 (1.8-6.5)	1.5 (0.5-2.6)	93.2 (90.3-96.1)	1.1 (0.0-2.5)
	45 - 54	866	380,843	13.3 (8.2-18.4)	0.5 (0.0-0.9)	84.3 (78.9-89.6)	2.0 (0.2-3.8)
	55 - 64	1,082	339,112	14.2 (10.2-18.2)	0.2 (0.0-0.5)	84.5 (80.5-88.6)	1.0 (0.3-1.8)
	65+	1,601	379,680	19.8 (16.2-23.4)	0.3 (0.0-0.6)	77.8 (74.1-81.5)	2.1 (0.8-3.4)
Sex	Male	2,191	1,068,160	10.6 (8.4-12.8)	0.0	88.4 (86.1-90.7)	1.0 (0.3-1.7)
	Female	2,897	1,058,185	8.5 (6.6-10.5)	1.4 (0.8-2.1)	88.7 (86.5-90.9)	1.3 (0.6-2.1)
Race/Ethnicity	White	3,733	1,174,291	8.1 (6.8-9.5)	0.8 (0.3-1.4)	90.1 (88.6-91.6)	0.9 (0.4-1.4)
	Black	186	160,751	14.4 (7.6-21.2)	0.0	84.2 (77.1-91.2)	1.4 (0.0-3.5)
	Other Race	476	247,259	14.1 (8.0-20.1)	0.6 (0.0-1.5)	81.3 (74.6-88.0)	4.0 (0.6-7.5)
	Hispanic	610	510,895	9.5 (5.6-13.3)	0.7 (0.2-1.2)	89.5 (85.6-93.4)	0.3 (0.0-0.7)

Diabetes Prevalence by Demographics and Region Continued

“Have you ever been told by a doctor or other health professional that you have diabetes?”

Diabetes Prevalence by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	Yes Female During Pregnancy	No	No Pre-diabetess
Education	Less than H.S.	355	362,220	12.2 (6.9-17.6)	0.7 (0.1-1.2)	86.1 (80.7-91.5)	1.0 (0.1-1.8)
	H.S. or G.E.D.	1,371	623,243	8.1 (6.0-10.1)	1.4 (0.3-2.4)	89.4 (86.9-91.9)	1.2 (0.2-2.2)
	Some Post H.S.	1,724	712,846	10.9 (8.3-13.6)	0.1 (0.0-0.2)	87.2 (84.4-90.1)	1.7 (0.6-2.9)
	College Graduate	1,621	420,989	7.4 (5.2-9.7)	0.9 (0.2-1.5)	91.4 (89.0-93.7)	0.3 (0.1-0.5)
Income	< 15,000	458	212,587	14.5 (8.3-20.7)	0.2 (0.0-0.5)	84.0 (77.7-90.4)	1.3 (0.0-2.8)
	\$15,000 to \$24,999	810	348,831	10.8 (6.9-14.6)	0.7 (0.0-1.4)	87.7 (83.7-91.6)	0.9 (0.2-1.5)
	\$25,000 to \$34,999	490	230,951	8.9 (5.2-12.5)	1.5 (0.0-3.5)	88.8 (84.7-93.0)	0.8 (0.1-1.5)
	\$35,000 to \$49,999	607	219,342	10.9 (5.8-16.0)	1.7 (0.0-3.4)	85.9 (80.3-91.4)	1.5 (0.0-3.4)
	\$50,000 to \$74,999	752	300,925	9.0 (5.7-12.2)	0.6 (0.0-1.2)	90.0 (86.6-93.3)	0.5 (0.0-1.1)
	\$75,000+	1,241	453,140	6.1 (3.7-8.5)	0.6 (0.1-1.0)	91.2 (88.2-94.1)	2.2 (0.3-4.1)
Veteran	Yes	778	272,596	16.0 (12.0-20.0)	0.4 (0.0-1.2)	82.0 (77.7-86.3)	1.6 (0.0-3.2)
	No	4,303	1,851,453	8.7 (7.1-10.3)	0.8 (0.4-1.1)	89.5 (87.8-91.2)	1.1 (0.6-1.6)

Nevada Adults Who Are Limited (Disability) by Demographics and Region
“Are you limited in any way in any activities because of physical, mental, or emotional problems?”

Table-A 14: Limited Activities Because of Disabilities

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,005	2,100,868	18.8 (16.9-20.7)	81.2 (79.3-83.1)
Geography	Clark County	1,520	1,518,300	17.9 (15.4-20.5)	82.1 (79.5-84.6)
	Washoe County	1,754	327,100	19.8 (17.2-22.4)	80.2 (77.6-82.8)
	Balance of State	1,731	255,469	22.6 (20.1-25.1)	77.4 (74.9-79.9)
Age	18 - 24	324	252,359	7.7 (3.1-12.3)	92.3 (87.7-96.9)
	25 - 34	555	384,043	15.4 (9.9-20.8)	84.6 (79.2-90.1)
	35 - 44	632	377,244	10.9 (7.4-14.4)	89.1 (85.6-92.6)
	45 - 54	856	375,714	20.9 (15.6-26.1)	79.1 (73.9-84.4)
	55 - 64	1,063	336,528	26.0 (21.4-30.6)	74.0 (69.4-78.6)
	65+	1,575	374,981	29.2 (25.3-33.1)	70.8 (66.9-74.7)
Sex	Male	2,159	1,057,648	16.8 (13.9-19.8)	83.2 (80.2-86.1)
	Female	2,846	1,043,220	20.8 (18.3-23.3)	79.2 (76.7-81.7)
Race/Ethnicity	White	3,679	1,162,398	22.4 (20.2-24.7)	77.6 (75.3-79.8)
	Black	184	159,830	18.0 (10.7-25.2)	82.0 (74.8-89.3)
	Other Race	468	242,489	16.0 (8.6-23.3)	84.0 (76.7-91.4)
	Hispanic	595	503,402	12.0 (7.9-16.1)	88.0 (83.9-92.1)

**Nevada Adults Who Are Limited (Disability) by Demographics and Region
Continued**

“Are you limited in any way in any activities because of physical, mental, or emotional problems?”

Limited Activities Because of Disabilities Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	349	357,511	22.6 (15.5-29.7)	77.4 (70.3-84.5)
	H.S. or G.E.D.	1,347	617,865	17.2 (14.2-20.2)	82.8 (79.8-85.8)
	Some Post H.S.	1,701	705,173	20.6 (17.4-23.8)	79.4 (76.2-82.6)
	College Graduate	1,594	413,445	15.0 (12.0-18.0)	85.0 (82.0-88.0)
Income	< 15,000	454	212,421	32.5 (23.6-41.5)	67.5 (58.5-76.4)
	\$15,000 to \$24,999	796	342,565	23.0 (17.6-28.4)	77.0 (71.6-82.4)
	\$25,000 to \$34,999	482	229,405	19.6 (13.4-25.8)	80.4 (74.2-86.6)
	\$35,000 to \$49,999	601	218,247	20.1 (15.3-24.8)	79.9 (75.2-84.7)
	\$50,000 to \$74,999	744	298,237	12.8 (9.3-16.3)	87.2 (83.7-90.7)
	\$75,000+	1,230	450,197	13.4 (10.1-16.8)	86.6 (83.2-89.9)
Veteran	Yes	767	267,157	23.0 (17.5-28.5)	77.0 (71.5-82.5)
	No	4,232	1,831,474	18.2 (16.2-20.3)	81.8 (79.7-83.8)

Nevada Adults Who Require Special Equipment by Demographics and Region
“Do you now have any health problem that requires you to use special equipment, such as cane, a wheelchair, a special bed, or a special telephone?” (Include occasional use or use in certain circumstances)

Table-A 15: Nevadans Requiring Special Equipment Because of Disabilities by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,036	2,101,072	7.9 (6.7-9.2)	92.1 (90.8-93.3)
Geography	Clark County	1,526	1,516,445	7.8 (6.1-9.4)	92.2 (90.6-93.9)
	Washoe County	1,762	328,032	7.9 (5.8-10.0)	92.1 (90.0-94.2)
	Balance of State	1,748	256,596	8.6 (7.0-10.3)	91.4 (89.7-93.0)
Age	18 - 24	324	252,078	0.6 (0.0-1.2)	99.4 (98.8-100.0)
	25 - 34	556	383,623	2.3 (0.3-4.3)	97.7 (95.7-99.7)
	35 - 44	633	377,901	3.9 (1.8-5.9)	96.1 (94.1-98.2)
	45 - 54	856	374,588	6.5 (3.6-9.4)	93.5 (90.6-96.4)
	55 - 64	1,072	333,872	12.0 (8.0-16.0)	88.0 (84.0-92.0)
	65+	1,595	379,011	20.3 (16.4-24.2)	79.7 (75.8-83.6)
Sex	Male	2,166	1,058,721	7.1 (5.2-9.0)	92.9 (91.0-94.8)
	Female	2,870	1,042,352	8.7 (7.1-10.3)	91.3 (89.7-92.9)
Race/Ethnicity	White	3,705	1,166,018	8.6 (7.3-9.9)	91.4 (90.1-92.7)
	Black	186	160,690	13.2 (6.5-19.8)	86.8 (80.2-93.5)
	Other Race	470	242,323	5.6 (2.0-9.2)	94.4 (90.8-98.0)
	Hispanic	595	499,249	5.7 (2.5-9.0)	94.3 (91.0-97.5)

Nevada Adults Who Require Special Equipment by Demographics and Region Continued

“Do you now have any health problem that requires you to use special equipment, such as cane, a wheelchair, a special bed, or a special telephone?” (Include occasional use or use in certain circumstances)

Nevadans Requiring Special Equipment Because of Disabilities by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	350	354,134	11.2 (6.2-16.2)	88.8 (83.8-93.8)
	H.S. or G.E.D.	1,355	618,730	8.5 (6.2-10.8)	91.5 (89.2-93.8)
	Some Post H.S.	1,714	708,042	7.6 (5.8-9.3)	92.4 (90.7-94.2)
	College Graduate	1,602	413,248	4.9 (3.5-6.4)	95.1 (93.6-96.5)
Income	< 15,000	459	214,285	17.7 (11.3-24.1)	82.3 (75.9-88.7)
	\$15,000 to \$24,999	797	338,033	13.1 (8.7-17.5)	86.9 (82.5-91.3)
	\$25,000 to \$34,999	488	229,612	6.8 (3.4-10.2)	93.2 (89.8-96.6)
	\$35,000 to \$49,999	603	218,574	5.8 (3.3-8.3)	94.2 (91.7-96.7)
	\$50,000 to \$74,999	745	297,180	2.9 (1.5-4.2)	97.1 (95.8-98.5)
	\$75,000+	1,231	449,541	3.9 (2.4-5.3)	96.1 (94.7-97.6)
Veteran	Yes	770	269,707	11.8 (7.9-15.8)	88.2 (84.2-92.1)
	No	4,260	1,829,129	7.3 (6.0-8.7)	92.7 (91.3-94.0)

Perceived Health Status by Demographics and Region
"How would you rate your general health (excellent, very good, good, fair, or poor)?"

Table-A 16: Self-Reported Perceived Health Status

Demographic	Grouping	N	Weighted N	Excellent	Very Good	Good	Fair	Poor
Statewide	Nevada	5,088	2,122,726	18.0 (16.1-19.9)	32.8 (30.5-35.2)	31.9 (29.5-34.4)	12.9 (11.1-14.6)	4.4 (3.4-5.4)
Geography	Clark County	1,536	1,530,039	18.0 (15.4-20.5)	32.9 (29.7-36.1)	32.1 (28.8-35.5)	12.8 (10.5-15.1)	4.2 (2.9-5.5)
	Washoe County	1,792	335,054	18.8 (16.5-21.1)	35.0 (32.1-37.9)	28.2 (25.2-31.2)	13.1 (10.9-15.4)	4.9 (3.6-6.1)
	Balance of State	1,760	257,633	17.1 (14.7-19.6)	29.7 (26.9-32.6)	35.7 (32.7-38.7)	12.8 (10.7-15.0)	4.6 (3.4-5.8)
Age	18 - 24	328	253,631	22.8 (15.7-29.9)	30.5 (22.6-38.4)	37.7 (28.8-46.7)	7.3 (3.3-11.3)	1.7 (0.0-3.8)
	25 - 34	567	388,110	19.7 (15.3-24.1)	33.2 (27.2-39.3)	34.6 (28.3-40.9)	10.0 (5.9-14.2)	2.4 (0.6-4.3)
	35 - 44	643	382,960	18.3 (13.6-23.1)	33.5 (27.4-39.6)	31.9 (25.6-38.1)	15.0 (10.1-20.0)	1.3 (0.4-2.2)
	45 - 54	870	382,236	16.1 (12.0-20.1)	32.6 (27.1-38.2)	30.1 (23.7-36.4)	14.0 (9.8-18.3)	7.2 (3.3-11.1)
	55 - 64	1,081	337,343	18.4 (14.6-22.3)	34.7 (29.7-39.7)	26.6 (22.0-31.2)	13.7 (9.5-17.8)	6.7 (4.5-8.9)
	65+	1,599	378,445	14.2 (10.8-17.5)	31.8 (27.5-36.1)	32.2 (28.2-36.2)	15.5 (12.2-18.8)	6.3 (4.2-8.5)
Sex	Male	2,189	1,065,795	19.2 (16.2-22.1)	34.2 (30.6-37.8)	30.6 (26.9-34.2)	12.6 (10.1-15.2)	3.4 (2.0-4.9)
	Female	2,899	1,056,931	16.8 (14.4-19.2)	31.4 (28.4-34.5)	33.3 (30.0-36.7)	13.2 (10.8-15.5)	5.3 (3.9-6.7)

Perceived Health Status, by Demographics and Region (continued)
"How would you rate your general health (excellent, very good, good, fair, or poor)?"

Self-Reported Perceived Health Status Continued

Demographic	Grouping	N	Weighted N	Excellent	Very Good	Good	Fair	Poor
Race/Ethnicity	White	3,736	1,173,965	19.5 (17.4-21.6)	36.1 (33.6-38.7)	29.4 (26.9-32.0)	10.3 (8.8-11.9)	4.6 (3.3-6.0)
	Black	185	159,081	13.2 (7.5-18.9)	34.1 (24.7-43.6)	26.4 (16.9-36.0)	19.8 (11.4-28.3)	6.4 (3.0-9.8)
	Other Race	474	245,492	21.2 (14.4-28.0)	38.6 (29.8-47.3)	30.8 (22.8-38.8)	6.4 (3.3-9.4)	3.1 (0.4-5.8)
	Hispanic	611	511,095	13.9 (8.9-18.9)	22.7 (17.1-28.3)	39.8 (33.0-46.6)	19.9 (14.6-25.2)	3.7 (1.6-5.8)
Education	Less than H.S.	354	360,322	5.8 (2.1-9.5)	22.7 (15.5-29.9)	36.9 (28.5-45.2)	25.1 (18.2-32.1)	9.5 (4.8-14.2)
	H.S. or G.E.D.	1,371	623,316	16.9 (13.2-20.6)	28.5 (24.2-32.8)	37.8 (32.9-42.7)	12.6 (9.6-15.5)	4.3 (2.9-5.6)
	Some Post H.S.	1,723	711,083	19.6 (16.1-23.0)	36.7 (32.8-40.7)	27.9 (24.3-31.4)	12.1 (9.5-14.7)	3.7 (2.4-5.0)
	College Graduate	1,623	420,958	26.8 (23.2-30.4)	41.2 (37.1-45.2)	26.3 (22.4-30.3)	4.4 (3.0-5.8)	1.3 (0.6-2.0)

Perceived Health Status, by Demographics and Region (continued)
"How would you rate your general health (excellent, very good, good, fair, or poor)?"

Self-Reported Perceived Health Status Continued

Demographic	Grouping	N	Weighted N	Excellent	Very Good	Good	Fair	Poor
Income	< 15,000	459	212,385	6.8 (2.5-11.0)	18.5 (10.7-26.3)	39.5 (29.5-49.5)	23.2 (15.6-30.7)	12.0 (5.9-18.2)
	\$15,000 to \$24,999	813	349,377	10.0 (7.0-13.0)	31.3 (25.3-37.4)	32.7 (26.6-38.8)	19.9 (14.6-25.2)	6.1 (3.4-8.9)
	\$25,000 to \$34,999	491	230,998	15.3 (10.0-20.7)	29.4 (22.5-36.4)	30.7 (23.9-37.5)	19.9 (13.0-26.8)	4.7 (1.4-7.9)
	\$35,000 to \$49,999	608	219,620	13.6 (9.2-17.9)	33.7 (27.3-40.1)	38.3 (31.7-44.9)	11.6 (7.1-16.1)	2.9 (0.9-4.9)
	\$50,000 to \$74,999	751	300,939	23.2 (17.3-29.2)	39.0 (32.5-45.6)	29.3 (23.6-35.0)	6.2 (3.7-8.8)	2.2 (0.7-3.8)
	\$75,000+	1,240	452,335	26.4 (22.3-30.6)	44.4 (39.7-49.2)	23.4 (19.1-27.6)	4.4 (2.9-5.9)	1.3 (0.5-2.1)
Veteran	Yes	777	271,938	20.7 (15.7-25.6)	34.7 (28.8-40.7)	28.5 (22.8-34.1)	10.4 (7.0-13.8)	5.7 (1.1-10.3)
	No	4,304	1,848,491	17.6 (15.6-19.7)	32.5 (29.9-35.0)	32.5 (29.8-35.2)	13.2 (11.3-15.2)	4.2 (3.2-5.1)

Physical Health by Demographics and Region

“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 was your physical health not good?”

Table-A 17: Days of Poor Physical Health in the Past 30 Days

Demographic	Grouping	N	Weighted N	0	0-9	10+
Statewide	Nevada	4,991	2,081,362	67.0 (64.6-69.3)	20.2 (18.2-22.2)	12.8 (11.2-14.4)
Geography	Clark County	1,516	1,503,416	68.0 (64.9-71.2)	19.7 (17.1-22.4)	12.2 (10.1-14.4)
	Washoe County	1,755	324,510	62.2 (59.2-65.1)	24.0 (21.3-26.8)	13.8 (11.9-15.7)
	Balance of State	1,720	253,435	67.0 (64.1-69.9)	18.1 (15.8-20.3)	14.9 (12.8-17.1)
Age	18 - 24	327	253,964	71.0 (62.9-79.2)	24.0 (16.3-31.8)	4.9 (1.3-8.6)
	25 - 34	561	375,267	69.4 (63.7-75.1)	19.9 (15.3-24.4)	10.7 (6.6-14.9)
	35 - 44	637	378,995	68.8 (63.1-74.6)	21.7 (16.7-26.7)	9.4 (6.1-12.8)
	45 - 54	852	376,545	64.6 (58.5-70.7)	20.0 (14.9-25.0)	15.4 (10.7-20.2)
	55 - 64	1,060	332,503	61.5 (56.3-66.6)	20.3 (15.8-24.7)	18.3 (14.3-22.2)
	65+	1,554	364,089	67.3 (63.3-71.2)	16.5 (13.5-19.5)	16.2 (13.2-19.1)
Sex	Male	2,147	1,049,045	72.1 (68.8-75.4)	18.4 (15.7-21.2)	9.5 (7.3-11.7)
	Female	2,844	1,032,317	61.8 (58.6-65.1)	22.0 (19.1-24.9)	16.1 (13.8-18.5)
Race/Ethnicity	White	3,673	1,157,753	64.0 (61.4-66.7)	21.2 (18.9-23.5)	14.7 (12.7-16.7)
	Black	182	149,972	61.0 (51.6-70.5)	21.8 (13.6-29.9)	17.2 (10.0-24.4)
	Other Race	459	239,935	73.5 (66.4-80.6)	19.2 (12.9-25.5)	7.3 (3.2-11.3)
	Hispanic	595	500,609	72.1 (66.2-78.0)	18.5 (13.4-23.6)	9.4 (5.8-13.0)

Physical Health by Demographics and Region (continued)

“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 was your physical health not good?”

Days of Poor Physical Health in the Past 30 Days Continued

Demographic	Grouping	N	Weighted N	0	0-9	10+
Education	Less than H.S.	333	339,259	64.8 (56.8-72.8)	16.2 (10.2-22.1)	19.0 (12.5-25.6)
	H.S. or G.E.D.	1,329	611,098	69.4 (65.2-73.7)	18.9 (15.1-22.7)	11.6 (9.4-13.9)
	Some Post H.S.	1,703	705,779	65.5 (61.7-69.3)	22.1 (18.7-25.4)	12.4 (10.0-14.8)
	College Graduate	1,609	418,180	67.5 (63.5-71.5)	22.5 (18.9-26.0)	10.1 (7.4-12.8)
Income	< 15,000	442	199,108	59.0 (49.6-68.4)	15.6 (9.7-21.5)	25.4 (17.2-33.6)
	\$15,000 to \$24,999	794	341,405	63.8 (57.9-69.6)	21.5 (16.5-26.5)	14.8 (10.6-18.9)
	\$25,000 to \$34,999	478	223,284	62.3 (54.7-69.9)	23.3 (16.8-29.8)	14.4 (8.8-20.0)
	\$35,000 to \$49,999	601	217,934	65.4 (59.0-71.7)	23.0 (17.4-28.6)	11.6 (7.5-15.7)
	\$50,000 to \$74,999	743	297,529	73.6 (68.4-78.8)	18.9 (14.1-23.6)	7.5 (5.1-9.9)
	\$75,000+	1,232	451,523	71.1 (66.7-75.6)	21.2 (17.0-25.4)	7.7 (5.4-9.9)
Veteran	Yes	764	268,744	68.7 (62.3-75.0)	20.0 (14.7-25.3)	11.3 (6.4-16.3)
	No	4,220	1,810,322	66.7 (64.2-69.3)	20.3 (18.1-22.4)	13.0 (11.3-14.7)

Mental Health by Demographics and Region

"Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Table-A 18: Days of Poor Mental Health in the Past 30 Days by Demographics and Region

Demographic	Grouping	N	Weighted N	0	0-9	10+
Statewide	Nevada	5,004	2,081,995	66.6 (64.1-69.1)	19.3 (17.2-21.4)	14.1 (12.3-15.9)
Geography	Clark County	1,511	1,498,570	67.4 (64.0-70.7)	18.8 (15.9-21.7)	13.9 (11.4-16.3)
	Washoe County	1,758	329,374	62.0 (58.9-65.2)	22.9 (20.3-25.5)	15.1 (12.5-17.7)
	Balance of State	1,735	254,052	68.0 (65.0-71.0)	17.9 (15.5-20.3)	14.1 (11.8-16.3)
Age	18 - 24	324	246,527	49.7 (40.7-58.6)	32.5 (23.9-41.2)	17.8 (10.6-25.0)
	25 - 34	558	379,275	58.5 (51.9-65.0)	22.4 (17.0-27.9)	19.1 (13.5-24.7)
	35 - 44	633	376,572	70.3 (64.6-75.9)	18.6 (13.7-23.5)	11.1 (7.8-14.4)
	45 - 54	853	373,738	67.0 (61.3-72.8)	18.2 (13.6-22.7)	14.8 (10.5-19.1)
	55 - 64	1,071	336,341	70.1 (65.4-74.8)	16.3 (12.7-19.9)	13.6 (10.0-17.2)
	65+	1,565	369,541	78.8 (75.2-82.4)	12.0 (9.1-14.9)	9.2 (6.7-11.8)
Sex	Male	2,161	1,047,287	71.1 (67.5-74.7)	17.5 (14.4-20.6)	11.4 (8.8-13.9)
	Female	2,843	1,034,709	62.0 (58.6-65.4)	21.2 (18.2-24.1)	16.8 (14.3-19.4)
Race/Ethnicity	White	3,674	1,152,746	64.7 (62.1-67.3)	20.3 (18.1-22.5)	15.0 (12.9-17.1)
	Black	180	154,181	66.8 (56.4-77.3)	18.6 (8.9-28.4)	14.6 (8.0-21.1)
	Other Race	470	242,908	68.7 (60.0-77.4)	14.2 (7.6-20.8)	17.1 (9.7-24.5)
	Hispanic	598	499,336	69.5 (63.1-75.9)	19.8 (14.1-25.5)	10.7 (6.7-14.7)

Mental Health by Demographics and Region (continued)

"Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Days of Poor Mental Health in the Past 30 Days by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	0	0-9	10+
Education	Less than H.S.	335	341,731	62.8 (54.3-71.4)	17.8 (11.2-24.3)	19.4 (12.1-26.7)
	H.S. or G.E.D.	1,347	612,251	68.2 (63.6-72.8)	17.3 (13.2-21.4)	14.5 (11.5-17.6)
	Some Post H.S.	1,703	703,442	63.4 (59.4-67.4)	23.1 (19.4-26.9)	13.5 (10.9-16.0)
	College Graduate	1,603	417,849	72.4 (68.6-76.2)	17.4 (14.4-20.5)	10.2 (7.4-13.0)
Income	< 15,000	449	208,749	60.5 (50.8-70.3)	14.5 (7.3-21.7)	25.0 (16.6-33.4)
	\$15,000 to \$24,999	794	334,657	65.2 (59.0-71.4)	15.3 (11.3-19.2)	19.6 (14.0-25.1)
	\$25,000 to \$34,999	483	224,016	64.5 (57.2-71.7)	18.9 (13.3-24.4)	16.7 (10.8-22.6)
	\$35,000 to \$49,999	600	216,779	68.0 (61.8-74.1)	17.1 (12.1-22.1)	14.9 (10.5-19.3)
	\$50,000 to \$74,999	749	301,209	63.7 (57.3-70.0)	25.3 (19.1-31.5)	11.0 (7.8-14.3)
	\$75,000+	1,231	450,680	73.2 (68.8-77.5)	20.0 (16.0-24.1)	6.8 (4.5-9.1)
Veteran	Yes	766	268,221	78.7 (73.4-83.9)	11.5 (7.3-15.7)	9.9 (6.1-13.6)
	No	4,231	1,811,478	64.8 (62.1-67.5)	20.5 (18.1-22.8)	14.7 (12.7-16.7)

**Unable to Do Usual Activities because of Poor Health by
Demographics and Region**

“During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?”

Table-A 19: Limited Activities Because of Poor Health by Demographic and Region

Demographic	Grouping	N	Weighted N	0	0-9	10+
Statewide	Nevada	2,660	1,071,609	59.3 (55.7-62.8)	23.2 (20.2-26.2)	17.5 (14.8-20.3)
Geography	Clark County	763	753,577	57.8 (52.9-62.7)	24.4 (20.3-28.5)	17.8 (14.0-21.6)
	Washoe County	1,001	191,311	64.8 (61.0-68.7)	20.2 (17.1-23.4)	14.9 (12.2-17.6)
	Balance of State	896	126,720	59.5 (55.3-63.7)	20.6 (17.3-24.0)	19.8 (16.5-23.2)
Age	18 - 24	189	151,714	68.4 (57.5-79.3)	27.1 (16.6-37.6)	4.5 (0.5-8.5)
	25 - 34	315	204,512	63.5 (54.7-72.4)	22.9 (15.9-30.0)	13.5 (6.0-21.0)
	35 - 44	347	174,363	58.6 (50.0-67.2)	25.0 (17.5-32.4)	16.5 (9.9-23.1)
	45 - 54	479	202,291	52.1 (43.7-60.5)	23.0 (15.9-30.2)	24.9 (17.1-32.6)
	55 - 64	602	173,996	52.8 (45.6-60.0)	24.0 (17.6-30.4)	23.2 (17.1-29.3)
	65+	728	164,733	61.9 (55.6-68.2)	17.5 (12.7-22.3)	20.6 (15.3-25.9)
Sex	Male	1,009	476,758	63.4 (57.7-69.0)	21.6 (17.2-26.1)	15.0 (10.3-19.7)
	Female	1,651	594,851	56.0 (51.5-60.5)	24.5 (20.5-28.5)	19.5 (16.2-22.8)
Race/Ethnicity	White	1,948	633,650	58.2 (54.3-62.0)	24.1 (20.7-27.5)	17.7 (14.7-20.8)
	Black	97	85,983	62.5 (49.7-75.3)	12.8 (3.6-22.0)	24.7 (13.9-35.5)
	Other Race	259	115,085	58.0 (44.5-71.5)	24.1 (13.6-34.6)	17.9 (5.8-29.9)
	Hispanic	317	222,402	62.0 (52.5-71.6)	24.5 (16.2-32.8)	13.4 (6.7-20.1)

**Unable to Do Usual Activities because of Poor Health by
Demographics and Region Continued**

"During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?"

Limited Activities Because of Poor Health by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	0	0-9	10+
Education	Less than H.S.	194	190,185	51.2 (39.7-62.8)	18.2 (9.8-26.7)	30.5 (19.5-41.6)
	H.S. or G.E.D.	735	298,409	60.2 (53.8-66.6)	22.3 (16.8-27.8)	17.6 (13.2-21.9)
	Some Post H.S.	950	387,614	62.1 (56.8-67.3)	24.1 (19.3-28.9)	13.8 (10.8-16.9)
	College Graduate	774	193,745	60.1 (53.9-66.4)	28.0 (22.0-34.0)	11.9 (7.9-15.8)
Income	< 15,000	320	123,695	41.2 (28.8-53.6)	20.7 (10.7-30.7)	38.1 (26.0-50.2)
	\$15,000 to \$24,999	489	195,333	51.3 (43.1-59.6)	23.2 (16.5-30.0)	25.4 (17.0-33.9)
	\$25,000 to \$34,999	275	115,100	53.2 (42.7-63.6)	27.0 (17.2-36.7)	19.9 (11.8-28.0)
	\$35,000 to \$49,999	305	111,070	57.0 (48.1-65.9)	30.9 (22.5-39.4)	12.1 (7.1-17.0)
	\$50,000 to \$74,999	386	149,626	73.8 (66.2-81.4)	18.2 (11.2-25.2)	8.0 (4.8-11.2)
	\$75,000+	530	198,937	64.5 (57.3-71.7)	26.1 (19.4-32.8)	9.4 (5.3-13.5)
Veteran	Yes	349	116,207	57.9 (47.1-68.7)	24.0 (15.0-33.0)	18.1 (8.0-28.1)
	No	2,307	954,622	59.4 (55.7-63.1)	23.1 (20.0-26.3)	17.5 (14.6-20.3)

Inadequate Sleep by Demographics and Region
“On an average, how many hours of sleep do you get in a 24 hour period?”

Table-A 20: Average Hours of Sleep in a 24 our period by Demographics and Region

Demographic	Grouping	N	Weighted N	4 or Less	5-6	7-8	>8
Statewide	Nevada	5,102	2,130,379	3.8 (2.9-4.6)	31.0 (28.6-33.4)	55.4 (52.8-57.9)	9.8 (8.2-11.4)
Geography	Clark County	1,543	1,535,597	4.1 (2.9-5.2)	31.9 (28.7-35.1)	54.4 (51.0-57.8)	9.6 (7.4-11.8)
	Washoe County	1,793	335,097	3.2 (2.3-4.1)	29.6 (26.8-32.5)	58.6 (55.5-61.6)	8.6 (7.0-10.3)
	Balance of State	1,766	259,685	3.0 (1.8-4.2)	27.4 (24.7-30.1)	57.1 (53.9-60.2)	12.6 (10.2-14.9)
Age	18 - 24	330	255,736	2.3 (0.0-4.8)	26.1 (17.8-34.5)	56.7 (47.8-65.5)	14.9 (9.2-20.6)
	25 - 34	568	389,033	3.5 (1.6-5.4)	35.0 (28.8-41.1)	49.7 (43.3-56.1)	11.8 (7.0-16.6)
	35 - 44	643	382,960	3.7 (1.7-5.7)	33.8 (27.7-39.9)	55.0 (48.5-61.5)	7.5 (3.8-11.2)
	45 - 54	870	382,236	4.7 (2.1-7.3)	35.2 (29.3-41.1)	53.9 (47.6-60.2)	6.1 (3.5-8.6)
	55 - 64	1,084	339,451	5.3 (3.2-7.4)	31.5 (26.4-36.7)	55.9 (50.7-61.2)	7.2 (4.9-9.4)
	65+	1,607	380,963	2.8 (1.5-4.2)	22.8 (19.0-26.6)	61.6 (57.3-66.0)	12.7 (9.8-15.6)
Sex	Male	2,195	1,068,655	3.2 (2.1-4.2)	31.5 (27.8-35.1)	57.2 (53.4-61.0)	8.2 (5.9-10.4)
	Female	2,907	1,061,724	4.4 (3.1-5.7)	30.6 (27.5-33.6)	53.6 (50.2-57.0)	11.5 (9.2-13.8)
Race/Ethnicity	White	3,744	1,177,444	3.7 (2.7-4.7)	30.1 (27.6-32.6)	57.2 (54.5-59.8)	9.0 (7.6-10.4)
	Black	187	160,933	4.8 (1.7-7.8)	28.5 (20.1-36.9)	51.4 (41.4-61.4)	15.3 (6.3-24.4)
	Other Race	477	247,759	5.5 (2.1-8.8)	35.3 (26.7-44.0)	53.4 (44.7-62.1)	5.8 (1.9-9.6)
	Hispanic	611	511,095	3.0 (1.0-5.0)	31.6 (25.3-37.8)	54.0 (47.3-60.8)	11.4 (6.9-16.0)

Inadequate Sleep by Demographics and Region
“On an average, how many hours of sleep do you get in a 24 hour period?”

Average Hours of Sleep in a 24 our period by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	4 or Less	5-6	7-8	>8
Education	Less than H.S.	356	362,332	4.0 (1.0-6.9)	28.4 (21.0-35.9)	51.5 (43.1-59.8)	16.1 (9.8-22.5)
	H.S. or G.E.D.	1,375	625,482	4.1 (2.5-5.6)	31.7 (27.1-36.3)	55.2 (50.4-60.0)	9.0 (6.7-11.3)
	Some Post H.S.	1,728	713,880	4.3 (2.9-5.7)	32.4 (28.6-36.2)	54.7 (50.7-58.8)	8.6 (6.1-11.1)
	College Graduate	1,626	421,639	2.4 (1.2-3.6)	29.3 (25.4-33.2)	60.6 (56.4-64.7)	7.7 (5.2-10.3)
Income	< 15,000	462	214,826	6.5 (2.6-10.4)	23.3 (16.2-30.4)	48.7 (38.8-58.6)	21.5 (12.4-30.6)
	\$15,000 to \$24,999	814	349,434	4.9 (2.3-7.5)	34.5 (28.1-40.9)	50.6 (44.1-57.0)	10.0 (6.5-13.5)
	\$25,000 to \$34,999	491	230,998	3.2 (0.9-5.4)	40.6 (33.0-48.1)	48.6 (41.0-56.2)	7.7 (4.1-11.2)
	\$35,000 to \$49,999	608	219,620	6.6 (3.3-10.0)	29.1 (23.2-34.9)	56.2 (49.4-62.9)	8.1 (4.4-11.9)
	\$50,000 to \$74,999	753	301,425	2.2 (0.7-3.7)	33.1 (26.6-39.5)	56.9 (50.1-63.6)	7.8 (3.0-12.6)
	\$75,000+	1,242	453,306	1.5 (0.6-2.5)	30.4 (25.9-34.8)	61.8 (57.2-66.4)	6.3 (4.2-8.4)
Veteran	Yes	780	272,808	5.4 (2.7-8.0)	30.3 (24.6-36.1)	54.6 (48.3-60.9)	9.7 (5.9-13.5)
	No	4,315	1,855,274	3.6 (2.7-4.4)	31.0 (28.4-33.6)	55.6 (52.8-58.3)	9.8 (8.1-11.6)

Physical Activity by Demographics and Region

"During the past month, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?"

Table-A 21: Physical Activity by Demographics and Region

Demographic	Grouping	N	Weighted N	YES	No
Statewide	Nevada	4,799	1,974,960	76.3 (74.1-78.5)	23.7 (21.5-25.9)
Geography	Clark County	1,457	1,424,508	75.9 (72.9-78.8)	24.1 (21.2-27.1)
	Washoe County	1,674	308,243	81.2 (78.5-84.0)	18.8 (16.0-21.5)
	Balance of State	1,668	242,209	72.8 (70.0-75.7)	27.2 (24.3-30.0)
Age	18 - 24	295	225,208	88.4 (83.6-93.3)	11.6 (6.7-16.4)
	25 - 34	515	353,111	80.3 (73.9-86.7)	19.7 (13.3-26.1)
	35 - 44	607	358,823	78.0 (72.5-83.5)	22.0 (16.5-27.5)
	45 - 54	828	359,996	76.0 (70.5-81.5)	24.0 (18.5-29.5)
	55 - 64	1,026	321,099	74.1 (69.6-78.5)	25.9 (21.5-30.4)
	65+	1,528	356,723	65.4 (61.0-69.8)	34.6 (30.2-39.0)
Sex	Male	2,065	998,008	79.8 (76.6-82.9)	20.2 (17.1-23.4)
	Female	2,734	976,952	72.8 (69.7-75.9)	27.2 (24.1-30.3)
Race/Ethnicity	White	3,559	1,113,783	76.6 (74.3-79.0)	23.4 (21.0-25.7)
	Black	177	150,545	64.0 (53.5-74.5)	36.0 (25.5-46.5)
	Other Race	438	220,780	75.8 (68.5-83.2)	24.2 (16.8-31.5)
	Hispanic	551	462,781	79.6 (74.1-85.1)	20.4 (14.9-25.9)

Physical Activity by Demographics and Region Continued

"During the past month, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?"

Physical Activity by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	YES	No
Education	Less than H.S.	325	329,587	68.6 (60.6-76.7)	31.4 (23.3-39.4)
	H.S. or G.E.D.	1,269	578,657	72.5 (68.4-76.6)	27.5 (23.4-31.6)
	Some Post H.S.	1,650	673,198	78.7 (75.5-81.9)	21.3 (18.1-24.5)
	College Graduate	1,542	388,945	84.2 (80.9-87.5)	15.8 (12.5-19.1)
Income	< 15,000	434	195,398	60.9 (50.7-71.2)	39.1 (28.8-49.3)
	\$15,000 to \$24,999	751	314,966	79.8 (75.3-84.4)	20.2 (15.6-24.7)
	\$25,000 to \$34,999	464	213,252	72.5 (65.6-79.5)	27.5 (20.5-34.4)
	\$35,000 to \$49,999	581	205,458	73.7 (67.8-79.6)	26.3 (20.4-32.2)
	\$50,000 to \$74,999	711	278,497	78.8 (73.6-84.0)	21.2 (16.0-26.4)
	\$75,000+	1,183	433,530	83.5 (79.5-87.5)	16.5 (12.5-20.5)
Veteran	Yes	738	260,877	70.6 (63.9-77.4)	29.4 (22.6-36.1)
	No	4,055	1,711,847	77.2 (74.9-79.5)	22.8 (20.5-25.1)

Nevada Adults 18+ With Health Insurance by Demographics and Region
“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Table-A 21: Adults 18+ With Health Insurance by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,090	2,120,633	77.4 (75.1-79.8)	22.6 (20.2-24.9)
Geography	Clark County	1,540	1,528,440	76.0 (72.9-79.2)	24.0 (20.8-27.1)
	Washoe County	1,789	333,399	80.9 (78.3-83.4)	19.1 (16.6-21.7)
	Balance of State	1,761	258,795	81.5 (78.9-84.2)	18.5 (15.8-21.1)
Age	18 - 24	323	246,907	73.3 (65.6-81.0)	26.7 (19.0-34.4)
	25 - 34	568	389,033	61.7 (55.2-68.3)	38.3 (31.7-44.8)
	35 - 44	642	382,406	68.8 (62.2-75.4)	31.2 (24.6-37.8)
	45 - 54	870	382,236	77.7 (72.5-83.0)	22.3 (17.0-27.5)
	55 - 64	1,082	339,324	84.1 (80.2-88.0)	15.9 (12.0-19.8)
	65+	1,605	380,727	98.7 (97.9-99.4)	1.3 (0.6-2.1)
Sex	Male	2,188	1,064,932	75.4 (71.8-78.9)	24.6 (21.1-28.2)
	Female	2,902	1,055,701	79.6 (76.5-82.6)	20.4 (17.4-23.5)
Race/Ethnicity	White	3,739	1,171,215	83.5 (81.2-85.8)	16.5 (14.2-18.8)
	Black	187	160,933	71.3 (62.7-79.9)	28.7 (20.1-37.3)
	Other Race	475	247,112	83.8 (77.3-90.4)	16.2 (9.6-22.7)
	Hispanic	610	509,190	62.2 (55.5-69.0)	37.8 (31.0-44.5)

**Nevada Adults 18+ With Health Insurance by Demographics and Region
(continued)**

“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Adults 18+ With Health Insurance by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	355	357,634	57.1 (48.6-65.5)	42.9 (34.5-51.4)
	H.S. or G.E.D.	1,372	624,719	75.3 (71.1-79.4)	24.7 (20.6-28.9)
	Some Post H.S.	1,722	710,805	81.7 (78.5-84.9)	18.3 (15.1-21.5)
	College Graduate	1,625	421,086	90.6 (88.2-93.0)	9.4 (7.0-11.8)
Income	< 15,000	461	214,210	54.8 (44.9-64.7)	45.2 (35.3-55.1)
	\$15,000 to \$24,999	814	349,434	56.7 (50.1-63.2)	43.3 (36.8-49.9)
	\$25,000 to \$34,999	490	230,944	76.9 (70.5-83.3)	23.1 (16.7-29.5)
	\$35,000 to \$49,999	608	219,620	82.8 (77.6-87.9)	17.2 (12.1-22.4)
	\$50,000 to \$74,999	753	301,425	89.1 (85.1-93.2)	10.9 (6.8-14.9)
	\$75,000+	1,241	452,753	94.9 (92.5-97.3)	5.1 (2.7-7.5)
Veteran	Yes	778	272,562	91.1 (86.2-96.0)	8.9 (4.0-13.8)
	No	4,305	1,845,775	75.4 (72.8-78.0)	24.6 (22.0-27.2)

Nevada Adults 18 - 64 With Health Insurance by Demographics and Region
“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Table-A 22: Nevada Adults 18-64 With Health Insurance by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	3,432	1,718,780	72.7 (69.8-75.5)	27.3 (24.5-30.2)
Geography	Clark County	1,067	1,252,780	71.1 (67.4-74.9)	28.9 (25.1-32.6)
	Washoe County	1,229	269,537	77.2 (74.2-80.3)	22.8 (19.7-25.8)
	Balance of State	1,136	196,463	76.0 (72.7-79.4)	24.0 (20.6-27.3)
Age	18 - 24	323	246,907	73.3 (65.6-81.0)	26.7 (19.0-34.4)
	25 - 34	565	385,738	61.4 (54.8-68.0)	38.6 (32.0-45.2)
	35 - 44	630	371,205	68.6 (61.9-75.3)	31.4 (24.7-38.1)
	45 - 54	864	381,200	77.7 (72.5-83.0)	22.3 (17.0-27.5)
	55 - 64	1,050	333,731	83.9 (79.9-87.9)	16.1 (12.1-20.1)
Sex	Male	1,505	875,081	70.5 (66.3-74.7)	29.5 (25.3-33.7)
	Female	1,927	843,699	74.9 (71.2-78.6)	25.1 (21.4-28.8)
Race/Ethnicity	White	2,344	887,305	78.6 (75.6-81.5)	21.4 (18.5-24.4)
	Black	138	132,428	65.9 (55.7-76.2)	34.1 (23.8-44.3)
	Other Race	356	209,374	80.9 (73.3-88.5)	19.1 (11.5-26.7)
	Hispanic	548	469,371	59.4 (52.2-66.5)	40.6 (33.5-47.8)

Nevada Adults 18 - 64 With Health Insurance by Demographics and Region
(continued)

“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Nevada Adults 18-64 With Health Insurance by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	238	285,482	46.8 (37.1-56.6)	53.2 (43.4-62.9)
	H.S. or G.E.D.	919	515,159	70.4 (65.4-75.4)	29.6 (24.6-34.6)
	Some Post H.S.	1,164	574,474	77.8 (73.9-81.8)	22.2 (18.2-26.1)
	College Graduate	1,107	341,434	88.8 (85.9-91.7)	11.2 (8.3-14.1)
Income	< 15,000	303	177,906	46.0 (34.7-57.3)	54.0 (42.7-65.3)
	\$15,000 to \$24,999	518	282,729	47.2 (39.6-54.7)	52.8 (45.3-60.4)
	\$25,000 to \$34,999	307	179,400	70.4 (62.5-78.3)	29.6 (21.7-37.5)
	\$35,000 to \$49,999	402	175,967	78.6 (72.3-85.0)	21.4 (15.0-27.7)
	\$50,000 to \$74,999	532	247,928	86.8 (81.9-91.7)	13.2 (8.3-18.1)
	\$75,000+	974	396,812	94.7 (92.0-97.3)	5.3 (2.7-8.0)
Veteran	Yes	334	166,411	85.6 (77.8-93.4)	14.4 (6.6-22.2)
	No	3,094	1,551,568	71.2 (68.3-74.2)	28.8 (25.8-31.7)

Nevada Adults With a Primary Care Provider by Demographics and Region
“Do you have one person you think of as your personal doctor or healthcare provider?”

Table-A 23: Nevada Adults With a Primary Care Provider by Demographic and region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,083	2,121,988	64.9 (62.4-67.5)	35.1 (32.5-37.6)
Geography	Clark County	1,537	1,530,301	62.7 (59.2-66.1)	37.3 (33.9-40.8)
	Washoe County	1,786	332,652	71.9 (68.9-74.8)	28.1 (25.2-31.1)
	Balance of State	1,760	259,035	69.4 (66.3-72.4)	30.6 (27.6-33.7)
Age	18 - 24	326	252,191	46.6 (37.6-55.5)	53.4 (44.5-62.4)
	25 - 34	566	387,594	45.3 (39.1-51.6)	54.7 (48.4-60.9)
	35 - 44	640	382,050	58.0 (51.4-64.6)	42.0 (35.4-48.6)
	45 - 54	870	382,236	64.9 (58.5-71.4)	35.1 (28.6-41.5)
	55 - 64	1,081	338,307	80.0 (75.7-84.2)	20.0 (15.8-24.3)
	65+	1,600	379,610	90.7 (88.1-93.2)	9.3 (6.8-11.9)
Sex	Male	2,185	1,062,499	57.9 (54.1-61.8)	42.1 (38.2-45.9)
	Female	2,898	1,059,489	71.9 (68.8-75.1)	28.1 (24.9-31.2)
Race/Ethnicity	White	3,732	1,174,744	71.4 (68.8-74.0)	28.6 (26.0-31.2)
	Black	186	159,963	63.2 (54.3-72.1)	36.8 (27.9-45.7)
	Other Race	474	246,053	66.6 (58.2-75.0)	33.4 (25.0-41.8)
	Hispanic	608	508,080	49.9 (43.1-56.8)	50.1 (43.2-56.9)

**Nevada Adults With a Primary Care Provider by Demographics and Region
(Continued)**

Nevada Adults With a Primary Care Provider by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	354	360,762	53.5 (45.0-62.0)	46.5 (38.0-55.0)
	H.S. or G.E.D.	1,370	622,097	57.1 (52.2-61.9)	42.9 (38.1-47.8)
	Some Post H.S.	1,722	711,482	70.9 (67.2-74.6)	29.1 (25.4-32.8)
	College Graduate	1,620	420,600	76.3 (72.7-79.9)	23.7 (20.1-27.3)
Income	< 15,000	460	213,332	52.1 (42.2-61.9)	47.9 (38.1-57.8)
	\$15,000 to \$24,999	810	347,413	49.6 (43.2-55.9)	50.4 (44.1-56.8)
	\$25,000 to \$34,999	488	229,744	62.9 (55.3-70.4)	37.1 (29.6-44.7)
	\$35,000 to \$49,999	607	219,587	67.3 (60.6-73.9)	32.7 (26.1-39.4)
	\$50,000 to \$74,999	753	301,425	73.3 (67.4-79.2)	26.7 (20.8-32.6)
	\$75,000+	1,239	452,419	77.5 (73.3-81.7)	22.5 (18.3-26.7)
Veteran	Yes	779	272,775	74.5 (68.4-80.5)	25.5 (19.5-31.6)
	No	4,297	1,846,916	63.5 (60.7-66.3)	36.5 (33.7-39.3)

**Nevada Adults That Could Not See a Doctor Because of
Cost by Demographics and Region**

“Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”

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Table-A 24: Nevada Adults That Could Not See a Doctor Because of Cost by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	5,089	2,124,825	17.3 (15.3-19.3)	82.7 (80.7-84.7)
Geography	Clark County	1,539	1,532,141	17.4 (14.6-20.1)	82.6 (79.9-85.4)
	Washoe County	1,788	334,104	17.1 (14.8-19.3)	82.9 (80.7-85.2)
	Balance of State	1,762	258,580	17.1 (14.6-19.7)	82.9 (80.3-85.4)
Age	18 - 24	330	255,736	18.2 (11.3-25.1)	81.8 (74.9-88.7)
	25 - 34	565	385,674	25.6 (19.5-31.7)	74.4 (68.3-80.5)
	35 - 44	642	382,124	19.9 (14.8-25.1)	80.1 (74.9-85.2)
	45 - 54	866	381,383	19.1 (14.1-24.1)	80.9 (75.9-85.9)
	55 - 64	1,081	339,270	14.6 (10.8-18.5)	85.4 (81.5-89.2)
	65+	1,605	380,638	6.1 (4.4-7.9)	93.9 (92.1-95.6)
Sex	Male	2,190	1,065,235	14.9 (12.0-17.9)	85.1 (82.1-88.0)
	Female	2,899	1,059,590	19.7 (16.9-22.5)	80.3 (77.5-83.1)
Race/Ethnicity	White	3,737	1,174,994	14.4 (12.4-16.4)	85.6 (83.6-87.6)
	Black	186	160,642	24.1 (15.9-32.3)	75.9 (67.7-84.1)
	Other Race	473	246,413	17.2 (10.2-24.1)	82.8 (75.9-89.8)
	Hispanic	611	511,095	22.5 (16.8-28.3)	77.5 (71.7-83.2)

**Nevada Adults That Could Not See a Doctor Because of
Cost by Demographics and Region (Continued)**

“Was there a time in the past 12 months when you needed to see a doctor but
could not because of cost?”

Nevada Adults That Could Not See a Doctor Because of Cost by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	354	361,310	27.2 (19.6-34.9)	72.8 (65.1-80.4)
	H.S. or G.E.D.	1,372	622,253	17.5 (13.8-21.1)	82.5 (78.9-86.2)
	Some Post H.S.	1,724	713,352	16.2 (13.2-19.1)	83.8 (80.9-86.8)
	College Graduate	1,622	420,862	10.6 (7.9-13.4)	89.4 (86.6-92.1)
Income	< 15,000	460	214,735	38.0 (28.5-47.6)	62.0 (52.4-71.5)
	\$15,000 to \$24,999	812	347,825	27.0 (21.1-32.9)	73.0 (67.1-78.9)
	\$25,000 to \$34,999	489	230,656	25.3 (18.6-32.0)	74.7 (68.0-81.4)
	\$35,000 to \$49,999	608	219,620	13.5 (9.3-17.7)	86.5 (82.3-90.7)
	\$50,000 to \$74,999	753	301,425	8.8 (5.1-12.4)	91.2 (87.6-94.9)
	\$75,000+	1,239	452,402	4.1 (2.5-5.6)	95.9 (94.4-97.5)
Veteran	Yes	779	272,668	7.0 (2.4-11.6)	93.0 (88.4-97.6)
	No	4,303	1,849,860	18.8 (16.6-21.1)	81.2 (78.9-83.4)

The Time Since Last Routine Checkup for Nevada Adults
“About how long has it been since you last visited a doctor for a routine checkup?”

Table-A 25: The Time Since Last Routine Checkup for Nevada Adults

Demographic	Grouping	N	Weighted N	In the Past Year	In the Past 2 Years	In the Past 5 Years	5 Years or More	Never
Statewide	Nevada	5,039	2,088,677	65.8 (63.3-68.2)	15.5 (13.6-17.4)	8.1 (6.7-9.4)	8.8 (7.3-10.4)	1.8 (1.0-2.7)
Geography	Clark County	1,512	1,499,238	66.9 (63.5-70.2)	15.3 (12.7-17.9)	7.6 (5.8-9.4)	8.6 (6.5-10.6)	1.7 (0.6-2.8)
	Washoe County	1,778	332,180	62.6 (59.4-65.8)	15.8 (13.1-18.4)	9.7 (7.8-11.5)	9.1 (7.4-10.9)	2.9 (1.3-4.4)
	Balance of State	1,749	257,259	63.5 (60.3-66.6)	16.2 (13.7-18.7)	8.8 (7.0-10.6)	10.0 (7.9-12.1)	1.5 (0.6-2.4)
Age	18 - 24	322	241,340	54.9 (46.1-63.7)	17.9 (11.4-24.4)	11.5 (6.2-16.8)	12.8 (6.0-19.7)	2.8 (0.0-5.7)
	25 - 34	555	376,772	50.5 (44.0-57.0)	22.8 (17.0-28.5)	8.9 (6.0-11.8)	14.0 (9.0-19.1)	3.8 (1.1-6.5)
	35 - 44	638	381,202	59.2 (52.7-65.7)	17.7 (13.0-22.5)	11.6 (7.1-16.0)	8.9 (5.5-12.3)	2.6 (0.0-5.6)
	45 - 54	863	378,507	66.4 (60.6-72.2)	15.9 (11.0-20.7)	8.6 (5.5-11.6)	8.3 (5.6-11.0)	0.9 (0.2-1.5)
	55 - 64	1,073	335,667	72.8 (68.3-77.2)	12.3 (8.9-15.7)	6.6 (4.4-8.7)	7.8 (5.3-10.4)	0.6 (0.0-1.1)
	65+	1,588	375,189	87.8 (85.0-90.5)	6.9 (4.5-9.2)	2.3 (1.4-3.3)	2.4 (1.3-3.6)	0.6 (0.0-1.2)

The Time Since Last Routine Checkup for Nevada Adults (continued)
“About how long has it been since you last visited a doctor for a routine checkup?”

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The Time Since Last Routine Checkup for Nevada Adults Continued

Demographic	Grouping	N	Weighted N	In the Past Year	In the Past 2 Years	In the Past 5 Years	5 Years or More	Never
Sex	Male	2,175	1,047,676	62.7 (59.0-66.5)	16.3 (13.4-19.2)	8.4 (6.4-10.3)	10.4 (8.0-12.9)	2.2 (0.8-3.6)
	Female	2,864	1,041,001	68.8 (65.6-72.0)	14.7 (12.2-17.2)	7.8 (5.9-9.6)	7.2 (5.4-9.1)	1.5 (0.5-2.4)
Race/Ethnicity	White	3,703	1,159,392	68.0 (65.4-70.5)	14.7 (12.7-16.8)	7.6 (6.2-8.9)	8.2 (6.7-9.7)	1.6 (0.7-2.5)
	Black	183	154,864	77.8 (70.5-85.1)	9.3 (4.6-14.0)	5.5 (1.8-9.1)	6.5 (1.9-11.1)	0.9 (0.0-2.4)
	Other Race	469	238,301	61.7 (53.1-70.2)	21.6 (13.5-29.7)	8.9 (4.5-13.3)	5.7 (2.5-8.9)	2.1 (0.0-4.9)
	Hispanic	605	504,718	59.3 (52.6-66.1)	16.2 (11.4-21.0)	9.5 (5.6-13.4)	12.2 (7.4-17.0)	2.7 (0.3-5.2)
Education	Less than H.S.	348	353,802	60.8 (52.5-69.1)	15.1 (8.5-21.6)	7.5 (3.1-11.9)	11.1 (5.9-16.4)	5.5 (1.5-9.5)
	H.S. or G.E.D.	1,359	608,874	62.6 (57.9-67.3)	16.6 (12.9-20.2)	8.6 (6.0-11.1)	11.0 (7.7-14.3)	1.3 (0.4-2.1)
	Some Post H.S.	1,705	701,754	68.0 (64.2-71.8)	14.8 (11.9-17.8)	8.7 (6.6-10.8)	7.2 (5.2-9.2)	1.3 (0.1-2.4)
	College Graduate	1,611	417,260	71.5 (67.8-75.2)	15.5 (12.5-18.5)	6.5 (4.4-8.5)	6.0 (4.2-7.9)	0.5 (0.2-0.9)

The Time Since Last Routine Checkup for Nevada Adults (continued)
“About how long has it been since you last visited a doctor for a routine checkup?”

The Time Since Last Routine Checkup for Nevada Adults Continued

Demographic	Grouping	N	Weighted N	In the Past Year	In the Past 2 Years	In the Past 5 Years	5 Years or More	Never
Income	< 15,000	454	210,221	61.7 (52.0-71.4)	10.4 (5.2-15.5)	10.8 (4.6-17.0)	12.1 (5.7-18.6)	5.1 (0.0-11.0)
	\$15,000 to \$24,999	807	346,745	56.8 (50.4-63.2)	16.6 (11.4-21.9)	9.9 (6.5-13.4)	14.7 (9.8-19.7)	2.0 (0.4-3.5)
	\$25,000 to \$34,999	487	224,731	67.4 (60.3-74.5)	17.6 (11.5-23.7)	8.3 (4.4-12.1)	5.1 (2.8-7.4)	1.6 (0.0-3.7)
	\$35,000 to \$49,999	604	216,795	65.3 (58.6-72.0)	13.9 (8.7-19.1)	8.8 (5.2-12.3)	10.8 (6.3-15.3)	1.2 (0.0-2.9)
	\$50,000 to \$74,999	746	298,285	70.1 (64.3-76.0)	14.5 (9.9-19.0)	6.4 (3.9-9.0)	8.4 (4.6-12.2)	0.6 (0.0-1.1)
	\$75,000+	1,232	449,881	75.0 (70.9-79.0)	14.4 (11.0-17.7)	5.5 (3.4-7.6)	4.9 (3.0-6.8)	0.3 (0.1-0.6)
Veteran	Yes	774	269,565	79.5 (74.3-84.7)	10.1 (5.8-14.4)	6.1 (3.1-9.1)	4.0 (2.0-6.0)	0.3 (0.0-0.7)
	No	4,259	1,816,875	63.7 (61.0-66.4)	16.3 (14.2-18.4)	8.4 (6.9-9.8)	9.6 (7.8-11.3)	2.1 (1.1-3.0)

Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region

“A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Table-A 26: Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	3,221	1,592,358	25.8 (23.3-28.2)	74.2 (71.8-76.7)
Geography	Clark County	1,012	1,164,315	24.1 (20.8-27.3)	75.9 (72.7-79.2)
	Washoe County	1,130	244,688	31.3 (27.9-34.7)	68.7 (65.3-72.1)
	Balance of State	1,079	183,355	29.4 (25.7-33.1)	70.6 (66.9-74.3)
Age	18 - 24	286	217,596	19.1 (11.9-26.3)	80.9 (73.7-88.1)
	25 - 34	508	349,469	25.3 (19.8-30.8)	74.7 (69.2-80.2)
	35 - 44	599	353,666	17.2 (12.8-21.6)	82.8 (78.4-87.2)
	45 - 54	811	354,581	27.9 (22.4-33.4)	72.1 (66.6-77.6)
	55 - 64	1,017	317,046	38.2 (33.0-43.3)	61.8 (56.7-67.0)
Sex	Male	1,406	818,117	23.6 (20.0-27.1)	76.4 (72.9-80.0)
	Female	1,815	774,241	28.1 (24.8-31.5)	71.9 (68.5-75.2)
Race/Ethnicity	White	2,227	844,510	29.9 (26.9-32.9)	70.1 (67.1-73.1)
	Black	129	122,193	20.9 (12.4-29.3)	79.1 (70.7-87.6)
	Other Race	328	188,605	19.9 (13.3-26.5)	80.1 (73.5-86.7)
	Hispanic	486	414,674	21.5 (15.7-27.2)	78.5 (72.8-84.3)

**Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region
(Continued)**

“A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	217	261,989	22.6 (15.3-29.8)	77.4 (70.2-84.7)
	H.S. or G.E.D.	830	468,044	22.4 (18.1-26.8)	77.6 (73.2-81.9)
	Some Post H.S.	1,112	542,991	23.6 (19.7-27.5)	76.4 (72.5-80.3)
	College Graduate	1,053	315,195	37.3 (32.6-42.0)	62.7 (58.0-67.4)
Income	< 15,000	284	161,656	22.7 (14.0-31.4)	77.3 (68.6-86.0)
	\$15,000 to \$24,999	472	252,673	26.2 (18.9-33.5)	73.8 (66.5-81.1)
	\$25,000 to \$34,999	285	166,541	24.1 (17.0-31.3)	75.9 (68.7-83.0)
	\$35,000 to \$49,999	376	162,827	25.1 (18.3-31.8)	74.9 (68.2-81.7)
	\$50,000 to \$74,999	501	228,947	27.6 (21.1-34.1)	72.4 (65.9-78.9)
	\$75,000+	924	374,996	34.2 (29.3-39.1)	65.8 (60.9-70.7)
Veteran	Yes	320	160,456	35.2 (26.9-43.6)	64.8 (56.4-73.1)
	No	2,895	1,429,666	24.7 (22.2-27.3)	75.3 (72.7-77.8)

Influenza Vaccination Prevalence Ages 65+ by Demographics and Region
“A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Table-A 27: Influenza Vaccination Prevalence Ages 65+ by Demographics and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	1,507	350,827	51.6 (47.1-56.2)	48.4 (43.8-52.9)
Geography	Clark County	429	238,566	52.6 (46.3-58.9)	47.4 (41.1-53.7)
	Washoe County	510	56,616	51.7 (44.2-59.2)	48.3 (40.8-55.8)
	Balance of State	568	55,645	47.4 (42.3-52.4)	52.6 (47.6-57.7)
Sex	Male	626	159,051	51.8 (44.9-58.7)	48.2 (41.3-55.1)
	Female	881	191,776	51.5 (45.6-57.4)	48.5 (42.6-54.4)
Race/Ethnicity	White	1,285	258,537	52.3 (47.9-56.7)	47.7 (43.3-52.1)
	Black	46	27,039	~	~
	Other Race	102	27,554	47.1 (26.4-67.7)	52.9 (32.3-73.6)
	Hispanic	54	33,647	61.3 (38.3-84.2)	38.7 (15.8-61.7)
Education	Less than H.S.	105	63,853	52.9 (36.1-69.6)	47.1 (30.4-63.9)
	H.S. or G.E.D.	412	100,326	48.8 (41.1-56.5)	51.2 (43.5-58.9)
	Some Post H.S.	514	118,075	53.4 (46.4-60.4)	46.6 (39.6-53.6)
	College Graduate	472	68,139	51.7 (44.4-59.1)	48.3 (40.9-55.6)

**Influenza Vaccination Prevalence Ages 65+ by Demographics and Region
Continued**

“A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Influenza Vaccination Prevalence Ages 65+ by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Income	< 15,000	147	33,379	54.7 (38.0-71.5)	45.3 (28.5-62.0)
	\$15,000 to \$24,999	274	62,091	51.4 (41.2-61.6)	48.6 (38.4-58.8)
	\$25,000 to \$34,999	172	43,673	46.2 (31.2-61.1)	53.8 (38.9-68.8)
	\$35,000 to \$49,999	191	39,527	55.4 (43.1-67.7)	44.6 (32.3-56.9)
	\$50,000 to \$74,999	204	45,702	61.2 (51.2-71.1)	38.8 (28.9-48.8)
	\$75,000+	243	50,023	41.5 (32.2-50.8)	58.5 (49.2-67.8)
Veteran	Yes	410	96,084	51.7 (43.4-60.0)	48.3 (40.0-56.6)
	No	1,097	254,743	51.6 (46.2-57.1)	48.4 (42.9-53.8)

Pneumonia Vaccination Data for Adults 65+ by Demographics and Region
“A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person’s lifetime and is different from the flu shot. Have you ever had a pneumonia shot?”

Table-A 28: Pneumonia Vaccination Data for Adults 65+ by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	1,441	330,464	66.8 (62.4-71.1)	33.2 (28.9-37.6)
Geography	Clark County	410	226,356	64.2 (58.1-70.4)	35.8 (29.6-41.9)
	Washoe County	488	51,255	75.0 (69.9-80.1)	25.0 (19.9-30.1)
	Balance of State	543	52,852	69.5 (64.7-74.3)	30.5 (25.7-35.3)
Sex	Male	581	148,238	65.2 (57.9-72.6)	34.8 (27.4-42.1)
	Female	860	182,226	68.0 (62.7-73.2)	32.0 (26.8-37.3)
Race/Ethnicity	White	1,239	252,240	67.5 (63.1-72.0)	32.5 (28.0-36.9)
	Black	43	25,550	~	~
	Other Race	95	23,783	61.8 (38.7-85.0)	38.2 (15.0-61.3)
	Hispanic	45	25,128	~	~
Education	Less than H.S.	96	55,469	70.7 (55.3-86.1)	29.3 (13.9-44.7)
	H.S. or G.E.D.	400	98,086	66.0 (58.9-73.2)	34.0 (26.8-41.1)
	Some Post H.S.	492	111,008	64.5 (57.1-71.9)	35.5 (28.1-42.9)
	College Graduate	449	65,468	68.2 (61.6-74.7)	31.8 (25.3-38.4)

**Pneumonia Vaccination Data for Adults 65+ by Demographics and Region
Continued**

“A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person’s lifetime and is different from the flu shot. Have you ever had a pneumonia shot?”

Pneumonia Vaccination Data for Adults 65+ by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Income	< 15,000	143	32,764	63.7 (47.6-79.8)	36.3 (20.2-52.4)
	\$15,000 to \$24,999	262	58,625	64.2 (54.4-74.1)	35.8 (25.9-45.6)
	\$25,000 to \$34,999	161	42,046	68.0 (52.6-83.4)	32.0 (16.6-47.4)
	\$35,000 to \$49,999	184	38,551	60.3 (47.4-73.2)	39.7 (26.8-52.6)
	\$50,000 to \$74,999	199	44,247	68.8 (59.3-78.3)	31.2 (21.7-40.7)
	\$75,000+	230	47,523	69.0 (59.8-78.3)	31.0 (21.7-40.2)
Veteran	Yes	382	91,519	67.5 (58.7-76.3)	32.5 (23.7-41.3)
	No	1,059	238,945	66.5 (61.4-71.6)	33.5 (28.4-38.6)

Tetanus Shot Since 2005

“Since 2005, have you had a tetanus shot? (if yes ask: ”Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?”)

Table-A 29: Tetanus Shot Since 2005 by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes (TDAP)	Yes (not TDAP)	Yes (not sure if TDAP)	No
Statewide	Nevada	4,288	1,731,026	16.5 (14.5-18.6)	8.3 (6.6-10.0)	22.9 (20.6-25.3)	52.2 (49.4-55.1)
Geography	Clark County	1,281	1,233,549	14.6 (11.8-17.4)	8.5 (6.2-10.8)	22.3 (19.2-25.5)	54.6 (50.8-58.5)
	Washoe County	1,505	278,211	23.4 (20.6-26.2)	7.6 (5.9-9.3)	23.1 (20.1-26.0)	46.0 (42.5-49.4)
	Balance of State	1,502	219,266	18.9 (16.1-21.8)	8.0 (6.1-9.9)	26.2 (23.2-29.3)	46.8 (43.4-50.2)
Sex	Male	1,859	873,236	15.5 (12.5-18.4)	8.9 (6.2-11.6)	26.3 (22.8-29.9)	49.3 (45.0-53.5)
	Female	2,429	857,791	17.6 (14.7-20.5)	7.6 (5.6-9.6)	19.5 (16.6-22.4)	55.3 (51.5-59.0)
Race/Ethnicity	White	3,192	991,754	17.1 (15.0-19.3)	8.0 (6.5-9.5)	23.8 (21.3-26.4)	51.0 (48.1-54.0)
	Black	155	130,608	14.7 (7.1-22.2)	6.3 (0.8-11.8)	20.6 (13.1-28.1)	58.5 (47.9-69.1)
	Other Race	384	178,800	15.1 (7.0-23.3)	5.7 (2.0-9.5)	26.5 (17.8-35.2)	52.6 (42.6-62.6)
	Hispanic	495	405,167	15.8 (10.3-21.4)	10.6 (5.0-16.2)	20.4 (14.2-26.6)	53.2 (45.4-61.0)
Education	Less than H.S.	293	305,622	13.0 (7.0-19.0)	8.3 (3.4-13.3)	20.9 (13.7-28.0)	57.8 (48.8-66.8)
	H.S. or G.E.D.	1,129	510,265	16.8 (12.2-21.4)	8.5 (4.5-12.4)	22.1 (17.7-26.4)	52.7 (47.2-58.1)
	Some Post H.S.	1,451	559,585	15.4 (12.5-18.3)	8.8 (6.5-11.1)	26.6 (22.7-30.5)	49.3 (44.9-53.7)
	College Graduate	1,406	351,440	21.1 (17.6-24.5)	7.3 (5.2-9.4)	20.4 (17.1-23.8)	51.2 (46.8-55.6)

Tetanus Shot Since 2005 Continued

“Since 2005, have you had a tetanus shot? (if yes ask: ”Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?”)

Tetanus Shot Since 2005 by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes (TDAP)	Yes (not TDAP)	Yes (not sure if TDAP)	No
Income	< 15,000	395	180,271	15.6 (8.4-22.8)	6.4 (2.0-10.8)	21.8 (13.1-30.4)	56.2 (45.6-66.8)
	\$15,000 to \$24,999	698	288,968	14.1 (9.5-18.7)	10.8 (5.7-15.8)	19.8 (14.5-25.1)	55.4 (48.4-62.4)
	\$25,000 to \$34,999	413	181,869	12.1 (7.2-17.1)	9.0 (4.9-13.1)	24.2 (17.1-31.2)	54.7 (46.5-63.0)
	\$35,000 to \$49,999	510	177,137	14.5 (9.5-19.4)	7.2 (2.4-12.0)	30.9 (24.0-37.7)	47.4 (40.1-54.7)
	\$50,000 to \$74,999	647	248,274	15.8 (10.9-20.7)	11.8 (7.8-15.7)	19.1 (13.8-24.4)	53.3 (46.2-60.5)
	\$75,000+	1,053	375,404	21.8 (17.7-25.9)	6.1 (3.8-8.4)	23.0 (18.6-27.4)	49.1 (44.0-54.2)
Veteran	Yes	654	221,319	17.5 (12.0-23.0)	8.2 (4.3-12.2)	29.5 (22.9-36.0)	44.8 (37.7-51.9)
	No	3,628	1,507,470	16.4 (14.2-18.7)	8.3 (6.4-10.1)	22.0 (19.5-24.5)	53.3 (50.2-56.4)

Current Smoking Prevalence by Demographic and Region

Adults who currently smoke are defined as respondents reporting having smoked at least 100 cigarettes in their lifetime and currently smoke.

Table-A 30: Current Smoking Prevalence by Demographic and Region

Demographic	Grouping	N	Weighted N	Yes	No
Statewide	Nevada	4,985	2,064,919	19.4 (17.3-21.4)	80.6 (78.6-82.7)
Geography	Clark County	1,504	1,486,512	19.8 (17.0-22.6)	80.2 (77.4-83.0)
	Washoe County	1,747	325,207	15.4 (13.1-17.6)	84.6 (82.4-86.9)
	Balance of State	1,734	253,199	21.9 (19.2-24.7)	78.1 (75.3-80.8)
Age	18 - 24	321	249,349	14.4 (8.9-19.9)	85.6 (80.1-91.1)
	25 - 34	549	376,233	25.0 (19.0-30.9)	75.0 (69.1-81.0)
	35 - 44	628	368,729	16.3 (11.5-21.1)	83.7 (78.9-88.5)
	45 - 54	852	373,547	21.4 (16.3-26.5)	78.6 (73.5-83.7)
	55 - 64	1,067	329,597	22.3 (17.6-27.0)	77.7 (73.0-82.4)
	65+	1,568	367,464	15.4 (11.9-18.8)	84.6 (81.2-88.1)
Sex	Male	2,144	1,039,471	20.6 (17.4-23.8)	79.4 (76.2-82.6)
	Female	2,841	1,025,447	18.1 (15.6-20.6)	81.9 (79.4-84.4)
Race/Ethnicity	White	3,673	1,155,653	20.2 (17.8-22.5)	79.8 (77.5-82.2)
	Black	181	152,515	22.4 (14.3-30.5)	77.6 (69.5-85.7)
	Other Race	462	232,142	23.2 (15.2-31.2)	76.8 (68.8-84.8)
	Hispanic	590	491,996	15.2 (10.5-20.0)	84.8 (80.0-89.5)

Current Smoking Prevalence by Demographic and Region Continued
Adults who currently smoke are defined as respondents reporting having smoked at least 100 cigarettes in their lifetime and currently smoke.

Current Smoking Prevalence by Demographic and Region Continued

Demographic	Grouping	N	Weighted N	Yes	No
Education	Less than H.S.	339	338,226	29.4 (21.6-37.1)	70.6 (62.9-78.4)
	H.S. or G.E.D.	1,343	612,419	23.2 (19.3-27.0)	76.8 (73.0-80.7)
	Some Post H.S.	1,703	698,432	17.3 (14.3-20.3)	82.7 (79.7-85.7)
	College Graduate	1,585	408,924	9.2 (6.9-11.6)	90.8 (88.4-93.1)
Income	< 15,000	449	205,417	27.7 (19.0-36.3)	72.3 (63.7-81.0)
	\$15,000 to \$24,999	787	332,305	28.2 (22.1-34.3)	71.8 (65.7-77.9)
	\$25,000 to \$34,999	485	225,269	28.1 (20.6-35.5)	71.9 (64.5-79.4)
	\$35,000 to \$49,999	601	218,314	17.4 (12.5-22.3)	82.6 (77.7-87.5)
	\$50,000 to \$74,999	738	292,965	14.9 (10.8-19.1)	85.1 (80.9-89.2)
	\$75,000+	1,225	446,915	11.1 (7.8-14.5)	88.9 (85.5-92.2)
Veteran	Yes	762	266,379	20.4 (14.6-26.3)	79.6 (73.7-85.4)
	No	4,217	1,796,302	19.2 (17.0-21.4)	80.8 (78.6-83.0)

Four Levels of Smoking by Demographics and Region
Four levels of smoking: every day, some days, former smoker, and never smoked.

Table-A 31: Four Levels of Smoking by Demographics and Region

Demographic	Grouping	N	Weighted N	Every day	Some Days	Former Smoker	Never Smoked
Statewide	Nevada	4,985	2,064,919	13.2 (11.4-15.0)	6.2 (4.9-7.4)	22.5 (20.6-24.4)	58.1 (55.7-60.6)
Geography	Clark County	1,504	1,486,512	13.5 (11.1-15.9)	6.3 (4.6-8.0)	20.6 (18.0-23.1)	59.6 (56.3-63.0)
	Washoe County	1,747	325,207	10.6 (8.6-12.5)	4.8 (3.5-6.1)	27.0 (24.1-29.9)	57.6 (54.5-60.8)
	Balance of State	1,734	253,199	14.8 (12.5-17.1)	7.1 (5.2-9.1)	28.1 (25.4-30.8)	49.9 (46.8-53.1)
Age	18 - 24	321	249,349	8.8 (4.3-13.4)	5.5 (2.1-9.0)	3.7 (1.6-5.8)	81.9 (76.1-87.7)
	25 - 34	549	376,233	17.1 (11.4-22.8)	7.9 (5.0-10.7)	13.3 (9.3-17.2)	61.8 (55.4-68.1)
	35 - 44	628	368,729	8.3 (5.1-11.4)	8.1 (4.1-12.0)	19.8 (14.8-24.7)	63.9 (57.7-70.1)
	45 - 54	852	373,547	17.9 (13.0-22.8)	3.5 (1.9-5.1)	18.8 (14.0-23.7)	59.8 (53.6-66.0)
	55 - 64	1,067	329,597	15.0 (11.4-18.6)	7.3 (3.6-10.9)	32.5 (27.6-37.4)	45.2 (40.1-50.4)
	65+	1,568	367,464	10.7 (7.7-13.6)	4.7 (2.5-6.9)	42.2 (37.9-46.5)	42.4 (37.9-46.9)

Four Levels of Smoking by Demographic and Region Continued
Four levels of smoking: every day, some days, former smoker, and never smoked.

Four Levels of Smoking by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Every day	Some Days	Former Smoker	Never Smoked
Sex	Male	2,144	1,039,471	13.1 (10.4-15.9)	7.5 (5.4-9.5)	24.1 (21.1-27.1)	55.3 (51.5-59.1)
	Female	2,841	1,025,447	13.2 (11.0-15.5)	4.9 (3.6-6.2)	20.9 (18.5-23.2)	61.0 (57.8-64.2)
Race/Ethnicity	White	3,673	1,155,653	14.9 (12.8-17.0)	5.3 (4.0-6.6)	27.6 (25.4-29.9)	52.2 (49.5-54.9)
	Black	181	152,515	15.1 (8.2-21.9)	7.3 (2.2-12.5)	16.0 (8.9-23.2)	61.6 (51.9-71.2)
	Other Race	462	232,142	15.2 (8.0-22.4)	8.0 (3.3-12.7)	21.7 (14.2-29.1)	55.1 (46.2-64.0)
	Hispanic	590	491,996	8.0 (4.2-11.7)	7.3 (4.0-10.6)	13.0 (8.9-17.2)	71.7 (65.8-77.7)
Education	Less than H.S.	339	338,226	22.9 (15.6-30.2)	6.4 (2.8-10.1)	16.6 (11.4-21.9)	54.0 (45.5-62.5)
	H.S. or G.E.D.	1,343	612,419	15.5 (12.3-18.6)	7.7 (5.1-10.3)	24.0 (20.3-27.6)	52.9 (48.1-57.6)
	Some Post H.S.	1,703	698,432	11.1 (8.7-13.4)	6.2 (4.2-8.3)	25.3 (22.0-28.6)	57.4 (53.5-61.4)
	College Graduate	1,585	408,924	5.6 (3.8-7.4)	3.7 (2.1-5.3)	20.6 (17.5-23.8)	70.1 (66.4-73.8)

Four Levels of Smoking by Demographic and Region Continued
Four levels of smoking: every day, some days, former smoker, and never smoked.

Four Levels of Smoking by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Every day	Some Days	Former Smoker	Never Smoked
Income	< 15,000	449	205,417	19.8 (11.7-27.8)	7.9 (3.8-11.9)	17.0 (11.1-22.9)	55.3 (45.7-65.0)
	\$15,000 to \$24,999	787	332,305	18.3 (13.1-23.6)	9.9 (5.7-14.0)	21.9 (17.3-26.5)	49.9 (43.4-56.4)
	\$25,000 to \$34,999	485	225,269	20.8 (14.0-27.7)	7.2 (2.9-11.6)	22.9 (17.1-28.8)	49.0 (41.4-56.6)
	\$35,000 to \$49,999	601	218,314	11.7 (7.6-15.8)	5.7 (2.7-8.8)	26.6 (20.8-32.5)	56.0 (49.4-62.5)
	\$50,000 to \$74,999	738	292,965	10.8 (7.1-14.4)	4.1 (2.0-6.3)	25.4 (20.2-30.6)	59.6 (53.5-65.8)
	\$75,000+	1,225	446,915	6.5 (4.2-8.9)	4.6 (2.1-7.1)	26.2 (22.0-30.5)	62.6 (57.9-67.4)
Veteran	Yes	762	266,379	16.5 (10.9-22.2)	3.9 (1.5-6.3)	37.6 (31.7-43.6)	41.9 (35.6-48.2)
	No	4,217	1,796,302	12.7 (10.8-14.6)	6.5 (5.1-7.9)	20.3 (18.3-22.3)	60.5 (57.8-63.2)

Body Mass Index (BMI) Weight Categories by Demographics and Region
Underweight = BMI less than 18.5; Healthy weight = BMI greater than or equal to 18.5 and less than 25.0; Overweight = BMI greater than or equal to 25.0 and less than 30.0; Obese = BMI greater than or equal to 30.0.

Table-A 32: Body Mass Index (BMI) Weight Categories by Demographics and Region

Demographic	Grouping	N	Weighted N	Underweight	Healthy Weight	Overweight	Obese
Statewide	Nevada	4,872	2,025,578	1.7 (1.2-2.2)	33.4 (31.0-35.9)	38.7 (36.0-41.3)	26.2 (24.0-28.5)
Geography	Clark County	1,460	1,455,149	1.5 (0.9-2.2)	32.5 (29.2-35.8)	39.8 (36.3-43.3)	26.2 (23.1-29.2)
	Washoe County	1,722	320,907	1.9 (1.1-2.7)	38.5 (35.3-41.6)	35.7 (32.8-38.7)	23.9 (20.9-26.9)
	Balance of State	1,690	249,522	2.3 (1.0-3.5)	32.5 (29.5-35.6)	35.7 (32.6-38.8)	29.5 (26.6-32.4)
Age	18 - 24	309	239,524	3.1 (0.5-5.8)	61.2 (52.7-69.6)	24.5 (17.6-31.5)	11.2 (5.8-16.6)
	25 - 34	525	369,048	1.1 (0.1-2.1)	36.5 (30.2-42.8)	34.1 (27.6-40.5)	28.3 (22.4-34.2)
	35 - 44	608	363,092	1.0 (0.2-1.8)	29.7 (23.8-35.5)	38.4 (31.5-45.3)	31.0 (24.9-37.0)
	45 - 54	840	361,149	1.4 (0.4-2.4)	24.4 (19.8-29.0)	44.6 (37.9-51.2)	29.6 (23.6-35.6)
	55 - 64	1,038	328,670	1.4 (0.3-2.5)	25.4 (20.9-29.9)	44.7 (39.4-50.1)	28.5 (23.8-33.2)
	65+	1,552	364,095	2.6 (1.4-3.8)	32.0 (27.9-36.1)	41.5 (37.0-46.0)	23.9 (19.7-28.0)

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued
Underweight = BMI less than 18.5; Healthy weight = BMI greater than or equal to 18.5 and less than 25.0; Overweight = BMI greater than or equal to 25.0 and less than 30.0; Obese = BMI greater than or equal to 30.0.

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Underweight	Healthy Weight	Overweight	Obese
Sex	Male	2,166	1,051,136	0.7 (0.2-1.1)	26.5 (23.1-30.0)	46.9 (43.0-50.8)	25.9 (22.7-29.1)
	Female	2,706	974,443	2.8 (1.8-3.7)	40.8 (37.4-44.3)	29.8 (26.6-33.0)	26.6 (23.3-29.8)
Race/Ethnicity	White	3,612	1,133,844	2.0 (1.3-2.6)	35.6 (33.0-38.2)	36.0 (33.4-38.7)	26.4 (24.0-28.9)
	Black	178	152,316	1.9 (0.0-4.2)	22.8 (14.5-31.1)	36.5 (27.0-46.0)	38.7 (28.1-49.4)
	Other Race	454	239,016	3.0 (0.3-5.8)	44.8 (35.8-53.8)	33.5 (25.4-41.5)	18.7 (12.6-24.8)
	Hispanic	560	474,471	0.3 (0.1-0.6)	24.3 (18.2-30.3)	49.3 (42.1-56.4)	26.1 (20.3-31.9)
Education	Less than H.S.	327	337,901	2.2 (0.3-4.1)	30.5 (22.7-38.3)	39.6 (30.9-48.3)	27.7 (19.8-35.7)
	H.S. or G.E.D.	1,313	596,968	1.6 (0.8-2.5)	31.9 (27.0-36.7)	37.5 (32.6-42.4)	29.0 (24.7-33.2)
	Some Post H.S.	1,654	685,875	1.8 (1.0-2.6)	32.3 (28.6-36.0)	40.1 (35.9-44.3)	25.8 (22.3-29.3)
	College Graduate	1,566	400,943	1.2 (0.4-2.0)	40.1 (35.9-44.4)	37.2 (33.2-41.2)	21.4 (17.8-25.1)

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued
Underweight = BMI less than 18.5; Healthy weight = BMI greater than or equal to 18.5 and less than 25.0; Overweight = BMI greater than or equal to 25.0 and less than 30.0; Obese = BMI greater than or equal to 30.0.

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued

Demographic	Grouping	N	Weighted N	Underweight	Healthy Weight	Overweight	Obese
Income	< 15,000	443	203,225	3.0 (0.9-5.1)	30.1 (21.3-39.0)	40.5 (30.1-51.0)	26.3 (17.6-35.1)
	\$15,000 to \$24,999	776	331,558	2.3 (0.5-4.1)	38.9 (32.3-45.5)	33.7 (27.4-40.0)	25.1 (19.8-30.5)
	\$25,000 to \$34,999	466	219,948	0.9 (0.0-1.9)	26.6 (20.1-33.2)	41.7 (33.7-49.6)	30.8 (23.3-38.3)
	\$35,000 to \$49,999	583	211,288	2.9 (0.8-5.0)	28.7 (22.6-34.7)	39.0 (31.9-46.2)	29.4 (23.3-35.4)
	\$50,000 to \$74,999	734	293,454	1.0 (0.0-1.9)	33.0 (26.8-39.2)	45.0 (38.3-51.8)	21.0 (16.1-25.9)
	\$75,000+	1,215	441,392	0.8 (0.3-1.3)	31.4 (27.2-35.7)	41.0 (36.3-45.8)	26.7 (22.3-31.1)
Veteran	Yes	770	269,461	0.6 (0.0-1.4)	24.9 (19.7-30.1)	42.5 (36.0-48.9)	32.0 (26.0-38.1)
	No	4,097	1,755,225	1.9 (1.3-2.4)	34.7 (32.0-37.5)	38.1 (35.2-40.9)	25.3 (22.9-27.8)

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Contact

Bradford Towle
btowle@health.nv.gov
(775) 684-4243

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