

Adult Day Care Facilities



Adult day care facilities are licensed establishments that provide care during the day for people who are elderly or disabled. Such facilities are often utilized by the adult's caretaker during working hours or for respite from caregiving.

As of June 2019, there are 30 licensed adult day care facilities in Nevada, serving residents statewide.



Defined by Nevada Revised Statutes Chapter 449, a "facility for the care of adults during the day" means an establishment operated and maintained to provide care during the day on a temporary or permanent basis for aged or infirm persons. The term does not include a halfway house for recovering alcohol and drug abusers.

Trained Staff

Adult day care clients must be supervised by an employee of the facility at all times. Employees shall report a change in any physical, mental, emotional or social function of the client to the director of the facility. These reports must be included in the client's file.

Services Provided

- Assistance with activities of daily living.
- Activities for clients that are suited to their interests and capacities.
- Observe the health of clients and notify his or her next of kin, guardian, or other person responsible for the client of any significant change in his or her physical or mental condition.
- Medication storage and medication administration.
- Fluids to prevent dehydration.
- An employee trained to administer first aid and cardiopulmonary resuscitation is always on site.
- Information about other local, state and federal agencies in the area that may be able to assist the client and his or her family.
- A monthly calendar of activities at the facility is provided to clients and their families.

Food Service

- Menus for meals are planned a week in advance, dated, posted and kept in the files for 6 months. Substitutions are noted on the written menu so that the menu in the file reflects what was actually served.
- The dining area is separated from the area used to prepare food.



- Tables and chairs are proper height, are sturdy and have easily washable surfaces. Dining rooms must be designed to accommodate persons in wheelchairs.
- Meals must be served by employees who have received training in the sanitary preparation and handling of food.
- Each meal must provide one-third of the daily nutritional allowances recommended by the Food and Nutrition Board of the Institute of Medicine of the National Academies.
- Any client who is in the facility for 5 hours or more a day must be served a meal. If he or she is in the facility for more than 6 hours in any day, additional nourishment must be provided.
- Meals are served in a manner suitable for clients and prepared with regard for individual preferences and religious requirements. Special diets and nourishment are provided as ordered by the client's physician. If meals are prepared within the facility, the facility consults with a licensed dietitian for at least 4 hours each month on the planning and serving of meals. If meals are prepared outside of and delivered to the facility, the facility provides an alternative for any client on a special diet.



More information about adult day care facilities in Nevada can be found at dpbh.nv.gov/adultdaycare.

Facility locator at findahealthfacility.nv.gov

File a complaint at healthfacilitycomplaints.nv.gov